# PLUNGE BOARDING

**OBJECTIVE:**
The objective is to race against the other teams in a relay race while sitting / kneeling on skateboards and propelling yourself with a plunger.

**SUPPLIES NEEDED:**
1. 2 or more skate boards
2. 2 or more heavy duty plungers (Brand New). I also recommend getting at least one extra just in case one breaks during gameplay.
3. Some sort of soft padding or cushion to use while kneeling on the skateboard (Recommended)

**TEAMS:**
2 or more teams depending on supplies

**SETUP:**
1. Separate into teams
2. Have each team line up single file at the specified starting line.
3. Give the first person on each team a skateboard and heavy duty plunger, with optional cushion.

**HOW TO PLAY:**
1. You can sit on the skateboard any way you want, however is easiest and best on your knees, but you can decide.
2. Use the plunger to race to the wall, and then run back with the skateboard and pass it off it the next person in line.

   NOTE: If you have a really large group, I recommend having a shorter distance to race with the plunger. Otherwise the other students that are waiting their turn may get bored.

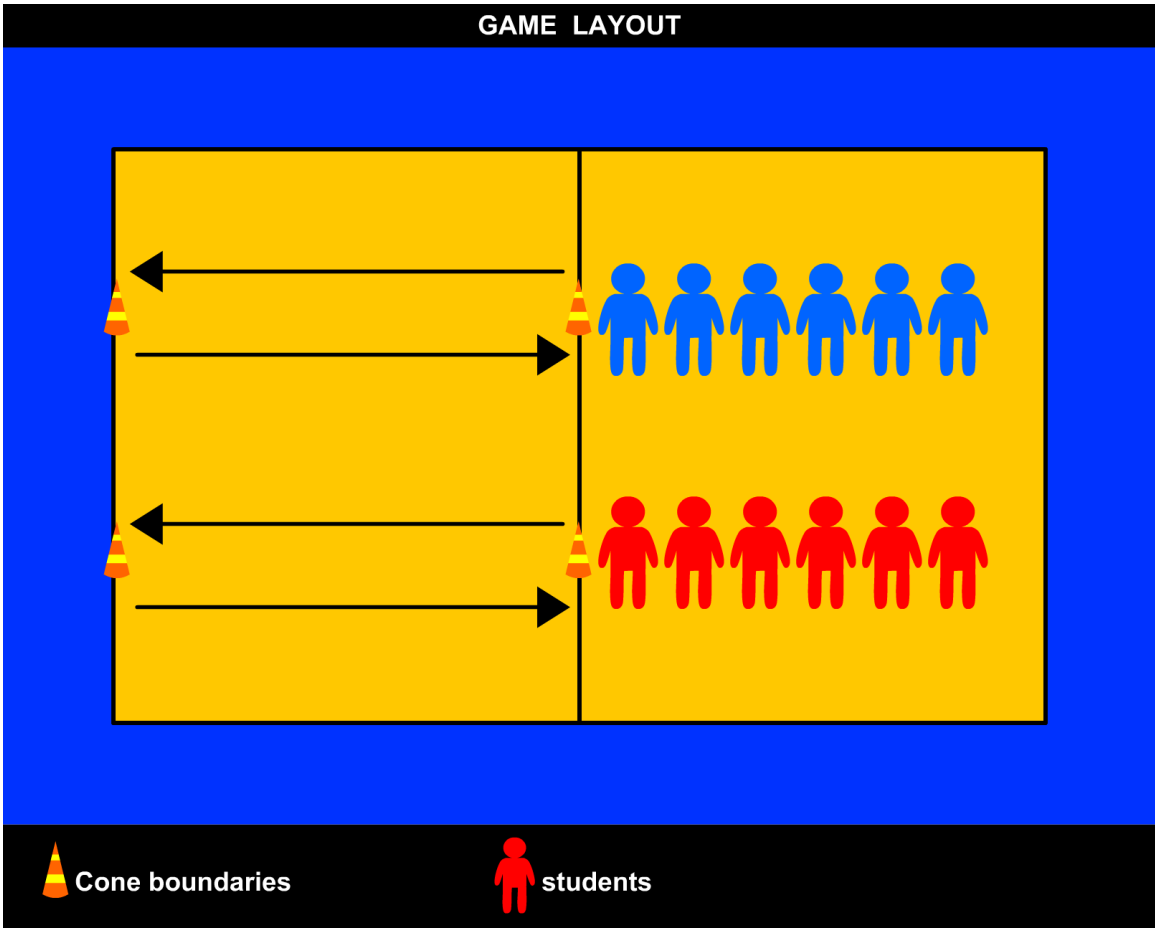
3. You can not use your hands to push yourself. (If you are seen using your hands, you will have to start over from the beginning.) Not only is using your hands cheating, it is more dangerous)

   **Make sure you do a Demonstration for the students on how to race.**

**BEST METHOD OF RACING:**
Kneel down on the skateboard, and with the plunger grasped with both hands, you will propel yourself kind of like rowing from left to right.

**The first team that finishes is the WINNER!**

****SEE LAYOUT GRAPHIC BELOW****


GAME LAYOUT
Cone boundaries
students