

Area Counseling Resources:

Psychology Today - Find a Therapist by Zip Code that accepts your insurance
http://therapists.psychologytoday.com/rms/prof_search.php

Psychiatric Intake Response Center at Cincinnati Children's Hospital (PIRC):
<https://www.cincinnatichildrens.org/service/p/psychiatry/programs/intake-response>

Therapy Center at DCCH (Diocesan Catholic Children's Home) *Sliding Scale /Accepts Medicaid

*75 Orphanage Road
Fort Mitchell, KY 41017
859-331-0821
TCenter@dcchcenter.org
<https://therapynky.com/services-and-fees>*

Viewpoint Psychological Services

2865 Chancellor Dr. Suite 100
Crestview Hills, KY 41017
859-442-8439

Catholic Charities

*Sliding Scale
3629 Church Street / Covington, KY 41015
859-581-8974

Nicole Schild, LCSW

2128 Chamber Center Dr. / Ft. Mitchell, KY 41017
859-331-6525
Website: <http://www.nicoleschild.com/>

Brightside Counseling

Abigail Schaber M.Ed., LPCC

73 Cavalier Blvd. Suite 309
Florence, Kentucky
502.338.9221
Website: <https://brightsidecounselingnky.com/>
Rates: \$125 for initial, \$100 for follow-up sessions - no insurance

Children's Home of Northern Kentucky (CHNK)

Devou Park
Covington, KY

859-261-8768

Psychological Services of Northern Kentucky

157 Barnwood Dr. Suite 202
Edgewood, KY 41017
859-426-0900

Counseling:
Keli West, Psy.D.

Pathlight Mood and Anxiety Center

Aspire Counseling Solutions

1717 Dixie Hwy, Suite 414
Ft. Wright, KY 41011
859-486-6611

Meghan Spaulding
LPCC & Registered Art
Therapist

Analisa Pretelini, LPCA

859-488-1355

thriveanalisa@gmail.com

Accepts Insurance and is accepting new patients (as of Jan. 2024)
Currently doing mostly telehealth appointments

Amanda Galer at St. Elizabeth

Nina Howard, LCSW
2128 Chamber Center Drive
Ft. Mitchell, KY 41017
859-331-6535 ext 3
ninahoward@courtpsych.com
Accepts most private Insurance Plans

OptiCARE Counseling, LLC

7439 Montgomery Road, Suite 4 (Near Kenwood Mall)
Cincinnati, Ohio 45236
Phone: 513-580-8167

Angie Waugh (NDA Alum)

NorthKey Community Care (Services in 8 counties in NKY)

859-283-0952
859-331-3292 (for Northern KY Residents)
877-331-3292 (toll-free)

Therapeutic Collaborative

519 Licking Pike Wilder, KY 41071

(859) 572-0400

[Affinity Center](#)

7826 Cooper Rd.
Cincinnati, OH 45242
513-984-1000

ADHD

[Positive Pathways, LLC](#)

7000 Houston Rd. Suite 29
Florence, KY
859-472-4795 (phone)

ADHD

[BridgePoint Psychological and Counseling Services](#)

20 N. Grand Ave. Unit 2-D
Ft. Thomas, KY 41075
513-891-0650

Individual & family
counseling
Testing

[Gateways Recovery Center](#)

3131 Harvey Ave. Suite 201
Cincinnati, OH 45229
513-861-0035

Eating Disorders
Addictions

[WellSpring Psychological Services](#)

1655 Burlington Pike Suite 101
Florence, KY 40142

Mental Health America of Northern Kentucky

www.mhanky.org

Resource Directory

[Select Psychological Services](#)

2128 Chamber Center Avenue
Ft. Mitchell, KY 41017
859-331-6525

Jean Deters

[Lindner Center of Hope](#)

4075 Old Western Row Road
Mason, OH 45040
513-536-HOPE (4673)

Cincinnati Center for Psychotherapy

Deana J. McReynolds

3001 Highland Avenue, Suite A
Cincinnati OH 45219
513-961-8484

Student Transitions/College
ADHD, Depression/Anxiety

[Cincinnati Children's Medical Center](#)

3333 Burnet Ave.
Cincinnati, OH 45229 (513-636-4200)

[Kentucky Counseling Center](#)

814 Madison Ave.
Covington, Ky. 41011
855-591-0092

Accepts Medicaid

CCMC Division of Behavioral Medicine and Clinical Psychology: 513-636-8107

Intake Response Center staff are available 24 hours a day, year round. Anyone with mental health questions can call 513-636-4124. The center can also be reached via email at psychiatryresponse@cchmc.org.

