

Dr. Amauri Caversan Wellness Center offers [Cold Laser Therapy](#) to ease your pain. Call now: (416) 922-4114



Is pain eclipsing all other symptoms?

Pain is often the primary motivator for people to seek out medical care. Because of the challenges inherent in treating pain, it can be some time before other symptoms are addressed and controlled. Quite often, pain is not the disease but rather a symptom of imbalance in one or more areas of the body. The technique of pain control with natural medicines involves identifying, treating and, ideally, removing the source of the discomfort. By receiving personalized attention using a range of natural treatments—from enzyme therapies to acupuncture, Naturopathic manipulation, botanical medicines, cold laser therapy, and shockwave therapy, a patient may be able to avoid the risk of addiction to pharmaceutical pain medicines and their potentially toxic side-effects.

A complete understanding of your unique physiology informs all recommended treatments. Dr. Caversan ND will design a customized pain management program utilizing a variety and combination of techniques.

“When I am able to alter the course of a person’s health away from a protracted period of pain and concomitant disability, I feel rewarded as a practitioner of naturopathic medicine. Consequently, I am always excited by new research and methodology.” — Dr. Amauri Caversan, B.Sc., N.D.

Cold Laser Therapy

Laser Therapy decreases inflammation and pain while increasing tissue regeneration and healing. Less inflammation means there is less swelling and therefore less pain. Combining 21st century science with ancient Chinese Medicine, Cold Laser Therapy delivers small levels of laser light to key trigger points on your body. Also known as Low Laser Therapy, or Laser Acupuncture, Cold Laser Therapy has proven to be most successful in the relief of arthritis and osteoarthritis symptoms. This may be a good alternative for individuals not comfortable with the needles of traditional acupuncture. Safe and painless, patients only experience a mild tingling sensation or localized numbness as the body's natural production of endorphins is stimulated.

Some common conditions treatable with laser:

- Lower back pain
- Neck Pain
- Arthritis
- Heel Pain
- Tennis elbow
- Knee pain
- Tendonitis
- Sprains and Strains
- Carpal tunnel syndrome
- Hip pain
- Wound healing and more.

Source : <https://dramaurinaturopath.com/services/pain-treatment/cold-laser-therapy/>



Shockwave Therapy

Formally known as Extracorporeal Shockwave Therapy, or ESWT, this procedure delivers short, but intense, waves of energy to key points of the musculoskeletal

system. The treatment evolved from the use of acoustic shock waves to break up kidney stones and, after 25 years of success, clinicians discovered that patients frequently reported unrelated aches and pains vanished in the process. Scientists began to look at the possibility that shockwaves may be an effective healing tool for soft tissue complaints and it is now commonly used for rapid relief of tennis elbow and plantar fasciitis. Two theories exist regarding the efficacy of ESWT. The first is that the repeated shockwaves create new blood flow to the painful tissue, thus promoting healing. The second theory posits that in cases of chronic pain, the brain eventually ceases to react to the affected area. The application of short pulses of shockwaves may be creating a new inflammatory process to which the brain reacts.

Treatable conditions:

- Plantar Fasciitis
- Achilles Tendonopathy
- Tennis Elbow
- Jumpers Knee
- Stress Fractures
- Calcific Rotator Cuff Tendinitis
- Bursitis
- Trigger Point Therapy
- Non Healing Ulcers
- Non Unions
- Morton's Neuroma
- Scar Tissue Treatment
- Hallux Rigidus

Source

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<https://dramaurinaturopath.com/services/pain-treatment/shockwave-therapy/>

Contact us to schedule a complimentary introductory 15 minutes meeting for more queries on Cold Laser Therapy at:

Dr. Amauri Caversan ND

1200 Bay Street #1102

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<https://dramaurinaturopath.com/>
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