
Matthew G. Nielson

Lecturer

Department of Psychology
University of Exeter

ACADEMIC DEGREES

- | | |
|------|--|
| 2020 | Ph.D., Family and Human Development
Specialization: Women and Gender Studies
Arizona State University |
| 2013 | B.S., Human Development , <i>magna cum laude</i>
Minor: Japanese
Brigham Young University |
| 2010 | A.S., University Studies , <i>high honors</i>
Utah Valley University |

POSITIONS

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| 2024-Present | Lecturer (Assistant Professor), University of Exeter, Psychology |
| 2022-2024 | Postdoctoral Research Fellow
New York University Abu Dhabi |
| 2020-2022 | NICHHD T32 Developmental Psychology Postdoctoral Research Fellow
Location: University of Michigan
Source: Eunice Kennedy Shriver National Institute of Child Health and Human Development (HD007109)
PIs: Vonnie McLoyd and Christopher Monk |

RESEARCH ACTIVITIES

PUBLICATIONS

(1003 citations, H-index 13, 30 publications, 1 under review) *= student mentee

Peer-Reviewed Articles

29. **Nielson, M. G.**, Martin, C. L., England, D. E., Hanish, L. D., Santos, C.E., DeLay, D. M., Updegraff, K. A., & Rogers, A. A. (2024). Patterns of gender development across intersections of age, gender, and ethnicity-race. *Archives of Sexual Behavior*. Available online.
28. Shawcroft, J., Rogers, A., & **Nielson, M. G.** (2023). Endorsement of masculine-typed behaviors changes during middle adolescence: The contextualizing role of peer experiences for adolescents living in the United States. *Journal of Youth and Adolescence*. Available online.
27. Rogers, A. A., Button, J. A., **Nielson, M. G.**, Van Alfen Brown, M., Austin, S., & Coyne, S. M. (2023). Parents' judgements of children's gender-typed play indicate qualities of the early-life caregiving environment. *Journal of Family Psychology*. Available online.
26. **Nielson, M. G.**, Tolman, D., Martin, C. L., & Fraser, A. M. (2023). Boys' internalized appearance-related norms from different socializers uniquely, negatively relate to wellbeing and gender beliefs. *Journal of Early Adolescence*, 44(3), 306-333.
<https://doi.org/10.1177/02724316231176961>

