

BMS Bearcat Volleyball

2025 Handbook

7th Grade

Rachael Ascher: rachaelascherl@gmail.com

Theresa Ascherla: tascherla@sbps.net

8th Grade

Sarah McGhehey: smcghehey@sbps.net

Felina Blanco: fblanco@sbps.net

Red Team

Crystal Perry: cperry@sbps.net

Brissia Diaz Rubio: brubio@sbps.net

BMS Phone Number: 635-6270 If you need to contact a coach, please use this number and leave a message, or use the ParentSquare app

Bearcat Volleyball Expectations

Cell Phone policy

Players are not to use cell phones during practices or games. We are a team; we will support each other at all times. During games, team members will not be allowed to use their phones on the bench. All team members will sit together, behind the bench of the team playing and support them. If a player is using her phone during a game the phone will be taken away for the remainder of the game. If cell phones are a distraction on any bus trip, the coaches have the right to take the phones away until we return home.

Actions on and off the court

Arguing with (or immature actions towards) officials and/or the coaching staff during a game or practice will not be tolerated. Violations of any of these policies will immediately be dealt with on an individual basis. BMS adheres to the policy that if a student-athlete is ejected from a game, she will also miss the next day of contests. Players need to treat all fans, players, coaches, and referees with respect. We take pride in sportsmanship!

Law/Drug/Alcohol Infractions: It is an honor and privilege to be a part of this program. Players should have pride in our school, teammates, and self. Any action violating the school handbook or the law (drinking, drugs, graffiti, etc.) will be dealt with accordingly. As BMS athletes, you are a role model for future players. Be smart, unselfish, and remember that you are part of a team and every action you take affects your team.

Teams

All individuals will complete the tryout process. Players will be evaluated by a team of coaches

Physical/Forms

A sports physical and forms MUST be completed and uploaded through the ParentSquare App in order to participate in team tryouts for volleyball.
NO EXCEPTIONS!!

TRYOUT SCHEDULE

7th Grade Tryouts

Wednesday 8/20 3:15-5:00 pm @ BMS

Thursday 8/21 3:15-5:00 pm @ BMS

8th Grade Tryouts

Thursday 8/21 3:30-5:00 pm @ SHS

Friday 8/22 3:15-5:00 pm @ BMS

Teams will be announced 20-30 minutes after the 2nd day of each grade level's tryouts. We apologize for any inconvenience this may cause.

PLEASE remind your athletes that the teams are FLEXIBLE if they work hard. Going out for middle school volleyball should be about getting better, not whether you made A,B,C, or Red team.

Elimination of Discrimination

The Scottsbluff Public School District hereby gives this statement of compliance and intends to comply with all state and federal laws prohibiting discrimination. This School District intends to take any necessary measures to assure compliance with such laws against any prohibited form of discrimination.

The Scottsbluff Public School District does not discriminate on the basis of sex, disability, race (including skin color, hair texture, and protective hairstyles), color, religion, veteran status, national or ethnic origin, age, marital status, pregnancy, childbirth or related medical condition, sexual orientation or gender identity, or other protected status in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.

The following persons have been designated to handle inquiries regarding the non-discrimination policies:

Students, Employees, and Others:

Dr. Wendy Kemling-Horner, Executive Director of Student Services
1722 1st Avenue, Scottsbluff, NE 69361
wkemling@sbps.net
(308) 635-6200

For further information about anti-discrimination laws and regulations, or to file a complaint of discrimination with the Office for Civil Rights in the U.S. Department of Education (OCR), please contact:

U.S. Department of Education
One Petticoat Lane
1010 Walnut Street, Suite 320
Kansas City, MO 64106
Telephone: (816) 268-055

Educational programs and activities include all academic, educational, extracurricular, athletic, and other programs of the school, whether those programs take place in a school's facilities, on a school bus, at a class or training program sponsored by the school at another location, or elsewhere.

Discriminatory harassment because of a person's sex, disability, race (including skin color, hair texture, and protective hairstyles), color, religion, veteran status, national or ethnic origin, age, marital status, pregnancy, childbirth or related medical condition, sexual orientation or gender identity, or other protected status, may include, but is not limited to:

1. Name-calling;
2. Teasing or taunting;
3. Insults, slurs, or derogatory names or remarks;
4. Demeaning jokes;
5. Inappropriate gestures;
6. Graffiti or inappropriate written or electronic material;
7. Visual displays, such as cartoons, posters, or electronic images;
8. Threats or intimidating or hostile conduct;
9. Sexual harassment;
10. Physical acts of aggression, assault, or violence; and/or,
11. Criminal offenses.

If you believe that you have been discriminated against, you should initially report all instances of discrimination, harassment, or retaliation to your teacher, coach, principal, or to the district office (Dr. Wendy Kemling-Horner). If you are uncomfortable in presenting the problem to a teacher or coach, or if the teacher or coach is the problem, you may report the alleged discrimination, harassment, or retaliation ("discrimination") to another staff person (such as a counselor or principal). Other individuals may report alleged discrimination to the designated coordinator. If the designated coordinator is the person alleged to have committed the discriminatory act, then the complaint should be submitted to the Superintendent (Dr. Andrew Dick) for assignment. A discrimination complaint form is available in the office of each district building and on the District's website.