

Kura Kāinga Homeschooling for Whānau in Lockdown – Example for Two Kaitiaki/Parents

AM - 7ish	Parakuihi / breakfast with grandparents/others via ph/net	Together	
	Gardening, washing, housework		
	Mahi/work – kids: maths, writing, reading		
	Whakarite kai / prep lunch	Kaitiaki 1 - kids	Kaitiaki 2 – own mahi
12ish	Kai o te Rā / lunch together		
	Wā tākaro, kiriata – free time	Together	
	Mahi – kids: art, music, geography, history, sciences, crafts...		
	Hīkoi/walk, kēmu/games, ‘visit’ friends/other whānau via ph/net	Kaitiaki 2 - kids	Kaitiaki 1 – own mahi
	Whakarite kai / prep dinner		
6pm	Kai o te Pō / dinner	Together	
	Wā tākaro, hōroi tinana / play, shower	Together	
8pm	Pukapuka, waiata, moe / stories, songs, sleep; whakapai/clean-up		
	Kaitiaki wā whakataa – relax time for adults!	Kaitiaki 1 - kids	Kaitiaki 2 – clean-up

There's many alternatives to this such as 'day on - day off' for kaitiaki, night/day split, splitting kids amongst kaitiaki...

One example shared of an idea for a routine to support parents at home with kids. Appreciating that this may be much harder if you are the only parent.