

Highland Park Track Meet Line-Up: St. Thomas Invite
Tuesday, April 18 | 4:00pm @ St. Thomas Academy
Bus leaves @ 2:20pm

Number of entries per event: unlimited individual, 2 relays (entries due Tuesday, 4/18 at 11am)

Link to Meet Info: [click here](#)

Teams: St. Thomas Academy, Breck, Highland Park, Wayzata girls

Event	Girls	Boys
4x800	Kiri Werner / Kara Fini / Margo Georgeson / Stephanie Jones	Gavin Roberts / Lance Georgeson / Ben Martin / Charlie Service
100/110 HH	Yao Buchl Nuria Rodriguez-Foster	Wesley Norquist Johnny Xiong
100	Clara Paleen Alexa Ramirez Kennedy Glass Naomi Proulx Isabelle Baidoo Rosali Hadi Isa Zamora Chloe Rocha Ava Mayer Aubree Kensy Aliana Baumgardner-Romo	Tenzing Walker Demarcus Simmons Melvin Mensah Matai Banks Ben McLaughlin Shawon Easley Jerome Hunter J'vion Giles Eh Ler Than Keelin Vang Otahl Webb Yourhynis Wells Jonathan Franquiz Luca Russell Oscar Ruiz
4x200	Anna Fini / Tatum Hermann / Aliana Baumgardner-Romo / Emme Arbuckle	Tenzing Walker / Sam Schlukebier / Monaire Vaughn / Brouke Brookins
1600	Delia Johnson Ellie Moore Sam Palm Grace Lewis-Mosher Ingrid Haaland Ziva Westreich Ruby Peterson Alice Rapacz Quinn Walsh	Max Reemtsma Mason Deegan Aidan Guiney Cooper Foss Gabe Kleiber Isaac Miller Oliver Digre Jack Douglas
4x100	Naomi Proulx / Aliana Baumgardner-Romo / Aubree Kensy / Tatum Hermann	Shawon Easley / Matai Banks / Melvin Mensah / Demarcus Simmons

	Rosali Hadi / Isa Zamora / Chloe Rocha / Kennedy Glass Alt: Nuria Rodriguez-Foster	Jerome Hunter / Otahl Webb / Keelin Vang / J'vion Giles Alt: Yourhynis Wells
400	Ellie Pundsack Ingrid Birkeland Evie Beaumaster	Brouke Brookins Monaire Vaughn Sam Schlukebier Sam Cocchiarella Isaac Johnson
300 LH	Yao Buchl Harper Franz Lily Long Norah Hoglund Nuria Rodriguez-Foster Hazel Thrasher Amelia Meza-Melendez	Wesley Norquist Emmett Riemenschneider Johnny Xiong
800	Chloe Koch Eleanor Osmond Liv Kleiber Lila Dingmann Elizabeth Martin Leah Sherwood Deliah Neria	Mustafa Ahmadad Tad Forsman Pierce Baum Toby Hennum Elliott Thatcher Teegan Stoick Noah Waln August Johnson Ravel Martin Abram Saeger Chris Staba Sebastian Cummins Trevor Kristjanson Ezra Calahan Vincent Karasch Jack O'Leary
200	Alexa Ramirez Clara Paleen Kennedy Glass Naomi Proulx Ingrid Birkeland	Demarcus Simmons Sam Cocchiarella Sam Schlukebier Shawon Easley Ben McLaughlin Isaac Johnson Johnny Xiong Dylan Streets Jonathan Franquiz Oscar Ruiz

3200		Tim Tzeutschler Diego Bachman
4x400	Ellie Moore / Delia Johnson / Sam Palm / Ingrid Haaland Alice Rapacz / Ruby Peterson / Leah Sherwood / Bella Pfankuch Alts: Kiri Werner, Quinn Walsh, Kara Fini, Margo Georgeson, Grace Lewis-Mosher	Brouke Brookins / Monaire Vaughn / Tenzing Walker / Charlie Service Gavin Roberts / Mustafa Ahmadad / Ben Martin / Mason Deegan Alt: Toby Hennum
High	Mila Hart Carrie Galligan Lizzy Martin	Tenzing Walker Wesley Norquist Matai Banks Otahl Webb
Long	Carrie Galligan Ingrid Birkeland Alexa Ramirez Rosali Hadi Isa Zamora Anna Fini	Demarcus Simmons Melvin Mensah Shawon Easley Ben McLaughlin Yourhynis Wells Sam Cocchiarella Luca Russell Eh Ler Than Jerome Hunter
Triple	Nuria Rodriguez-Foster Sam Palm	Monaire Vaughn Eh Ler Than Mustafa Ahmadad Terez McDaniel-Vaughn
Shot	Mia Azocar Claire Acker	Benny Waud Liam Hefferan Jonah Wrigley Leif Loge Isaac Johnson Carl Magnuson Andrew Endres
Discus	Mia Azocar Claire Acker Emily Rademacher	Benny Waud Liam Hefferan Jonah Wrigley Leif Loge

Shot Put – Boys first, followed by girls – Boys must complete all their throws by **5:30**

Discus – Girls first, followed by boys – Girls must complete all their throws by **5:30**

Long Jump – Boys first, followed by girls – Boys must complete all their jumps by **5:30**

Triple Jump Girls first, followed by boys – Girls must complete all their jumps by **5:30**

Boys/girls high jump (start at 4'0") – girls to follow (start at 3'0")