West Clermont Cheer Invitational
Paw Prints and Poms
2024

Hosted by the West Clermont Jr Wolves

September 29th, 2024 – West Clermont Middle School

Entry Information

- Please send email of intent ASAP to wccheer4@gmail.com. Include organization name, grade/age level of your squad, number of cheerleaders on your squad and which division you will be competing in (see Division info below)
- Entries will be accepted until Sunday, September 21st at 10pm.
- Entry fee is $10 per cheerleader if you register before 9/15. After 9/15 registration will be $15. MS and HS squads, registration for a second team/division is only $5 for athletes competing in both.
- Squad entry includes one head coach and two assistants.
- Register online here and send payment via Venmo to @WestClermont-JrWolves by 9/21/24.
- All entries should include the following:
  - Official Entry Form (Complete online)
  - Medical Release Form (Can bring to day of or fill out online here)
  - Official Roster with birth dates (Can bring to day of or fill out online here)
  - Entry fee (Pay via Venmo or bring check day of. Checks should be made payable to the West Clermont Jr Wolves).

Divisions

Youth divisions will be split by age/grade level, k/1 through 6th grade. Each division will be divided into intermediate and advanced if there are more than 2 teams registered for each.

- Intermediate – Tumbling consists of cartwheels, roundoffs, walkovers (front and back), and forward/backward rolls. You may have ONE (1) cheerleader who has advanced tumbling. More than ONE (1) cheerleader doing advanced tumbling and your squad will be considered advanced.
- Advanced – Tumbling consists of handsprings (front or back), aerials, tucks, and any tumbling greater than the Intermediate level.
- Middle school and high school will have both traditional and game day divisions. Standard UCA rules and scoresheets will be used for MS and HS divisions.

- If there is enough interest, we may add a stunting/mounting division for particular youth age groups.
- The age of the oldest cheerleader on the squad will determine division placement. Coaches are required to bring a copy of each participant's birth certificate for random age verification.
- West Clermont Jr Wolves organization reserves the right to combine age groups/divisions should it become necessary due to low registration.
- Head coaches will be made aware of this ahead of time if this is the case.
- Tentative Division Schedule:

9:00am - 5/6 yr olds (k/1st grade)
10:30am - 7 yr olds (2nd grade)
12:00pm - 8 yr olds (3rd grade)
1:30pm - 9 yr olds (4th grade)
3:00pm - 10 yr olds (5th grade)
4:30pm - 11/12 yr olds (6th grade)
5:30pm - Middle/High School

Competition Guidelines

- Registration form, roster with birth dates, and payment are due by Sunday, **September 21st**. Medical release forms can be emailed to wccheer4@gmail.com or turned in on day of comp..
- All youth squads participating must cheer for a football/basketball team.
- All youth squads must provide a photo and copy of each participant's birth certificate upon request.

- Each squad must perform a routine consisting of at least a crowd participation cheer, chant and dance. Youth squad's routines must not exceed 5 minutes but be at least 2 minutes. A 25-point deduction will be made for routines outside of these parameters.
- Middle school and high school divisions will use standard UCA rules and scoresheets for game day and traditional.
- A 42' X 42' (7 panel) mat will be provided for the event.
- Timing will begin with the first note of music or organized word or movement by the team after they are announced to officially take the floor and will end with the last note of music or organized word or movement. Teams must exit the floor immediately following routine.
- Spiriting on and off the floor is encouraged and will not be counted in the total time
- Poms, signs, flags and megaphones are the only props permitted. Props may be placed before the start of the routine. A coach may place props for 5/6 (k/1) and 7s (2^{nd} grade) age divisions only.
- Coaches, parents, spectators are NOT allowed to prompt/coach from the sideline in any age group and will result in a 5 point per judge deduction.
- A sound system will be provided. Each squad must provide their music to our DJ prior to the competition. It is also encouraged for each team to bring a backup of their music (mobile phone, cd, flash drive, etc. Each squad must provide one person to start/stop their music. It is advisable to test your music prior to your squad's performance.
- At the end of each division there will be a jump off for both toe touches and herkies. Each team should select two cheerleaders for each contest (4 total). In the event of a tie, judges will ask for a jump off with a jump of their choosing. We will also have a Dad Toe Touch for each division.
- No jewelry is permitted other than post earrings. Hair accessories should be securely placed.
- No glitter is permitted (this includes glitter on signs unless covered by laminate). Light makeup and cheek tattoos are acceptable
- MS and HS Game Day Division - Registration for any athlete competing in both traditional and game day will be discounted. First registration will be $10, registration for the same cheerleader in a second division will be $5. We will follow UCA rules for Game Day.

