

2023 MSCA WORKSHOP DESCRIPTIONS

November 5-7, 2023

Sessions subject to change.

Sessions are listed by session date and time in alphabetical order by workshop name.

[Click here](#) to view the workshop grid.

Session I on Sunday, November 5, from 2:00 to 3:00 p.m

4 K.E.E.P.S. Suicide Prevention Program

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Windgate 62

Presenters: Mandy Greene, LPC & Jon Stackhouse, Country Crossroads Counseling

Levels: All Levels

According to the Center of Disease Control (CDC), 42 percent of students in the US felt persistently sad or hopeless, 22 percent of students seriously considered suicide, and 10 percent of students attempted suicide. In reaction to these statistics, screening tools and presentations have been put together to acknowledge the crisis and educate students on what they can do if they feel this way. But what has been done to the environment around them to foster change and growth to help? Country Crossroads Counseling is developing the 4KEEPS curriculum to encompass safe and caring responses to these statistics, while also providing education and empowerment to schools, their staff, and their students to promote mental well-being within the district. We would love to share this program with you and how it is impacting students across the state.

Creating a Trauma-Sensitive School

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Paradise C

Presenter: Richard McCoy, Dixon Middle School; Dixon, MO

Levels: All Levels

As school counselors, we face the impact of trauma in our schools every day. This presentation seeks to share solutions and strategies that promote a trauma-sensitive school. We will reflect on best practices to help both students and adults in the school setting.

Crisis Response Planning

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Nautical Wheeler

Presenters: Beth Gandy, Heather Hughes, Shelley Wilson & Annie Yost, Carthage High School; Carthage, MO

Levels: All Levels

At one point or another, every district will experience a crisis that affects students and teachers. We can't plan for everything, but we can put systems and procedures in place so that when a crisis hits, we are able to quickly, efficiently, and effectively take care of our people! We will walk you through what we have learned from experience.

Fighting the Youth Mental Health Crisis: Function-Based Interventions within a MTSS Framework

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Windgate 63/64

Presenters: Erika Franta & Hannah West, Mid-America Mental Health Technology Transfer Center; Lees Summit, MO

Levels: All Levels

Schools are uniquely positioned to help students reporting mental health concerns, and aligning school-based supports with existing structures can increase access to interventions. This session will highlight best practices in school-based mental health and function-based interventions, as well as provide access to free training from the Mid-America MHTTC.

Get Your Staff To Say Yes!

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Parasol II

Presenter: Monique Young, Young Mind Creations LLC; Kansas City, MO

Levels: Elementary

Have you ever wanted to implement something at your school that would require more resources than you have available: more people, more time, and more funds. Therefore you needed the approval and support of your staff to make it happen. During this workshop you'll develop the logistics planning and implementation steps to inspire a "yes"!

Got School Mental Health? A MO-CPAP Schools Open House

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Compass Rose Ballroom

Presenters: Melissa Maras & Lisa Pruitt, M.Ed., PSC, University of Missouri; Columbia, MO

Levels: All Levels

Join us for this hands-on exploration of Missouri Child Psychiatry Access Project ~ Schools. Following a brief overview of the project, the presenters will walk through the MO-CPAP Schools Resource Hub (MOCAPSchools.org) and share the latest updates and resources from work with schools across Missouri. MO-CPAP Schools loves MO School Counselors.

Leadership in School Counseling

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Cedar Cove

Presenters: Second Year Emerging Leaders

Levels: All Levels

Amazing School Counselors! You, yes you, are leaders. Come learn and share how school counselors can and do make a huge difference by being leaders on local, regional, state, national, and even international levels. Learn new and exciting strategies you can take directly back to your districts from the year two emerging leaders of MSCA.

NRM/RAMP Step Two

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Windward 72/73

Presenter: Geoff Heckman, Platte County High School; Platte City, MO

Levels: All Levels

Thinking about meeting the NRM requirements? Do you have a vision, mission, program goals, and an advisory council and want to move forward? In this session, we'll look at step two and how Platte

County High School moved from step one to meet the NRM requirements and became a RAMP school. Just beginning the NRM? Join us to become a NRM/RAMP school!

Peer Mediation on the Playground

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Parasol I

Presenter: Sharon Horton, Southern Boone School District; Ashland, MO

Levels: Elementary

Are you looking for ways to implement a peer mediation program for your students at recess? Come learn how to create and implement a program at your school.

School Counselor and Administrator Collaboration for Student Postsecondary Success

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Windgate 60/61

Presenter: Sarah Whipp, Whipp Educational Services; Ashburn, Virginia

Levels: Secondary

Research has shown that collaboration between school counselors and administrators can have a lasting impact. This program will review suggested ways in which this partnership can be used to improve postsecondary outcomes.

