

SHERMIN KRUSE | RECENT PODCAST APPEARANCES

July 2025

- Donald J. Robertson, The author of How to Think Like a Roman Emperor (Top 2.5%) || [Stoic Empathy – Compassion Without Burnout](#)
- [Le-an Lai Lacaba](#) || Stoic and Kind Leadership: [How Shermin Kruse Combines Stoicism & Empathy to Redefine Leadership](#)
- [Elena Apalkova](#), Lead from Vision, Not Fear || [How to Control Emotions and Lead With Compassion With Shermin Kruse](#)
- The Dream Catcher Podcast By Seline Shenoy (Top 10%) || [\[Interview\] Stoic Empathy: The Art of Balancing Reason and Connection For a Richer Life \(feat. Shermin Kruse\)](#)
- The John Fugelsang Podcast by Crossover Media Group (including an interview with Shermin Kruse) Top 0.5%

June, 2025

- [Via Stoica](#) (Top 10%) || [A Stoic Conversation with Shermin Kruse: Stoic Empathy as a Guide to Better Connections.](#)
- [Confessions of a Terrible Leader](#) || [Mastering Stoic Empathy: Shermin Kruse on Leadership, Authenticity, and Overcoming Challenges](#)
- [Conversations Allowed](#) || [Shermin Kruse: From War-Torn Iran to Teaching Leaders How to Feel & Lead](#)
- How to Split a Toaster: A Divorce Podcast About Saving Your Relationships Episode 6 Season 11 (Top 3%) || [Stoic Empathy: Building Strength Through Understanding with Shermin Kruse](#)
- Love Machine with Jame Preece (Top 2%) || [Stoic Empathy: Enhancing Emotional Mastery and Relationship Success](#)

May 2025

- [Dr. Alisa Whyte](#), Mindset Over Mastery (Top 1%) || [Lead Without Losing Yourself: The Power of Stoic Empathy with Shermin Kruse](#)

- [EO 360°: A podcast by the Entrepreneurs' Organization](#) (Top 2%) || TED Talk Coaching
- [Tyler Dickerhoof: The Tyler Dickerhoof Show](#) (Top 3%) || [Global Negotiator Share Secrets To Win ANY Negotiation | Shermin Kruse](#)
- [Pure Wisdom Podcast](#) || [108 - Finding Wisdom and Self-Confidence Through Stoicism And Humility With Shermin Kruse](#)
- [T.R.O.N- The Randomness of Nothing](#) || [Shermin Kruse on Leading Through Conflict & Global Change | TRON Podcast](#)
- [Michael A Forman: Networking Unleashed Podcast](#) || [Networking Unleashed: S1E43 An Interview with Shermin Kruse and Michael A Forman, Public Speaker](#)

April 2025

- Simon Cockram Presents || [#65 The Power of Stoic Empathy with Shermin Kruse](#)
- [Ashwin Pillai](#) || [Caution: Emotions Heavy Beyond This Point | Shermin Kruse | Tyranny of Feelings | Ep 46](#)
- *Spiritual Warrior Journey* || [Have Compassion for Others While Being Authentic](#)
- Work Besties Who Podcast || [Stoic Empathy: How to Navigate Difficult Conversations with @sherminkruse #empathy #stoicism](#)
- Soma Says Podcast || [Stoic Empathy: Rewriting the Rules of Success for Women](#)
- [Clear Intentions with Diane Boden](#) (Minimalist Moms Podcast) (Top 10%) || [Stoic Empathy: Harnessing Ancient Philosophy for Modern Emotional Resilience | Shermin Kruse \(EP24\)](#)
- [HolisticCircle: Spiritual Conversations Podcast](#) || [How Can Philosophy Help Us Tackle Real-World Struggles with Shermin Kruse](#)
- The Empathy Edge Podcast with Maria Ross (Top 2%) || [Shermin Kruse: Why Stoic Empathy is the Balance Leaders Need](#)
- [The Kidd and Friends Podcast](#) || [From Tehran to TEDx: Shermin Kruse on Stoic Empathy, Neuroscience & Bold Leadership](#)
- [Beyond The Claptrap](#) || [TEDx Speaker: "Stoic Empathy Will Change Your Life"](#)

- [The Wealthy Acre Podcast || Esp.008 🐘 Stoic Empathy & How to Command Any Room – with Professor Shermin Kruse on The Wealthy Acre](#)
- [Awakened Motherhood || Stoic Empathy w/ Sher Kruse](#)
- [Procrastination Station || Overcome Procrastination & Master Stoic Empathy - Shermin Kruse on Writing & Resilience](#)
- [Jeanne Omlor TV: Business Wealth Impact: Speak Less, Win More with Shermin Kruse || <https://www.youtube.com/watch?v=kKhBR0L0ZdQ>](#)
- [Knew Amsterdam Radio w/Flobo Boyce \(Top 10%\) || \[Steady with Shermin Kruse\]\(#\)](#)

March 2025

- [Picksburgh Adventures || \[Achieve More Podcast Ep 37: Stoic Empathy with Shermin Kruse\]\(#\)](#)
- [INsights & Straight Talk Rodd Duff Producer Barbie || \[INsights & Straight Talk Sher \\(Shermin Kruse\\)"Stoic Empathy"| TEDx Producer |Resilience & Connection\]\(#\)](#)
- [Chris Voss Show Podcast \(Top 1%\) || \[Stoic Empathy: The Road Map to a Life of Self-Leadership and Integrity by Shermin Kruse\]\(#\)](#)
- [The Advisory with Stacey Chillemi: Mindset & Self Improvement \(Top 0.1%\) || \[Can Empathy Revolutionize the Way we Communicate?\]\(#\)](#)

October 2024

- [Learn How to Lead with Natasha || \[Shermin Kruse | How to negotiate from a position of weakness \\(2024-10-03\\)\]\(#\)](#)

August 2024

- [Boardroom Banter #EP 92 \(Top 10%\) || \[The Emotional Compass: Cultivating Deep Connections Through Empathy w/ Shermin Kruse- Stoic Empathy Specialist \\(2024-08-06\\)\]\(#\)](#)

October 2023

- [Bet on You with Angie Morgan \(Top 10%\) || \[How to Read a Room: Shermin Kruse \\(2023-10-12\\)\]\(#\)](#)

September 2023

- What's On Your Mind with Yanaia Jain (Top 5%) || [Shermin Kruse: The Power of the Youth and all about Tactical Empathy](#) (2023-09-05)

April 2023

- Epics Podcast, Ep. 21 || [Shermin Kruse | From fleeing war in Iran to mastering empathy and stoicism](#). (2023-03-17)

February 2023

- [Untether Your Life by Nikhil Torsekar & Shelly Sood, Ep. 52](#) (Top 5%) || [Shermin Kruse - TEDx Producer / Speaker, Law Professor, Global Transactions Expert, and Acclaimed Author on Tactical Empathy, Stoicism, and Much More](#) (2023-02-02)

January 2023

- [Love with Liana Podcast, Ep. 56](#) || [Leading with Empathy with Shermin Kruse](#) (2023-01-26)
- [Toxic Leadership Podcast by Dr. Kevin Sansberry \(Top 3%\) || The Impact of Empathy and Stoicism at Work w/ Shermin Kruse](#) (2023-01-18)

July 2022

- [Own It Podcast with Justin Roethlingshoefer \(Top 5%\) || Ownership Is Stoic Empathy An Emotionally Controlled Life With Shermin Kruse](#) (2022-07-20)