Safety

The overall safety of the performers of each squad shall be evaluated by the judges and competition director at all times.

- Youth squads – Non Building Divisions: no partner stunts (holding hands cartwheels are permissible) and individuals may not support another's weight in any type of mount.
- No dive rolls (definition of a dive roll: a forward roll where the feet leave the ground before the hands reach the ground)
- Drops (knee, thigh, front, back & split drops) from a jump, stand, or inverted position are prohibited unless the majority of the weight is first borne on the hands/feet, which breaks the impact of the drop (ex. Splits from a cartwheel).
- Tumbling with props is prohibited! This includes when spiriting on/off the floor. This includes poms even if they have an elastic band attached to them.

Awards:

- All participants placing 1^{st}, 2^{nd} or 3^{rd} will receive a trophy. Squads who do not place will receive participation medals.
- Medals will be awarded to the winners of the toe touch and herkie contests.

Judging and Scoring

- There will be 3 qualified judges for the competition
- In the event of a tie, the judges will determine the winner.
- Youth divisions will have max 5 mins and will use CCYFL scoresheet.
- Middle school and high school divisions will have max 2:30 time and will use standard UCA rules and scoresheets for game day and traditional.
- Three tabulators will tally each score sheet after the judges have completed their scoring. Final results will be given to the competition director for announcement.
- Trophy/medal presentations in each division will be announced at the end of each age group.
- There should be no contact with the judges by coaches, participants or spectators.
- By participating in this competition, each team agrees that the decision of the judges is final and not subject to review.
- Score sheets will be provided to the Head Coach of each squad at the awards ceremony. A listing of each teams' scores will also be provided for comparison.

Other Important Details

- No one will be permitted to enter the competition venue until 7:45am other than the competition staff and volunteers. Please instruct your parents that if they get there prior to that time they will have to wait outside until doors open.
- Spectator fee will be $6 for adults, children 12 and under free (cash or venmo accepted).
- Spectators are not permitted to enter the gym early to place items on the bleachers to hold spots. There will be an area for lines to form for entrance to the gym on a first come basis for each age group.
- Practice areas will be designated and assigned on the day of the performance. Each age group will be provided 'runners' to assist with their questions/needs and to get them lined up. We will have a full mat for a 5 minute run through and single panel for tumbling warmup.
- Concessions, flowers and other vendor booths will be set up for entertainment.
- Squads must be accompanied by an adult at all times
- No one is permitted to stand behind the judge's table. No sideline coaching!
- No one will be permitted to enter or leave the gym during a performance. Doors will remain closed during performances.

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Questions

Questions should be directed to Tonja Bauer via email wccheer4@gmail.com, or Emily Beach at emily1.beach@outlook.com

West Clermont Cheer Invitational 2024
Roster

Program Name:
_____

Age Division: _____ (Circle One) Intermediate Advanced

Team Roster

	Athlete	DOB	Age (as of 8/1/23)			Athlete	DOB	(Age as of 8/1/23)
1					17			
2					18			
3					19			
4					20			
5					21			
6					22			
7					23			
8					24			
9					25			
10					26			
11					27			
12					28			
13					29			
14					30			
15					31			
16					32			

Coaches (3 free per team)

