

## A Black Feminist Apocalypse/Dystopian Survival Resource Compilation

With the awful realization that we are indeed in a fight for our very survival coming over me for the past few years, I've asked myself this question: what can I do right now, today? With my resources limited or tapped out, I've often felt helpless, especially when I've had to go to others for help so many times. But today, I realized one thing I can do.

I know that everyone is doing syllabi right now and the idea might seem trite or trivial, but this is what I can contribute. A Black Feminist Apocalypse/Dystopian Survival Resource Compilation. (Wow that's a mouthful.) The reason I feel this is necessary because I keep thinking of *Octavia Butler's Parable of the Sower* and *Parable of the Talents*. She wasn't trying to be prophetic, but she was. And the refrain I've been seeing since the November election: Black women tried to tell us. Well, yes we have.

So in this spirit, I am putting together some works that address the issues we face now in hopes of providing a good resource to help us get through these coming days and survive together. This is not an exhaustive list. I need some help putting together resources in many areas here, so I am making this a Google Doc. However, I am making it "view only" to moderate and prevent trolls and other assholes from putting bogus information or other derailing tactics here. If you have something to contribute, please @ me on Twitter @IndasCorner so I can include the links.

A few words and disclaimers: not all these references are Black women, but most of them center the marginalized in a useful way. If you are aware of where to get these sources as low or no-cost, please send that information. If you are able to buy or contribute to these sources for yourself and/or others, please do so. I am including many POC and WOC, particularly in QUILTBAG communities who are already underpaid and struggling, so please make contributions to them when you can. I am also trying to include links to sources other than Amazon or other big box stores to help.

Furthermore, if you have **local resources and organizations** for many of the blank areas such as urban farming and self-defense, please send them with links to these sources. National organizations are great, but there are many local orgs doing the work with little to no resources at their disposal. Also, if you know DIY sources, please send them along.

So in this spirit, let's start the syllabus and keep it going as long as necessary.

## Audio

@yeloson - [Fist of the Southside](#) (self-defense podcast)  
Ben Harper and the Innocent Criminals - [Oppression](#)  
Bibi Bourelly - [Riot](#)  
Jamila Woods - [Blk Girl Soldier](#)  
Labelle - [Something in the Air/The Revolution Will Not Be Televised](#)  
Lauryn Hill - [Rebel/I Find It Hard to Say](#) (2016)  
[Martial Mentor](#) (self-defense podcast)  
Nina Simone - [Pirate Jenny](#)  
Sade - [Feel](#)  
Seinabo Sey - [I Owe You Nothing](#)  
Vita Elizabeth Cleveland - [Hell Y'all Ain't Talmhout](#)

## Blogs and Websites

[Act Up](#)  
[Acta Non Verba: Youth Urban Farm Project](#)  
[Advocates for Urban Agriculture](#) (Chicago, IL)  
[Aid Access](#)  
Alan Henry - [Five Best VPN Service Providers](#)  
Alexandra Bradbury, Mark Brenner, Jane Slaughter - [Organizers, Aim for the Bullseye](#)  
[Appropedia: The Sustainability Wiki](#)  
[Asian American Feminist Collective](#)  
[Black Food Sovereignty Coalition](#)  
[Black Forager](#)  
[Black Lesbian Literary Collective](#)  
[Black Women's Defense League](#) (still looks to be in early stages but [here is a story about the org](#))  
[Black Women's Health Imperative](#)  
[Black Women's Studies \(BWST\) Booklist](#)  
[Childfree](#) (sources for hysterectomies for younger, childless folx)  
[Community Defense Zone Guide](#)  
Cynthia Hayes - [Southeastern African-American Farmers Organic Network](#)  
[DeleteMe](#)  
[Disability Rights Education & Defense Fund](#)  
[Disaster Planning for Less Crazy Folk](#)  
[Edge Collective: DIY Air Purification Designs](#)  
[Farms to Grow, Inc.](#)  
[FindHelp](#)

[First Generation Farmers](#)

[Growing Home](#) (Englewood/Chicago, IL)

[Handbook for a Post Roe America](#)

[How Do We Ensure Public Safety Without Police](#)

[How to Build a Rainwater Collection System](#)

[hugelkultur: the ultimate raised garden beds](#)

[Indigenous Anarchist Federation](#)

[Indivisible: A Practical Guide for Resisting the Trump Agenda](#)

[Lambda Legal](#)

