

2026 Horizon Women's Retreat Information

Who: Horizon members and friends who identify as women

Why: to recharge, reconnect, relax, and have fun - "Rest & Resistance" is this year's theme

When: Friday, October 2 through Sunday, October 4

Where: [Lake Murray State Park](#), Ardmore, OK – 3 miles from Exit 24 on I-35

Cost: \$120-\$355 depending on accommodation choice (Saturday only also available)

We are excited to spend time together. We also want to be safe. Because we will be spending a lot of time together, please plan to stay home if you have a fever or sore throat. Objectives of Retreat - shared experiences of women, meeting and getting to know each other, connecting with nature, having Fun, "Welcome, Love, Grow, Serve", and recharge and relax.

Please register as soon as possible. Accommodation choices will be honored in the order they are received if payment is received by August 29 (allow 1 week if mailing). Payment is due to the retreat center on September 1. After that date no refunds except 50% for illness or recent confirmed COVID exposure.

Registration is available at Horizon on Sundays July 26 and August 2, 9, 16 & 23 from 11:30 to Noon or online from July 23 to August 23.

[2026 Registration Form Link](#)

Email womensretreat@horizonuu.org if you need assistance with the registration form.

General Retreat Itinerary

- **Friday evening – meet and greet with a get-to-know-you game and snacks**
- **Saturday morning – yoga/meditation, breakfast, calling the directions, small group discussions**
- **Saturday early afternoon – lunch and free time (including option to purchase kayak use & pontoon ride)**
- **Saturday late afternoon – workshops, group photo, service project**
- **Saturday night – dinner, follies, games**
- **Sunday morning – yoga/meditation, pack up, breakfast, personal readings, close the directions, and head home**

Housing Choices

Reg Fee	Unit	# slots	Short Description
\$50	Day	N/A	Arriving after breakfast on Saturday and leaving after dinner
\$65	Other	N/A	Renting other accommodations on your own
\$185	Cabin	6	Twin bed - 2 twins in 1 bedroom/1 bathroom cabin (most common setup)
\$120	Cabin	2	Upper Bunk – 4 per bedroom/3 per bath – shared room in one of 3 larger cabins
\$130	Cabin	2	Lower Bunk – 4 per bedroom/3 per bath - shared room in one of 3 larger cabins
\$140	Cabin	1	Upper Bunk - 3 per bedroom/2 per bath - shared room in one of 3 larger cabins
\$155-\$210	Cabin	2	Lower bunk - 3 per bedroom/2 per bath - shared room in one of 3 larger cabins
\$160	Cabin	2	Twin or queen – 2 per bedroom/3 per bath shared room in one of larger cabins
\$200-\$210	Cabin	4	Private room – shared bath (2 or 3 per bath) – in one of 3 larger cabins
\$210	Lodge	22	Double occupancy in a 2 queen beds hotel room
\$355	Lodge	7	Private hotel room

Registration Fee is based on \$65 plus your share of your choice of accommodation. Includes 2 breakfasts, lunch, and 1 catered dinner. **Please plan to eat dinner on your own Friday night, heavy snacks (charcuterie board, etc) will be available.**

Cabin Details

\$185 = Small Villa with 2 people, one bedroom with two twin beds, living room, bathroom with shower, full Kitchen, four burner stove with oven, small 3ft refrigerator, microwave, coffeemaker. Screened-in porch. Charcoal Grill and Picnic Table outside. Cabins 242, 243, 244, 246, 247, 248, 249

\$155 shared room/\$210 private room = Large Villa with 3 people, 2 bedrooms, one with a queen (1 person), second with a queen and 1 set of bunks (2 people), living room, 1 bathroom with shower, kitchenette with two burner stove top, refrigerator, microwave, coffeemaker. Screened-in porch. Charcoal Grill and Picnic Table. Cabin #245

\$140-\$155 bunk room/\$210 private room = Family Cabin with 4 people, 2 bedrooms, one with a queen (1 person), one with two sets of bunks(3 people), living room, 2 bathrooms with showers, full kitchen with four burner stove and oven, refrigerator, microwave, coffeemaker. Screened-in porch. Charcoal Grill and Picnic Table outside. Cabin #250

\$120-\$130 bunk room/\$200 private rooms = Family Cabin sleeps 6 people, 3 bedrooms, one with a king bed, one with a queen bed, one with two sets of bunk beds (4 people), living room with a sofa sleeper, 2 bathrooms with showers, full kitchen with four burner stove and oven, refrigerator, microwave, coffeemaker. Screened-in porch. Charcoal Grill and Picnic Table outside. Cabin #251

Lake Murray Map on Next Page