Sensory Strategies

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Island Room

Presenters: Amy Hill & Cristin Martinez, Burrell Behavioral Health; Branson, MO

Levels: All Levels

We experience the world through sensory inputs (sights, sounds, tastes, touches, and smells). Overstimulation and understimulation impact functioning, engagement, learning and development. This session focuses on identifying the importance of universal and individual strategies to meet sensory needs in students.

Solution-Focused Play Therapy: Four Techniques School Counselors Need to Know to Get Started

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Windward 70/71

Presenter: Lauren Kuntz, Santa Fe R-X; Higginsville, MO & Lucy Phillips, PhD, LPC, NCC University of Central MO; Warrensburg, MO

Levels: All Levels

This workshop will describe the tenants of brief solution-focused therapy and play therapy, as well as how to integrate these effectively in the school setting. The workshop will provide four solution-focused play therapy techniques that school counselors can use with students.

Therapy Dogs

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Leeward 74/75

Presenters: Dawn Copeland & Jessica Mattingly, North St. Francois County; Desloge, MO

Levels: All Levels

The presenters will share their journey in training a pair of therapy dogs. Information will include facility options, utilizing the dogs in the school building, as well as other general information.

Tiered Behavior Interventions & the SEL Journey of a Southeast MO Public School

Session I on Sunday, November 5, from 2:00 to 3:00 p.m. in Leeward 76/77

Presenter: Laura Buchheit, Perry County School District #32; Perryville, MO

Levels: Elementary

This presentation will discuss Tiered Behavior Interventions (MTSS) using a multi-theory approach, the development and implementation of a Kindergarten and 1st grade fluid Success Room, and organizational framework documentation for Sped referrals. Attendees will participate in naming and expanding existing behavior/SEL interventions and a resilience building activity.

Session II on Sunday, November 5, from 5:00 to 6:00 p.m.

Back In the Rotation

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Parasol I

Presenter: Jenny Moyers, Jackson R2 School District; Jackson, MO

Levels: Elementary

Attendees will learn how this school counselor used the Missouri Comprehensive School Counseling Principal/Counselor Annual Agreement to navigate being put back into the Specials rotation and still meet the recommended guidelines to provide a Comprehensive School Counseling Program to all students. Collaboration and creativity are required!

Change is So Cringe

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Leeward 74/75

Presenters: Mallory Malone & Laci Roberts, Park Hill School District; Kansas City, MO

Levels: Middle/Jr. High

The rat race of working with students can become mundane and feel defeating. Sometimes we forget to go back to the basics. You have the tools and strategies to sit with students. In this workshop we will empower you to implement change talk by motivating students based on their own interest and values.

De-Escalation Strategies

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Island Room

Presenters: Amy Hill & Cristin Martinez, Burrell Behavioral Health; Branson, MO

Levels: All Levels

We all stretch our coping capacity from time to time and are vulnerable to dysregulation. When a student escalates, it can be upsetting for all involved. Participants will learn ways to prioritize self-regulation and the trauma-informed strategies recommended to de-escalate a student at every stage of escalation.

Early Childhood Careers in Missouri

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Cedar Cove

Presenters: Melissa Newkirk, M.Ed., Joanna Pohl, M.Ed; and Pam Thomas, Ed.D, MO Department of Elementary & Secondary Education; Jefferson City, MO

Levels: All Levels

Come learn about the Missouri Workforce Development Initiative designed to recruit and retain qualified professionals working in the early childhood system. Discover how staff in the DESE Office of Childhood and the University of Missouri-Kansas City are working with secondary education programs, career and technical education centers, community colleges, and universities to create career pathways for students desiring a career in early childhood education.

Grief in the Classroom

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Parasol II

Presenter: Tracy Schleppehorst, Self-Employed at Emotion Belly Books, LLC and ROE#! Quincy, IL; Quincy, IL

Levels: Elementary

Learn firsthand what it feels like for a child to come back to school after the death of a parent. Tracy will share her story of losing her dad when she was just 6 years old. She will offer valuable insight, as well as tips and tools to help you better help your students acclimate to life after loss.

Hiding in Plain Sight

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Compass Rose Ballroom

Presenter: Greg Holtmeyer, Lincoln University; Jefferson City, MO

Levels: All Levels

While many studies concerning children and women that have been sexually abused have been done, the study of males that have been sexually abused is still grossly inadequate. This is a first hand look at the most under reported crime against males. Statistics, effects, and treatments will be discussed.

NCAA Eligibility Center Best Practices for School Counselors

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Windgate 62

Presenters: Kaylen Overway & Amy Routt, National Collegiate Athletic Association; Indianapolis, IN

Levels: Secondary

NCAA Eligibility Center staff will provide best practices for school counselors. Topics include: the High School Review team, ways to help student-athletes navigate the NCAA processes, best practices when submitting courses to your school's core-course list, the role of the student, proposed changes to nontraditional programs and resources.

