

Department: Physical Education/Health

Course Title: Health - Grade 5

Grade Level: 5

Length of Course: 9 weeks

Primary Resources: Teen Health Text

Units of Study:

Unit 1 (2 Weeks): Health Triangle

Unit 2 (2 weeks): Body System Skeletal

Unit 3 (1 week): Cardiovascular System

Unit 4 (2 weeks): Too Good for Drugs

Unit 5 (2 weeks): Tobacco, Vapes and Alcohol Education

Curriculum-Based Assessments: Class Work, Projects, Homework, Class Participation, Tests

Standardized Assessments: N/A

Description of Course: 5th grade Health is a 9 week course designed to teach students” What is Health?” and how do I keep my health triangle healthy across a lifetime.