

Kairos

The goal of the retreat is to reflect on **life's purpose and meaning**. The experience provides students with time to reflect on what is most important to them and consider how they might work towards achieving their goals.

We will travel to Msgr. O'Dwyer Retreat House in Sparks, MD. On the morning we leave, students should bring their belongings to the front of the school and load their bags on the mini bus and then report to their first period class.

The retreat will end at 1:00 pm on the third day, Students may go home,

Emergency contact numbers:

Nancy Vawter cell phone: (301)-706-8113

O'Dwyer Retreat House: 410-666-2400

Things to Bring:

Sleeping bag or sheets & blanket/pillow

Extra blanket if it is cold

Clothes for three days/two nights

Toiletry items/towels

Sweater or jacket or sweatshirt

Snacks to share (food not allowed in rooms)

Medications

All school rules apply.

Cell Phone use is not allowed.

Parents will be responsible for picking up students who do not comply with all the rules.