[The Lesbian Avengers Handbook: A Handy Guide for Homemade Revolution](#)

Masha Green - [Autocracy: Rules for Survival](#)

[Mesa](#)

[Meshtastic](#) - An open source, off-grid, decentralized, mesh network built to run on affordable, low-power devices

Natasha Bowens - [The Color of Food](#)

[National Black Justice Coalition](#) (and a handy [PDF guide with key initiatives](#))

[National Center for Lesbian Rights](#)

[National Network of Abortion Funds](#)

[No Nukes: A beginner series on emergency preparedness](#)

[Our Justice](#)

[People's Community Medics](#) (Oakland, CA)

[Plan C](#)

[Plants for a Future](#)

The Poisonous ABCs: From Aconitine to Zetekitoxin

[QueerMed](#)

Rachel Cernansky - [No Garden? Here Are 66 Edible Plants You Can Grow At Home In Containers](#)

[Radical Gender Coalition](#)

Rafter Ferguson - [Why We Can't Separate Justice and Sustainability in the Food System](#)

[Remote Area Medical](#) (Oakland, CA)

[Riot Medicine](#)

[Sage: Advocacy and Services for LGBT Elders](#)

[Sewing Cloth Menstrual Pads](#) (Tumblr post)

[SisterWeb](#) - San Francisco Community Doula Network

@so\_treu - [Antiblackness Is a Theory](#) (suspended but plans to revive)

[Spiral Gardens Community Food Security Project](#)

[Surveillance Self-Defense](#)

Tanya Fields - [The BLK Projek](#)

[Traction Project](#)

[Trigger Happy Firearm Training LLC](#) (handgun classes)

Trish Popovich - [10 Female Urban Farmers Setting the Tone for Sustainable Cities](#)  
[Urban Tilth](#)

[Vintage Patterns Wikia](#)

[Vision Change Win Community Safety Program](#)

[Voices for Birth Justice](#)

Will Allen - [Growing Power](#)

[Various books on PDF](#)

## **Fiction**

Jennifer Marie Brissett - [Elysium](#)

Kai Ashante Wilson - [A Taste of Honey](#)

Nalo Hopkinson - [Brown Girl in the Ring](#)

Nalo Hopkinson - [Midnight Robber](#)

Nisi Shawl - [Everfair](#)

Octavia Butler - [Parable of the Sower](#)

Octavia Butler - [Parable of the Talents](#)

## **Film and Television**

Ava Duvernay (dir.) - [13th](#)

Jennifer Phang (dir.) - [Advantageous](#)

Lizzie Borden (dir.) - [Born in Flames](#)

Gillo Pontecorvo (dir.) - [The Battle of Algiers](#)

Luchina Fisher (dir.) - [Danger Word](#)

[Random Acts of Flyness](#)

[Underground](#)

[X Company](#)

## **Non-Fiction**

Adele Peters - [These low-tech indoor gardens bring vegetables to your kitchen](#)

Alexis Pauline Gumbs, China Martens, and Mai'a Williams (eds.) - [Revolutionary Mothering: Love on the Front Lines](#)

Alyson Morgan - [Roots of African American Herbalism: Herbal Use by Enslaved Africans](#)

Angela Davis - [Freedom Is a Constant Struggle: Ferguson, Palestine and the Foundations of a Movement](#)

Asian American Feminist Collective - [Resources](#)

Audre Lorde - [The Cancer Journals](#)

Audre Lorde - [I Am Your Sister: Black Women Organizing Across Sexualities](#)

Bankuei - [How to Navigate Self Defense Training](#)

[The Black Radical Tradition](#) (pdf of various Black political thought, resistance)

[Black Food Sovereignty Coalition](#)

Black Rose Anarchist Foundation - [Black Anarchism: A Reader](#) (free pdf)

Brightside.me - [7 Self-Defense Techniques That Can Save Your Life](#)

Britteney Black Rose Kapri - [Black Queer Hoe](#)

Brown Recluse Zine Distro - [Take Care: A Zine About Self Defense by POC for POC in Reaction to the 2016 Presidential Election](#) (zine)

Channing Kennedy - [Junot Díaz on 'De-colonial Love', Revolution and More](#)

Charlene Carruthers - [Unapologetic: A Black, Queer Feminist Mandate for Radical Movements](#)

Ching-In Chen, Jai Dulani and Leah Lakshmi Piepzna-Samarasinha (eds.) - [The Revolution Starts at Home: Confronting Intimate Violence Within Activists Communities](#)