25. **Nielson, M. G.**, Rogers, A.A., & Cook, R. E. (2022). Nuanced, longitudinal effects of domains of gender similarity on adolescent peer victimization. *Sex Roles*, 86, 559-575.
<http://dx.doi.org/10.1007/s11199-022-01285-2>
24. **Nielson, M. G.**, & Ward, L. M. (2022). The roots and fruits of masculinity: Social antecedents and behavioral consequences of young men's adherence to masculine norms. *Journal of Sex Research*, 59(7), 897-910. <https://doi.org/10.1080/00224499.2022.2049188>
23. **Nielson, M. G.**, *Jenkins, D. L., & Fraser, A. M. (2022). Too hunky to help: A person-centered approach to masculinity and prosocial behavior among adolescent boys. *Journal of Social and Personal Relationships*. <https://doi.org/10.1177/02654075221084697>
22. **Nielson, M. G.** & Martin, C., L., Rogers, L. O., Miller, C. F., Lindstrom Johnson, S. L., & Berendzen, H. M. (2022). Exploring young men's experience of resistance to masculine gender norms. *Emerging Adulthood*. <https://doi.org/10.1177/21676968211072933>
21. Beltz, A. M., Kelly, D. P., Loviska, A. M., **Nielson, M. G.** (2022). The link between masculinity and spatial skills is moderated by the estrogenic and progestational activity of oral contraceptives. *Frontiers in Behavioral Neuroscience*, 15, 777911. doi: 10.3389/fnbeh.2021.777911
20. **Nielson, M. G.**, Beltz, A. M. (2021). Oral contraceptive use not related to gender self-concept. *Psychoneuroendocrinology*, 129, 105271. <https://doi.org/10.1016/j.psyneuen.2021.105271>
19. Rogers, A.A., **Nielson, M. G.**, & Santos, C.E. (2021). Manning up while growing up: How masculine gender roles shape adolescent development. *Psychology of Men and Masculinity*, 2, 354-364. <https://doi.org/10.1037/men0000296>
18. Fu, X., Padilla-Walker, L.M., **Nielson, M. G.**, Mingliang Y., & Yu K. (2021). Prosocial behavior toward powerful people among Chinese and American emerging adults. *The Journal of Psychology: Interdisciplinary and Applied*, 155, 115-128.
<https://doi.org/10.1080/00223980.2020.1845591>
17. **Nielson, M. G.**, Martin, C., L., Rogers, L. O., & Miller, C. F. (2020). Quantifying gender norm resistance. *Journal of Adolescence*, 84, 219-229.
<https://doi.org/10.1016/j.adolescence.2020.09.008>
16. **Nielson, M. G.**, DeLay, D. M., Flannery, K., Martin, C. L., and Hanish, L. D. (2020). Does gender-bending help or hinder friending? Same and cross-gender friendship dissolution and gender typicality. *Developmental Psychology*, 56(6), 1157-1169.
<http://dx.doi.org/10.1037/dev0000930>
15. **Nielson, M. G.**, Schroeder, K. M., Martin, C., L., & Cook, R. E. (2020). Investigating the relation between gender typicality and pressure to conform to gender norms. *Sex Roles*, 83, 523-535.
<https://doi.org/10.1007/s11199-020-01136-y>
14. **Nielson, M. G.**, Xiao, S. X., & Padilla-Walker, L.M. (2019). Gender similarity in growth patterns of support toward friends during young adulthood. *Social Development*, 29, 635-650.
<https://doi.org/10.1111/sode.12419>
13. Cook, R. E., **Nielson, M. G.**, Martin, C. L., & DeLay, D. M. (2019). Early adolescent gender development: The differential effects of felt pressure from parents, peers, and the self. *Journal of Youth and Adolescence*, 48(10), 1912-1923. 10.1007/s10964-019-01122-y
12. Xiao, S. X., Cook, R. E., Martin, C. L., & **Nielson, M. G.** (2019). Preschool gender enforcers: Their characteristics and the effects on peers of affiliation with gender enforcers. *Sex Roles*, 81, 671-685. <http://dx.doi.org/10.1007/s11199-019-01026-y>

11. Xiao, S. X., Cook, R. E., Martin, C. L., **Nielson, M. G.**, & Field, R. D. (2019). Will they listen to me? An examination of in-group gender bias in children's communication beliefs. *Sex Roles*, 80,172-185. <https://doi.org/10.1007/s11199-018-0924-6>
10. Padilla-Walker, L., Memmott-Elison, M., & **Nielson, M. G.** (2018). Longitudinal change in high-cost prosocial behaviors of defending and including during the transition to adulthood. *Journal of Youth and Adolescence*, 47(9), 1853-1865. <https://doi.org/10.1007/s10964-018-0875-9>
9. **Nielson, M. G.**, Padilla-Walker, L., & Holmes, E. K. (2017). How do men and women help? Validation of a multidimensional measure of prosocial behavior. *Journal of Adolescence*, 56, 91-106. <https://doi.org/10.1016/j.adolescence.2017.02.006>
8. Padilla-Walker, L. M., **Nielson, M. G.**, & Day, R. A. (2016). The role of parental warmth and hostility on adolescents' prosocial behavior toward multiple targets. *Journal of Family Psychology*, 30, 331-340. <https://doi.org/10.1037/fam0000157>
7. Carlo, G., Padilla-Walker, L.M., & **Nielson, M. G.** (2015). Longitudinal bidirectional relations between sympathy and prosocial behavior toward strangers. *Developmental Psychology*, 51(12), 1771-1777. <https://doi.org/10.1037/dev0000056>
6. Padilla-Walker, L. M., Coyne, S. M., Collier, K. M., & **Nielson, M. G.** (2015). Longitudinal relations between prosocial television content and adolescents' prosocial and aggressive behavior: The mediating role of empathic concern and self-regulation. *Developmental Psychology*, 51, 1317-1328. <http://dx.doi.org/10.1037/a0039488>
5. Nelson, L. J., Padilla-Walker, L. M., & **Nielson, M. G.** (2015). Is helicopter parenting smothering or loving? Parental warmth as a moderator between helicopter parenting and emerging adults' indices of adjustment. *Emerging Adulthood*, 3, 282-285. doi:10.1177/2167696815576458.
4. Padilla-Walker, L. M., Carlo, G., & **Nielson, M. G.** (2015). Does helping keep teens protected? Longitudinal bidirectional relations between prosocial behavior and problem behavior. *Child Development*, 86(6), 1759-1772. <https://doi.org/10.1111/cdev.12411>

