

WAAC Warm-ups Oct. 22 & 23, 2022

NOTE: Warm up times have changed. Please notify all attending this meet of the time changes.

Please do not mail your check if you have already mailed it. Please bring it to me at the computer table at the meet.

Saturday AM session 8:00 – 8:30 AM	WAAC, PTSC, BWA
Saturday AM session 8:30 – 9:00AM	3RVS, CSC, EFSC, FAST, SHAQ, WHAT
Saturday AM meet start time 9:05 AM	
Saturday AM distance Immediately following end of AM session	Open warm ups
Saturday PM session 12:00 – 12:30 PM	WAAC, PTSC
Saturday PM session 12:30 – 1:00 PM	3RVS, CSC, EFSC, FAST, SHAQ, WHAT
Saturday PM start time 1:05	
Saturday PM distance Immediately following end of PM session	Open warmups
Sunday AM session 8:00 – 8:30 AM	WAAC, PTSC, BWA
Sunday AM Session 8:30 – 9:00AM	3RVS, CSC, EFSC, FAST, NAC, SHAQ, WHAT
Sunday AM meet start time 9:05 AM	
Sunday AM distance Immediately following end of AM session	Open warm ups
Sunday PM session 12:00 – 12:30 PM	WAAC, PTSC
Sunday PM session 12:30 – 1:00 PM	3RVS, CSC, EFSC, FAST, SHAQ, WHAT
Sunday PM start time 1:05	
Sunday PM distance Immediately following end of PM session	Open warm ups