St. Elizabeth Employee Assistance Program (EAP)
20 Medical Village Drive, Suite 371
Edgewood, KY 41017
(859) 301-2570

Kelly Clasgens, MS,LPCC

Grief Counseling

[Fernside](#)

4360 Cooper Rd.
Cincinnati, OH 45242
513-246-9140

St. Elizabeth 859-301-4611

[Cancer Family Care](#)

Holly Eary, Director of Children's Services

[Hospice of the Bluegrass](#)

Many grief groups offered throughout the year.
7388 Turfway Road, Florence, KY 41042
(859) 441-6332 (800) 200-5408

Eating Disorders

[Equip](#) (855) 387-4378

[Skyler Green](#) Offers free virtual assessment

Cincinnati Children's Hospital, [Eating Disorders Program](#)

Phone: 513-636-4124

Email: psychiatryresponse@cchmc.org

[Eating Recovery Center](#)

3805 Edwards Road, Suite 400

Cincinnati, OH 45209

Phone: (513) 245-4305

<https://www.eatingrecoverycenter.com/recovery-centers/cincinnati>

Offers free virtual group sessions for those with eating disorders as well as their families. [Use link here](#) to see more information about those groups.

[NEDA \(National Eating Disorders Association\)](#)

[Selah House Outpatient](#)

3530 Irwin Simpson Rd.

Ste B

Mason, OH 45040

Phone: 513-540-4345

Sexual Assault

Women's Crisis Center (Now called the Ion Center)

Crisis Line: (859) 491-3335/800-928-3335

Green Dot Program Coordinators: Lori Droege 859-372-3577,

SANE/DOVE (A facility to go to for medical testing within 96 hours after a sexual assault)

Forensic Nursing Program, 1 Medical Village Way, Edgewood, KY

859-301-9266

Online resources:

<https://dinahsvoice.org/resources>

<https://www.rainn.org/about-national-sexual-assault-telephone-hotline>

Chemical Dependency

[ASAP](#) (Adolescent Substance Abuse Programs)

9403 Kenwood Rd. Ste. C-111

Cincinnati, Ohio 45242

513.792.1272

Findhelpnowky.org

Get a list of addiction treatment facilities; accepting clients right now

Text HOPE to 96714 / Call 1-833-8KY-HELP

St. Elizabeth's Dual Diagnosis Intensive Outpatient Program

For teens 13-18 who have a mental health diagnosis coupled with their chemical dependency. Meetings in the evening 3 days a week

(859) 301-5900

[Children's Home of NKY](#)

1-844-YES-CHNK

Gateways Recovery Center

3131 Harvey Ave. Suite 201. Cincinnati, OH 45229

513-861-0035 / info@gatewaysrecovery.com

[The Brook](#) - Sharon Osborne <https://thebrookhospitals.com/programs-services/adolescents/>

John M. Stanton - Director of External Affairs | Kenton County

303 Court Street | Suite 205 | Covington, KY 41011

Office: 859.392.1400 | Email: John.Stanton@KentonCounty.org

Lisa Anglin, Coordinator

Kenton County Alliance to Prevent Substance Abuse

500 Graves Avenue, Erlanger, Ky 41018

Phone: (859) 342-2427 ext. 177

[NKY Hates Heroin](#)

[HEART](#) -Program operated through the Kenton Cy Jails that has been having great results.

