LCS Community Resource Guide

Last Revised: 10/16/2026

Table of Contents

Mental Health Counseling.....2
Grief Support.....9
Food Assistance.....10
Housing.....14
Transportation.....16
Financial Assistance.....17
Furniture & Household Appliances.....20
Medical Care, Prescription Assistance, & Medication Disposal.....21
Infant Resources & Child Care Assistance.....23
Parenting.....25
Disability Services.....27
Clothing.....30
Adult & Child Protective Services.....31
Job Counseling, Training, & Placement.....32
Substance Use Resources & Support.....34
Domestic Violence Resources.....36
Legal Assistance.....38
Education & Tutoring.....40
Mentoring.....41
Public Safety/Disaster Relief.....42
After-School Programs.....43
Summer Programs.....45
Community Activities.....47
Miscellaneous.....49

This resource guide is maintained by the School Social Workers. Please fill out this form if you know of a community resource that would be helpful for our families and is not already included in the LCS Community Resource Guide, or if you find that information has changed and needs to be updated for an agency currently listed in the Guide. The School Social Workers will review it and add it to the guide as appropriate.

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Mental Health Counseling

Agency & Contact Information	Highlighted services and specialty areas (call or visit website for complete list of services provided by each agency)	Accepts Medicaid	Accepts private insurance	Sliding scale/free services
Advanced Psychotherapeutics 434-616-2388 1047 Vista Park Dr, Suite A, Forest https://www.advancedpsychotherapeutics.com/	Services: Psychiatry, Neurofeedback, Brain Mapping For psychological testing, a referral must be submitted by an agency working with the family	✔	✔	
Anderson Counseling Services 434-239-2004 434 Graves Mill Rd, Bldg 100, Ste 1, Lynchburg https://andersoncounselingservices.com/	Services: mental health skill building, rapid response, psychological testing, intensive in home. Also provides outpatient counseling addressing a variety of needs	✔	✔	
Brook Hill Farm 540-586-0207 7291 Bellevue Rd, Forest https://brookhillfarm.org/	Equine therapy- self pay only *Limited number of scholarships available, may be CSA funded			✔*
Centra's Autism and Developmental Services Center 434-200-5750 693 Leesville Rd, Lynchburg https://www.centrahealth.com/services/psychiatric-and-behavioral-health/autism-developmental-services	Services: Developmental pediatrics, Psychiatry, Diagnostic testing, ABA Therapy, Therapy for Parents	✔	✔	
Central Virginia Counseling 434-616-4980 808 Wigginton Rd. Suite D and 20564 TImberlake Rd, Building B https://www.centralvirginiacounseling.com/	Services: In person and virtual counseling services for children and adults addressing a variety of needs, Psychiatric Nurse Practitioner medication management services available.	✔	✔	
Clarvida (previously Family Preservation) 434-528-9711 20715 Timberlake Rd Ste. 101, Lynchburg https://www.clarvida.com/	Services: Intensive in home Also provides telehealth outpatient counseling addressing a variety of needs	✔	✔	
Community Access Network 434-200-3366 option 6 800 5th St, Lynchburg https://www.communityaccessnetwork.org/behavioral-health/	Behavioral health services limited to patients 18 years and older and must be established medical patients with CAN. Provides outpatient counseling and psychiatric medication management	✔	✔	✔
Compass Behavioral Solutions 434-214-8112 118 Cornerstone St, Lynchburg https://compassva.com/location/lynchburg/	Lynchburg location only offers Applied Behavior Analysis (ABA) to clients with medicaid- may be CSA funded.	✔		

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Agency & Contact Information	Highlighted services and specialty areas (call or visit website for complete list of services provided by each agency)	Accepts Medicaid	Accepts private insurance	Sliding scale/free services
Creekside Therapeutics 434-515-2041 137 Laxton Road, Suite 200, Lynchburg https://creeksidetherapeutics.com/	Specialty areas and services: ADHD & Autism evaluations, music therapy Also provides outpatient counseling addressing a variety of needs (Creekside is considered an "out of network provider")	✔		✔
Dogwood Counseling Center 434-316-9339 110 Vista Centre Dr, Forest https://www.dogwoodcounselingcenter.com/	Specialty areas and services: Play Therapy, Marriage and Family Counseling Also provides outpatient counseling addressing a variety of needs	✔	✔	✔
Eden Holistic Counseling Services 434-515-0233 409 Fifth St, Lynchburg https://www.edenholisticcounseling.com/	Provides outpatient counseling addressing a variety of needs		✔	✔
EHS Embrace Health Solutions 434-582-1305 17835 Forest Rd, Suite A, Forest https://ehssupportservices.com/	Specialty areas and services: Adult outpatient counseling, substance abuse, & Mental Health Skill Building Services	✔		
Empower Counseling 434-219-5621 1381 Crossings Centre Dr, Suite 6, Forest https://www.empowercounseling.info/	Provides outpatient counseling addressing a variety of needs		✔	
Empower Wellness, PC 434-205-8049 1610A Graves Mill Rd, Lynchburg https://www.empowerwellnessed.com/	Integrated Eating Disorder Treatment and Wellness Center Individual and Group Counseling, Nutrition Education, Wellness and Mindful Movement		✔	
Family Insight, P.C. 434-616-6762 1933 Thompson Dr, Lynchburg https://familyinsight.net/	Specialty areas and services: ABA therapy for autism, Also provides outpatient counseling addressing a variety of needs	✔	✔	
Five18 Counseling 434-376-2006 1621 Enterprise Dr, Lynchburg https://five18.org	Provides outpatient counseling addressing a variety of needs; play therapy *Assistance rate based on household income- between $15-45	✔	✔	✔*
Foundation Stones, Inc. 434-238-5602 1001 Court St, Lynchburg 24504 https://foundationstonesinc.com/	Mental health skill building for those 21 and older	✔		

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Agency & Contact Information	Highlighted services and specialty areas (call or visit website for complete list of services provided by each agency)	Accepts Medicaid	Accepts private insurance	Sliding scale/free services
Healing Strides of Virginia 540-334-5825 672 Naff Road, Boones Mill https://www.healingstridesofva.org/	Equine therapy - *bill is submitted to guardian who has to turn it in to their insurance company- might be billed as out of network service- may be CSA funded		✔*	✔
Hill City Counseling 434-258-0591 112 Candlewood Court, Lynchburg https://hillcitycounseling.com/	Specialty areas: EMDR, First Responders, Family Therapy, play therapy Also provides outpatient counseling addressing a variety of needs		✔	✔
Horizon Behavioral Health *Community Services Board* 434-948-4831 or 434-477-5000 2215 Langhorne Rd, Suite 100, Lynchburg https://www.horizonbh.org/	Specialty areas and services: Psychiatry, crisis stabilization, case management, substance abuse counseling Also provides outpatient counseling addressing a variety of needs in LCS schools- speak to your school counselor about making a referral -to determine appropriate services, call admissions to make an appointment for intake assessment or walk-in between the hours of 8:30am and 3pm M-F	✔	✔	✔
Hyland Heights Baptist Church 434-821-6906 11452 Wards Rd, Rustburg https://www.hhbc.net/counseling	-all services/supports are free Also provides outpatient counseling addressing a variety of needs Partnership with Light Counseling to provide outpatient counseling for all ages with clinically supervised interns. Apply here: https://lightcounseling.net/intake/			✔
Impact Living Services 434-533-1088 316 Brook Park Place Suite A1, Forest https://impactlivingservices.org/	Specialty areas: EMDR, clinic based ABA, community crisis stabilization, -Also provides outpatient counseling addressing a variety of needs	✔	✔	✔
James River Counseling 434-237-4652 1120 McConville Road, Suite A, Lynchburg https://www.jamesrivercounseling.com/	Provides outpatient counseling addressing a variety of needs	✔	✔	
Johnson Health Center 434-929-1400 Multiple locations https://www.jhcvirginia.org/services/behavioral-health/	Services: Psychiatry, medication management, case management Provides outpatient counseling addressing a variety of needs	✔	✔	✔

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Agency & Contact Information	Highlighted services and specialty areas (call or visit website for complete list of services provided by each agency)	Accepts Medicaid	Accepts private insurance	Sliding scale/free services
Kairos Counseling 434-319-5528 1605A Enterprise Dr, Lynchburg https://kairoscounselingva.com/	Specialty areas: Music Integrated Therapy, Body Image Also provides outpatient counseling addressing a variety of needs		✔	✔
Kids' Haven 434-845-4072 325 12th Street, Lynchburg https://www.kidshavenlynchburg.org/	Center for grieving children, offering school groups, family nights, group nights, and resources -Services are free of charge			
Life Push, LLC 434-774-8539 137 Laxton Rd, Lynchburg https://www.lifepushllc.com/	Specialty areas: Functional Family Therapy, Casey Life Skills, Holistic Intensive Engagement, Gang Prevention & Intervention - CSA/DJJ funded			
Light Counseling 434-384-1594 20564 B Timberlake Rd, Lynchburg http://www.lightcounseling.net/	Specialty areas: Christian Counseling, group counseling, medication management Also provides outpatient counseling addressing a variety of needs	✔	✔	
Light Counseling Partnership with Hyland Heights Community Center No cost counseling https://lightcounseling.net/intake/	Specialty areas: No cost outpatient counseling for all ages with clinically supervised interns. Apply here: https://lightcounseling.net/intake/			✔
Lighthouse Community Health Services 434-847-5050 1310 Church St, Lynchburg https://lighthousecommunityhealth.services/our-health-services	Services: Psychiatry and psychological assessments Also provides outpatient counseling addressing a variety of needs	✔	✔	✔*
Lisa Taylor- Life Design Network 434-239-0022 137 Laxton Rd, Suite 360B, Lynchburg lisataylorlifedesign@gmail.com	Services: individual, family, parenting, and couples counseling Also provides outpatient counseling addressing a variety of needs	✔	✔	✔
Living Water Counseling Center 434-473-7458 20838 Timberlake Rd B, Lynchburg https://lwcounseling.org/	Specialty areas: Play Therapy, Trust Based Relational Therapy Also provides outpatient counseling addressing a variety of needs	✔	✔	
Madeline Centre 434-239-0003 18697 Forest Rd, Lynchburg http://www.madelinecentre.com/	Speciality areas: Addiction & Recovery, Autism. Partial Hospitalization Program and Intensive Outpatient Program- referrals (emailed to lmealey@madelinecentre.com) Also provides outpatient counseling.	✔		

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Agency & Contact Information	Highlighted services and specialty areas (call or visit website for complete list of services provided by each agency)	Accepts Medicaid	Accepts private insurance	Sliding scale/free services
National Counseling Group 434-382-1642 201 Archway Ct, Lynchburg https://www.ncgcommunity.com/lynchburg	Speciality areas: Intensive in-home services< MHSB Also provides outpatient counseling addressing a variety of needs	✔	✔	
Piedmont Psychiatric Center 434-200-5999 3300 Rivermont Avenue, Lynchburg https://www.centrahealth.com/facilities/cmg-piedmont-psychiatric-center-lynchburg	Services: psychiatry, psychological assessments, neurofeedback Also provides outpatient counseling addressing a variety of needs *Medicaid accepted only if patient is under 18 or over 65	✔*	✔	
B. Chad Steele, M.Ed.,LPC Phone: (434) 404-6860 Secure Text: (434) 436-2838 Telecounselor through Headway	Provides telecounseling for youth ages 14+, adults and couples.		✔	
Strategic Therapy Associates 434-237-9450 108 Duncraig Drive, Lynchburg https://www.strategictherapyassociates.com/	Functional Family Therapy, intensive in-home, Provides outpatient counseling addressing a variety of needs	✔	✔	
Support Systems 434-237-7846 2017 Graves Mill Rd, Suite B, Forest https://www.supportsystemsincva.com/	Services: Mental Health Skill Building, Crisis Stabilization, and Payee Representative services	✔		
Therapeutic Alliance 434-239-4400 20566 Timberlake Rd, Suite A, Lynchburg https://therapeuticalliancellc.com/	Lynchburg location only offers ABA therapy at this time	✔		
Thomas Road Baptist Church 434-592-5630 One Mountain View Road, Lynchburg https://trbc.org/care/	Services: support groups -all services/supports are free Also provides outpatient counseling addressing a variety of needs			✔
Thriveworks 434-528-6236 1000 Jefferson St Suite 1B, Lynchburg https://thriveworks.com/lynchburg-counseling/	Services: Psychiatry Also provides outpatient counseling addressing a variety of needs		✔	
Up Foundation 434-381-0258 2420 Memorial Ave, Lynchburg https://www.upwithrecovery.org/	Specialty areas and services: Substance abuse, family and group counseling Also provides outpatient counseling addressing a variety of needs	✔	✔	✔

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Virginia Family Therapy 434-202-4080 301 Gristmill Drive, Forest https://virginiafamilytherapy.com	Provides outpatient counseling addressing a variety of needs, including "walk and talk" sessions- all services are private pay only, no insurances are accepted at this time			
Agency & Contact Information	**Highlighted services and specialty areas (call or visit website for complete list of services provided by each agency)**	**Accepts Medicaid**	**Accepts private insurance**	**Sliding scale/free services**
Wishing You Well 434-455-5033 21731 Timberlake Road, Lynchburg http://www.wishingyouwellcounseling.com/	Specialty areas: Play Therapy Provides outpatient counseling addressing a variety of needs	✔	✔	
Wyndhurst Counseling Center 434-237-2655 371 Oakdale Circle, Lynchburg http://wyndhurstcounselingcenter.com/	Specialty areas and services: EMDR, Tutoring & Education Support Also provides outpatient counseling addressing a variety of needs		✔	

~These agencies represent a portion of mental health resources in Lynchburg and surrounding areas. If a student/family needs a resource not listed, or may benefit from a resource that is listed but cannot access it due to financial reasons, please consult your school social worker and they can discuss different resources and options with you and/or the family.

Crisis Services

In case of any emergency, you can always call 911 for help

Horizon Behavioral Health- Emergency/Crisis Walk-In Assessments are available, www.Horizonbh.org

- 2215 Langhorne Rd, Lynchburg, VA 24501
- Monday Friday 8:30am - 3pm.
- To Schedule an Appointment, call Horizon at 434-477-5000.

If you or someone you know are in a mental health crisis and need immediate support, please call 9-8-8, Virginia's suicide and crisis lifeline. Help is here for you.

REACH- The REACH program is the statewide crisis system of care that is designed to meet the crisis support needs of individuals who have a developmental disability and are experiencing crisis events which put them at risk for homelessness, incarceration, hospitalization, and/or danger to self or others.

- Adult REACH Hotline: 855-917-8278
- Children's REACH Hotline: 888-908-0486

Lynchburg General Hospital Emergency Room- Open 24 hours a day, 365 days a year

- 434-947-3000
- 1901 Tate Springs Rd, Lynchburg, VA 24501

Suicide and Crisis Lifeline - Dial 988

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

- ❖ What Happens When You Call The Lifeline? First, you'll hear an automated message featuring additional options while your call is routed to your local Lifeline network crisis center. We'll play you a little music while we connect you to a skilled, trained crisis worker. A trained crisis worker at your local center will answer the phone. This person will listen to you, understand how your problem is affecting you, provide support, and get you the help you need.

Crisis Text Line - Text HOME to 741741

- Text STEVE to 741741 to access a culturally trained Crisis Text Line counselor- The Steve Fund is dedicated to the mental health and emotional well-being of students of color.
- Text BADGE to receive mental health supports as a first responder or family of a first responder

National Domestic Violence Hotline - 1-800-799-SAFE (7233)

Substance Abuse and Mental Health Services Administration (SAMHSA) -1-800-662-HELP (4357)

National Human Trafficking Hotline - Call 1-888-373-7888 or Text 233733

National Sexual Assault Hotline- Call 1-800-656-HOPE (4673)

National Eating Disorder Association - Call or Text 800-931-2237

LGBTQ Crisis Line - The Trevor Project - Call 1-866-488-7386 or Text START to 678-678

Trans Lifeline-hotline offering direct emotional and financial support to trans people in crisis - 877-565-8860

The National Maternal Mental Health Hotline- Hotline for Pregnant and New Moms- Call or text 1-833-943-5746 in English and Spanish

Problem Gambling Hotline- 1-800-MYRESET (1-800-697-3738)

Safe Families for Children- Virginia- A program that provides breathing room and practical support for parents or extended-family caregivers in a temporary crisis, giving them time to get back on their feet while their children are cared for in a safe and loving Christian home. 434-300-4673

Filing a CHINS petition- while this is not a crisis service, this may be an option for families who have exhausted all other efforts to deter student's behavior that puts their well-being and physical safety at risk.

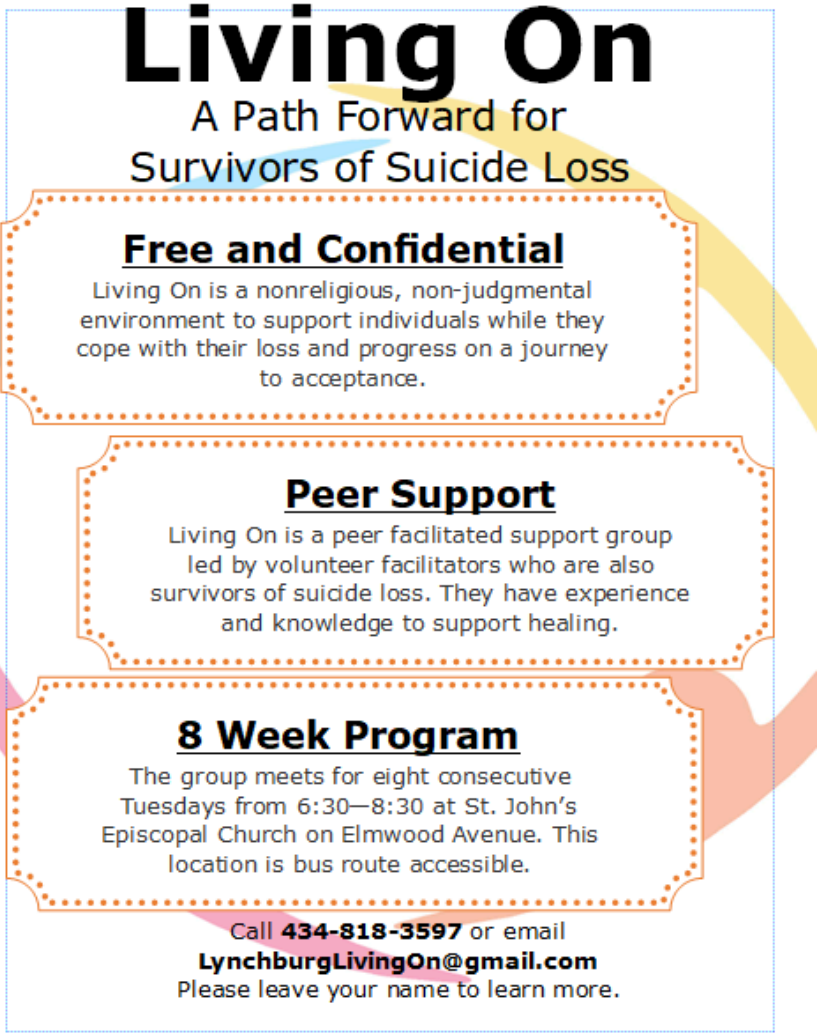
This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Grief Support

Kids Haven: A Center for Grieving Children- offers Family Group Night every two weeks, group support for students in various schools, summer camp, and a warm line- non-urgent line to provide support and resources-434-845-4072

- https://www.kidshavenlynchburg.org/
- Email- programs@kidshavenlynchburg.org
- 434-845-4072
- Family Group Nights- https://www.kidshavenlynchburg.org/group-night

Living On- Support group for survivors of suicide loss



This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Food Assistance

Meals

Lynchburg Feeds list- https://lynchburgfeeds.org/get-help/

Lynchburg Daily Bread- A hot, nutritious lunch every day to anyone in need, without restrictions or questions.

- 10:15am-12:20 pm every day, including holidays
- 721 Clay Street, Lynchburg, VA 24504
- 434-845-5703
- https://lynchburgdailybread.com/

Park View Cafe- Free nutrition hot meal every Wednesday night for anyone.

- Meals can be picked up from 4:30-5:30 pm every Wednesday night.
- 2420 Memorial Ave., Lynchburg VA 24501
- 434-845-8468
- https://www.parkviewcommunitymission.org/pvc

Lynchburg Meals on Wheels- To qualify, you must be homebound due to age, illness, or infirmity, and/or challenges prevent you from securing and preparing appropriate meals, have no one in-home or available to help with preparing or obtaining appropriate meals, and live in the service area.

- To request meals, call 434-847-0796 or fill out the form on their website- https://mealsonwheelslynchburg.org/request-meals/

The Lighthouse Community Center- Open Monday - Friday 12:30 - 2:00 with a food pantry offering ready-to-eat meals and light groceries. Sign up starts at 10:30am to make a reservation to shop.

- https://www.thelighthouselynchburg.org/our-services
- 1310 Church Street, Lynchburg, VA 24504
- 434-847-5050

Salvation Army- Open to anyone. You do not need to be affiliated with the Salvation Army to receive a meal.

- Meals are available daily at 4:30 on the patio at the Salvation Army. *This will change post-construction.
- 434-845-5939
- 2215 Park Ave, Lynchburg, VA 24501
- https://salvationarmypotomac.org/

Pantries

Blue Ridge Area Food Bank has a website where you can find food by zipcode- https://foodfinder.brafb.org/

Park View Community Mission- Food for Families- Supplemental groceries on a bi-weekly basis at no cost. Neighbor-choice pantry, allowing them to take an active part in the shopping experience by choosing from the products we provide. These include fresh produce, frozen meats, baked goods, and dairy items in addition to non-perishable groceries. There is a Personal Care room with soap, shampoo, toothpaste, toothbrushes, deodorant, feminine hygiene items, baby wipes, and diapers.

- Food Distribution Hours: Thursdays & Saturdays 9:30am - 2pm

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

- Office Hours: Tuesday-Saturday 8 am-5 pm
- 434-845-8468 ext. 300 or email: foodforfamilies@parkviewmission.org
- 2420 Memorial Avenue, Lynchburg VA 24501
- https://www.parkviewcommunitymission.org/fff

Hyland Heights Baptist Church- Families can receive food donations once per month. You can arrive at the church up to one hour prior to opening and check-in at the main lobby/covered entrance labeled Entrance 1 on the north side of the building.

- Food distribution hours: Wednesdays beginning at 4:30pm
- 434-821-6906
- https://www.hhbc.net/foodpantry

Red Truck Ministry- The Red Truck travels to six different sites per week in Lynchburg and surrounding area food deserts. Families may obtain food from one site per week. When you see the Red Truck, go to the registration table near the truck to register and receive food. They provide fresh fruits and vegetables (when in season) plus canned fruits, vegetables, meat, canned tuna, baby food, peanut butter, and other assorted canned goods. https://www.facebook.com/Red-Truck-Ministry-110353750784603/

- Food distribution hours/locations:
  - Every Tuesday at 10am- James Crossing Greenfield Dr. Community Center, Lynchburg, VA 24501
  - Every Wednesday at 10am- Jericho Baptist 606 5th St, Lynchburg, VA 24504
  - Every 1st & 3rd Thursday at 10am- Amazing Grace Baptist 2012 Grace St, Lynchburg, VA 24504
  - Every 2nd & 4th Thursday at 10am- First Baptist Church South Lynchburg 2500 Tazewell Ave, Lynchburg, VA 24501
  - Every Friday at 10am- Rebirth Church, 5341 S. Amherst Hwy., Madison Heights, VA 24572
  - Every Saturday at 10am- Rivermont Baptist 400 Fauquier St. Lynchburg, VA 24503
- 434-316-8382

Fairview United Methodist- Open to those who meet the USDA income eligibility guidelines

- Food distribution hours: 4th Thursday of the month January through October, and 3rd Thursday of the month in November and December- 12:30-3pm, but you must call 434-258-8372 for an appointment
- 3041 Campbell Ave, Lynchburg, VA 24501
- https://www.facebook.com/FUMCLynchburg

Fellowship Church of Christ- Open to anyone

- Food distribution hours: Call anytime during office hours to request an appointment any day of the week, may leave a message as well. 434-528-3972 or 434-528-3924
- 1816 Bedford Avenue, Lynchburg, VA 24501
- https://www.facebook.com/Fellowship-Church-of-Christ-A-kingdom-life-ministry-544888372328179/

Holy Trinity Lutheran Church- Families are eligible for emergency food baskets once every other month.

- Food distribution hours: Staff must request the food for the family by calling the church before 12pm, and the food will be ready for pickup by the family after 1:30pm the same day- Monday through Friday.
- 434-384-8441
- 1000 Langhorne Road, Lynchburg, VA 24503

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

- https://www.holytrinitylynchburg.org/

Love & Truth Community Church- Open to everyone

- Food distribution hours- every Monday 4-6:30pm, with the exception of 5th Mondays and holidays
- 434-845-0200
- 3135 Fort Avenue, Lynchburg, VA 24501
- http://ltcchurch.org/

Court Street Baptist Church- Need to provide income and number of people in household.

- Food distribution hours: Second Friday of the month from 11:30-12. You must call the week leading up to that Friday to reserve a food basket.
- http://www.courtstreetbaptistchurch.com/

Timberlake United Methodist Church- The Fillin' Station provided food in a contact-free drive-thru manner. A family of four will typically receive about 50 pounds of food each week. Items vary throughout the year, but common selections are fresh produce, frozen meats, juice, milk, cereals, canned fruits and vegetables, and a wide variety of non-perishable foods. Anyone in need of food is welcome to visit as often as needed. We do not require appointments, and there is no qualification process to receive food. Guests are invited to pick up food for others in need.

- Food distribution hours: Mondays 5-6:30pm
- If you are unable to come to distribution during the hours listed above, please contact the church at 434-239-1348. They will gladly make other arrangements.
- 21649 Timberlake Road, Lynchburg, VA 24502
- https://www.timberlakeumc.org/missions

Blessing Boxes- A free mini food pantry through Timberlake UMC, available 24 hours a day, 7 days a week for emergency food needs. Blessing boxes feature non-perishable food and personal hygiene items.

- Blessing Box Locations:
  - Timberlake UMC- 21649 Timberlake Road, Lynchburg, VA 24502
  - Living Word Ministries- 825 Taylor St, Lynchburg, VA 24504
- https://www.timberlakeumc.org/missions

The Cosby Woods Food Pantry- A free large food pantry cabinet outside the Church of the Covenant. Canned goods, produce, and other non-perishables available. Open to anyone, sunrise to sunset.

- 4415 Boonsboro Road, Lynchburg, VA 24503
- The food pantry is a large cabinet that sits across from the Church of the Covenant. Take what you need.
- https://www.facebook.com/cosbywoodsfoodpantry
- Contact: 434-384-1351, chcovoffice@gmail.com

Lynchburg First Church of the Nazarene- Open to anyone in need of food- May receive food once a month

- Food distribution hours: Every Wednesday from 9am - 12:pm in the Compassionate Ministry Center, must call ahead to schedule an appointment time
- 434-515-1413
- 1737 Wards Ferry Rd. Lynchburg, Va 24502

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

- http://lynchburgnaz.com/ministries/compassionate-ministries

Tree of Life Food Pantry & Bread Ministry- open to everyone- no limitations

- Food Pantry distribution hours: Food Pantry- Every Tuesday 11am-1pm (clothing closet is also open these hours)
- Bread Ministry distribution hours: Bread, bagels, muffins, buns, doughnuts, and other sweets- Every Monday 8:00am-9:00am
- Contact - Keith Vinson at keith@tolm.net, 434-237-1572
- Food and Bread both distributed at Tree of Life Midtown: 2027 12th Street, Lynchburg
- https://www.tolm.net/ministries/midtown/

Salvation Army- Open to anyone. You do not need to be affiliated with the Salvation Army to receive a meal.

- Food distribution hours: Mondays and Tuesdays from 9am-12pm in the Community Center gym. Come in and grab what you need. *This will change post-construction.
- 434-845-5939
- 2215 Park Ave, Lynchburg, VA 24501
- https://salvationarmypotomac.org/

Barley Harvest Pantry- A Sure Word Ministries

- Pantry is open to the public every first Monday of the month.
- Hours: 5pm-6pm
- Location: 1503 Kemper St. Lynchburg, VA 24501 - Second Floor (Community Room)
- 855-734-4449

*If you find yourself in urgent need of food and unable to access a pantry, you may visit the Blue Ridge Area Food Bank's Lynchburg warehouse for a non-perishable emergency food box. The warehouse is located at 501 12th Street, and is open Monday-Friday, from 8am-12pm, and from 1pm-4:30pm. You may call ahead at 434-845-4099.

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Housing

McKinney Vento Act- assistance for students and families who are experiencing homelessness
The federal McKinney-Vento Act guarantees school enrollment for anyone who, due to a lack of permanent housing, lives in inadequate or temporary setting such as in emergency or transitional shelters, in motels, hotels, or campgrounds, in cars, parks, public places, bus or train stations, or abandoned buildings, doubled up with relatives or friends, or in these conditions and is a migratory child or youth. Please reach out to Arnold Corneal if you need assistance due to any of these circumstances.

- Arnold Corneal, Homeless Education & Foster Care Liaison
- 915 Court Street, Lynchburg, VA 24504
- Phone (434) 515-5043
- Email: cornealaa@lcsedu.net
- https://www.lcsedu.net/departments/student-services/attendance-truancy/homeless-education
- https://education.wm.edu/centers/hope/

Emergency Shelters
If you are at risk of losing your housing or are already homeless, contact the intake line at CHIA (Coordinated Homeless Intake and Access) for assistance in placement at a local shelter. CHIA has up to date information about openings at the local shelters and will assist you with placement.

- 1-434-427-2442 (CHIA)- The intake line is available Monday through Friday during normal business hours
- Please leave a voicemail if your call is not immediately answered
- https://centralvirginiacoc.org/chia

The Refuge on Memorial
The Refuge on Memorial is a 24-hour low barrier facility with an overnight emergency shelter, warming/cooling center, and day shelter/drop-in center serving men, women, and entire family units.

- 2220 Memorial Ave, Lynchburg, VA 24501
- 434-849-7962
- info@therefugeonmemorial.com
- Click HERE for the website
- Day shelter also provided 8 am- 6 pm
    - Meals provided include breakfast, lunch and dinner

Tenant Based Rental Assistance (TBRA): Home Again- The CoC has partnered with Interfaith Outreach Association to offer a new program: Tenant Based Rental Assistance (TBRA): Home Again. Clients can be referred to the program if they have been experiencing homelessness for longer than 6 months. They do not have to be in one of our 4 priority subpopulations (i.e. family, youth, veteran, or chronic).

- Jessica Polzin, Homeless System Specialist, Miriam's House, phone: 434-847-1101 x 104

Domestic Violence Prevention Program at the YWCA
Frannie's House

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Sadler House

The Domestic Violence Prevention Programs (DVPP) helps women, children, men, and families recover from abuse, resolve personal conflicts, improve self-esteem and begin new lives. The primary feature of this program is the two shelters. The shelters are located in private, secure, and confidential places in both the City of Lynchburg and the Town of Altavista.

- 434-847-7751 Option 2, or 1-888-528-1041- Both phone lines are available 24 hours a day, 7 days a week
- https://ywcacva.org/domestic-violence-prevention

Lynchburg Redevelopment and Housing Authority

- 434-485-7200
- 918 Commerce Street
- https://www.lynchburghousing.org/

LynCAG Housing Services and Community Development

- 434-455-1601 extension 312
- 1010 Main Street, Lynchburg
- LynCAG offers an array of services to expand homeownership opportunities, assist clients who are facing homelessness and provide improved access to affordable housing.

My Life, My Community- Independent Living information for people with disabilities

- General information- https://www.mylifemycommunityvirginia.org/taxonomy/mlmc-menu-zone/independent-housing
- Marie Fraticelli, Integrated Community Options Specialist for Region 1 (Lynchburg)- 434-953-7146
  - https://www.dbhds.virginia.gov/developmental-services/housing/housing-team

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Transportation

Public Transportation/Taxi Information

Greater Lynchburg Transit Company- http://www.gltconline.com/

- Fixed Routes- https://gltconline.com/wp-content/uploads/2022/12/RIDERGUIDE_DEC_2022_TIMETABLES.pdf
- $2 single, $4 one day pass
- 434-455-5080
- ADA Paratransit Information and application- http://www.gltconline.com/paratransit/

The Lighthouse

- Transportation- Free Rides to Work and School: assists eligible participants with transportation assistance for the following needs:
  - to and from employment (your job)
  - to childcare and school for a dependent child(ren)
  - to and from job readiness training (i.e., school, conference, or workshop)
- Must be a TANF eligible household. To find out if you are eligible and to apply click on the website link and download the application.
- https://www.thelighthouselynchburg.org/get-a-free-ride-to-work
- 1310 Church Street, Lynchburg, VA 24504
- 434-847-5050

Co-Heirs for Christ Outreach- 434-420-7165

- Contact person: Victor Thomas
- Anytime transportation in Lynchburg- charity or flat rate of $5

Allied Cab- 434-845-7039

- 24 hours a day, 7 days a week

Logisticare- non-emergency medical transportation for families with Medicaid-

- https://www.logisticare.com/members-families

Assistance with Purchasing/Owning a Vehicle

HumanKind Ways to Work Program- In addition to loan assistance to purchase a vehicle, program participants receive supportive services including financial literacy training, life skills coaching, and credit education.

- Qualifications: Live in the City of Lynchburg or the surrounding counties of Amherst, Bedford, Campbell, or Appomattox; Be currently employed for at least six months, working a minimum of 30 hours a week; Be 18 years of age or older; Not preparing to file or currently in bankruptcy; Have a valid Virginia Driver's License.
- www.humankind.org/economic-resource-center/ways-to-work/

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

- If you need assistance, please contact our office at 434-845-5944 x1221 or email WTWLynchburg@humankind.org.

No Walls Ministry- Rivermont Evangelical Presbyterian Church

- Fill out this application to apply to receive support obtaining a car
- 434-226-0223
- https://nowalls.us/community-service

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Financial Assistance

Interfaith Outreach - https://www.interfaithoutreach.org/

- 434-846-6098- MUST call to apply, cannot apply in person
- 701 Clay Street Lynchburg, VA 24504
- Monday - Friday 9:00AM-12:00PM
- Emergency Assistance Program - Interfaith Outreach Association provides assistance to those who are in need of help with: Utility terminations; Evictions; First month's rent; Security deposits for utilities; Toiletries; and Cleaning supplies
- Furniture and Furnishings Program - Interfaith Outreach works discreetly with social service agencies. They are able to respond immediately, filling in the gaps with beds, sofas, dressers, kitchen tables, and chairs.

Lynchburg Community Action Group (LynCAG) - http://lyncag.org

- 434-455-1601 or 434-846-2778
- Address: 1010 Main St, Lynchburg, VA 24504
- Monday - Friday 9:00AM-5:00PM
- Description- The Emergency Assistance Program provides financial assistance to individuals and families faced with loss of a utility service or actual eviction from their homes due to economic hardship. The program offers one-time per year voucher payments to providers of essential utility and fuel services such as electricity, water and gas.
- Clients will only be seen between the hours of Mon- Thur 9 a.m. -4 p.m. & Fri. 9 a.m. -12 p.m.
- Before applications can be processed: YOU MUST PROVIDE the following documentation:
  - Electric: Must have a Disconnect Notice and provide proof of income for all household members.
  - Water: Must have a Cut-Off Notice and provide proof of income for all household members.
  - Rent: Must have an Eviction Notice from the Landlord and provide proof of income for all household members.

Salvation Army - https://salvationarmypotomac.org/emergency-assistance/

- 434-845-5939
- 2212 Park Avenue Lynchburg, VA 24501
- The Salvation Army seeks to help struggling families maintain basic amenities.
- Utility Assistance and other assistance.

St. Thomas More (MORE Aid) - https://www.stmva.org/moreaid.html

- 434-237-8851
- 3015 Roundelay Road Lynchburg, VA 24502
- Tuesday & Thursday 9:00AM-12:00pM
- Application requirements: Photo ID; Bill for which you need financial assistance; Referral (or past assistance) from an area agency

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Thomas Road Baptist Church - https://trbc.org/

- 434-239-9281
- One Mountain View Road Lynchburg, VA 24502
- Application process to qualify for financial assistance- must go in person to fill out application and bring shutoff notice and ID

Park View Community Mission- Complete form to apply for financial assistance for utilities

Housing assistance information and resources

- Department of Housing and Community Development: https://www.dhcd.virginia.gov/housing

CommonHelp - partnership with Virginia Department of Social Services - https://commonhelp.virginia.gov/

- Energy Assistance - Fuel or Cooling; Low-income households may receive assistance with their energy bills.
  - For Heating, applications are accepted from the second Tuesday in October until the second Friday in November. call the Enterprise Customer Service Center at 1-855-635-4370 (Monday - Friday 7 am - 6 pm) to apply over the telephone.
  - For cooling, applications are accepted June 15th through August 15th. Call the Enterprise Customer Service Center at 1-855-635-4370 (Monday - Friday 7 am - 6 pm) to apply over the telephone.
- Temporary Cash Assistance for Families with Minor Children (TANF) - designed to help needy families achieve self-sufficiency.
  - The TANF program provides eligible families with a monthly cash payment to meet their basic needs. For a child to be eligible he must be: Under age 18, or if 18, will graduate from high school before age 19; Going to school regularly if he is between the ages of five and 18; Living with a parent or other relative; A U.S. citizen or an eligible immigrant.
  - CLICK HERE for a copy of the application.

Hyland Heights Baptist Church- Take My Hand ministry

- Water and electric bill assistance, as available
- 11452 Wards Rd, Rustburg
- Contact Bill James, Take My Hand Director, at 434-610-4747
- https://www.hhbc.net/takemyhand

Internet/WiFi Assistance

Emergency Broadband Benefit Program - https://getemergencybroadband.org/

- Families who qualify can get $50 off their internet bill. See the website for details.

Internet Essentials from Comcast - https://www.internetessentials.com/

- Low cost ($9.95) high-speed internet at home. See the website for more details.

Cell Phone Assistance

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Assurance Wireless- Free cell phone and minutes if you have Medicaid, SNAP benefits, SSI, or a veteran's pension

- 888-898-4888
- Lynchburg Social Services, 99 Ninth Street

~Some local churches may provide financial assistance to their members and to others in the community. Feel free to reach out to other area churches not listed for assistance as well.

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Furniture & Household Appliances

Agape Center **https://www.agapelyh.org/**- must fill out an application when you go to the center and become a client- you meet with a mentor and then you can shop for food, furniture, etc.

- 3026 Carroll Ave
- 434-846-2783
- Open hours Tuesdays and the third Saturday of every month 9:00am-2:00pm
- Some furniture (not beds)- couch, table, dining room

Interfaith Outreach- https://www.interfaithoutreach.org/

- 434-846-6098- MUST call to apply, cannot apply in person
- 701 Clay Street Lynchburg, VA 24504
- Monday - Friday 9:00AM-12:00PM
- Furniture and Furnishings Program - Interfaith Outreach works discreetly with social service agencies. They are able to respond immediately, filling in the gaps with beds, sofas, dressers, kitchen tables, and chairs.

No Walls Ministry- Rivermont Evangelical Presbyterian Church

- Fill out this application to apply to receive a washer, electric dryer, electric stove, or small refrigerator.
- 434-226-0223
- https://nowalls.us/community-service

Habitat for Humanity ReStore

- A nonprofit home improvement store and donation center that sells new and gently used furniture, appliances, home accessories, building materials, and more to the public at a fraction of the retail price. The community can help local families build safe and affordable homes by donating to or shopping at the Habitat for Humanity ReStore because every purchase of quality home furnishings and construction supplies goes directly towards the cause of building new homes, communities, and hope.
- Hours- Tue-Fri: 10:00am - 6:00pm, Sat: 9:00am - 4:00pm, Sun-Mon: Closed
- 360 Alleghany Ave, Lynchburg
- 434-528-5155
- https://www.lynchburghabitat.org/restore/

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Medical Care, Prescription Assistance, & Medication Disposal

Medical Care

Community Access Network - https://www.communityaccessnetwork.org/

- 800 Fifth Street, Lynchburg
- 434-818-7880
- Hours: Monday- Friday 8:30am-8:30pm; Saturday and Sunday 8:30am-12:30pm
- Offers primary medical care, gynecology, pediatrics, school physicals and immunizations
- Comprehensive dental services include: Adult dental hygiene, pediatric dental pain (ages 6 and up), basic extractions, basic restorations (fillings), dental consultations, and same day/next day appointments for dental pain
- Will serve everyone regardless of insurance status. Also accepts the following insurances PCHP, Optima, Anthem, Aetna, VAPremier, Tricare, Medicaid and Medicare.

Free Clinic of Central Virginia - https://www.freeclinicva.org/

- 434-847-5866 (appointment only)
- 1016 Main Street, Lynchburg
- Serves 18 years and older
- Monday, Wednesday, Friday 8:30am-4:30pm; Tuesday and Thursday 8:30am-7:00pm
- Offers prescription assistance for patients

Johnson Health Center - (Adult Services) https://www.jhcvirginia.org/services/behavioral-health/

- 434-947-5967
- 320 Federal Street, Lynchburg
- Offers primary care, behavioral health and pharmacy for patients, has pharmacy for patients
- Monday-Thursday 8:00-6:00; Friday 8:00-5:00; Saturday 7:30-1:00
- All insurances accepted and sliding scale for no insurance

Johnson Health Center - (Pediatric Health Services and Dental)
https://www.jhcvirginia.org/services/pediatric-care/

- 2402 Atherholt Road
- 434-455-3260
- Monday-Thursday 8:00-6:00; Friday 8:00-5:00; Saturday 7:30-1:00
- All insurances accepted and sliding scale for no insurance

Dental Hygiene Clinic- Virginia Western Community College

- 3074 Colonial Avenue SW Roanoke VA 24015
- 540-857-7221
- Part of the Dental Hygiene Program- Supervised Dental Hygiene students provide excellent preventive oral health care which may include cleanings, X-Rays, fluoride treatments, oral cancer screenings, etc. Does not provide restorative treatment (fillings), or perform extractions.
- http://www.virginiawestern.edu

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Lynchburg Health Department - https://www.vdh.virginia.gov/central-virginia/

- 434-477-5900
- 307 Alleghany Ave, Lynchburg
- Monday through Friday 8:15am-4:45pm
- Offers immunizations, family planning, pregnancy services, STD's and TB screenings
- Accepts medicaid and most insurance

Lynchburg Covid-19 Vaccination Information- including mobile vaccination clinics

- https://www.lynchburgva.gov/covid-19-vaccination

Virginia Smiles for Children- Virginia's dental program for Medicaid, FAMIS and FAMIS Plus
https://www.dentaquest.com/en/members/virginia-medicaid-dental-coverage/virginia-smiles-for-children

- Smiles For Children members under age 21 are covered for all medically necessary dental services provided by a participating dentist.
- Member Services: 888-912-3456
- Hours of Operation: Monday through Friday, 8am - 6pm

Peaks View Head Lice- Licensed RN treats head and removes head lice and nits

- By appointment only- call 540-632-1093 or book online- https://peaksviewheadlice.com/
- 1407 Toms Road, Bedford, VA 24523
- Payments accepted- credit/debit cards, cash, HSA, or FSA

Prescription Assistance

GoodRx - https://www.goodrx.com/

- Medication assistance

Medication Disposal

Walgreens- 506 Boonsboro Road, Lynchburg (this location only)

- https://www.walgreens.com/locator/walgreens-5006+boonsboro+rd-lynchburg-va-24503/id=10691

Hill City Pharmacy- 1215 Greenview Dr Lynchburg (this location only)

- https://hillcitypharmacy.com/

CVS Pharmacy- 21550 Timberlake Rd, Lynchburg (this location only)

- https://www.cvs.com/content/safer-communities-locate

Eyeglasses Assistance

New Eyes- gives access to eyewear and clear vision, transforming the lives of financially struggling children and adults across the United States

- https://new-eyes.org/

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Infant Resources & Child Care Assistance

Hotline for Pregnant and New Moms- The National Maternal Mental Health Hotline

- Call or text 1-833-943-5746 in English and Spanish
- 24/7, free, confidential support before, during, and after pregnancy
- Phone or text access to professional counselors, real-time support, information, and resources, referrals to local and telehealth providers and support groups, culturally sensitive support, counselors who speak English and Spanish, and interpreter services in 60 languages

Infant Resources

Infant Toddler Connection - https://www.itcva.online/

- Call Central Point of Entry for referrals- 434-477-5904
- The Infant & Toddler Connection of Virginia is Virginia's early intervention system for infants and toddlers (age 0-36 months) with disabilities and their families. Support and services are available to all eligible children and their families regardless of a family's ability to pay.

St. Thomas More (Free Diaper Program) - https://www.stmva.org/diaper.html

- 434-237-8851
- 3015 Roundelay Road Lynchburg, VA 24502
- Tuesday & Thursday 9:00AM-11:00AM
- Application requirements: Photo ID; child must reside in the home full-time.

Aetna Better Health: Diaper Program

- Free diapers for Aetna Medicaid members through Home Care Delivered- no additional cost.
- Eligibility Criteria: Child 3 months to 2 years in age; Virginia CCC+ & Medallion 4.0 Members; and a valid UPS shipping address
- To apply: https://diaperprogram.com/

HumanKind- Healthy Families

https://www.humankind.org/early-childhood-development/healthy-families-central-va/

- 434-258-6186 - Donnetta Davis (Healthy Families Supervisor)
- 1903 HumanKind Way. Lynchburg, VA 24503
- Monday - Friday 8:30AM-5:00PM
- Their home visiting program guides and strengthens families by providing one-on-one education and support customized to each family's needs. Can also provide parent education and support groups for breastfeeding moms, fathers, mothers in recovery (S.M.A.R.T.), and Hispanic families.

Virginia Department of Health- Safe Sleep Program- https://www.vdh.virginia.gov/central-virginia/sleep/

- The Safe Sleep program aims to prevent infant sleep-related deaths by educating parents/caregivers on the importance of practicing safe sleep for their babies and by **providing portable cribs for free** to families who, otherwise, cannot afford a safe place for their babies to sleep.
- Eligibility: The parent must be on public assistance and have no safe sleeping arrangement for their baby. The guardian of an existing child must have a baby that is less than 6 months old, weighs less than 30 pounds, and is less than 35 inches in length. Pregnant women must be in their 3rd trimester.
- 434-477-5973

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Foster Care and Adoption Resource Center- Thomas Road Baptist Church

- Foster and adoptive families can stop by the resource center for clothes, toys, diapers, etc. for their foster and adopted children.
- Resource center located at: Fort Hill Shopping Center Suite #22, 6015 Fort Avenue, Lynchburg 24502
- Hours of Operation: Thursdays 6pm-8pm and Saturdays 9am-12pm
- Phone Number: 434-582-3369
- https://trbc.org/engage/kids/foster/

Child Care Assistance

Lynchburg Community Action Group (Lyn-CAG) - http://lyncag.org

- 434-455-1601
- 915 Main St, Lynchburg, VA 24504
- Monday - Friday 9:00AM-5:00PM
- Head start and Step Up program - programs in Amherst County, Bedford County, and the city of Lynchburg.

Motherhood Collective- equipping & empowering women from preconception through postpartum through expert-based education & social support programming

- Support groups, Birth in Color doulas, play groups, etc.
- https://www.themotherhoodcollective.org/
- 434-264-6455

HumanKind Early Head Start -

- ehsinfo@humkind.org
- 434-485-8131 - Ashley Graham (Director of Family and Children's Services)
- 1903 Humankind Way, Lynchburg, VA 24503
- Monday - Friday 9:00AM-3:00PM, extended hours 7:30AM-5:00PM
- Provides childcare for children ages 6 weeks to 3 years old at no cost to qualifying parents.
- A one-stop resource for providers seeking parenting support, child care, preschool, after-school, and summer camp opportunities. Early Head Start provides support for parents and free, full-time child care for infants and toddlers in Amherst, Bedford, and Lynchburg.

CommonHelp - partnership with Virginia Department of Social Services - https://commonhelp.virginia.gov/

- There are two ways to apply for childcare assistance:
  - Online at https://commonhelp.virginia.gov/access/
  - Pick up an application from DSS and submit the completed application (Childcare Service Application and Redetermination Form) to DSS; or request that one be mailed to you.
- Financial assistance is provided to eligible families to help with the cost of child care. Can assist with finding childcare as well.

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Parenting

Five18 Free Parenting Classes- Jan 23-March 27

- Childcare and light snacks available
- Click the below links to register for the appropriate age group
  - Parents & Caregivers Group: Mending Relationships at Home (Ages 5-8)
  - Parents & Caregivers Group: Mending Relationships at Home (Ages 9-13)
  - Parents & Caregivers Group: Mending Relationships at Home (Ages 14-17)

Motherhood Collective- equipping & empowering women from preconception through postpartum through expert-based education & social support programming

- Support groups, Birth in Color doulas, play groups, etc.
- https://www.themotherhoodcollective.org/
- 434-264-6455
- DeWitt Cottage #8, 150 Linden Ave, Lynchburg, VA 24503

Parent-Child Interaction Therapy (PCIT)- National Counseling Group- PCIT is a trauma-informed evidence-based treatment to help young children (ages 2 ½ - 6 ½ years old) with disruptive behavior.

- Lynchburg clinicians currently accept Medicaid and CSA funding for this service.
- https://www.ncgcommunity.com/evidencebasedpractices
- 201 Archway Court, Lynchburg
- 434- 382-1642

Blue Ridge Pregnancy Center- Parenting & Life Skills is a 6-week program where you learn about prenatal care and how to best take care of an infant. Just by coming to the classes you will get free baby clothes, diapers, wipes, and more. At the end of the 6 weeks, you and the rest of your class will celebrate with a baby shower!

- Open to anyone who is pregnant plus one support person- and it's free!
- To register, call 434-528-4321 or email julie@blueridgepc.org
- Classes are Wednesdays from 9:30-11:30am and 1-3pm
- Classes are located at BRPC's LIFE Center- 1892 Graves Mill Road, Lynchburg VA, 24502
- BRPC main office- 1915 Thomson Drive, Lynchburg, VA 24501
- https://blueridgepc.org/

University of Lynchburg- Systematic Training for Effective Parenting (STEP) program- 7 week parenting course focused on communication skills, avoiding power struggles, and responding to challenging behaviors.

- Classes are free and open to any parent (do not need to be affiliated with the university to participate)
- Contact Dr. Jeanne Booth about upcoming classes- booth@lynchburg.edu
- https://www.lynchburg.edu/academics/academic-and-community-centers/center-for-family-studies/for-parents/
- *Classes are on hold due to Covid- may be opening in fall*

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Grounded Path Holistic Counseling- Parenting classes using Positive Discipline- The Positive Discipline model is aimed at developing mutually respectful relationships. It teaches adults to employ kindness and firmness at the same time, and is neither punitive nor permissive.

- To sign up for a class, fill out the interest form here: https://docs.google.com/forms/d/e/1FAIpQLSf6jXQx-GS5--eO1-a2VUP9dHhDBaVjsyO4AM7JuwQvDI3m2g/viewform
- 434-515-2555
- https://www.groundedpath.org/Parenting#ParentingWorkshops

Kinship Navigator Services- provide services and supports to strengthen the kinship caregivers' capacity to provide a safe, nurturing home for the child and to help achieve permanency for the child. Additionally, supports and services should assist the kinship caregiver in addressing the effects that maltreatment may have had on the child in their care. Support groups are also available for kinship caregivers.

- Toll-free support services hotline available 24/7/365- 888-593-1972 to assist with housing, benefits (Medicaid, SNAP, TANF, Child Care), physical/dental health services, school information, etc.
- https://familyfirstvirginia.com/prevserv/kinship_nav.html
- KinshipNav.org

ParentGuidance.org- free online video courses for parents, covering a variety of topics, developed by leading mental health experts. Self-paced course topics include: behavior, anxiety & depression, bullying, child development, grief & loss, parent support, self help, suicide prevention, and technology.

- https://parentguidance.org/all-courses/

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Disability Services

Developmental Disabilities Waivers

- The Day Support Waiver is now called the **Building Independence Waiver**:
  - This waiver is for adults (18+) able to live independently in the community. Individuals own, lease, or control their own living arrangements and supports are complemented by non-waiver-funded rent subsidies. Supports are episodic/periodic in nature.
- The DD Waiver is now called the **Family & Individual Supports Waiver**:
  - This waiver is for Individuals living with their families, friends, or in their own homes, including supports for those with some medical or behavioral needs. Available to both children and adults.
- The ID Waiver is now called the **Community Living Waiver**:
  - 24/7 services and supports for individuals with complex medical and/or behavioral support needs through licensed services. Includes residential supports and a full array of medical, behavioral, and non-medical supports. Available to adults and some children.
- The Community Services Board (Horizon Behavioral Health) will serve as the single point of entry for waiver services for ALL individuals with a developmental disability. Please call Horizon Behavioral Health at 434-948-4831 Option 1 to determine eligibility.
- https://www.horizonbh.org/services/case-management/ (click ID/DD waiver)
- It is important to note that not everyone who requests a DD waiver will be found eligible and even when found eligible there may be a wait for a waiver slot. When available slots come open, a Waiver Slot Committee, made up of community volunteers and Department of Behavioral Health and Disability Services staff, selects recipients from the list of people who have the highest level of need to receive the open waiver slot. Individuals may be on the waitlist for years dependent on level of need, as level of need changes so does placement on the waiver wait list priority list.

Commonwealth Coordinated Care (CCC) Plus Waiver- formerly EDCD waiver

- The CCC+ waiver is for adults 65+ with a medical or nursing need and individuals less than 65 years with a disability and a medical or nursing need. There is no waiting list for this waiver.
- To apply, contact your local Virginia Department of Social Services (DSS) or local Virginia Department of Health (VDH).
  - Lynchburg DSS- 434-455-5850, 99 Ninth Street, Lynchburg, VA 24504
  - Lynchburg VDH-434-477-5900, 307 Alleghany Avenue, Lynchburg, VA 24501

My Life, My Community- Independent Living information for people with disabilities

Centra Autism and Developmental Center- A hub for autism screening, diagnosis, and related therapies; including Developmental pediatrics, Psychiatry, Diagnostic testing, Individual & Family Therapy, Applied Behavior Analysis (ABA) Therapy, Speech therapy, Occupational therapy, and Therapy for Parents

- 434-200-5750
- https://www.centrahealth.com/services/psychiatric-and-behavioral-health/autism-developmental-services
- 693 Leesville Rd, Lynchburg, VA 24502

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Heartland Transition Council- promotes successful transition outcomes for youth and young adults with disabilities by providing information on employment, education, training, living independently, community participation, and community support systems that influence success for all students.

- https://heartlandtransition.wixsite.com/transition
- https://heartlandtransition.wixsite.com/transition/contact

REACH- The REACH program is the statewide crisis system of care that is designed to meet the crisis support needs of individuals who have a developmental disability and are experiencing crisis events which put them at risk for homelessness, incarceration, hospitalization, and/or danger to self or others.

- Adult REACH Hotline: 855-917-8278
- Children's REACH Hotline: 888-908-0486

Virginia Department for the Deaf & Hard of Hearing- https://www.vddhh.org/

Rush Homes- provides affordable homes that meet the needs of people with both disabilities and low incomes.

- 434-455-2120
- To apply and see eligibility criteria: https://www.rushhomes.org/apply-for-housing

Virginia Department for Aging and Rehabilitative Services (DARS)- Providing quality programs and services that empower individuals with disabilities to maximize their employment, independence and full inclusion into society.

- https://www.vadars.org/
- Lynchburg Office- 2250 Murrell Road, Suite F, Lynchburg, VA 24501
- 434-947-6721

Deaf & Hard of Hearing Services Center- Center provides information and referral services for deaf and hearing loss issues. Distributor for state TAP (Technology Assistance Program) which includes amplified phones, captioned phones, TTY videophones, SOS alert phones for individuals that live alone, assistive listening devices, etc. Bring verification of monthly income before taxes and proof of Virginia residency, such as SS award letter, last two pay stubs and bank statement.

- Phone: 434-582-4991, Voice/TTY Videophone: 434-465-6874
- 2323 Memorial Avenue, Suite 25, Lynchburg, VA 24501

Virginia 711- Virginia Relay- A free public service, Virginia Relay enables people who are Deaf, Hard of Hearing, DeafBlind or have difficulty speaking to communicate with standard telephone users. The conversation is relayed between the two by a specially trained Virginia Relay Communication Assistant (CA). Relay services are available 24 hours a day, 365 days per year, with no limit on the number or length of calls a user may make. By law, every call is handled with the strictest confidentiality. Special features are available for individuals who have difficulty speaking, as well as Spanish-speaking and sign language users.

- Call 7-1-1 on your phone
- https://www.varelay.org/

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Special Olympics- Year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities

- 434-582-4712
- https://www.specialolympicsva.org/piedmont-region/area-24

Trident Services- Day support for adults with disabilities

- (434) 687-2990
- https://www.tridentservicesva.com/
- https://www.facebook.com/p/Trident-Services-LLC-61553986537656/
- 2003 Graves Mill Road; Suite C, Forest

Info sheet regarding special education Transfer of Rights at age 18

- https://peatc.org/wp-content/uploads/2020/12/Transfer-of-Rights-1.pdf

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Clothing

Agape Center https://www.agapelyh.org/- must fill out application when you go to the center

- 3026 Carroll Ave
- 434-846-2783
- Open hours Tuesdays and the third Saturday of every month 9:00am-2:00pm

Clothing Connection (Parkview Community Mission) https://www.parkviewcommunitymission.org/tcc

- 2323 Memorial Ave (lower level of the plaza) Lynchburg
- 434-845-8468 ext 900
- Call to make a private appointment on Mondays and Tuesdays
- Open to the public on Thursdays 9am - 3pm

Madison House of the Arts https://www.mhota.org/

- 607 Madison St
- 434-382-7720
- madisonhouseofthearts434@gmail.com

The Lighthouse Community Center https://www.thelhcc.org/services

- 1310 Church Street, Lynchburg
- 434-847-5050
- Open daily from 10:00am-2:00pm as a day shelter
- Access to free clothes, socks, underwear, shoes, hygiene bags

Tree of Life Clothing Ministry- open to everyone

- Clothing- Every Tuesday 11am-1pm
- Small housewares (end tables, lamps, etc.)- Every other Tuesday 11am-1pm
- Contact - Keith Vinson at keith@tolm.net, 434-237-1572
- Tree of Life Midtown: 2027 12th Street, Lynchburg
- https://www.tolm.net/ministries/midtown/

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Summer Opportunities for Back to School

TBD for the 27-28 school year!

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Adult & Child Protective Services

Lynchburg Child Protective Services- For more information about services to children or to report a CPS complaint, call: 434-455-5726 (Monday - Friday 8:30 a.m. to 5:00 p.m.) or e-mail: cps.intake@lynchburgva.gov

- Lynchburg Social Services, 99 9th Street, Lynchburg, VA
- www.lynchburgva.gov/child-protective-services

VA Child Protective Services Hotline-to report a CPS complaint after hours and on weekends-1-800-552-7096

Lynchburg Adult Protective Services- For more information about services for adults or to report an APS complaint, call: 434-455-5840 (Monday - Friday 8:30 a.m. to 5:00 p.m.)

- Lynchburg Social Services, 99 9th Street, Lynchburg, VA
- https://www.lynchburgva.gov/services-adults

VA Adult Protective Services Hotline-to report an APS complaint after hours and on weekends-1-888-832-3858

Child Support Enforcement- 1-800-468-8894

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Job Counseling, Training, & Placement

Career Counseling/Job Training

Jubilee Family Development Center - referrals for career classes and GED. They also have a new STEM Center, which offers classes for adults and children interested in mechanics, engineering and trades.

- 434-845-0433
- 1512 Florida Ave. Lynchburg
- https://www.jubileefamily.org/

Career Support Systems- CSS is a private, nationally-accredited provider of community-based employment and support services for people with disabilities or obstacles to employment. They design and deliver an array of highly individualized job placement services and a full range of complementary employment support services.

- https://careersupport.net/

Lynchburg Community Action Group- assistance with job searches, job readiness courses/computer labs

- 434-846-2778 or 434-455-1601
- 915 Main St. Lynchburg
- https://www.lyncag.org/employment/

Old Dominion Job Corps - hands-on career technical planning/training, job placement, driver's ed, GED/diploma, English language learning

- 434-929-4081
- https://olddominion.jobcorps.gov/

Legacy Education Center- Assists young adults in breaking the cycle of poverty. Students take fully accredited classes through CVCC and LU in their path to an Associate's Degree while also finding gainful employment through a work study opportunity. They also work to break down barriers to both, including child care, transportation, etc. They offer assessments preparation, academic support, structured accountability, and a culture of nurturing student welfare.

- 434-329-3275, 434-841-9999
- 1222 Rivermont Ave, Lynchburg, VA 24501
- https://legacy-edu.org/

Virginia Career Works-Lynchburg - resources for job searches, assistance with connections to employers, job fairs, GED prep

- 434-455-5940
- https://virginiacareerworks.com/

Virginia Employment Commission- assistance with finding jobs, job training, resume preparation

- 434-947-6671

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

- https://www.vec.virginia.gov/

Second Chance Jobs- Assisting Displaced Workers, Veterans and Non Violent Offenders by providing real career opportunities to make a difference for themselves and their families through education, training, pre-apprenticeships, full registered apprenticeships and job / career placement

- 1-833-327-0327
- For more information and to apply: http://secondchancejobs.org/

Central Virginia Community College Career Corner- assistance with career exploration, resume/cover letters, interview prep, and local job searches- for CVCC students and alumni only

- 434-832-7689
- https://centralvirginia.edu/CareerServices

Job Search Engines

Adecco Staffing -job searches and training options

- 434-239-0013
- https://www.adeccousa.com/locations/lynchburg-virginia-staffing-agencies/

System One- job search agency

- 434-832-2410
- https://www.adeccousa.com/locations/lynchburg-virginia-staffing-agencies/

Spartan Staffing - job search agency

- 434-385-4831
- https://www.peopleready.com/

Local Facebook Page-post jobs and find jobs in our area- https://www.facebook.com/groups/1548831822056496

Adult Education resources

Adult Learning Center (GED)- 1200 Polk St. Lynchburg 434-515-5160
Lynchburg City Schools- 434-515-5000

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Substance Use Resources & Support

Substance Abuse and Mental Health Services Administration (SAMHSA) hotline -1-800-662-HELP (4357)

CVARR- Central Virginia Addiction & Recovery Resources Coalition- The Central Virginia Addiction & Recovery Resources Coalition (CVARR) is committed to a community-wide approach to preventing addiction and supporting recovery across Central Virginia. We unite experts, advocates, and community partners to drive real change in prevention, treatment, and recovery.

- https://www.cvarr.org/

BrightView Lynchburg Addiction Treatment Center- offering medication-assisted treatment, individual and group therapy, case management, and social support for adults ages 18 and up who are battled drug or alcohol addiction- no waitlists, accepts patients with any insurance or no insurance

- Hours of operation 8:30am-5pm M-F, walk-ins accepted on weekdays until 3:00 pm
- 757-695-9406 (phone calls answered 24/7)
- https://www.brightviewhealth.com/locations/brightview-lynchburg-addiction-treatment-center/
- 3704 Old Forest Rd, Lynchburg

UP Foundation- services for people who are seeking and needing recovery from substance use and mental health disorders- offering counseling, support groups, mentoring, after school and summer enrichment programs, and therapeutic recreational activities

- 434-381-0258
- https://www.upwithrecovery.org/

Project LINK with Horizon- coordinated system of care for women who use substances. Services provided by or coordinated through Project LINK include substance abuse prevention and treatment, family planning, prenatal care, well-baby care, general health care, developmental screening, assessment and intervention, family services, child protective services, foster care, parenting education, and public education.

- 434-477-5000
- https://www.horizonbh.org/contact-us/find-a-location/horizon-wellness-center-at-lansdown-place/
- 2305 Lansdown Place, Lynchburg

Roads to Recovery- assistance for people to find and sustain recovery from substance use disorders- offering center based services, residential services, and outdoor adventure programs

- 434-455-0053
- https://www.roads2recovery.org/
- 3000 Langhorne Road, Lynchburg

Mainspring Recovery- Compassionate Drug and Alcohol Rehab

- 571-621-7007
- www.mainspringrecovery.com
- 620 Court Street, Lynchburg 24504

Sobrius Holistic Recovery- Sobrius Holistic Recovery offers personalized addiction treatment in Virginia that supports your whole well-being—mind, body, and long-term recovery.

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

- https://sobrius.health/
- 1-888-576-3766

Johnson Health Center- Office Based Opioid Treatment (OBOT)- OBOT is a well-established alternative to being treated for opioid addiction in an inpatient rehabilitation facility. The program allows participants to receive medication assisted treatment (MAT) with buprenorphine products while living at home, working, and taking care of their family. The program combines medical visits with counseling and care coordination services to ensure the whole person is being treated. JHC can also take care of your primary care, behavioral health and dental needs without having to see multiple healthcare organizations. This program is offered at Bedford Community Health Center and Amherst Community Health Center.

- https://www.jhcvirginia.org/services/behavioral-health/
- Bedford Community Health Center- 540-425-7910, 582 Blue Ridge Ave, Bedford
- Amherst Community Health Center- 434-929-1400, 134 Elon Rd, Madison Heights

Alcoholics Anonymous- Lynchburg

- 434-847-4733
- 245 Alleghany Avenue, Lynchburg, Virginia 24501
- http://www.aacentralva.org/

Narcotics Anonymous- Find a meeting in Lynchburg

- https://www.narcotics.com/na-meetings/virginia/lynchburg-virginia/

Al-anon/Alateen- fellowship of relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve their common problems. Find a meeting in Lynchburg

- https://www.vaalanon.org/find-a-meeting

~Please see Mental Health Counseling for counselors who specialize in substance use.

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Domestic Violence Resources

Bedford Domestic Violence Services 24-hour Hotline- 540-587-0970

National Domestic Violence Hotline - 1-800-799-SAFE (7233)

YWCA Domestic Violence Resource Guide

Domestic Violence Prevention Program- YWCA- Emergency shelter, financial empowerment, and support for children

- YWCA Domestic Violence Prevention Program is accessible 24 hours a day, 7 days a week
- Please call our 24/7 hotline: 1-888- 528-1041 if you or someone you love needs assistance
- Program main number- 434-847-7751 option 2
- https://ywcacva.org/domestic-violence-prevention

Sexual Assault and Response Program (SARP)- YWCA- free crisis intervention, support, advocacy, and information to survivors of sexual assault and abuse as well as to family members and friends, including financial assistance, support groups, and crisis support

- 1900 Tate Springs Road, Suite 8 | Lynchburg, VA 24501
- Program main number: 434-847-7751, option 3
- 24 Hour Confidential Hotline: 888-947- 7273
- https://ywcacva.org/sexual-assault-response

Victim/Witness Program- Lynchburg- assistance to anyone who has been victimized by or has witnessed a crime. This program provides a variety of services to crime victims, witnesses and their families, including case information, court orientation and preparation, referrals to community agencies, and assistance with applying for financial

- 434-455-3790
- https://www.lynchburgva.gov/victimwitness

Virginia Sexual and Domestic Violence Action Alliance- Resources, legal assistance, support, and advocacy

- 800-838-8238
- https://vsdvalliance.org/

Empower Counseling- Individual outpatient counseling for domestic violence, grief/loss, interpersonal relationships, low self-esteem, body image, stress management, sexual abuse/assault recovery, PTSD and trauma recovery, etc. (accepts private insurance only)

- 434-219-5621
- https://www.empowercounseling.info/
- 1381 Crossings Centre Dr, Suite 6, Forest

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

VINE Protective Orders (VPO) now provides automated notifications about preliminary and permanent (final) protective orders, including when they have been served and expiration information. Users can register for notifications in VINELink or by calling 1-800-467-4943.

- This service is available 24 hours a day, 7 days a week.
- There is no charge to use VPO.
- Notifications are available in English or Spanish.
- Email, text, phone, TTY, and in-app notifications are available.
- https://vinelink.vineapps.com/state/VA/ENGLISH

Users will be asked to create a confidential account to get VPO notifications. To register for notifications, users will need the name of the respondent, the PO number, and the county/city of issuance.

- For more information, please contact Amy Sheets.
- Phone: 804-644-0616
- Email: asheets@ncpi.us

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Legal Assistance

Child in Need of Services/Supervision (CHINS) petition- A parent/guardian may file a CHINS petition if their child meets one of the following definitions:

- A Child In Need of Services means a juvenile whose behavior, conduct, or condition presents or results in a serious threat to the juvenile's well-being and physical safety; AND the conduct complained of must present a clear and substantial danger to the child's life or health ; or the child or his family is in need of treatment, rehabilitation or services not presently being received; AND the intervention of the court is essential to provide the treatment, rehabilitation or services needed by the child or his family.
- A Child in Need of Supervision means either:
  - A child who, while subject to compulsory school attendance, is habitually and without justification absent from school despite the school system's reasonable effort to effect the child's regular attendance without success and the school system files related documentation; (usually filed by truancy) or
  - A child who, without reasonable cause and without the consent of his parent, or guardian, remains away from or deserts or abandons his family/custodian on more than one occasion; or escapes or remains away from a court's residential placement AND such conduct presents a clear and substantial danger to to the child's life or health, the child or his family is in need of treatment, rehabilitation, or services not presently being received, and the intervention of the court is essential to provide the treatment, rehabilitation or services needed.
- A person who wants the court to consider a child as a Child In Need of Services or Supervision must file a petition with the Intake Officer of the Court Service Unit at the Juvenile and Domestic Relations courthouse at 909 Court St, Level B-1, Lynchburg between the hours of 8:30-11am and 1-2pm. The parent MUST bring the child with them to file, as the child and parent are both interviewed.
- After the petition is filed, the child and the parent(s) or guardian are notified to come to court so they can be told of the adjudicatory hearing (trial) date and time.
- For more information, please contact the Court Service Unit at 434-455-2660 or see below-
  - http://www.courts.state.va.us/courts/jdr/Lynchburg/services.html
  - http://www.courts.state.va.us/courts/jdr/Lynchburg/supervision.html

Virginia Legal Aid Society- helps low-income individuals solve legal problems

- 513 Church St. Lynchburg
- 434-846-1326, 434-528-4722, or 1-866-534-5243
- https://www.valegalaid.org/organization/virginia-legal-aid-society-lynchburg-branch-o
- Rent Relief Navigator- Kanisha Woodson- 434-846-1326 or 1-866-534-5243

Virginia Lawyer Referral- connects you to a lawyer in your area for $35. You receive a consultation of up to a half hour with him or her – no strings attached.

- 1-800-552-7977
- https://vlrs.community.lawyer/

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Legal Aid Justice Center- Civil rights & racial justice, economic justice, youth justice, and immigrant advocacy

- 1000 Preston Avenue, Charlottesville, Virginia 22903
- 434-977-0553
- https://www.justice4all.org

Restoration of voting rights- Secretary of the Commonwealth

- 804-786-2441
- https://www.restore.virginia.gov/

Lynchburg First Steps Reentry Guide following incarceration - Reentry Guide

Courts/Court Services:

Juvenile & Domestic Relations-Lynchburg- 434-455-2670, http://www.courts.state.va.us/courts/jdr/home.html
Circuit-Lynchburg- 434-455-3760, http://www.courts.state.va.us/courts/circuit/lynchburg/home.html
General District-Lynchburg- 434-455-2670, http://www.courts.state.va.us/courts/gd/lynchburg/home.html
Office of the Magistrate-Lynchburg- 434-847-1329
Commonwealth Attorney- 434-455-2640
Lynchburg Dispatch (non-emergency)- 434-847-1602

Jails:

Lynchburg Regional Juvenile Detention Center- 434-455-7878, 1400 Florida Ave, Lynchburg, VA 24501
Lynchburg Adult Detention Center- 434-847-3100, 510 Ninth Street, Lynchburg, VA 24504
Campbell County Adult Detention Center- 434-592-9583, 90 Courthouse Ln, Rustburg, VA 24588
Bedford Adult Detention Center- 540-587-9282, 1000 Broad Street, Bedford, VA 24523
Amherst County Adult Detention Center-434-528-3160, 219 S Riverview Rd, Madison Heights, VA 24572
Halifax County Adult Detention Center- 434-476-5500, 010 Blue Ridge Lane in Halifax, VA 24558

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Education & Tutoring

Lynchburg City Schools- 434-515-5000

- 915 Court Street, Lynchburg, VA 24504
- Email: lcswebmaster@lcsedu.net
- Website: https://www.lcsedu.net/

Adult Learning Center- Anyone who is 18 years of age or older, does not have a high school diploma, and is not currently enrolled in school may attend the Adult Learning Center. The Center offers classes designed to help individuals who are preparing to take the GED test, as well as adults who would like assistance to improve their basic education skills. The Center also offers ESL (English as a Second Language) classes and Workforce preparation IET (Integrated Education and Training).

- 434-515-5160
- Hours of Operation
  - Monday–Friday: 8:00 a.m.–3:00 p.m.
  - Tuesday & Thursday: 4:00–7:00 p.m.
- 1200-1208 Polk Street, Lynchburg, VA 24504
- https://www.lcsedu.net/ourschools/special-programs/adult-learning-center

Infant Toddler Connection- The Infant & Toddler Connection of Virginia is Virginia's early intervention system for infants and toddlers (age 0-36 months) with disabilities and their families. Support and services are available to all eligible children and their families regardless of a family's ability to pay.

- Call Central Point of Entry for referrals- 434-477-5904
- https://www.itcva.online/

Sylvan Learning- Personalized tutoring, academic coaching, and test prep (all private pay)

- Call 434-473-7092 or fill out the form on the website to discuss needs and goals
- https://locations.sylvanlearning.com/us/lynchburg-va

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Mentoring

Jubilee Family Development Center - https://www.jubileefamily.org/

- Girls Empowered for More (GEM) Mentoring Program- open to girls ages 8 – 18 and is held on the third Saturdays of the month
  - http://www.jubileefamily.org/wp-content/uploads/2017/04/GEM-mentoring-program-application.pdf
- Building Young Men Mentoring Program- Jubilee Family Center and the Alpha Phi Alpha Fraternity partner to offer a mentoring program for young men that begins annually in September and continues every second and fourth Saturday through June. The joint venture is targeted to ages 8 to 18. The sessions are held at the Jubilee Center 11:00am to 1:30pm, and transportation is provided.
  - http://www.jubileefamily.org/wp-content/uploads/2017/04/Building-Young-Men-Mentoring-Program-Application.pdf
- 434-845-0433
- 1512 Florida Avenue Lynchburg, VA 24501

Big Brothers Big Sisters- Big Brothers and Big Sisters serve as friends, mentors, and role models helping children (primarily from single-parents homes) gain more self-confidence, offer encouragement, and assist them in achieving their highest potential.

- 2901 Langhorne Road, Lynchburg, VA 24501
- 434-528-0400
- https://www.bigcva.org/enroll-a-child

Young Women's Empowerment Academy- Our goal is to empower girls who will change the world. We have created a program that will develop strong and confident young women who will make healthy & educated decisions for their lives. This is accomplished through mentorship, workshops, community service and hands-on lessons.

- RCI Business Center, 701 Thomas Rd, Lynchburg, VA 24502
- 434-515-2474
- https://www.yweacademy.com/enroll

*Therapeutic mentoring may be available through separate funding. Please contact your School Social Worker to discuss options.

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Public Safety/Disaster Relief

Lynchburg Police Department (non-emergency) - https://www.lynchburgva.gov/police-department

- 434-847-1602
- Police Department- 905 Court Street, Lynchburg, VA 24504
- West Building-805 Court Street Lynchburg, VA 24504
- Reporting Non-Emergency Events to the Lynchburg Police Online- https://lynchburgpolice.policetocitizen.com/Home

Lynchburg Fire Department (non-emergency)- https://www.lynchburgva.gov/fire

- 434-455-6340
- 800 Madison St. Lynchburg, VA 24504

Lynchburg Health Department - https://www.vdh.virginia.gov/central-virginia/health-department-locations/

- 434-477-5900
- 307 Alleghany Ave. Lynchburg, VA 24501
- Assist with Family Planning, Immunizations,Pregnancy Services, TB Screenings, and obtaining a copy of a birth certificate.

