Wellness Policy Assessment Tool

This template provides information on wellness policy goals and practices within the SFA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school, or at a minimum, each school level. The wellness policy and completed assessment must be available to the public. Triennial assessment is required by USDA, annual assessments are encouraged in Louisiana.

	SFA Name		Lake Forest Elementary Charter Policy Reviewer Toya Ellis	
	School Name		Lake Forest Elementary Date	
	Select	all Grad	des PK \square K \boxtimes 1 \boxtimes 2 \boxtimes 3 \boxtimes 4 \boxtimes 5 \boxtimes 6 \boxtimes 7 \boxtimes 8 \boxtimes 9 \square 10 \square 11 \square 12 \square	
Yes	No	N/A	I. Public Involvement	
\boxtimes			We encourage the following to participate in the development, implementation and evaluation of our wellness policy:	
			□Administrators X□School Food Service Staff X□PE Teachers X□Parents	
			□School Board Members □School Health Professionals □Students □Public	
			Person in Charge of Compliance:	
			Name/Title: Toya Ellis/Director of Child Nutrition	
\boxtimes			The policy is made available to the public.	
			Indicate how: The Schools Website	
\boxtimes			Our policy goals are measured and the results are communicated to the public.	
			Please describe: Click or tap here to enter text.	
			Our district completes triennial reviews of the wellness policy. If more frequently, please describe: Click or tap here to enter text.	
Yes	No	N/A	II. Nutrition Education	
\boxtimes			Our district's written wellness policy includes measurable goals for nutrition education.	
			We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).	
\boxtimes			We offer Nutrition education to students in:	
			□ Elementary School □ Middle School □ High School	
Yes	No	N/A	III. Nutrition Promotion	
\boxtimes			Our district's written wellness policy includes measurable goals for nutrition promotion.	
			We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.	
\boxtimes			We have reviewed <i>Smarter Lunchroom</i> techniques and evaluated our ability to implement some of them.	

			We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).	
\boxtimes			We ensure students have access to hand-washing facilities prior to meals.	
			We annually evaluate how to market and promote our school meal program(s).	
\boxtimes			We regularly share school meal nutrition, calorie, and sodium content information with students and families.	
			We offer taste testing or menu planning opportunities to our students.	
	\boxtimes		We participate in Farm to School activities and/or have a school garden.	
			We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).	
		\boxtimes	We price nutritious foods and beverages lower than less nutritious foods and beverages.	
		\boxtimes	We offer fruits or non-fried vegetables in:	
			□ Vending Machines □ School Stores □ Snack Bars □ à La Carte	
\boxtimes			We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.	
		\boxtimes	We provide teachers with samples of alternative reward options other than food or beverages.	
\boxtimes			We prohibit the use of food and beverages as a reward.	
Yes	No	N/A	IV. Nutrition Guidelines	
Yes	No	N/A	IV. Nutrition Guidelines Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.	
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⋈⋈⋈⋈⋈Yes		□ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □	Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals. We operate the School Breakfast Program: Before School In the Classroom Grab & Go We follow all nutrition regulations for the National School Lunch Program (NSLP). We operate an Afterschool Snack Program. We operate the Fresh Fruit and Vegetable Program. We have a Certified Food Handler as our Food Service Manager. We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: as à La Carte Offerings in School Stores in Vending Machines as Fundraisers V. Physical Activity	

\boxtimes			We provide physical education for middle scho	ol during a term or semester.					
		\boxtimes	We require physical education classes for grad	uation (high schools only).					
\boxtimes			We provide recess for elementary students on	a daily basis.					
\boxtimes			We provide opportunities for physical activity in	ntegrated throughout the day.					
\boxtimes			We prohibit staff and teachers from keeping ki	ds in from recess for punitive reasons.					
		\boxtimes	Teachers are allowed to offer physical activity a	as a reward for students.					
\boxtimes			We offer before or after school physical activit	y:					
			□ Competitive Sports □ Non-competitive Spo	orts 🗆 Other Clubs					
VI. Additional Info: Indicate any additional wellness practices and/or future goals used to establish a school environment that promotes students' health, well-being, and ability to learn. Describe progress made in attaining these goals.									
Click or tap here to enter text.									
VII. Contact Information:									
For more information about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.									
Name	Mich	elle Be	·II P	osition/Title Operations Assistant					

This institution is an equal opportunity provider.

Email Mbell@lakeforestchartet.org

tap here to enter text.

Phone 504-518-4835