

Dawn to Dusk Wellbeing Center



October 2024



Theme	Monday	Tuesday	Wednesday	Thursday	Friday
Superstition (Stevie Wonder)	30	1	2	3	Key of Awesome
I Put a Spell On You (CCR)	7	8	9	10	11
Killer Queen (Queen)	Salon Day	15	16	17	18
Seasons of the Witch (Donovan)	21	22	23	24	24
Thriller (Michael Jackson)	28	29	30	Birthday Celebration Halloween Day!	1

Please remember that this is a *sample* calendar of the activities going on at Dawn to Dusk this month. You will receive an email with the link to your loved one's individualized calendar of activities, as well as their scheduled community and lunch outing days for the month of October.

To learn more, please email Emily at emily@dawntoduskwellbeing.com or call: 732-447-9426

Dawn to Dusk Wellbeing Center

Week of September 30th: Superstition (Stevie Wonder)

	Monday September 30th	Tuesday October 1st	Wednesday October 2nd	Thursday October 3rd	Friday October 4th
8:30-9:00	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast
9:00-9:15	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:15-10:15	Physical Health, Wellness, and Exercise with Mike Smith, RN				
10:15-10:50	Music Enrichment Maureen	Life Skills Maureen	Music Enrichment Maureen	Life Skills Maureen	Music Mike Montrey
10:50-11:25	Book Club DSPs	Household Chores DSPs	Book Club DSPs	Household Chores DSPs	
11:25-12:00	Staff Craft DSPs	Recreation DSPs	Staff Craft DSPs	Recreation DSPs	
12:00-12:30	Lunch and Activity Sign-Up				
12:30-1:00	Social & Leisure Time: Walk Outside; Card Games; Board Games; Reading in Quiet Room; Chit-Chat				
1:00-2:00	Activity Choices				
	Yarn, Fabric, & Thread Ramel, Yolonda, Yomary, Keri, Karen	Fall Jeopardy All Staff	Get Creative Chrishana, Sakia, Activity Folks	Music Mike Montrey	Key of Awesome Jim Gaven
	Creative Writing Maria & Jaqi R.		STEM Jaqi R. & Darien		
	Sensory Station Yolonda & Richard		Reading & Relaxation Crystal & Judah		
2:00-2:15	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out
2:15-2:30	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal

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Week of October 7th: I Put a Spell On You (CCR)

	Monday October 7th	Tuesday October 8th	Wednesday October 9th	Thursday October 10th	Friday October 11th
8:30-9:00	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast
9:00-9:15	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:15-10:15	Physical Health, Wellness, and Exercise with Mike Smith, RN				
10:15-10:50	Music Enrichment Maureen	Life Skills Maureen	Music Enrichment Maureen	Life Skills Maureen	Music Mike Montrey
10:50-11:25	Book Club DSPs	Household Chores DSPs	Book Club DSPs	Household Chores DSPs	
11:25-12:00	Staff Craft DSPs	Recreation DSPs	Staff Craft DSPs	Recreation DSPs	
12:00-12:30	Lunch and Activity Sign-Up				
12:30-1:00	Social & Leisure Time: Walk Outside; Card Games; Board Games; Reading in Quiet Room; Chit-Chat				
1:00-2:00	Activity Choices				
	Beads, Buttons, and More! Jaqi R.,Ramel,Yolonda, Yomary	POKENO All Staff	What’s Cooking? Sakia, Judah, Chrishana Activity Folks	Music Mike Montrey	Fall Fun Games All Staff
	Artist Study Meccah, Yolonda,Tamika		Nature Club Jaqi R. & Maria		
	Reading & Relaxation Yealie & Maria		Mindful Meditation Richard & Crystal		
2:00-2:15	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out
2:15-2:30	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal

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Week of October 14th: Killer Queen (Queen)

