

Task: Entry Event

1. Read the case study on Jon's New Life
2. Analyze how he is doing, using the chart
3. Write your own case study (Intro to your Performance Task)
4. Analyze how you are doing on the chart

Case Study: Jon's New Life

Jon is a senior in high school. He loves to play basketball, but he just moved to a new town with his dad and doesn't know many people, so he doesn't get to play. His mom and dad divorced last year. His dad doesn't know how to cook like his mom did. They mostly order pizza or go through the drive thru at Taco Bell. He noticed last time they went through that his dad ordered more and more food. His dad laughed and said, "Don't make me feel bad, Johnny. Here's another taco!" Jon ate it even though he wasn't hungry.

After they finished eating, he noticed some kids playing at the end of the street. They looked a little younger than him, but he wanted to go play basketball. However, he knew his dad would want to finish their computer game from the night before. So, he went inside to play some World of Warcraft.

Jon has been thinking about college. His grades have always been good. His teachers loved him at his old school and they seem to really like him here, so far. His new counselor has been talking about colleges with him lately and there is one school that he would love to go to. However, it is a few states away. There is a college in their new town. He doesn't really want to go there, but his dad thinks he should. He doesn't know how to talk to his dad about leaving for college. He knows his dad felt abandoned when his mom left them. He doesn't want to be a bad son.

HW 2.4

Jon has so much stress on him with his family life and school pressure, he looks for an outlet. He met someone at school who sold drugs. He just wanted an escape from feeling responsible for his dad all the time. He smoked more and more until it became hard to go to school or really do anything if he didn't smoke a little. He is worried about his dad finding out.

2. After reading the case study on Jon, answer the following:

- Using evidence from the case study, analyze Jon's health on each of the 4 dimensions. Feel free to use the chart, or you can summarize in a paragraph.

Dimension of Health	How is he doing?	Highlight what is impacting his health here...
Physical		Family history/lifestyle Cultural norm Community environment
Mental		Family history/lifestyle Cultural norm Community environment
Emotional		Family history/lifestyle Cultural norm Community environment
Social		Family history/lifestyle Cultural norm Community environment

HW 2.4

3. YOUR TURN: Write your case study. (This will be your introduction to your health plan)

4. Analyze your own health and the impact family, culture, and community have on your health.

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Dimension of Health	How are you doing?	Highlight what is impacting his health here...
Physical		Family history/lifestyle Cultural norm Community environment
Mental		Family history/lifestyle Cultural norm Community environment
Emotional		Family history/lifestyle Cultural norm Community environment
Social		Family history/lifestyle Cultural norm Community environment

