## Week of Prayer & Fasting Guide For November 5<sup>th</sup> – November 11<sup>th</sup>

Main Theme is: Thankfulness!

"Enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name! For the LORD is good; his steadfast love endures forever, and his faithfulness to all generations."

(Psalm 100:4-5, ESV)

## **Types of Fasts**

The Disciples Fast: Fasting for freedom from addiction. Matthew 17:20-21

The Ezra Fast: Fasting to solve problems. Ezra 8:21-23

The Samuel Fast: Fasting to win people to Christ. 1 Samuel 7:1-8

The Elijah Fast Fasting: To break crippling fears and other mental problems. 1 kings 19:2-18

The Widow's Fast: Fasting to provide for the needy. 1 Kings 17:12

The Saint Paul Fast: Fasting for insight and decision making. Acts 9:9-19

The Daniel Fast: Fasting for health and physical healing. Daniel 1:12-20

The John the Baptist Fast: Fasting for an influential testimony. Matthew 3:4; Luke 1:15

The Esther Fast: Fasting for protection from the evil one. Esther 4:16

Source: Elmer Towns: Fasting for Spiritual Break Through

## How Can I Pray for An Hour?

Prayers of Thanksgiving: Family, spouse, children, siblings. Friends, Church..., Job, Children, health, your wealth! Be specific in each category.

Prayers of God (Adoration) Who he is..., Specific answered prayers ...,

Pray for your church: Pray for blessings, protection, strength, and wisdom.

- The Pastor and his family
- For the witness of your church, ask God for opportunities and boldness to share the Good News

- Prayer for this coming Sunday Service
- Grab a directory and pray over the people in the church.
- The Church Leaders:
  - Pastor's Council Pastor John, Tim Hardman, Larry Eastman, Patricia Vaughn, Kayla Steiner, James Cook, John Mitchell
  - o Board of Trustees Pastor John, Helen Eastman, Sharon Smith, Nate Steiner, Mark Taylor
  - Ministry Leaders Michelle Mackall Welcome Team; Jason & Noah Praise Team; Brian Smith and James Elmendorf- A/V Team; Tracie Doyle - Offering Team; Pastor John – Benevolence Team; Tim Hardman - Facility/Security; Open - Prayer Team; Open - Kid Connection
  - Connect Group Leaders: Tim Hardman, Larry Eastman, Patrica Vaughn, James Elmendorf,
     Bill Passwaters, Mike Ottlinger, Mark Taylor
  - o **ESL** Rin Dabeck
  - o Crafters Fellowship Vanessa Cain
- Missionaries
  - o Pastor Radhames Dominican Republic, for the school and the church
  - o Pastor Jeff and Deanna Davoll in Ecuador Their church and ministry to police
  - o Pastor Ron Willougby Broken Wall Church, Baltimore
  - o International Mission Board (IMB) with the Southern Baptist.\* Over 3500 missionaries
  - North American Mission Board (NAMB) with the Southern Baptist.\*
    - \* Search their websites to learn more on how to pray
- For our Community Partners
  - Ducketts Lane Elementary
  - Laurel Pregnancy Center
  - Elkridge Food Pantry

Prayer for our Local Baptist Church of the Mid-Maryland Baptist Association and the Baptist Convention of Maryland and Delaware.

Prayer for the gospel witness across the globe.

Pray for what is burdening your heart.

- Lost family and or friends
- Health needs for others or yourself
- For healing in relationships

Prayer for the Nation – wisdom, unity, healing, help for the needy

- Our leaders
- Our military
- Our first responders and police
- Our School Teachers.

## **Pray Scripture**

"The LORD has established his throne in the heavens, and his kingdom rules over all."
(Psalm 103:19, ESV)

"For from him and through him and to him are all things. To him be glory forever. Amen." (Romans 11:36, ESV)

"Then you will call upon me and come and pray to me, and I will hear you. You will seek me and find me, when you seek me with all your heart."

(Jeremiah 29:12-13, ESV)

"And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ,"

(Ephesians 5:18–20, ESV)

"give thanks in all circumstances; for this is the will of God in Christ Jesus for you."

(1 Thessalonians 5:18, ESV)

"Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God, praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints,"

(Ephesians 6:11-18, ESV)

"Who has spoken and it came to pass, unless the Lord has commanded it? Is it not from the mouth of the Most High that good and bad come? Why should a living man complain, a man, about the punishment of his sins? Let us test and examine our ways, and return to the Lord! Let us lift up our hearts and hands to God in heaven: "We have transgressed and rebelled, and you have not forgiven."

(Lamentations 3:37-42, ESV)

"Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead,"

(1 Peter 1:3, ESV)

"Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us,"

(Ephesians 3:20, ESV)