Chris Crass - [Towards Collective Liberation: Anti-Racist Organizing, Feminist Praxis, and Movement Building Strategy](#)

Cynthia Kaufman - [Ideas for Action: Relevant Theory for Radical Change, 2nd Ed.](#)

David Pham and Jason Curescu - [Farms That Are Delivering During COVID](#)

Devon Douglas-Bowers - [Revolutions, Rebellions, and Resistance: An Anthology](#)

Ella Shohat and Robert Sham - [Unthinking Eurocentrism: Multiculturalism and the Media](#)

Grow Forage Cook Ferment - [What to Forage in Spring: 20 Edible and Medicinal Plants and Fungi](#)

Gwendolyn Benaway - [Decolonial Love: A How-To Guide](#)

[How To Grow An Unlimited Supply Of Lemons Using Just 1 Seed](#)

[An Internet Shutdown Guide](#)

John Munro - [A Tool for Our Times: Legacies of Black Radicalism and Communism](#) (book review)

Justin Akers Chacón and Mike Davis - [No One Is Illegal: Fighting Racism and State Violence on the U.S.-Mexico Border](#) (English language version)

Justin Akers Chacón and Mike Davis - [No One Is Illegal: Fighting Racism and State Violence on the U.S.-Mexico Border](#) (Spanish language version)

Madison Mahdia Lynn - [A Nervous Wreck's Disabled Guide to Stepping Up](#)

Mai'a Williams - [This Is How We Survive: Revolutionary Mothering, War, and Exile in the 21st Century](#)

Malcolm X Grassroots Movement - [Let Your Motto Be Resistance A Handbook on Organizing New Afrikan and Oppressed Communities for Self-Defense](#)

Mariame Kaba and Billy Dee - [Black/Inside: A History of Captivity & Confinement in the United States](#)

Monica Trinidad (ed.) - [A Support Zine for Marissa Alexander](#) (zine)

Moya Bailey and Izetta Autumn Mobley - [Work In The Intersections: A Black Feminist Disability Framework](#)

Myopic Press - [Grow Some Shit: A Gardening Zine](#)

Myopic Press - [Grow Some Shit: A Succulent/Cactus Zine](#)

Nana Afua Yeboaa Brantuo - [Black Feminist Perspectives on COVID-19: A Reading List](#)

Naomi Moyer - [Black Women & Self Defense: Thoughts on Personal Space & Reclaiming Our Streets](#) (zine)

[No Selves to Defend: A Legacy of Criminalizing Women of Color for Self-Defense](#) (zine)

[No Selves to Defend: Poems About Criminalization and Violence Against Women](#) (zine)

The Open University - [Energy Resources: Solar Energy](#) (There are lots of free ebooks available from The Open University right now)

The Open University - [Global Water Resources](#)

[The People's Zine Library](#)

PolicyLink - [Growing Urban Agriculture: Equitable Strategies and Policies for Improving Access to Healthy Food and Revitalizing Communities](#)

[Resiliency Building Skills to Practice for Trauma Recovery](#)

[Routes to Avoid - Border Patrol Checkpoints](#)

[Rotman, Isabella - Not on My Watch](#)

The Seasonal Homestead - [How Much to Plant for a Year's Supply of Food](#)

Sunshine, Spencer - [40 Ways to Fight Fascists: Street-Legal Tactics for Community Activists](#)

[Survived and Punished: A Collaborative Toolkit](#)

[This robot will grow all the food you need in your backyard](#)

Victoria Law and China Martens (eds.) - [Don't Leave Your Friends Behind: Concrete Ways to Support Families in Social Justice Movements and Communities](#)

Yerbamala Collective - [Our Vendetta: Witches vs Fascists](#)

Young Womxn of Color for Reproductive Justice, A project of Advocates for Youth - [Readings & Resources on Abolition & Reproductive Justice](#)

Zig Zag - [Colonization and Decolonization: A Manual for Indigenous Liberation in the 21st Century](#)

## Self-Care and Healing

BlackGirlSquee - [Black Girls Need Self-Care!](#) (episode's main topic is self-care, includes sources)

Catrice M. Jackson - [The Becky Code](#)

Danielle Dorsey - [8 Mental Health and Self Care Resources for QTPOC](#)

Dr. Kristin Neff - [Self-Compassion Guided Meditations and Exercises](#)

