

NAME _____

DATE _____

Embarrassing Story

Part 1 Directions

Read the scenario below and then complete the Feelings & Options steps.

Embarrassing Story

Derryl recorded a humiliating video of Jared and posted it on his story for everyone to see. Jared was mortified and asked Derryl to please stop and take the video down. Derryl didn't listen. He thought the video was really funny -- plus, a lot of people were commenting and saying that Derryl was hilarious for posting it. By the next day, it seemed like everyone at school had seen the video. Jared tried to act like it didn't bother him, but he was really embarrassed and went straight home after school instead of going to the big basketball game that he and all his friends had been looking forward to.

Identify: Who are the different people involved in the scenario? What dilemma or challenge are they facing?

Sample responses:

- Derryl and Jared are the main characters in this scenario.
- Other people that might be involved include their friends as well as anyone that saw or shared Derryl's story.

Dilemma(s):

- Jared asked Derryl to take the video down but he did not listen.
- Jared might feel lonely because no one seems to care that the video is mean and he has to pretend like he is not bothered by it.
- Derryl is not empathizing with Jared.
- Derryl might feel pressured to keep the video up because of all the attention he is receiving from his classmates.

Feel: What do you think each person in the dilemma is *feeling*? Why might the situation be hard or challenging for each of them?

Sample responses:

- Derryl might be unaware of how his actions impacted Jared.
- Derryl might be excited or happy that his story got him a lot of attention.
- Jared might feel upset or lonely because it seems like everyone is making fun of him.
- Jared might be angry at Derryl for not listening to him.



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Imagine: *Imagine options for how the situation could be handled. Come up with as many ideas as possible: There's no one "right" answer! Then, highlight which option might lead to the most positive outcome, where most people feel good or taken care of.*

Sample responses:

- Jared might ask Derryl to take the story down and to apologize.
- Jared might report Derryl's story or tell an adult about it.
- Jared might reach out to another friend and share how he's feeling because of the video Derryl shared.
- Jared might create a counter-story and ask his other friends to stop sharing Derryl's story.
- Derryl might create an apology video.

Say: Thinking more about the idea you chose for handling the situation, what could the people involved say?

First: How would they say it?

☐

In person

☐

Call or FaceTime

☐

Text

☐

Direct/private message

☐

Email

☐

Other: _____

Answers will vary.

Second: What would they say? Write out the conversation.

Answers will vary.

Encourage students to consider whether they would really say the words they have come up with. Ask "Do you think Derryl/Jared would really say that?" or "Could you see yourself actually saying/sending a message like this, if you were the person in the scenario? why or why not?"

Help develop students' thinking and planning with questions that play out the scenario, such as, "what if someone shared the story with a teacher or the principal?"



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Part 2 Directions: Complicate

Discuss these questions in your group, and share responses. Be sure to hear all perspectives -- the more perspectives, the better!

- What if Jared had posted a rude comment or embarrassing pic of Derryl the week before? In other words, what if this was a "revenge" post?
- What if Derryl shared the video just with a group chat of four or five close friends instead of on his story?
- What if Derryl posted a public apology to Jared right after sharing the video?

