

Dublin Jerome Guidance Department 614.718.8275

Student/Counselor Assignment

A-Ch Mrs. Bauer

Ci-Han Mrs. Rodgers

Hao-Lin Mr. Baker

Lip-Pa Ms. Baylin

Pe-So Mr. Zweizig

Sp-Z Mr. Bauer

Attention: Freshmen: September 2022

The counselors at Dublin Jerome High School are available to help you at every important juncture throughout high school. The High School Course and Career Planning Book (which you received when you scheduled last February) and this newsletter provide you with information from the guidance staff to help you have a successful year & assist you in your long-term plans.

The counseling staff is located in the Guidance Center. If there is a problem or issue that you wish to discuss with your assigned counselor, feel free to schedule an appointment. This can be done by completing a counselor request form available in the Guidance Center.

Career Development

Career development includes the employment of strategies to achieve future career success and job satisfaction as well as fostering understanding of the relationship between personal qualities, education and training, and the world of work. Career development standards and competencies ensure that students develop career goals as a result of participation in a comprehensive plan of career awareness, exploration, and preparation activities.

Academic Development

Academic development includes acquiring skills, attitudes, and knowledge, which contribute to effective learning in school and across the life span; employing strategies to achieve success in school; and understanding the relationship of academics to the world of work, and to life at home and in the community. Academic development standards and competencies support the premise that all students meet or exceed the local, state and national academic standards.

Personal Development

Personal/social development contributes to academic and career success. This domain includes the acquisition of skills, attitudes, and knowledge which help students understand and respect self and others, acquire effective interpersonal skills, understand safety and survival skills, and develop into contributing members of our society. Personal/social development standards and competencies ensure that students have learned to successfully and

Student Support Specialists

Mrs. Borton

Ms. Feehan

Mrs. Jackson

Support Services

Mrs. Adolph Guidance Secretary

Mrs. Vaccari Guidance Secretary

Mrs. McPherson Registrar safely negotiate their way in the complex and diverse world in which we live.



Get your ducks in a row! We can help!



Tips for Success in High School

- Complete homework daily, even if teacher does not collect for a grade.
- Find an organizational method that works for you folders, accordion file, etc.
- Study in smaller chunks of time 20 minutes, short break, 20 minutes, break.
- Notice and act upon comments & suggestions teachers make about your work.
- Utilize the library, Internet or content labs.
- Use a planner, agenda book, phone app, etc. to keep track of assignments.
- Ask questions and seek out help when needed.
- Study your most difficult subjects first. Save what you like best for last.
- Plan ahead study for tests/quizzes ahead of time and allow yourself enough time to do projects and papers.

Freshman Schoolinks Introduction & Activity

Dublin City Schools uses Schoolinks to offer a comprehensive website that you can use in gathering information and making decisions regarding college and career options.

Please log in today at: https://app.schoolinks.com/login/k12

RESOURCES:

Schoology www.schoology.com

Khan Academy www.khanacademy.org

> Quizlet www.quizlet.com

Classzone www.classzone.com

Academic Resources www.dublinschools.net/ Page/1213

Study Tips www.howtostudy.org

Schoolinks will allow you to:

- Complete a variety of assessments to better understand yourself, your strengths, your interests.
- Learn more about how to explore careers, needed skills, and job prospects for various career fields.
- Learn about various colleges, search for schools that are a good fit for you, and begin creating a list of colleges that interest you

Putting First Things First! - Using a Time Management Tool

When life starts to feel pretty busy it can be helpful to examine how you are spending your time.

You can use the weekly planner below to begin to see what your weekly fixed commitments are and then budget your remaining time based on your priorities. Doing this can help avoid surprises!

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday
3:30						9am		
4:00						10		
4:30						11		
5:00						12pm		
5:30						1		
6:00						2		
6:30						3		
7:00			,			4		
7:30						5		
8:00						6		
8:30						7		
9:00						8		
9:30						9		
10:00	/					10		
10:30						11		
11:00								

Begin With The End In Mind – How Do You Want To Be Remembered?

At the beginning of your Senior year you will start applying to colleges for admission. Both your teachers and your counselor will likely be asked to rate you on several elements of high school. Below is a rubric that counselors are asked to complete for students. We want you to be aware of qualities colleges are looking for in students so that you have time to develop these qualities.

Qualities of the Learner	Below Average	Average	Good (above avg)	Very Good (well above avg)	Excellent (top 10%)	Outstanding (top 5%)	Top few (top 1%)
Academic Achievement							
Extracurricular Accomplishments							
Personal Qualities and Character							
Overall Evaluation							

At the end of the Learning Style Assessment the students have a view something like this...

	Learning Style Assessmen	nts
Assessment History		Top Learning Styles
60	0	1 Visual Learner
		2 Auditory Learner
30-	0	3 Tactile Learner
15-	0	
0	6/28	
Based on your answers, you seem to b	e	
60% Visual	25% Auditory	15% Tactile
The Basics		
Visual learners prefer to learn by reading your head.	or seeing. You have an easier time understan	ding something if you see it or can picture it in
Learning Tips		
 Draw pictures to help you understand Try to visualize concepts in your head Look at what your teacher writes on the 	l he board	
What was the percentage p	oreference for each of learning sty	/les:
Visual%	Auditory%	Tactile%
List 3 different learning tips	that could help improve your per	formance at school
1		
2		
3.		
		