Emma Seppala - [Loving-Kindness Meditation](#)

I'Nasah - Death Valley, Or How to Not Kill Yourself in Less Than Ten Days (zine, out of print)

Inda Lauryn - [Inda's Corner: Self Care, Take Care](#) (podcast episode)

Indigezine Issue #2 - [Healing](#)

Naomi Moyer - [Black Women & Self Care: Thoughts on Mental Health, Oppression, & Healing](#) (zine)

[NoireCare.com](#)

Ntozake Shange - [for colored girls who have considered suicide when the rainbow is enuf](#)

Omi - [The Empath's Toolkit: Blissful Living for Sensitive People](#)

Parker J. Palmer - [A Hidden Wholeness: The Journey Toward an Undivided Life](#) (3 free Kindle copies available, [short PDF summary here](#))

Sarah Blondin - [Live Awake](#) (podcast)

Se'mana Thompson (ed.) - [Queer Indigenous Girl](#) (zine, volumes 2 and 3 also available)

Tara Brach - [Working With Difficulties: The Blessings of RAIN](#)

Therapy for Black Girls - [Therapist Directory](#)

Third Woman Press Zine - [Calling All Goddesses](#) (zine)

Wild Woman Mystic article - [A Love Letter to Black, Indigenous & People of Colour: On Freeing Ourselves From Racist Priestesses, Fake Gurus & White Supremacist Spiritual Teachers](#)

## Libraries

[Abolition Study](#)

[Abortion Funds Master Document](#)

[Black Studies Books](#)

Dialectical Artists - [Revolutionary Study Guide](#)

[Free Yo Mind: Radical Black Books and Other Critical Stuff](#)

## Web Series or Shorts

Bankuei - [Elbows](#) (self-defense instruction)

Bankuei - [Elbows Demonstrated](#) (self-defense instruction)

Bankuei - [Escape a Forward Choke](#) (self-defense instruction)

Bankuei - [Flashlight Techniques](#) (self-defense instruction)

Bankuei - [Flow Hitting and Hammerfist Variations](#) (self-defense instruction)

Bankuei - [Hammerfist Attack & Defense](#) (self-defense instruction)

Bankuei - [Two Basic Strikes](#) (self-defense instruction)

[The BIPOC Community Garden- Connecting Food and People through Gardening](#)

[A Black-Owned Farm Fights Food Deserts In The Bronx](#)

[Black Panther-Inspired Urban Farming](#)

[Boston Farms](#)

[City Bloom](#) - Plot It Fresh Garden Program

[Common Good City Farm](#)

Cutting Edge Systema - [Systema Vlog Working Inside Movement Part 2: Where?](#) (self-defense instruction)

Far North Bushcraft And Survival - [Survivalist Videos](#)

[The Farm Next Door | Urban Farming in Atlanta](#)

[Gun Storage: The Good, the Bad, and the Ugly of Gun Safes and Locks](#)

[Keep Growing Detroit](#) (food sovereignty)

Lawrence Kenshin - [Khongsittha Muay Thai](#) (sparring demonstration)

[Rochester Garden Central](#)

rrkali - [Mayari: Women's Self Protection Program](#)

Wanuri Kahiu (dir.) - [Pumzi](#)

[Urban agriculture: Growing food in Chicago](#)

[Urban Agroecology: 6,000 lbs of Food on 1/10th Acre](#)

[Urban Farming in Detroit: Cultivating Community, Sustainability and Regeneration](#)

[Urban Growers Collective](#)

## First Aid

[BTNX Inc. - Harm Reduction](#)

[Dance Safe](#)

[Gynecologists Who Will Perform a Tubal Sterilization](#)

[Herbal First Aid Aftercare for All Who Have Experienced Police Violence](#)

[How to Tape a Sprained Ankle](#)

[Instructions for making the N95 replacement mask designed by University Health System's chief nurse executive Tommye Austin](#)

[MBS Mask Buying Guide](#)

[National Harm Reduction Coalition](#)

[Riot Medicine](#)

[Safe Water Storage](#) (Bluesky thread)

[Worldwide Mask Bloc Directory](#)

**Need More Sources for (please indicate whether these are book, zine, film, etc. sources):**

Urban Farming

Self-Defense

Sewing/Making Clothes, Fabrics

Water Sources

Centering Disabilities

First Aid

Homeschooling



Podcasts and web vids specifically about survival, decolonization, any of the above subjects such as self-defense, etc. that center marginalized people