

Recital Routine Requirements

Preschool Dance- Recital Required Skills (3/4 yrs)

- Tuck jump
- Chasse
- Marching
- Kicks
- Heel Digs
- Jump Out, In
- Formations/Movement Patterns:
 - Need to switch lines
 - "Move to your friends dot and go back home!"

Pre-K Dance- Required Recital Skills (4/5 yrs)

- All preschool dance skills
- Toe Touch
- Skip
- Formations/Movement Patterns:
 - Need to switch lines
 - Make a circle holding hands or a partner part

STARS JAZZ/BALLET CLASSES

Kinderstars- Required Recital Skills

There should be at least 2 formation changes, including switching lines, no more than 2 lines deep. Stars must know choreography on their own. No secret codes.

Jazz:

- Isolations (head, shoulders, ribs, hips)
- Step touch
- Knee pop up
- Jazz square
- Grapevine
- Toe touch
- Tuck jump
- Pirouette prep on flat
- Pivot turn
- Retiré in parallel
- 3-step turn or jump cross turn
- Jazz runs

Ballet:

- Gallop (side or front)
- Marching on flat feet (can do with step cross turn)
- Port de bras with head directions
- Skipping
- Demi plié in parallel of 1st
- Tendu a la seconde
- Plié relevé in parallel
- Step close step point or step point hop
- Swaying
- Sauté in parallel
- Spring point in parallel 4th

All Stars- Required Recital Skills

There should be at least 2 formation changes, including switching lines, no more than 2 lines deep. Stars must know choreography on their own. No secret codes.

Jazz:

- isolations (heads, shoulders, ribs, hips)
- knee pop-ups
- chasse rock step
- jazz square
- toe touch
- tuck jump
- single pirouette
- pivot turns with arms
- 3 step turn/slow chaine turn
- heel stretch
- battement front or side
- rock step fan kick
- step touch
- passe jump or parallel pas de chat
- At least 3 formation changes, including a group partner part

Ballet:

- demi plie in 3rd
- quarter rond de jambe
- gallops
- port de bras with head directions
- ballet walks
- polka step
- saute
- echappe saute
- releve
- tendu
- skips
- passe
- At least 3 formation changes, including a group/partner part

Rising Stars- Required Recital Skills

Jazz and Ballet Skills

- Demi plie in 1st, 2nd
- Tendu a la seconde with arms
- Releve in parallel, 1st
- Spring points, turned out
- Saute in 1st
- Echappe saute through 1st
- Gallop front or side
- Skipping
- Marching
- Tip toe walks
- Parallel pas de chat
- Port de bras with head directions
- Isolations (heads, shoulders, ribs, hips)
- Knee pop ups
- Jazz square
- Toe touch
- Tuck jump
- Chasse rock step
- Heel stretch
- Pirouette half turn
- Passe/retire jump or parallel pas de chat
- Pivot turns front or back with arms
- Step touch or cross touch
- Jump cross turn
- Grapevine
- Battement to the front through 1st
- Kick ball change
- Chaîné turns on releve flat with arms
- Roll to stand (legs stay bent)
- Donkey split land in ball pose before slide through

Formations/Movement Patterns:

- Should do at least 2 formation changes, including switching lines.

Mega Stars- Required Recital Skills

Ballet Skills

- Demi plie in 1st, 2nd, 3rd
- Tendu a la seconde with arms
- Quarter rond de jambe
- Releve in 1st
- Pique
- Saute in 1st, 2nd
- Changement
- Echappe saute through 1st
- Chasse front or side
- Skipping
- Marching en releve
- Tip toe walks
- Pas de chat turned out
- Polka
- Coupe pas de bourree
- Triplet step
- Single pirouette from parallel
- Port de bras with body movements and head directions

Formations/Movement Patterns:

- Should have at least 3 formation changes, including a partner/group part.

Jazz Skills

- Jazz square with arms
- Toe touch
- Chasse rock step
- Heel stretch
- Single pirouette
- Passe/retire jump
- Pivot turns front or back with flick
- Step touch or cross touch
- Triplet step with arms
- Pas de bourree with hands on hips
- Jump cross turn
- Grapevine
- Battement front or side through 1st
- Rock step fan kick
- Kick ball change
- Chaîné turns on releve flat with arms
- Layout prep
- Roll to stand with straddle legs
- Donkey split slide through

Super Stars- Required Recital Skills

Ballet Skills

- Demi plie
- Tendu devant and a la seconde with arms
- Rond de jambe
- Releve in 1st, 3rd
- Pique
- Saute
- Changement
- Echappe saute through 3rd or 5th
- Chasse front or side
- Skipping
- Marching en releve
- Tip toe walks
- Pas de chat
- Polka turned out
- Coupe pas de bourree
- Sur le cou-de-pied
- Triplet step
- Single pirouette from parallel
- Slow pique and soutenu turns
- Balance
- Spring releve echappe
- Port de bras with body movements and head directions
- **Formations/Movement Patterns:**
 - Should have at least 3 formation changes, including a partner/group part.

Jazz Skills

- Isolations (heads, shoulders, ribs, hips)
- Jazz square with arms
- Toe touch
- Split jump
- Chasse rock step
- Heel stretch
- Single pirouette
- Passe/retire jump
- Pivot turns front or back with flick
- Cross touch
- Triplet step with arms
- Pas de bourree with hands on hips
- Jump cross turn
- Grapevine
- Battement front, side, or back
- Chaîne fan kick
- Kick ball change with arms
- Chaîné turns on releve flat with arms

- Slow pique and soutenu turns
- Chasse step leap
- Roll to stand with straddle legs
- Donkey split slide through
- Back roll – If your class is ready this year
- Toe roll up – If your class is ready this year
- Layout – If your class is ready this year
- **Formations/Movement Patterns:**
 - Should have at least 3 formation changes, group work, and ripple

HIP HOP CLASSES