1: _____ Contact # / Email_____

2: _____ Contact # / Email _____

3: _____ Contact # / Email _____

Total number of athletes _____ X $10 = _____

Extra Coaches/Team Moms _____ X $6 = _____

Total Enclosed: _____

(one check/money order per squad, or venmo @WestClermont-JrWolves)

WC Cheer Invitational 2024

Medical Release form

September 29, 2024

Team Name/Age Level: _____ Head Coach: _____

I, the undersigned parent/legal guardian, do hereby grant my permission for my son/daughter to participate in the West Clermont Cheer Invitational presented by West Clermont Jr Wolves. In order that my son/daughter may receive the necessary medical treatment in the event to any injury or illness, I hereby authorize the personnel of the competition to obtain medical treatment for my son/daughter for such an injury or illness during this competition and hereby hold the personnel/representatives harmless in the exercise of this authority. I also understand the decision of the judges during the competition is left to their discretion and will not further question such judges.

Participant Name (Please Print)	**Date of Birth**	**Parent/Guardian Signature**	**Date Signed**	**Emergency Phone Number**

*If you need more spaces, please duplicate this form and attach it.

Coach's Signature _____

Date: _____

Score Sheet for All Youth Divisions

Squad Name:_____ Division:_____ Judge #:_____

Category	Maximum Points	Points Received	Areas of Strength	Areas Needing Improvement
Cheerleading Fundamentals Appearance Based on Neatness/Uniformity, Eye Contact & SMILES	5		___Good squad uniformity ___Good eye contact ___Good smiles	___Appearance not uniform ___Maintain eye Contact ___Smile throughout routine
Voice – Expression Based on loud, crisp words – NOT SINGING	5		___Strong voices ___Good volume	___Be louder ___Voices fade ___Don't bark or sing words
Motion Technique Based on Arm Angles, Sharp, Dynamic Motions	10		___Good variety of motions ___Sharp motions ___Good precision	___Not together ___Watch angles ___Need variety
Incorporation/Variety of Jumps/Tumbling Based on Pointed Toes, Straight arms/legs, clean landings, powerful, performed with ease, noticeable height	10		___Good height & technique ___Good variety ___Good use of jumps	___Needs to be stronger ___Point toes ___Work on height/landings
Dance Based on execution/timing, energy & choreography appeal	10		___Good synchronization ___Good variety ___Music appropriate ___Good energy	___Not together ___Add difficulty ___More dance moves
Variety of Routine Transitions/Spacing Based on the flow of the routine from start to finish, execution of formation & use of the floor	10		___Good flow ___Good formations ___Smooth transitions ___Good incorporation ___Good use of floor ___Good ideas/creativity	___Not together ___Too slow / Too fast ___Watch spacing ___Need changes/variety ___Add difficulty ___Same person in front
Degree of Difficulty Below level difficulty will be scored 1 – 7 At/Above level difficulty will be scored 8 – 15 At/Above level difficulty includes: toe touches, herkie, pikes, change-offs, seamless transitions, good variety of motions/formations	15		___Creative ___Good use of squad skill ___Good difficulty ___Squad unity	___Sloppy transitions ___Add difficulty ___Add jumps/tumbling ___Add formation changes
Overall Routine Appeal Showmanship – Spirit – Personality Based on consistent energy throughout performance, high crowd appeal, exciting to watch, sharp, dynamic	15		___Genuine spirit ___Good crowd involvement ___Good facials ___Good energy	___More energy needed ___More facials ___Get the crowd involved
Overall Execution & Timing Based on team uniformity throughout routine, timing is sharp, impressive to watch	10		___Solid routine ___Clean routine ___Exciting to watch	___Needs polish ___Monotonous
Overall Choreography Based on variety of routine, creativity, seamless transitions, fits skill level, fun routine to perform/watch	10		___Good variety ___Good visuals ___Unique words/motions	___Inappropriate motions ___Inappropriate music
TOTAL OF ALL SCORES	100		Judges Initials:	