	Monday (Salon Day) October 14th	Tuesday October 15th	Wednesday October 16th	Thursday October 17th	Friday October 18th
8:30-9:00	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast
9:00-9:15	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:15-10:15	Physical Health, Wellness, and Exercise with Mike Smith, RN				Music Mike Montrey
10:15-10:50	Music Enrichment Maureen	Life Skills Maureen	Music Enrichment Maureen	Life Skills Maureen	
10:50-11:25	Book Club DSPs	Table Top DSPs	Book Club DSPs	Household Chores DSPs	
11:25-12:00	Staff Craft DSPs	Recreation DSPs	Staff Craft DSPs	Recreation DSPs	
12:00-12:30	Lunch and Activity Sign-Up				
12:30-1:00	Social & Leisure Time: Walk Outside; Card Games; Board Games; Reading in Quiet Room; Chit-Chat				
1:00-2:00	Activity Choices				
	Yarn, Fabric, & Thread Ramel, Yolonda, Yomary, Keri, Karen	Board Game Fun All Staff	Get Creative Chrishana, Sakia, Activity Folks	Music Mike Montrey	Word Wizards All Staff
	Creative Writing Maria & Jaqi R.		STEM Jaqi R. & Darien		
	Sensory Station Yolonda & Richard		Reading & Relaxation Crystal & Judah		
2:00-2:15	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out
02:15-2:30	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal

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Week of October 21st: Seasons of the Witch (Donovan)

	Monday October 21st	Tuesday October 22nd	Wednesday October 23rd	Thursday October 24th	Friday October 25th
8:30-9:00	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast
9:00-9:15	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:15-10:15	Physical Health, Wellness, and Exercise with Mike Smith, RN				
10:15-10:50	Music Enrichment Maureen	Life Skills Maureen	Music Enrichment Maureen	Life Skills Maureen	Music Mike Montrey
10:50-11:25	Book Club DSPs	Household Chores DSPs	Book Club DSPs	Household Chores DSPs	
11:25-12:00	Staff Craft DSPs	Recreation DSPs	Staff Craft DSPs	Recreation DSPs	
12:00-12:30	Lunch and Activity Sign-Up				
12:30-1:00	Social & Leisure Time: Walk Outside; Card Games; Board Games; Reading in Quiet Room; Chit-Chat				
1:00-2:00	Activity Choices				
	Beads, Buttons, and More! Jaqi R.,Ramel,Yolonda, Yomary	Four Corners, Tic-Tack-Toe, Bocce Ball All Staff	What’s Cooking? Sakia, Judah, Chrishana Activity Folks	Music Mike Montrey	Spooky BINGO All Staff
	Artist Study Meccah, Yolonda,Tamika		Nature Club Jaqi R. & Maria		
	Reading & Relaxation Yealie & Maria		Mindful Meditation Richard & Crystal		
2:00-2:15	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out
2:15-2:30	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal

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Week of October 28th: Thriller (Michael Jackson)

	Monday October 28th:	Tuesday October 29th	Wednesday October 30th	Thursday (Halloween) October 31st	Friday November 1st
8:30-9:00	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast	Arrival & Breakfast
9:00-9:15	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:15-10:15	Physical Health, Wellness, and Exercise with Mike Smith, RN				Music Mike Montrey
10:15-10:50	Music Enrichment Maureen	Life Skills Maureen	Music Enrichment Maureen	Halloween Activities	
10:50-11:25	Book Club DSPs	Table Top DSPs	Book Club DSPs		
11:25-12:00	Staff Craft DSPs	Recreation DSPs	Staff Craft DSPs		
12:00-12:30	Lunch and Activity Sign-Up				
12:30-1:00	Social & Leisure Time: Walk Outside; Card Games; Board Games; Reading in Quiet Room; Chit-Chat				
1:00-2:00	Activity Choices				
	Movie Event: Goosebumps All Staff	Movie Event: Goosebumps All Staff	Music Mike Montrey	Monster Mash!	Key of Awesome Jim Gaven
2:00-2:15	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out	Pack Up & Chill Out
02:15-2:30	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal