

Rose Cole - Activate Your 9 Shamanic Gifts 2025

Module 1: Awaken Your Shamanic Gifts to Deepen Your Spiritual Presence (March 25)



Living with your shamanic gifts activated isn't just about performing rituals — it's a way of being. When you **integrate the shamanic arts into your daily life**, every moment, every interaction, and even the simplest exchanges — like making eye contact with a stranger — become sacred.

You'll step into a deeper level of presence, learning how to attune yourself to the unseen realms and **receive wisdom directly from spirit**. You'll explore the universal foundations of shamanic work, from working with energy to communicating across the veil, and begin the process of fully embodying your sacred role as a healer and wayshower.

Through guided practices, you'll open the door to your gifts and **initiate a new way of living**, where the mystical becomes tangible and the world around you transforms into your greatest teacher.

In this session, you'll:

- Receive a **powerful activation prayer** to commence the training of your 9 Shamanic Gifts and open the doorway to deep transformation
- Discover **the method for accessing the shamanic state** — a brainwave state that allows you to communicate with the unseen realms
- Learn how to **deepen your level of presence**, so you can receive guidance and awaken your innate spiritual abilities

- Explore **nature as the ultimate teacher**, unlocking wisdom through direct communion with the natural world
- Understand **the 3 universal aspects of all shamanic traditions**, giving you a solid foundation in energy work, spirit communication, and the quantum field
- Uncover **the difference between psychic gifts and mediumship** — and how to recognize when spiritual information is flowing through you

Module 2: Reclaim Your Energetic Sovereignty to Strengthen Your Shamanic Gifts (April 1)



Many empaths feel overwhelmed by their sensitivity, absorbing energy from others and the collective field without knowing how to clear or protect themselves. When you reclaim your energetic sovereignty, **your shamanic gifts become your greatest allies** rather than a source of depletion.

You'll learn how to recognize what energy belongs to you — and what you've picked up from others — so you can **maintain clarity, balance, and alignment with your true power**. You'll also discover how to set and program your personal energy field, using your gifts as diagnostic tools to navigate the world with confidence and ease.

Through guided techniques, you'll establish a daily practice of energetic hygiene, ensuring that your gifts serve you — without draining you. This session will empower you to protect your energetic boundaries, step fully into your gifts without fear, and **move through the world with clarity, confidence, and Source-aligned power**.

In this session, you'll:

- Experience a Qigong clearing method to **cleanse your energy field**, restoring balance and preventing energetic overload
- **Discover the PAC Method** — a helpful approach for identifying and clearing energetic imprints from others

- **Learn how to set and program your personal energy field**, transforming your shamanic gifts into powerful tools for discernment and protection
- Create your own **sovereignty prayers** for ceremonies and daily rituals that safeguard your energetic space
- **Navigate the spirit world with confidence**, understanding different energies you may encounter while maintaining a strong, impenetrable frequency
- **Keep a journal to track and decode your experiences**, building clarity and trust in your abilities as they strengthen

Module 3: Release Limiting Beliefs to Empower Your Shamanic Abilities (April 8)



Deep within your lineage and subconscious mind are inherited beliefs and outdated programming that may be keeping you from fully accessing your shamanic abilities. You'll begin the process of **unraveling these limitations, clearing the way for your gifts to flourish.**

As you explore the first two shamanic gifts, you'll start to understand which abilities you are naturally wired for, how to expand them, and even **discover new gifts you may not have realized were already within you.** With a unique approach to developing these abilities, you'll move beyond surface-level understanding into deep, practical application.

Through guided belief work and hands-on exercises, you'll **take a quantum leap in your capacity to perceive, receive, and trust your gifts.** This session will guide you through deep energetic clearing and expansion, helping you step into your full capacity as a shamanic practitioner with newfound clarity, confidence, and power.

In this session, you'll:

- **Experience a powerful Core Belief Work™ session** to release inherited and limiting beliefs blocking access to your unique shamanic gifts

- **Take a deep dive into Shamanic Gifts 1 and 2**, with real-world examples and practical ways to apply them in your life
- **Explore different types of clairvoyance (“clear seeing”)**, learning how to distinguish visionary states from intuitive knowing
- **Identify and refine your clairaudience (“clear hearing”)**, so you can recognize and interpret messages with greater clarity
- **Learn how to communicate with your higher self and the Divine**, developing discernment and confidence in what you perceive
- **Excavate ancestral and DNA-level programming**, allowing for profound quantum shifts and breakthroughs in your shamanic practice

Module 4: Decode & Expand Your Shamanic Senses for Clear Guidance (April 15)



Working with your **shamanic abilities** is like learning a new language — at first, the signs and sensations may feel unfamiliar, but with practice, they become second nature.

You'll dive deeper into the next three gifts, refining your ability to recognize which one is coming through and **how to interpret its messages with clarity and confidence**. You'll explore the often-overlooked nuances of sensing, feeling, and knowing, distinguishing between similar gifts so you can harness each one effectively.

By the end of this session, you'll have a clearer understanding of how your unique shamanic abilities work, setting the stage for greater mastery and deeper trust in the guidance you receive, helping you **become a more skilled channel for divine wisdom**.

In this session, you'll:

- **Take a deep dive into Shamanic Gifts 3-5**, with real-world examples and practical ways to integrate them into daily life
- **Develop your clairsentience (“clear sensing”)**, learning to separate intuitive perception from emotional influence

- **Distinguish clairsentience (“clear emotions”)** from clairsentience, so you can interpret emotional energy accurately
- **Strengthen your claircognizance (“clear knowing”)**, deepening trust in your intuitive insights and spontaneous knowledge
- **Experience a guided exercise to connect with your higher self**, revealing past moments when these gifts have already been active in your life

Module 5: Unlock Your Highest Shamanic Gifts to See Magic Everywhere (April 22)



At this stage of your journey, your **shamanic gifts are likely awakening in powerful and unexpected ways**. Many people begin to “pop” into new states of consciousness, **gaining clarity on their strongest gifts** while also discovering new ones they didn’t realize they had.

You’ll **deepen your understanding of Shamanic Gifts 6-9**, exploring advanced shamanic abilities that allow you to channel wisdom, speak forgotten languages, and embody spiritual energy. You’ll start to see patterns emerge in your experiences, strengthening your intuition and allowing magic to reveal itself in everyday life.

As you integrate these higher-level gifts, you’ll enlarge your perception, deepen your trust in your abilities, and step into a world where **magic is everywhere**, waiting to be seen. Through guided exercises and powerful insights, you’ll expand your gifts, deepen your connection to spirit, and **step fully into your role as a conscious co-creator of the unseen realms**.

In this session, you’ll:

- **Take a deep dive into Shamanic Gifts 6-9**, with real-world applications and practical ways to develop these advanced abilities
- Learn how to use and refine automatic writing (psychography) to **receive guidance from higher realms** and deepen your intuitive flow

- **Explore xenoglossia (“speaking in tongues” or in past-life languages)** and how it manifests in shamanic practice
- **Discover how healers, dancers, and shamans use irradiation**, the ability to be moved by spirit to perform specific actions
- **Understand the practice of incorporation/embodyment**, where spiritual energy inhabits the body in a trance state for healing or communication
- **Experience a guided automatic writing exercise**, along with a resource and documentary on one of the world’s most renowned mediums

Module 6: Apply Your Shamanic Gifts in Daily Life & Expand Your Spiritual Potential (April 29)



This is where **everything comes together**. By this stage, your gifts are no longer just concepts — you’re ready to integrate them into your life, your work, and your spiritual path.

You’ll experience a **tangible upgrade in your energy field**, expanding your presence, deepening your intuitive clarity, and amplifying your healing magnetism. Rose will offer powerful group shamanic energy work to clear and activate your gifts, demonstrating what it looks like to weave multiple shamanic abilities together in real time.

Whether you’re using your gifts for personal healing, working with clients, or simply moving through the world in a more attuned way, you’ll leave this session feeling more grounded, empowered, and aligned with your spiritual purpose, feeling your gifts fully activated, **ready to step into your next level of spiritual expansion**.

In this session, you’ll:

- **Discover practical ways to use your 9 Shamanic Gifts daily**, no matter your field of work or area of focus
- Receive a group quantum healing session, clearing your chakras and **aligning your energy field for deeper intuition and heightened awareness**

- **Watch a live demonstration of shamanic healing in action**, as Rose walks you through how she uses her gifts and shifts between them in a session
- Experience a powerful energetic recalibration, opening your channel and **activating a new level of spiritual leadership**
- **Learn about the perispirit** — the energetic body that houses your spirit, and how clearing stored trauma from this field can create profound healing
- **Feel a deep sense of calm as emotional blocks dissolve**

Module 7: Integrate Your Gifts & Boldly Embody Your Shamanic Power (May 6)



You now have the wisdom to **fully integrate shamanism into all areas of your life**. Your presence alone is shifting the energy of those around you, and you carry yourself with a newfound clarity and confidence. No longer overwhelmed by external forces, you have the tools to navigate energy with ease, return to yourself when needed, and trust in the unfolding of your gifts.

This final session is about solidifying your foundation, deepening your understanding, and preparing for what's next. Through a visioning exercise, practical guidance, and a closing circle, you'll be prepared to step forward with certainty, knowing that **your gifts will continue to evolve at the perfect time**.

With your gifts activated, your trust deepened, and your path illuminated, you'll leave this session knowing exactly how to **move forward with confidence, clarity, and divine alignment**.

In this session, you'll:

- **Discover key supplements and minerals** that support your shamanic journey, helping you receive clearer and stronger spiritual messages
- **Learn about the 2 biggest traps that distort your channel**, keeping you from receiving pure, undistorted guidance — and how to avoid them

- **Understand how to become a “hollow bone” for spirit**, allowing divine energy to flow through you without interference
- **Participate in an open Q&A**, where you’ll receive clarity on any lingering questions and deepen your understanding of your gifts
- **Engage in a powerful visioning exercise**, helping you see your next steps and receive guidance for your path moving forward
- **Join a sacred closing circle**, honoring the journey you’ve been on and energetically sealing the work you’ve done

The *Activate Your 9 Shamanic Gifts* Bonus Offering

In addition to Rose’s transformative 7-week online course, you’ll receive this special bonus offering to complement the course and take your understanding and practice to an even deeper level.

When you register by Midnight Pacific on Saturday, March 8, you’ll receive the bonuses below as an extra gift:

Group Bonus Call – Shamanic Gift Typing

Live 90-Minute Zoom Call With Rose Cole



Join Rose live for a transformative session where you’ll gain clarity on your top three shamanic gifts in real-time! Rose will tap into the lineage of *Guided Energy Medicine™* to type each participant with precision and speed, helping you uncover and focus on your unique abilities. This live call eliminates the guesswork, giving you the confidence and direction you need to develop your gifts fully. Even if you’re just listening in, you’ll gain powerful insights and distinctions that will deepen your understanding. You can choose from two live sessions that will be offered after the course is completed. While you must attend live to be typed, replays will be available for all participants.

Register by March 8 to claim this bonus before it expires.

Rose Cole's Vibrational Clearing Meditation

Audio From Rose Cole



Rose's *Vibrational Clearing Meditation* is a powerful guided practice attuned to the 963 hertz "frequency of the Gods." This sacred frequency awakens your intuition, activates the pineal gland, and elevates your vibration while grounding you to the Earth. Perfect for empaths, those stepping into their shamanic gifts, or anyone seeking to enhance their psychic and intuitive abilities, this 13-minute audio meditation is designed to align your energy and open your connection to the Divine. As you prepare for your 7-week journey into your 9 Shamanic Gifts, this transformative audio will raise your positive energy and help you fully step into your spiritual power. Let this meditation be your gateway to higher awareness and divine alignment.

Register by March 19 to claim this bonus before it expires.

Plus... you'll receive these bonuses too!

How to Navigate the Spirit World

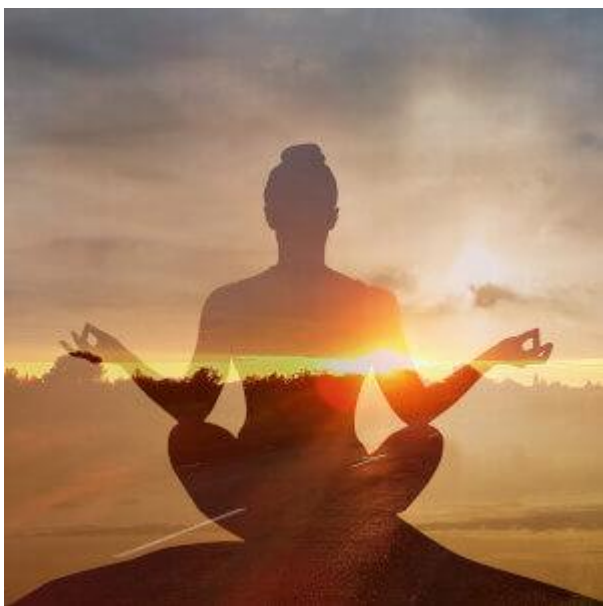
PDF Guide From Rose Cole



Navigate the mysteries of the spirit world with this easy-to-follow 16-page guide designed to empower your shamanic journey. You'll learn how to confidently connect with the unseen realms, releasing fear and stepping into your full power. Whether you're a shamanic healer, guide, or someone seeking personal healing, this guide will give you the tools you need to explore the spirit world with greater clarity and ease. You'll discover how to build deeper connections, trust your intuition, and find transformation on every level. It's time to embrace your spiritual abilities and create meaningful shifts in your life.

3-Month Membership in the “Soul Sanctuary Collective” Ritual Space

Online Membership With Rose Cole



Immerse yourself in the sacred space of the *Soul Sanctuary Collective* with three free months of online membership designed to restore your inner peace and prosperity through powerful rituals and ceremonies. You'll follow the wisdom of the Medicine Wheel and engage

in monthly guided virtual ceremonies and healing journeys to nurture your soul and recode your nervous system. With each gathering, you'll be supported in transforming life's challenges into empowered grace through beautiful practices and ancient wisdom. This is your sanctuary for deep connection, spiritual renewal, and aligning with the flow of abundance. Let this be your space to heal, grow, and thrive.