

TERMS OF REFERENCE

Consultancy service to conduct “**SRHR Training, focusing on ASRH and AFS for Health Service Providers.**”

Project: Breaking barriers for girl’s SRHR in Dolpa (BBaGS)

Background

Social Awareness Center (SAC) Nepal was founded on August 14, 1995, with the aim of fostering community development, mitigating detrimental social practices, and promoting positive changes for the welfare of marginalized communities. As a non-profit organization dedicated to social service, SAC Nepal has been executing various projects in partnership with different levels of government, UN agencies, international and national NGOs, and other key stakeholders, focusing on marginalized and hard-to-reach populations. In response to the evolving context, SAC Nepal has been actively mobilizing resources, identifying opportunities, and conducting collaborative initiatives. The organization operates in 10 districts within the Karnali province and has successfully extended its efforts to 20 districts across Karnali, Sudurpaschim, Gandaki, and Lumbini provinces since its establishment.

SAC Nepal addresses issues related to climate change, disaster management, and humanitarian assistance, encompassing health, education, livelihood, and the protection of marginalized and vulnerable groups. The organization has effectively implemented over 100 projects in Karnali Province and beyond. Currently, SAC Nepal is managing 11 projects across all 10 districts of Karnali province, in partnership with UN agencies and international NGOs, currently with the partnership of Plan international Nepal and BMZ. The project titled Breaking Barriers of Girls SRHR in Dolpa district (BBaGS) is being executed in two municipalities within Dolpa district.

About BBaGS project

Breaking Barriers for Girls' Sexual and Reproductive Health and Rights in Dolpa (BBaGS) is a three-year initiative funded by BMZ, in collaboration with Plan International Germany, Plan International Nepal, and executed by the local organization SAC Nepal.

The primary aim of this project is to empower girls in the rural regions of Nepal to make informed choices regarding their sexual and reproductive health and rights (SRHR) by enhancing awareness and improving service access. This initiative ultimately seeks to contribute to the postponement of marriage and the reduction of teenage pregnancies. The project will utilize a socio-ecological framework and engage various stakeholders to fulfill its objectives, focusing on the lower region of Dolpa district.

The second outcome aims to improve the delivery of sexual and reproductive health services for adolescents and young individuals. This will involve ensuring that schools are equipped with safe and gender-sensitive facilities, while also raising awareness about the effects of climate crisis-induced disasters, and that health facilities offer ASRH services.

The third outcome is to give comprehensive sexual education to secondary school students and to improve local health facilities based on adolescent-friendly standards. Establishing an MHM room and an AFIC corner at a local government school to promote health and provide vital knowledge on SRHR at the school level. Additionally, the outcome has trained health facilities on the topic of SRHR.

About the consultancy assignment

The TOR has been developed to allow the consultant to conduct sexual reproductive health right (SRHR) training for health service provider of the selected health facilities in project working areas to provide capacity-building education for SRHR particularly focus on ASRH and AFS so that selected health service provider is aware on the ASRH. This training seeks to strengthen the capacity of health providers in delivering high-quality Adolescent Friendly Services (AFS), addressing the unique needs and rights of adolescents regarding sexual and reproductive health (SRH).

Sexual reproductive health right (SRHR) training for health worker includes:

Health service provider training in sexual reproductive health (SRHR) is designed to prepare educators to deliver effective and sensitive instruction on sexual reproductive health and ASRH and AFS.

Here is training will cover the following key areas:

Overview of ASRH: Understanding the sexual and reproductive health needs of adolescents.

Adolescent Friendly Services (AFS): Key principles of AFS, including confidentiality, respect, and non-discrimination.

Communication Skills: Techniques for engaging with adolescents, including building trust and addressing sensitive topics.

Sexual and Reproductive Rights: An understanding of adolescent SRHR, focusing on consent, privacy, and access to services.

Referral and Coordination: How to refer adolescents to appropriate services and work with other stakeholders.

