



CAPISTRANO VALLEY HIGH SCHOOL

How can I stay updated on what's happening at Capo Valley High School?

Answer: You should regularly check the CVHS website, www.cvhs.com, for detailed information about school programs, upcoming events, school staff, special schedules, course catalog, and district guidelines. Every year families need to update their Parent Portal as part of the data confirmation piece of registration. The contact information you provide each school year will be used to send out important information such as our, our [Weekly Guidance Update](#) as well as the Weekly Cougar Calendar email. There are also phone calls that go out from our administration so having the most updated contact information is the key to keeping you as informed as possible.

We also encourage both students and parents alike to follow us on our social media platforms. You can find us on Instagram and Twitter @CapoValleyHS and again on Instagram at @capovalleyguidance

How can I keep track of my child's progress?

Answer: Canvas can be customized with communication and notifications located under "Settings" and displays current grades and assignments. You will also be able to contact each teacher via email directly through the website. [Canvas Help](#)

Do my child and I need to create separate Student and Parent Portal Accounts?

Answer: Absolutely. Every student MUST have an account (attached to their own personal email account – not a parent email address) to choose his/her courses throughout high school. Current CUSD 8th grade students should contact their middle school for the necessary information to create their account. Non-CUSD students will receive this information during their enrollment. Parents must also have their own account to complete the registration process and receive the data confirmation for Walk-Through Registration. [Parent and Student Portal](#)

How many classes does my student need to take their freshman year?

Answer: All freshmen in the class of 208 MUST be enrolled in at least 6 classes each semester. That will include English, Math, Science, PE/or a Sport, typically health and CCP and an additional elective. Students that elect to take Health over the summer will choose another elective. Please see our website for a full list of available courses for incoming freshmen.



Can my student take Honors courses?

Answer: Yes, we offer a variety of Honors courses for our students. Honors courses in Science, English, Math, and Social Science have specific CUSD placement criteria. Prequalified incoming Freshmen have been placed in appropriate suggested Honors classes on their Student Portal. If your student was not automatically recommended to take an Honors course, he or she should continue to work hard the remainder of the year. Final 4th quarter grades will be taken into consideration. Questions about course placement can be addressed with your student's Middle School Academic Advisor.

When can my student take AP or IB courses?

Answer: Few AP courses are available to freshman and sophomore students. Most AP and all IB courses are offered to juniors and seniors. Our IB program meets with potential students during the second semester of their sophomore year to help build a successful pathway for success. Please visit our IB page for more information. [CVHS IB Program](#).

Can my student go into a higher level of math?

Answer: The district mandates the math placement for incoming 9th graders. The placement is based on 8th grade quarter grades for math and the final examination. [CUSD Math Pathway](#)

Can my student take Health during the summer?

Answer: Yes! Summer School information is usually available in March or April and you will go through your **Middle School Counselor** to sign up.

What world languages are offered at CVHS?

Answer: CVHS is proud to offer beginner level through AP and IB curriculum in both Spanish and French.

If my student took a world language in middle school, does he/she have to go into an advanced level of that language as a freshman?

Answer: No. Typically students that received an A or a B in their language were recommended to continue on to the next level. If a student feels they would like to repeat the level in high school, they are more than welcome to do so.

Do you have tutoring opportunities?

Answer: Yes, our National Honors Society (NHS) students hold free tutoring services on Monday afternoons from 3:30-4:30pm. All subjects and grade levels encouraged. Additionally, NHS is offering free virtual one on one tutoring in any subject.

Can my student request a specific teacher or specific periods?

Answer: No, we do not honor teacher requests, teacher changes or period requests.

Can my child have a zero period? Answer:

Answer: A zero period may be granted to students with impacted schedules (more than 6 classes). Zero period is not guaranteed and zero period courses are limited for the 9th grade class.

Does my student have to try out for sports?

Answer: Yes, most sports require a tryout. Sports that do not require tryouts are listed on our Future Cougar page. Please visit: [CVHS Athletics](#) for information regarding sports programs, summer camps and tryouts. You can also contact the coach directly for further details or questions. For Marching Band, please visit [CVHS Black and Gold Brigade](#) and for Auxiliary Group please visit [CVHS Auxiliary Group](#).

My student will be trying out for a sport second semester. Do they have to be in PE first semester?

Answer: Yes. All freshmen must be enrolled in either PE 9 or on an athletic sports team each semester.



I don't live in CVHS Boundaries. How can my student attend Capo?

The school of choice window is open February 3rd – March 2nd, 2025. Please see our [CVHS homepage](#) for more information.

My child attended a private school during 8th grade, when do we enroll?

Answer: New Student enrollment for next year begins January 24th, 2025. Please visit the link for [New Student Enrollment](#) to help you get started. You will receive an email from our Registrar once your information has been processed and received at our school site. The email will also provide directions to submit paperwork that will need to be provided to complete your enrollment process.