Self-Harm Resources

[Self-Harm Resources](#)

Educational Testing Referrals

Mind Over Matter Dr. Kayla Steltenkamp
(859) 468-1385 (text)
kayla@mindovermatterkids.com
Specializes in Assessment and tutoring for Reading Disorders

Psychological Services, PLLC Steve Hoersting
Northern Kentucky ADHD Center
7000 Houston Rd. Bldg 200 Suite 21
Florence, Kentucky 41042
Phone 859-282-0180

[Viewpoint Psychological Services](#)

2865 Chancellor Dr. Suite 100
Crestview Hills, KY 41017
859-442-8439
Dr. Chelsea Esmeier, Psy.D - Director of Assessment

Ellen Yass Reed, MA
2128 Chamber Center Drive
Ft. Mitchell KY 41017
859.331.6525

Teresa Izquierdo, Psy.D.
7315 Dixie Hwy, Florence, KY
Counseling & Diagnostic Ctr
(859) 282-0119

Mary Ann Mulcahey, PhD
Clinical Psychologist
513-871-6080 ext. 403

2121 Madison Rd
Cincinnati, OH 45208
Maryann.mulcahey@fuse.net

The Affinity Center

www.theaffinitycenter.com
(513) 984-1000
Mailing Address:
The Affinity Center 7826 Cooper Road Cincinnati, Ohio 45242
(513) 984-1000 (phone) (513) 985-2182 (fax)

The Children's Home of NKy (CHNK)

Offer immediate appointment for comprehensive academic evaluations
Dr. Robert Arthur
Financial assistance available
513-527-7338
kboggs@thechildrenshomecinti.org

Best Point Education and Behavioral Health

Olympus Center ~ Kathy Boggs, M.A., Educational Diagnostician
Comprehensive psychological, psycho-educational, and language
assessments
Also offers diagnostic evaluations to determine autism spectrum disorders
5050 Madison Rd. ~ Cincinnati, OH 45227
bestpoint.org
(513) 272-2800

Holistic Health

Touch Pointe Wellness

(859) 801-5536
4200 Alexandria Pike Suite E
Cold Spring, KY 41076
www.touchpointeky.com
Hypnosis, Reiki, and Meridian Tapping to address ADHD, anger, stress

Mary Ann Mader Jones
Mary.jones@hotmail.com

Dieticians

Name:	Discipline:	Contact info:	Area of Focus:	Practice	Address:	Website:
Anita Dock	RD	phone: (513) 417-4769 Email: amdock@hotmail.com	ED	Private Practice	9505 Montgomery Road, Cincinnati 45242	
Ann Rooney	RD	Phone: (513) 636-6182		CCHMC Anderson office	CCHMC Anderson office	
Dawn Weatherwax	RD	Phone: 513-779-6444	sports nutrition	Sports Nutrition 2Go	6659 Liberty Court Liberty Township, Ohio 45044	http://www.sn2g.com/index.php
Jennie Wade, RD	RD	phone: 513-802-3310 Email: JwadeRD@gmail.com	ED, PCOS	Private Practice	9200 Montgomery Rd, Bldg D, Cincinnati, OH 45242	
Kelly Jewell	RD	Phone: (513) 813-6718 email: kelly.jewell@rstwellness.com (no fax for office, email/call only)	ED	Restorative Wellness	2368 Norwood Avenue, Office #9 Cincinnati, OH 45212	https://rstwellness.com
Lauren Fischer, MS, RD, LD	RD	Phone: (513) 636-4200 email: lauren.fischer@cchmc.org	ED, pediatrics	CCHMC	CCHMC, Cincinnati, OH	
Laurie Dunham, MS, RD, LD, CEDRD	RD	Phone: (513) 803-9932 email: laurie.dunham@cchmc.org	ED, pediatrics	CCHMC	CCHMC, Cincinnati, OH	
Renee Just	RD	Phone: 513.454.1111 Fax: 513.454.1484		Primary Health Solution	1036 S. Verity Pkwy.	https://www.myprimaryhealthsolutions.org/locations/middletown-

				s	Middleto wn, OH 45044	6/
Rocio "Denise" Atarama	RD	Phone: (513) 636-4200 Email: rocio.atarama@cchmc.org		CCHMC	CCHMC, Cincinnati, OH	
Valerie Young	RD	Phone/Fax: 513-257-2409	ED	Life Worth Living	10597 Montgo mery Rd. Suite 101	http://www.lwlcincinnati.com

Other Options:

Pediatricians can offer referrals.

Consult your EAP (Employee Assistance Program) through your employer. They can give you referrals that will work with your insurance, and usually offer the first few appointments for free.

Please note:

This list is of known providers of a particular service. The providers on the list are from a variety of sources. Notre Dame Academy neither endorses, approves, nor recommends any particular provider that has been noted on this list. This list is only offered to parents and students as possible resources in our Community.