The Power of Advocacy

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Paradise C

Presenter: Geoff Heckman, Platte County High School; Platte City, MO

Levels: All Levels

Advocating for the school counselor role is a must in school counseling programs. Many times we're reluctant to speak up because of all of the "what if's". Advocacy doesn't need to be terrifying. Learn how to lean into the fear, finding an advocacy approach that benefits your program and students, while leaving you feeling empowered as an advocate.

Regional Innovation: Promoting Systems of Well-Being for Educators in Middle America

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Windgate 63/64

Presenters: Erika Franta & Hannah West, Mid-America Mental Health Technology Transfer Center; Lees Summit, MO

Levels: All Levels

Education ranks as one of the most stressful fields and burnout is rampant among school personnel. Participants will learn how regional training and technical assistance can expand systems-wide promotion of educator well-being. Additionally, we will highlight innovative programs and ideas developed by educators using the design thinking process.

School-Based Mental Health (SBMH): Strengthening Statewide Training & Technical Assistance

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Paradise A

Presenters: Chrissy Bashore & Lisa Dierking, LMSW, MO Department of Elementary & Secondary Education; Jefferson City, MO, Melissa Maras & Lisa Pruitt, M.Ed., PSC, University of Missouri; Columbia, MO

Levels: All Levels

School counselors across Missouri navigate the overwhelming complexities of SBMH as *part* of their comprehensive school counseling program. Join us for updates on statewide SBMH efforts. We'll explore how we can work better, together by thinking globally and acting locally to improve access to mental and behavioral health for all our students.

Sensory Techniques for Trauma and Dysregulation

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Nautical Wheeler

Presenters: Alesha Roberson & Jaelyn Roberson, Lee's Summit R7 School District; Lees Summit, MO

Levels: All Levels

In this session, participants will learn how trauma impacts the whole person. Participants will engage in learning sensory strategies and sensory interventions to assist students impacted by trauma.

Small-Group Senior Meetings

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Windgate 60/61

Presenter: Beth Gandy, Heather Hughes, Shelley Wilson & Annie Yost, Carthage High School; Carthage, MO

Levels: Secondary

Seniors need a LOT of information to properly plan and prepare for the next year of their lives: applications, scholarships, FAFSA, ACT, etc. With so many students needing all of this info, how do we efficiently use our time to reach them all? We'll walk you through the process that we've been using the past few years with great success!

Suicide Prevention in Schools Best Practices

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Windward 72/73

Presenter: Jamie Gollaher, CHADS Coalition for Mental Health; St. Louis, MO

Levels: All Levels

We will discuss the best practices for presenting evidence-based suicide prevention education to students, parents, and faculty/staff. We will discuss the alarming facts around suicide rates among students aged 10-25. We will also give resources to help aid school counselors and district administrators address specific topics of mental health.

These are a few of my favorite things!

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Leeward 76/77

Presenter: Kassi Inman, Arcadia Valley R-II School District; Ironton, MO

Levels: Elementary

This interactive presentation will share the presenter's favorite books and other resources for tough topics, such as grief, an incarcerated parent, anxiety, trauma, and many more. The presenter will also share favorite Dollar Tree and Amazon finds!

What's Up Doc? The Do's and Don'ts of Being a Doctoral Student

Session II on Sunday, November 5, from 5:00 to 6:00 p.m. in Coral Reef

Presenters: Thomas Belcher, Kim Kelly & Jason Thompson, School District of Clayton; Clayton, MO

Levels: All Levels

Participants will learn strategies for applying to, interviewing for, and excelling in a doctoral counseling program. They will also have an opportunity to ask questions to a panel of current doctoral students.

Session III on Monday, November 6, from 8:30 to 9:30 a.m.

All Students, All Pathways: Increasing Postsecondary Success in Rural High Schools

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Windgate 62

Presenters: Michelle Dinnius, rootEd Missouri and Nicole Thomas, Arcadia Valley High School; Ironton, MO

Levels: Secondary

Are you looking for ways to engage your students and motivate them to work on their postsecondary plans? In this session you'll learn specific strategies used at one high school to improve student engagement, participation, and recognition in just one year.

Best Practices from Our School Counselors of the Year (All Levels)

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Compass Rose Ballroom

Presenters: Missouri School Counselors of the Year

This workshop highlights the best practices of the Missouri school counselors who have been selected as Counselors of the Year. It's a great opportunity to learn new techniques and strategies, and ask questions of these professionals. Join us to honor these award winners! Get there early...it's usually packed!

The Big, Bad "B" Word

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Paradise A

Presenter: Chris Scheufele, Chris in the Classroom; La Vista, NE

Levels: All Levels

Tired of the angry emails and phone calls? Tired of all of the social division creeping into schools without a way to handle it? Tired of EVERYTHING being called "bullying"? Tired of the "same old same old" not working? Chris will show you the simple, fun, laugh-out-loud methods to help unite schools and parents to build resilience in students.

