

# Summary and Findings

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The purpose of these narratives is to describe Washougal School District's progress toward meeting their wellness goals.



## SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

Washougal School District's strengths surrounding policies and aligned practices are deeply embedded in the work of Nutrition Education, Standards for USDA Child Nutrition Programs and School Meals as well as Nutrition Standards for Competitive and other foods/beverages.



## SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

WSD needs to specifically focus on implementation, evaluation and communication. In order to improve, we will work towards the following:

- Providing time with stakeholders, to develop, implement, review and update the district wellness policy.
- Ensuring that the people responsible for the wellness policy are identified publicly, i.e. WSD website, etc.
- Making sure the results of the triennial assessment of the wellness policy are available to the public.
- Updating the wellness policy as a result of the triennial assessment.



## SECTION 3: UPDATE POLICIES

WSD is committed to reviewing/using our assessment results as well as WSSDA model policies to update the WSD Wellness Policy.



## SECTION 4: OPPORTUNITIES FOR GROWTH

WSD recognizes the need to focus on implementation, evaluation and communication as is outlined in section 2 of this document. In addition, we are committed to using the results of our assessment to improve areas such as PE curriculum and activities as well as promotion and marketing of the Wellness policy/plan.