Challenges in ASRH Service Delivery: Addressing barriers such as stigma, lack of resources, and cultural attitudes.

Monitoring and Evaluation: How to monitor and evaluate services for adolescents to ensure quality and relevance.

By incorporating these elements, SRHR training ensures that educators are well-prepared to provide a comprehensive and supportive learning environment for health service Provider.

Objectives

The main objectives of the 5 days training are:

- To enhance the knowledge and skills of health service providers in delivering Adolescent Friendly Services (AFS).
- To increase understanding of Adolescent Sexual and Reproductive Health (ASRH) needs and rights, focusing on the specific challenges adolescents face.
- To equip health service providers with practical tools and techniques for engaging with adolescents in a confidential, respectful, and non-judgmental manner.
- To ensure that health service providers are knowledgeable about national standards, policies, and guidelines related to ASRH and AFS.

2. CONSULTANCY BRIEF

The primary goal of this consulting is to provide a 5-day SRHR training program focusing on ASRH and AFS for selected health facilities and health workers in Dolpa. The selected government health service provider from the project's working Palika's will receive a 5-day training. The training should follow the five-day standard ASRH training program for public health providers.

3.PROCESS/METHODOLOGY

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4. REPORTING AND KEY DELIVERABLES

Reporting: A very comprehensive and concise report of the training should be submitted by the consultant within 5 days after the completion of the training.

A concise guideline for conducting the training must be prepared and submitted before the training.

Key Deliverable:

5- Days SRHR training to health service provider based on *five-day standard ASRH training program for public health providers* by government of Nepal.

5. CONSULTANCY TIMEFRAME

Consultancy Time Frame:

6. BUDGET BREAKDOWN:

S.N	Particular	No. of days	Per days	Total Cost
1	Training on facilitation			
2	Preparation			
3	Transportation			
4	Report Preparation			
5	Accommodation Expenses with training days & travel days			
	Total			

We do not accept the Accommodation Transportation as is.

7. REQUIRED DOCUMENTS AND QUALIFICATIONS

Qualification:

At least master's degree in relevant area of the training

At least 5 years of professional experience in the field of training/facilitation around CSE, SRHR and Health worker.

Proven experience of facilitating similar trainings

Excellent report writing skills in both English and Nepali

Citizenship and PAN Card

8. PAYMENT MODALITY

The consultant fee will be paid after submitting the final report

9. APPLICATION PROCEDURES

Interested and experienced consulting firms/Firm and consultants are requested to submit application along with the following documents mentioning email subject line “**Proposal for Conducting a “SRHR Training, focusing on ASRH and AFS for Health Service Providers ‘at Dunai Bazar Dolpa District’**”

sacquotation@gmail.com and SAC Nepal office Surkhet_no later than 7th February 2025. Quotation will be sealed enveloped or PDF/Word format with Password. Password will be sent after send request of Password.

For submission by Consulting Firm/ individual:

Firm: Application letter, proposal includes comprehensive work plan and details of qualification & Budget, company/firm registration certificate, PAN/VAT registration certificate, tax clearance certificate FY 080/81 or tax clearance slip, CV of experts

Individual: Application letter, proposal includes comprehensive work plan and details of qualification & Budget, PAN/VAT registration certificate, CV of experts

VAT registered vendors are encouraged to apply.

10. EVALUATION CRITERIA:

Following the technical and financial proposal were the criteria.

Description	Weighting %
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1. Does the consulting firm have experience in Executing SRHR training to health worker ? and relevant technical qualifications in SRHR and ARH & AFS background?	15%
2. Proposed methodology and tools- Understanding of the TOR and Methodology.	10%
3. Is the proposed work plan realistic?	5%
4. Is the financial budget reasonable based on TOR	60%
5. Is the interview going well	10%
Total	100%

Candidates must follow SAC- Nepal's policies, internal processes, protocols, and code of conduct, paying special attention to the Child Safeguarding and Protection and Do No Harm policies. Before applying for the proposal, applicants and consultants should sign the Safeguarding Policy.