Book chapters:

3. Beckstead, A. L., **Nielson, M. G.**, Eshleman, S., Hoffman, H., & Peres, E. (2024). Examine attitudes about sexual/gender diversity. In A. L. Beckstead, J. Cheng, S. Giwa, M. A. Yarhouse, & I. Žegura (Eds.), *Feel Secure in Yourself: A Guidebook for LGBTQIA+ People and Those with a Different Label or No Label*. Rowman and Littlefield.
2. Cook, R. E., Martin, C. L., **Nielson, M. G.**, & Xiao, S. X. (2022). Contemporary cognitive approaches to gender development: New schemas, new directions, and new conceptualizations of gender. In D. P. VanderLaan & W. I. Wong (Eds.), *Gender and sexuality development*. Springer.
1. Andrews, N. C. Z., Cook, R. E., **Nielson, M. G.**, Xiao, S. X., & Martin, C. L. (2019). Gender in education. In T. L. Spinrad & J. Liew (Eds.), *Social and emotional learning section*; D. Fisher (Ed.), *Routledge Encyclopedia of Education* (Online). Taylor & Francis.

Under review:

- Henry, P. J., **Nielson, M. G.**, Napier, J. (Under review). Religious-based homonegativity as a function of the endorsement of traditional gender beliefs.

In preparation:

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Nielson, M. G., *Romanello, B., & Martin-Storey, A. (In preparation). When is it ok for men to be feminine?

Henry, P. J., **Nielson, M. G.** (In preparation). Evidence for the sexuality-as-gendered framework from interpersonal contact.

RESEARCH FUNDING

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|------|--|
| 2021 | Title: Using Intensive Longitudinal Data to Examine the Person-Specificity of Femininity and Masculinity
Source: University of Michigan Center for the Education of Women: Riecker Undergraduate Research Fund
Award amount: \$500
Role: PI |
| 2019 | Title: An Investigation of Gender Norm Resistance
Source: Arizona State University Graduate & Professional Student Association Graduate Completion Fellowship Grant
Award amount: \$17,000
Role: PI |
| 2018 | Title: Investigating Gender Norm Pressure, Conformity, and Resistance
Source: Graduate & Professional Student Association Graduate Research Grant
Award amount: \$2,000
Role: PI |

HONORS

Awards:

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| 2019 | Outstanding Research Award: Graduate and Professional Student Association
<i>Is body image for boys more about bros than biceps? Exploring relational correlates of boy's self-objectification pressure from unique sources</i> |
| 2015-2019 | Ruth Cowden Memorial Scholarship |
| 2015, 2017 | College of Liberal Arts and Sciences Student Leader |
| 2014 | Exxon-McVea Scholarship |
| 2013 | Merwin and Edna Sant Scholarship |
| 2012 | Edwin Hinckley Scholarship |
| 2011 | Mary Lou Fulton Poster Conference First Place Award
<i>Is Disney the nicest place on earth? A content analysis of prosocial behavior in animated Disney films</i> |

Grants and Travel Support

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| 2023 | New York University Abu Dhabi Postdoctoral Travel Award |
| 2021 | University of Michigan Postdoctoral Association Conference Award |
| 2016-2019 | Graduate and Professional Student Association Travel Grant |
| 2016- 2019 | Sanford Graduate Student Association Graduate Travel Grant |
| 2015 | University Graduate Fellowship Grant |
| 2013, 2014 | Marriage, Family & Human Development Graduate Student Society Travel Award |

PRESENTATIONS

Invited talks and workshops:

