

Getting Ready for 2025-26

Athletics at Zeeland West High School



Zeeland West Athletic Office:

- Athletic Website- <https://zeelandwestathletics.com>
- Athletic Office Secretary - Leslie Brookhouse // lbrookho@zps.org // (616) 748-4540
- Athletic Director- Jordan Bandstra // jbandstr@zps.org // (616) 748-4541
- Athletic Trainer- Diana Albers // dalbers@zps.org // (616) 748-4543
- Follow us on Social Media: **Facebook @ Zeeland West Athletics, Twitter @Duxsports, Instagram @Duxsports_**
- **School Colors:** Forest Green and Vegas Gold
- **Mascot:** DUX
- **OK Black Conference:** Hamilton, Holland Christian, Holland, Spring Lake, Unity Christian, Zeeland East, Zeeland West

Items needed before your first practice to participate:

- **Physical Form:** A current physical is one dated after **4/15/25** for the 2025-2026 sports seasons. Each student must have a physical form signed and filled out by the doctor, Student-athlete and Parent/Guardian. MHSAA Physical forms are available in the athletic office, or on our website www.zeelandwestathletics.com (under "Dux Info" → "Forms and Links").
- **Final Forms:** All students and parents must sign off on athlete contracts prior to participating in athletics for Zeeland Public Schools. There is also a nominal fee associated with Final Forms to offset the costs of the program. The cost is \$7.00 per athlete. If you have any questions concerning Final Forms, contact the athletic office well in advance of tryouts. Final Forms for the 2025-26 school year will open in late spring. For help creating an account visit our website www.zeelandwestathletics.com (under "Dux Info" → "Final Forms Registration").

Athletic Calendar and Information: ****MHSAA dates are subject to change****

- **Dead Week:** June 29-July 5th (MHSAA imposed one week break from all athletic activity)
- **Preseason Downtime:** August 1-August 10th (no open gyms or practice rotations, only conditioning is allowed)
- **Athletic Information:** Most info will come from coaches via FinalForms, however www.zeelandwestathletics.com contains game schedules/results/directions to fields and other athletic information.
- **Holidays and breaks:** Most teams will have practices and possibly competitions over breaks
 - **Fall sports** begin on August 11 and will impact Summer Break, Labor Day
 - **Winter sports** begin on October 27 (Ice Hockey), November 10 (Competitive Cheer, Wrestling, Boys Basketball), November 13 (Bowling), November 17 (Girls Basketball), November 24 (Boys Swim and Dive) and will impact Thanksgiving, Christmas and mid-winter break
 - **Spring sports** begin on March 9 and will impact Spring Break and Memorial Day
- **How parents can help out:** Zeeland Athletic Boosters helps provide equipment and needs for teams at ZPS. Boosters offer concession stands at home athletic events. If your child is on a Zeeland West team, you will be expected to volunteer to take at least one shift, per team, in one of the concession stands. Every time you volunteer you will earn money for your child's team.

2024/2025 Dux Athletic Team & Coach Information

Fall Sports	Head Coach	Email Contact	First Practice
Competitive Cheer	Emillie Gort	egort@zps.org	8/11/25
Cross Country - boys	Phil Hoover	phoover@zps.org	8/11/25
Cross Country - girls	Aaron Kenemer	akenemer@zps.org	8/11/25
Football	Jeff Bolhouse	rbolhous@zps.org	8/11/25 Conditioning the preceding week
Golf - girls	Tim Minnear	tminnear@zps.org	8/11/25
Soccer - boys	Andy Hondorp	ahondo13@hotmail.com	8/11/25
Swim - girls	Drew Scheerhorn	ajscheer@zps.org	8/11/25
Tennis - boys	Lance McKinney	lmckinne@zps.org	8/11/25
Volleyball	Chris Mack	cmack@zps.org	8/11/25
Water Polo - boys	Zac Geschwendt	zgeschwe@zps.org	8/11/25
Winter Sports	Head Coach	Email Contact	First Practice
Basketball - girls	Ryan Lane	rlane@zps.org	11/17/24
Basketball - boys	David Klyn	dklyn@zps.org	11/10/24
Bowling - boys	Tony DiLaura	adilaura@zps.org	11/13/24
Bowling - girls	Tony DiLaura	adilaura@zps.org	11/13/24
Competitive Cheer	Emillie Gort	egort@zps.org	11/10/24
Ice Hockey (Co-op w/ Jenison_)	Jack Williams	Jack7Williams@gmail.com	10/27/24
Swim - boys	Drew Scheerhorn	ajscheer@zps.org	11/24/24
Wrestling	Cody Stewart	cstewart@zps.org	11/10/24
Spring Sports	Head Coach	Email Contact	First Practice
Baseball - boys	TBD		3/9/25
Golf - boys	Tim Minnear	tminnear@zps.org	3/9/25
Lacrosse - boys	TBD		3/9/25
Lacrosse - girls	TBD		3/9/25
Soccer - girls	Ben Hondorp	bhondorp@zps.org	3/9/25
Softball - girls	TBD		3/9/25
Tennis - girls	Lance McKinney	lmckinne@zps.org	3/9/25
Track & Field - girls	Aaron Kenemer	akenemer@zps.org	3/9/25
Track & Field - boys	Phil Hoover	phoover@zps.org	3/9/25
Water Polo - girls	Zac Geschwendt	zgeschwe@zps.org	3/9/25