Overview:

Location of SEL	Type of Experience	Hours
Academic Year 1		
NUTR 690/646: Approaches in Nutrition Counseling SEL	role playing, case studies	80+
NUTR 690/636: Medical Nutrition Therapy 1 SEL	case studies, peer counseling, simulations	80+
Monthly meetings/workshops	simulations, case studies	8+
Summer 1		
Community Clinical Experience (Outpatient Clinics, WIC, Skilled Nursing/Long-Term Care)	professional work settings, direct patient care, simulations, case studies	360+
Academic Year 2		
NUTR 690/635: Food Service and Culinary Science SEL	professional work settings, simulations	96+
NUTR 690/642: Community Nutrition SEL	professional work settings, simulations	80+
NUTR 602: Communication, Leadership and Management in Dietetics	Simulations and mentoring with leadership RDN	40+
Monthly meetings/workshops	simulations, case studies	8+
Summer 2		
Acute Care Clinical Experience (Inpatient)	professional work settings, direct patient care, simulations, case studies	200+
Career Exploration Experience (CEE)	professional work settings	80+
Total program SEL hours		**1000+**

*An international experience through Nutrition Abroad 4 Nutrition Students is available to students for their Summer Community Clinical Experience.

*CEE - This can occur at any time throughout the 2-year program based upon student desire and schedule.

Descriptions and examples of experiences in professional work settings and direct patient care:

Outpatient Clinical
Description: Outpatient clinical settings provide nutrition care to clients of all ages and backgrounds with the goal of preventing or helping manage chronic conditions. Outpatient dietitians complete thorough nutrition assessments of clients in order to provide personalized treatment plans. Clients receive nutrition education and counseling to promote sustainable lifestyle changes. Dietetic student interns will perform the following job duties in partnership with outpatient dietitians: nutrition care of clients including assessment, diagnosis, intervention, and monitoring/evaluation; nutrition education and counseling; and documentation of nutrition care.

Example sites: Michigan Medicine Ambulatory Care clinics (e.g. cardiology, bariatric surgery, endocrinology, primary care), Trinity Health Intensive Cardiac Rehab, Program of All Inclusive Care for the Elderly (PACE), UM Student Health Services
Clinical Outpatient Rotation Descriptions

WIC
Description: Women, Infants, and Children (WIC) is a federally-funded Nutrition Program of the United States Department of Agriculture and is administered by the Michigan Department of Health and Human Services, serving low and moderate income pregnant, breastfeeding, and postpartum women, infants, and children up to age five who are found to be at nutritional risk. Dietetic student interns will perform the following job duties: assessment of nutrition risk and nutrition counseling/ education in partnership with WIC dietitians and nutritionists.

Example Sites: various county health department WIC clinics (Washtenaw, Jackson, Lenawee, Genesee, Macomb, Wayne), America's Community Council (ACC) WIC

Skilled Nursing
Description: Skilled Nursing Facilities (SNF) are residences that provide medically necessary care to patients and residents. These facilities can offer services such as rehabilitation, long term care, and memory care. The interdisciplinary team within a SNF may include dietitians, doctors, nurses, nursing assistants, social workers, physical therapists, occupational therapists, and speech therapists. Dietetic student interns will perform the following job duties in partnership with SNF dietitians: nutrition care of patients/residents including assessment, diagnosis, intervention, and monitoring/evaluation; nutrition education and counseling; documentation of nutrition care; and participation in care team meetings.

Example Sites: Glacier Hills of Ann Arbor, Ciena Healthcare, Morrison Living, Corewell Rehabilitation, Boulevard Temple, Manor of Novi, Medilodge

Food Service
Description: Food service refers to the preparation, handling, packaging, and distribution of

food, beverage, and related services by an establishment. Students will be expected to observe and participate in all aspects of the facility's food service operation in order to allow them to complete two related projects: a theme meal and a quality assurance initiative. In addition, they are expected to complete an extensive task list that walks them through the following areas of a food service operation: 1) management and organization; 2) quality assurance and safety; 3) recipe development and menu planning; 4) supply chain and inventory; 5) waste and sustainability; and 6) food production and service.

Example Sites: UM Residential Dining, various elementary/middle/high school systems (Ann Arbor, Dexter, Chelsea, Ypsilanti, Plymouth/Canton, Michigan State Dining, catering

Community
Description: Community organizations provide students with the ability to teach nutrition concepts and provide group-level and individual nutrition education in the setting of the client, instead of a clinic. Students will be expected to observe and participate in all aspects of the organization's operation in order to allow them to complete two related projects: a nutrition education session and a presentation to site staff of their community assessment. In addition, they are expected to complete other projects at the direction of community organization staff.

Example Sites: Program for Multicultural Health, MHealthy, Community Action Network, Jewish Family Services, Growing Hope, Trinity Health Farm
Community SEL Site Descriptions

Acute Care
Description: Acute care settings, such as hospitals, provide immediate treatment to admitted inpatients with severe or life-threatening conditions. This includes individuals recovering from surgery, trauma, or serious illnesses. Dietitians working in acute care help manage patients' nutritional needs during their stay, monitoring and treating malnutrition while supporting recovery and preventing complications. Dietetic student interns will perform the following job duties in partnership with acute care dietitians: nutrition care of patients, including assessment, diagnosis, intervention, and monitoring/evaluation; prescribing oral nutrition supplements, as well as enteral and parenteral nutrition support; providing nutrition education at the bedside; and documenting nutrition care. They may also participate in interdisciplinary care rounds, collaborating with physicians, nurses, pharmacists, speech-language pathologists, diet technicians, and other specialists to ensure comprehensive care. Sites across Michigan are utilized for this experience.

Example Sites: Michigan Medicine, Corewell Health, Touchpoint, Promedica, Munson Healthcare, Henry Ford Health, MyMichigan Health, Mary Free Bed, Select Specialty Hospitals, UM Health - Sparrow

Career Exploration
Description: This experience is student driven giving them the opportunity to explore areas outside the bounds of traditional dietetics (community, clinical, food service). These

experiences are designed to pair with elective courses and may cover areas such as eating disorders, performance nutrition, food systems, policy, maternal and child nutrition, or lifestyle/culinary medicine. Students have the liberty to design these themselves based on their career interests.

Example Sites: United Dairy Industry of Michigan, Maternal Infant Health Programs, Joy Bauer Nutrition, Toledo Center for Eating Disorders, Detroit Pistons, Michigan Department of Education Child Nutrition Programs, Michigan Medicine Specialty Clinics

Career Exploration Experience (CEE)_overview