

10/6/23:



Healthy vision is important for learning and success in school. Approximately 1 in 5 preschool-age children in the U.S., including preschool-age Head Start children, has a vision disorder that requires monitoring and/or treatment by an eye doctor and 1 in 4 school-aged children has a vision problem. Sometimes children have trouble seeing and don't even realize they are seeing the world differently than others. Children with vision problems may misbehave because it is hard for them to see to learn.

Learn below what to look for as signs of a possible vision problem in your child. If you notice any of the following, schedule a complete eye examination Here is a printable [ABC handout](#).

### **Appearances**

- Continually watering eyes
- Red-rimmed, encrusted, or swollen eyelids
- Cloudiness/haze
- Unequal pupil size
- Sties or infections on eyelids
- Presence of white pupil
- Possible eye injury

### **Behaviors**

- Body rigid when looking at distant objects
- Clumsiness or decreased coordination
- Thrusting head forward or backward while looking at distant objects
- Tilting head to one side most of the time
- Squinting or frowning when trying to focus
- Excessive blinking
- Closing or covering one eye while doing near work
- Holding books close to face when reading
- Sitting close to a television

### **Complaints**

- Headaches, nausea, or dizziness
- Blurred or double vision
- Burning, scratchy, or itchy eyes
- Sees blur when looking up after close work or when looking at whiteboard
- Unusual sensitivity to light

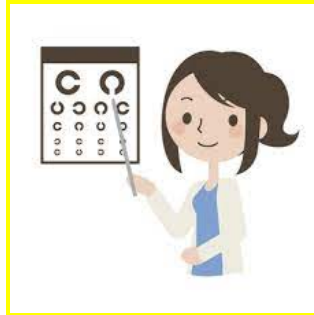
**Resources:**

[ABCs of Vision Health-Prevent Blindness](#)

[Info graphic ABC's of Vision Prevent Blindness](#)

[How to Make an Eye Doctor Appointment-Prevent Blindness](#)

[Prevent Blindness.org](#)



**Vision Screening for KMSD Elementary Students**

- ❖ To make sure your child is vision ready for success in school, the school nurse and trained volunteers will conduct a Vision Screening for elementary students during the school year.
- ❖ This screening is for distant vision only through Prevent Blindness.
- ❖ **Magee's Vision Screening will be 10/18/23.**
- ❖ If your child wears prescription glasses or contacts, please make sure they bring/wear them to school for the screening.
- ❖ If your child is not successful at the first screening, they will be screened a second time. If they are not successful with the second screening, we will send a letter home asking that you schedule a complete eye exam for your child with an eye doctor. If no concerns are detected, you will not receive a letter.
- ❖ **If you do not want your child screened for vision at school, please opt them out by emailing the Magee Health Room at [me-healthroom.kmsd.edu](mailto:me-healthroom.kmsd.edu) by 10/17/23.**

Magee Health Room staff is ready to assist you with any questions or concerns you have. Please feel free to reach out to us by calling the front office 262-968-6450 or via email [me-healthroom@kmsd.edu](mailto:me-healthroom@kmsd.edu).

Tricia Schuetz, RN [schuetzp@kmsd.edu](mailto:schuetzp@kmsd.edu)

Sandy Aushwitz, HRA [aushwitzs@kmsd.edu](mailto:aushwitzs@kmsd.edu)