



# ANGELL ELEMENTARY SCHOOL

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[www.berkleyschools.org/angell](http://www.berkleyschools.org/angell)

May 1, 2025

Dear Fifth Grade Parents,

We will be teaching the Reproductive Health/Human Sexuality and HIV/AIDS components of our Health Education curriculum during the week of May 19th. The concepts for these lessons are as follows:

- Describe the physical, emotional and social changes associated with puberty.
- Understand why good hygiene, nutrition and exercise are especially important during puberty.
- Understand the parts and function of the male and female reproductive systems.
- Understand the processes of menstruation and nocturnal emissions
- Define human sexual intercourse (only if students ask – a scripted response will be read)
- Understand the positive consequences of remaining abstinent from harmful or risky behaviors.
- Identify trusted adults who are good sources of information.
- Understand assertive communication as the most effective way of telling someone they do not want to do something.
- Consider what media balance means and how social media can influence body image.
- Explain the function of the immune system and how HIV/AIDS disables the immune system.
- Describe ways in which HIV/AIDS is and is not transmitted.
- Describe the importance of practicing healthy habits and universal precautions.

The lessons include a series of videos, discussion of concepts, handouts, and a question and answer segment to address student questions. Genders will be separated for some of these lessons but students will learn about both reproductive systems as a part of a comprehensive science lesson. For any special circumstances, please speak to your building principal to make decisions that best meet your family's needs.

We hope that you take the opportunity to review the materials, especially the videos. In order to facilitate discussion at home and reinforce your family values, we think it is

important for you to understand the concepts being taught at school and discuss them with your child both before and after classroom instruction.

You may view these videos using the links provided. In addition, you may review the curriculum guide at the Board Office. If you wish to see the curriculum guide, please contact Jen Wilcox, District Curriculum Coordinator, at 248.837.8022 or [jennifer.wilcox@berkleyschools.org](mailto:jennifer.wilcox@berkleyschools.org).

To view the videos, please use the following links, username and password. These videos can be accessed through the Discovery Education website.

[Puberty: A Girls Journey](#)

[Puberty: A Boys Journey](#)

[HIV & AIDS: Staying Safe](#)

Click Login at the top of your screen. Please note that you need to log in with Google by clicking the "Sign in with Google".

Username: your child's Google username (for student school account)\*

Password: your child's Google password (for student school account)\*

**By law, parents have the right to observe reproductive health instruction in their child's classroom. They may also excuse their child, without penalty, from participation in classes containing reproductive health. Please send a written notice to your child's teacher and principal, if you wish to:**

- Make an appointment to observe instruction in your child's classroom.
- Excuse your child from reproductive health instruction, this year only.
- Excuse your child from reproductive health instruction until the principal of the school is notified by you.

Please feel free to contact your child's teacher or principal if you have any questions.

Sincerely,  
Vince Gigliotti