Disaster Relief

American Red Cross - https://www.redcross.org/

- 434-845-1234
- 1007 Sheffield Drive Lynchburg, VA 24502

Thomas Road Baptist Church Disaster Assistance - https://trbc.org/

- 434-239-9281
- One Mountain View Road Lynchburg, VA 24502
- Here is a link to request disaster assistance: https://trbc.org/disaster/

Area Hospitals

Lynchburg General Hospital - Emergency department located here

- 434-947-3000
- 1901 Tate Springs Road Lynchburg, Va 24501
- https://www.centrahealth.com/LGH

Virginia Baptist Hospital

- 434-947-4000
- 3300 Rivermont Avenue Lynchburg, VA 24503
- https://www.centrahealth.com/VBH

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

After-School Programs

Jubilee Family Development Center - https://www.jubileefamily.org/

- 434-845-0433 - Sterling Wilder
- 1512 Florida Avenue Lynchburg, VA 24501
- Monday - Friday 9:00AM-6:00PM
- open year-round and offers many after-school academic/tutoring programs and mentoring programs

Boys & Girls Club of Greater Lynchburg-

- For more information and to register: https://www.bgclynchburg.org/
- 2:30-7pm Monday through Friday, open 9am-5pm when school is not in session
- 434-846-1111
- 1101 Madison St, Lynchburg, VA 24504

Lynchburg Parks & Recreation- Learn & Play- Learn and Play is an indoor/outdoor after-school program for students grades K-12 free of charge. *{Currently Unavailable}*

- To register: https://valynchburgweb.myvscloud.com/webtrac/web/splash.html
- Monday-Friday 2-6pm
- Program available at the following locations: College Hill, Daniel's Hill, Diamond Hill, Fairview, Jefferson Park, and Yoder Neighborhood Centers
- 434-455-5858

Zion City Outreach- Before and after school care

- https://www.poftzc.com/zion-city-outreach
- 3100 Hill St. Lynchburg, Va 24501
- 434-847-8990
- Office Hours 10:00am-3:00pm, Business Hours: 7:00am-6:00pm
- Grades K-12
- $40 per week

Fellowship King's Kids Daycare- Before & After School care

- 1812 Bedford Ave, Lynchburg, VA 24504
- Call for more information and to register: 434-528-3972
- https://www.facebook.com/Fellowship-Kings-Kids-Daycare-476407665843849/

YMCA Before & After School Care

- https://www.ymcacva.org/programs/child-care/childcare
- On-site locations are Bedford Hills, Sandusky Elementary, and Sheffield. If your student attends another school, they will need to arrange transportation to one of these three schools through LCS transportation.

Aslan Castle ELC

- https://www.aslancastleelc.com/parents
- Before or After School- $50.00 per week (ages 5-12)

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

- Before & After School- $100.00 per week
- (434) 239-5407
- 2919 Confederate Ave, Lynchburg VA 24501

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Summer Programs

[City of Lynchburg's 2026 Youth Summer Fun & Safety Resource Guide]

Lynchburg Parks & Rec Summer Lunch & Play- free day camp for kids ages 6-18

- Monday through Friday- June 5 - August 9, 2024 from 11am-4pm
- Locations: College Hill Center, Daniel's Hill Center, Diamond Hill Center, Fairview Heights Center, Jefferson Park Center, Yoder Center
- https://www.lynchburgparksandrec.com/programs-and-activities/summer-lunch-and-play/
- 434-455-5858

Lynchburg Parks & Rec Specialty Camps- a range of specialized camps, including coding, theater, cooking, and pottery

- See website for details, fees, and registrations:
- https://www.lynchburgparksandrec.com/programs-and-activities/?c=17
- 434-455-5858

Zion City Summer Camp

- Monday, June 8th-Friday, August 7th





Camp Kum-ba-yah- outdoor enrichment day camp experience

- https://www.campkumbayah.org/summercamp
- 434-384-1755
- 4415 Boonsboro Rd, Lynchburg, VA, 24503

Boys & Girls Club of Greater Lynchburg- Summer day camp

- For more information and to register: https://www.bgclynchburg.org/
- Summer camp: 9am-5pm Monday through Friday
- 434-846-1111
- 1101 Madison St, Lynchburg, VA 24504

Jubilee Summer Enrichment Camp

- 434-845-0433 - Sterling Wilder (Executive Director)
- 1512 Florida Avenue Lynchburg, VA 24501

Amazement Square WonderCamps- new camps offered each week for children age 3 to those just completing 5th grade- prices vary

- For more information and to register: https://www.amazementsquare.org/summer-wondercamp
- 434-845-1888
- 27 9th St, Lynchburg, VA 24504

Lynchburg Humane Society- Camp Happiness

- Ages 7-12 years old
- 12:30-4:30pm, Weeks- June 10-14, 17-21, 24-28 and July 8-12, 15-19, and 22-26
- https://lynchburghumane.org/camp-happiness/

Academy Center of the Arts- Center for arts, culture, and community building- offers a range of summer camps- prices vary

- https://academycenter.org/
- 434-846-8499
- 600 Main Street, Lynchburg, VA 24504

Bright Hope Inc. Summer Camp- Academic enrichment childcare program for ages 4-12

- https://www.brighthope247.org/summer-camp-2024.html
- Call to register: 434-401-2636
- 2310 Fort Ave, Lynchburg, VA 24501

Camp Hydaway- day camp for students completing 1st, 2nd, and 3rd grade, and overnight camp for students completing 3rd, 4th, and 5th grade- prices vary

- For more information and to register: https://camphydaway.com/
- 434-592-4289
- 936 Camp Hydaway Road, Lynchburg, 24501

Fellowship King's Kids Daycare- Summer day program for ages 2-12

- 1812 Bedford Ave, Lynchburg, VA 24504
- Call for more information and to register: 434-528-3972
- https://www.facebook.com/Fellowship-Kings-Kids-Daycare-476407665843849/

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Kids Haven Grief Camp- summer camp to provide grief education and emotional support, free of charge

- https://www.kidshavenlynchburg.org/summer-camp
- Youth ages 5-16 who are experiencing loss and grief
- 

Unlimited Potential (UP Foundation) Summer Enrichment Camp- support students in developing healthy leisure skills and coping strategies, while promoting prevention of substance use and addressing issues of self-esteem, self-care, anger management, and simple conflict resolution.

- https://upfoundation.squarespace.com/summer-camp
- https://upfoundation.squarespace.com/unlimited-potential-summer-enrichment-camp
- Ages 10-18

Community Activities

Lynchburg Parks & Recreation- a wide variety of classes, sports, and activities for all ages

- https://www.lynchburgparksandrec.com/
- 434-455-5858
- 301 Grove Street Lynchburg, VA 24501

Academy Center of the Arts- Center for arts, culture, and community building- offers a range of art and theater classes

- https://academycenter.org/
- 434-846-8499
- 600 Main Street, Lynchburg, VA 24504

Amazement Square-hands-on, interactive children's museum

- https://www.amazementsquare.org/
- 434-845-1888
- 27 9th St, Lynchburg, VA 24504

Lynchburg Public Library- In addition to borrowing books, the library offers a variety of services and programs for our youth–from newborns all the way to high-schoolers, and for adults.

- https://lynchburgpubliclibrary.org/
- 434-455-6300
- 2315 Memorial Ave, Lynchburg, VA 24501

Lynchburg Parks- The City of Lynchburg has a wonderful park system for residents and visitors to explore and enjoy. Our parks are diverse and offer activities from wildlife and plant observation to more active pursuits such as fishing, hiking, biking, tennis, basketball and other recreational opportunities. Please click on each park/ natural area in the link below to get more information about each site- amenities, location, and hours.

- https://www.lynchburgparksandrec.com/our-parks/
- 434-455-5858

Virginia State Parks- Numerous programs, events and activities at Virginia State Parks. Our 40 parks have thousands of campsites, hundreds of cabins, more than 500 miles of trails and access to Virginia's major waterways. Beaches, picnic shelters, lodges, festivals, concerts, nature programs, cultural happenings, etc.

- 800-933-PARK (7275)
- https://www.dcr.virginia.gov/state-parks/

Lynchburg Parks & Recreation Nature Zone- The Nature Zone is an environmental education center that offers a world of fun and excitement for all ages!

- https://www.lynchburgparksandrec.com/the-nature-zone/
- 434-455-5858
- 301 Grove Street Lynchburg, VA 24501

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Camp Kum-ba-yah/KinderWoods- A two acre section of open woods for unstructured, hands-on nature play.

- Hours:
  - Summer Hours: Open to the public- Saturday 8:00 AM - Dusk, Sunday 12:00 PM - Dusk
  - School Year: Open to the public- Monday-Friday-10:00 am-Dusk, Saturday 8:00 AM - Dusk, Sunday 12:00 PM - Dusk
- $5 donation encouraged
- https://www.campkumbayah.org/kinderwoods, 434-384-1755
- 4415 Boonsboro Rd, Lynchburg, VA, 24503

Special Olympics- Year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities

- 434-582-4712
- https://www.specialolympicsva.org/piedmont-region/area-24

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Miscellaneous

P.A.D. Center (Period Access Distribution Center)

- A program by the Junior League of Lynchburg
- Did you know that you can receive free feminine hygiene products every month?
- Email: Padcenterva.org | Phone number: 434-363-2056
- Click here to sign up for a monthly subscription of products on our website or submit a form through the office.
- Pick up location: 626 Church Street Lynchburg, VA 24504
- Hours of operation: Mondays 1:00PM-6:00PM and Fridays 10:00AM-3:00PM

Dolly Parton's Imagination Library- a new free book mailed to your child every month from birth to their 5th birthday.

- https://imaginationlibrary.com/check-availability/

Army National Guard Child and Youth Services- The mission of Army National Guard (ARNG) Child & Youth Services (CYS) is to promote and sustain the quality of life and resilience of Army National Guard dependent children and youth by providing secure, timely, flexible, high-quality support services and enrichment programs.

- https://va.ng.mil/Programs-Resources/Family-Programs/Youth-Program/
- Facebook: https://www.facebook.com/VANGYouthPro
- Instagram: @VANGYouthPro

A Sure Word Outreach

- Revibe wellness classes- free to the community
- Notary services for a fee
- Community events
- Food pantry- first Monday of the month
- 1503 Kemper St. Lynchburg, VA 24501
- 855-734-4449
- Tdh@asurewordoutreach.com

Virginia 211- find local and state-wide resources through the website, or by calling, texting, or emailing

- Text CONNECT to 247211
- Call 2-1-1 on your phone
- https://www.211virginia.org/consite/index.php

Virginia 511- Virginia Traffic Information

- Call 5-1-1- on your phone
- https://www.511virginia.org/

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.

Virginia 711- Virginia Relay- A free public service, Virginia Relay enables people who are Deaf, Hard of Hearing, DeafBlind or have difficulty speaking to communicate with standard telephone users. The conversation is relayed between the two by a specially trained Virginia Relay Communication Assistant (CA). Relay services are available 24 hours a day, 365 days per year, with no limit on the number or length of calls a user may make. By law, every call is handled with the strictest confidentiality. Special features are available for individuals who have difficulty speaking, as well as Spanish-speaking and sign language users.

- Call 7-1-1 on your phone
- https://www.varelay.org/

Virginia 811- To protect underground utilities- Dig with care

- Call 8-1-1 on your phone
- https://va811.com/

Birth Certificates (Virginia born)

- To obtain a birth certificate, contact:
  - Office of Vital Record 2001 Maywill Street, Richmond, VA 804-662-6200 https://www.vdh.virginia.gov/vital-records/
  - DMV https://www.dmv.virginia.gov/general/#vital.html
  - Health Department 434-477-5900, option 6 https://www.vdh.virginia.gov/central-virginia/vital-records/
- Cost is $12.00, unless changes have been made to the birth certificate
- Birth Certificate Application https://www.vdh.virginia.gov/content/uploads/sites/93/2020/07/VS6B_Birth-application.pdf

Birth Certificates (US born- outside of Virginia)

- Visit www.vitalchek.com or call 1-877-572-6333, option 2. You will need a credit card to use this service.

This resource guide is not sponsored or endorsed by the Lynchburg City School Board. The content is intended to provide awareness of community resources. It does not include every available community resource, but will continue to be updated to include resources that may benefit students, families, and staff.