

Awesome Kidz 3

Unit 2 Lesson 4



Aim: Children will identify, review, name, and color body parts. Practice fine motor skills by cutting and assembling the body parts to create a complete figure.

Time: 45-60 minutes

Materials:

- Crayons
- Scissors
- Glue sticks
- Extra paper for gluing the cut-out figures onto
- Soft background music (optional)
- The “Hockey Pokey” Song <https://www.youtube.com/watch?v=vpharBeg9XA>

Tip: Be mindful of children’s individual development levels when using scissors. Offer extra support or pre-cut pieces for students who may need help. Encourage independence but prioritize safety and confidence—this keeps the activity inclusive and frustration-free for all learners.

Engage:

My Body Exploration

Ask the children to touch and wiggle different body parts (hands, feet, arms, legs). Say, “Can you wave your arms? Can you wiggle your toes?” Name the body parts and encourage them to repeat after you. You can also ask questions like, “What do we use our hands for?”

Explore & Practice:

With the Book

Distribute books and encourage students to colour the body parts before cutting them out. Guide them through it: “Let’s colour the girl’s arms. Now, let’s color her legs.” As they color, name each part to reinforce vocabulary.

After colouring, hand out scissors and demonstrate how to carefully cut along the dotted lines. Once all the pieces are cut out, ask them to glue the parts together to form the complete boy or girl. As they glue each part, reinforce the vocabulary: “We are gluing the arms to the body,” “Where do the legs go?”

Body Movement

After completing their figure, play “The Hockey Pokey Song” and ask the children to stand up and dance along

Closing:**Share Your Body Creation**

Ask each child to hold up their completed figure and name the body parts they glued together. For example, “This is my girl. She has arms, legs, and feet!” This encourages pride in their work and helps them reinforce their learning through verbal expression.