New York University Abu Dhabi (January, 2024); Gender & Leadership Roundtable
 United Arab Emirates University (November, 2023); Global Identity in an Uncertain World Symposium
 New York University Abu Dhabi (November, 2023); Gender Brown Bag Consortium
 University of Surrey (October, 2023); SEER: Social Emotions and Equality in Relations Lab
 University of Exeter (June, 2023); Psychology Department
 New York University Abu Dhabi (March, 2023); Social Psychology Group
 University of Kentucky (March, 2022); Social Inequality in Development Group
 Bilkent University (February, 2022); Psychology Department
 Mutual Association (September, 2018); Phoenix Chapter
 Arizona State University (September, 2018); In Conversation with The Sanford School Podcast
 Friends Relating, Entertaining, Discussing (FRED Talks) (October, 2016); Phoenix Chapter

Oral presentations:

- Nielson, M. G.,** Henry, P. J. (2023, June). *Contact with sexual minorities is related to decreased sexism over time*. Presented at the European Association of Social Psychology General Meeting in Krakow, Poland.
- Nielson, M. G.,** Henry, P. J. (2023, May). *Longitudinal relations between traditional gender ideology and wellbeing across different groups*. Presented at the New York University Abu Dhabi Graduate and Postdoctoral Research Showcase in Abu Dhabi, United Arab Emirates.
- Nielson, M. G.,** Rogers, A. A., & Cook, R. E. (2022, March). *The unique effect of different domains of gender similarity on adolescent peer interactions*. Presented at the Society for Research on Adolescence biennial conference in New Orleans, LA.
- Nielson, M. G.,** Romanello, B. (2021, September). *Reactions to the authentic gender expressions of ethnically and sexually diverse men*. Presented at the Masculinity, Sex, and Popular Culture biennial conference (virtual).
- Nielson, M. G.,** Romanello, B., Rogers, A.A., Berendzen, H. (2021, August). *Constraints to authenticity among ethnically and sexually diverse men*. Presented at the Society for the Psychological Study of Social Issues biennial conference (virtual).
- Nielson, M. G.,** & Martin, C. L. (2021, April). *A cohort sequential look at the development of gender typicality and pressure to conform to gender norms over time*. Presented at the Society for Research in Child Development biennial conference (virtual).
- Nielson, M. G.,** Martin, C. L., Rogers, O. L., Miller, C. F., Lindstrom Johnson, S. L., & Berendzen, H. M. (2021, April). *Mapping resistance and conformity to masculine role norms throughout adolescence*. Presented at the Society for Research in Child Development biennial conference (virtual).
- Nielson, M. G.,** Martin, C. L., & Tolman, D. L. (2019, March). *Is body image for boys more about bros than biceps? Exploring relational correlates of boy's self-objectification pressure from unique sources*. Presented at the Society for Research on Child Development biennial conference in Baltimore, MD.
- Nielson, M. G.,** & Martin, C. L. (2018, March) *What does body image have to do with boys? Outcomes of objectification pressure for middle school boys*. Presented at the American Men's Study Association annual conference in Minneapolis, MN.

Nielson, M. G. (2018, February) *Bronfenbrenner meets Butler: A conceptual integration of feminist analysis and developmental psychology*. Presented at the Diversity and Inclusion Graduate Student Research annual conference in Phoenix, AZ.

Nielson, M. G., & Martin, C. L. (2017, November) *If gender is fluid, which aspects are flowing? Developmental trends of gender typicality and gendered pressures*. Presented at the Society for the Study of Emerging Adulthood biennial meeting in Washington D.C.

Nielson, M. G., & Padilla-Walker, L. M. (2015, October). *High-strung helpers: Longitudinal relations between prosocial behavior and anxiety*. Presented at the Society for the Study of Emerging Adulthood biennial meeting in Miami, FL.

Padilla-Walker, L. M., & **Nielson, M. G.** (2013, October). *Is helicopter parenting smothering or loving? An examination of parental warmth as a moderator of relations between helicopter parenting and emerging adult outcomes*. Presented at the Society for the Study of Emerging Adulthood biennial meeting in Chicago, IL.

Poster presentations:

Hoffer, A., **Nielson, M. G.**, & SturtzSreetharan, C. (2021, May). The “hairbinger” of doom: Investigating men's anxiety about hair loss. Presented at the Institute for Social Science Research at Arizona State University biannual conference (virtual).

Hoffer, A., DeLay, D., & **Nielson, M. G.** (2020, April). Weighing in on self-esteem: Trajectories of weight-related self-esteem and impact on social and academic outcomes. Accepted to the Society for Research on Adolescence biennial conference (canceled).

Nielson, M. G., & Martin C. L. (2018, October). Meet the gender norm resistors. Presented at the Gender Development Research Conference in San Francisco, CA.

Nielson, M. G., Xiao, S. X., & Padilla-Walker, L. M. (2018, April) Mars and Venus more alike than different: Tracking prosocial trends into emerging adulthood. Presented at the Society for Research on Adolescence biennial meeting in Minneapolis, MN.

Xiao, S. X., Cook, R. E., Martin, C. L., **Nielson, M. G.**, & Field, R. D. (2018, April). Girl talk vs. boy talk? Or is it in-group vs. out-group: Boys' and girls' expectations about communicative responsiveness with same- and other-gender peers. Presented at the Society for Research on Adolescence biennial meeting in Minneapolis, MN.

Velazquez-Ramos, M., **Nielson, M. G.**, & Martin, C. L. (2017, April) How do gender attitudes relate to a strong classroom community? Presented at the Society for Research in Child Development biennial meeting, in Austin, TX.

Nielson, M. G., Flannery, K., DeLay, D., Martin C. L., & Hanish, L. D. (2016, October). Gender-bending is good for friending: Examining the associations between gender similarity and friendship stability in adolescence. Presented at the Gender Development Research Conference in San Francisco, CA.

Nielson, M. G. (2016, August). The Masculine Role Norms Inventory with women and non-heterosexuals. Presented at the American Psychological Association annual conference in Denver, CO.

Nielson, M. G., & Padilla-Walker, L. M. (2016, April). The manly rules of helping: Masculinity effects on prosocial behavior. Presented at the Society for Research on Adolescence biennial meeting in Baltimore, MD.

Cook, R. E., Martin C. L., DeLay, D., **Nielson, M. G.**, & Hanish, L. D. (2016, April). The Relation between gender typicality and homophobic name-calling. Presented at the Society for Research on Adolescence biennial meeting in Baltimore, MD.

Fu, X., Padilla-Walker, L.M., & **Nielson, M. G.** (2015, May). Prosocial behavior toward powerful people among Chinese and American emerging adults. Presented at the International Psychological Applications and Trends annual conference in Ljubljana, Slovenia.

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- Padilla-Walker, L. M., & **Nielson, M. G.** (2015, March). Do mothers and fathers promote different types of prosocial behavior? Positive and negative parenting and adolescents' prosocial behavior toward three targets. Presented at the Society for Research in Child Development biennial conference in Philadelphia, PA.
- Nielson, M. G.**, & Padilla-Walker, L. M. (2014, October). Prosocial Teenagers and the impact of puberty. Presented at the Gender Development Research Conference in San Francisco, CA.
- Padilla-Walker, L. M., & **Nielson, M. G.** (2014, March). Are measures of prosocial behavior biased toward adolescent boys? An examination of gender differences in prosocial behavior. Presented at the Society for Research on Adolescence biennial meeting in Austin, TX.
- Padilla-Walker, L. M., & **Nielson, M. G.** (2014, March). Gender differences in prosocial behavior. Presented at the Utah Council on Family Relations annual conference in Provo, UT.
- Padilla-Walker, L. M., Coyne, Sarah M., Webb, H., & **Nielson, M. G.** (2011, March). Is "grateful adolescent" an oxymoron? Parent and adolescent predictors of gratitude. Presented at the Mary Lou Fulton Poster Conference in Provo, UT.

Other conference presentations:

- Nielson, M. G.**, Tolman, D. L. (2015, February). Conflicted masculinities and the goal of gender equity: Outing a deep conversation. Round-table discussion at the American Men's Study Association annual conference in New York, NY.

TEACHING & MENTORING ACTIVITIES

COURSES TAUGHT

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| 2019 | Gender and Society (undergraduate, in-person) |
| 2019 | Research Methods (undergraduate, online) |
| 2017-2018 | Introduction to Parenting (undergraduate, online) |

Teaching Assistant:

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| 2019 | Marriage and Family Relationships (undergraduate, in-person) |
| 2019 | Personal Growth in Human Relationships (undergraduate, in-person) |
| 2018 | Introduction to Sociology (undergraduate, online) |
| 2016-2018 | Interdisciplinary Solutions Based Learning (undergraduate, in-person) |
| 2017 | Diversity (graduate, online) |
| 2015 | Research Methods (undergraduate, in-person) |
| 2015 | Technology and Society (undergraduate, in-person) |
| 2013-2015 | Moral Development (undergraduate, in-person/online) |
| 2011-2013 | Human Development undergraduate, in-person) |

Guest lecturer:

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| 2024 | Appearance-Related Pressure (undergraduate) |
| 2021 | The Psychology of Gender (undergraduate) |
| 2021 | Gender and Development (graduate/undergraduate) |

MENTORING

Academic Mentoring:

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| 2022-2023 | NYU Abu Dhabi Capstone Program , Statistical Consultant
I served as a statistical consultant for Dr. PJ Henry's capstone students. |
| 2021-2021 | M(SD) LAB, Intraindividual Expressivity/Instrumentality , Co-director
I directed the work of undergraduate student Kaitlyn Zhao for her work on our project examining daily change in expressivity and instrumentality over time. |
| 2021-2023 | Somers High School Science Research Program , Professional Mentor |

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- I guided high school student Olivia Biolsi through all research phases from project conception to manuscript submission.
- 2018-2019 **Gender Norms Lab**, *Primary Investigator*
 For four semesters I recruited, trained, and directed my own research lab of undergraduate students at ASU.
- Autumn Barber
 - Hannah Berendzen
 - Danielle Boekankamp
 - Brenna Dunlap
 - Regina Guisto
 - Kiara Ortloff
 - Mary Slaughter
 - Jocelyn Suarez
- 2014 **Flourishing Families Project**, *Project Coordinator*
 Directed BYU undergraduate students in administering questionnaires to 500 families.
- Aubrey Dalton
 - Emilie Davis
 - Hailey Gardener
 - Ian Marsee
 - Nathan Leonhardt
 - Madison Memmott
 - Amber Tan
- Applied Mentoring:*
- 2013 **Telos Residential Treatment Center**, *residential therapeutic staff*
- 2012 **Outback Therapeutic Expeditions**, *wilderness therapeutic staff*

SERVICE ACTIVITIES

PROFESSIONAL SERVICE

*Journal action editor:**Frontiers in Human Development**Journal ad hoc reviewer:**British Journal of Developmental Psychology**Child Development**Developmental Psychology**Early Childhood Research Quarterly**Emerging Adulthood**Family Transitions**Frontiers**Health Promotion International**Journal of Early Adolescence**Journal of Research on Adolescence**PlosOne**Sage Open**Sex Roles**Social Development**Social Psychology for Education**Social Sciences*

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International conference submission reviewer:

- 2020 **Society for Research on Adolescent Development** Special Topics Conference on Construction of the 'Other'
- 2018 **Society for Research on Child Development** Biennial Meeting
- 2015 **Society for the Study of Emerging Adulthood** Biennial Meeting

Internal leadership:

- 2017-2020 Undergraduate Student Committee, *graduate student member*
- 2016-2020 Graduate and Professional Student Association, *grant reviewer*
- 2016-2020 Sanford Graduate Student Association, *fundraising chair*
- 2018-2019 Sanford Graduate Student Association, *treasurer*
- 2015-2016 Sanford Graduate Student Association, *graduate commons liaison*
- 2014-2015 MFHD Graduate Student Committee, *committee member*

PROFESSIONAL ASSOCIATIONS AND AFFILIATIONS

- 2016- American Psychological Association, *Divisions 7, 51*
- 2013- Society for Research on Adolescence
- 2013- Society for Research on Child Development, *Sexual Orientation & Gender Identity Expression Caucus*