Career Mountain: Climb to Your Future

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Windgate 63/64

Presenters: Kristie Gray & Heather Merseal, Potosi R-III Schools; Potosi, MO

Levels: Secondary

Hosting a career day your secondary students and community will never forget is easier than you might think. Get your students EXCITED about their future plans with some simple tips. Presenters told us, "This was the best student event we've ever been to. Can we come back next year?"

Connect 4! Creating Connections Between Students, Schools, Families, & Communities

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Parasol I

Presenter: Kim Biskner, QuaverEd; Nashville, TN

Levels: Elementary

Family and community partnership is a crucial part of establishing a positive school climate. Join us as we explore ways to strengthen connections between schools and their stakeholders to collectively support students. Let's share and discuss activity and project ideas and create plans to engage our unique school communities.

DESE Update: "Don't Stop Believin'" that YOU make a difference in the people you serve.

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Paradise B

Presenters: Chrissy Bashore, Cierra Griffin & Patricia Runge, MO Department of Elementary & Secondary Education; Jefferson City, MO

Levels: All Levels

Come join us as we share new and upcoming initiatives regarding DESE mentoring, SEL updates, mental health, and all things school counseling. Be prepared to share your ideas and questions, and "Don't Stop Believin' in the impact school counselors make.

Elementary Suicide Prevention

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Parasol II

Presenters: Rebecca Chambers-Arway, Polo R-VII School District; Polo, MO; Beth Ruff, Powder Springs Elementary School; Powder Springs, GA; and Tosha Todd, Lucy Franklin Elementary; Blue Springs, MO

Levels: Elementary

Few are comfortable discussing suicide, especially at the elementary level, but with suicide rates on the rise it is a reality we must embrace. At this workshop you will receive powerful suicide prevention classroom lessons for K-5 students. Leave with new engaging lessons and resources to discuss "the S word" with even your youngest students.

Grief in the School Setting

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Paradise C

Presenter: Genevieve Nelson; Springfield, MO

Levels: All Levels

1 in 11 children in Missouri will experience the death of a parent or caregiver by the age of 18. As school counselors, how are we serving our grieving students? Discussion topics will include: appropriate grief terminology, secondary losses, suicide loss, Prolonged Grief Disorder (DSM-V-TR), and the complications of death due to COVID19.

If You Give a Counselor a Classroom: SEL Partnerships in CTE

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Coral Reef

Presenter: Carmel Dare, Rolla Technical Institute; Rolla, MO

Levels: CTE

In a time when school counselors are tasked with impossible caseloads, so many things can fall through the cracks. The utilization of teachers and instructors such as Chef Dare, who is also a certified school counselor, allows for relationship building as well as greater usage of time and tasks for all involved in teacher/counselor partnerships.

Safe & Sober Prevention Curriculum

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Leeward 74/75

Presenter: Jeanene Gerhardt, Springfield Public Schools; Springfield, MO

Levels: Middle/Jr. High

Safe & Sober is a nonprofit organization that develops and distributes free educational content designed to prevent substance misuse. Participants will learn about their web-based videos with curriculum that can be used in an assembly or classroom setting.

School Counselors "Don't Stop Believing" in and Advocating for Gifted Learners

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Cedar Cove

Presenter: Christine Nobbe, MO Department of Elementary & Secondary Education; Jefferson City, MO

Levels: All Levels

School counselors are vital to building successful gifted programs and advocating for gifted learners. Counselors advocate for academic needs, including acceleration; help meet unique social-emotional needs; and support equitable identification. The Portrait of a Gifted Learner and Missouri Gifted Learner Outcomes will also be discussed.

Small Schools Journey to Improving Mental Health

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Windward 70/71

Presenters: John Fortney, Robyn Jennings, Garrett Lamb & Sam Utterback, Van-Far R1 School District; Vandalia, MO

Levels: All Levels

This session will outline the journey that Van-Far took to improve mental health supports, processes that are in place to support our group currently and possible ways to improve conversations about mental health in schools.

Strategies to Engage Students and Families for Upcoming FAFSA Changes

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Room 60/61

Presenters: Alexandria Miller, Missouri Scholarship and Loan Foundation; Chesterfield, MO, and Cherelle Washington, Missouri College and Career Attainment Network; Columbia, MO

Levels: Secondary

The 24-25 FAFSA form that opens in December will include the greatest changes to the process since 1997. The new form could potentially present new challenges to students and their families. This session will include an overview of 24-25 changes, recommendations on how to prepare to complete the FAFSA form, and review available tools and resources.

Strengthen Your Program through Leadership & Advocacy

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Windward 72/73

Presenters: Kaley Barnes & Cindy Bentley, Lafayette Co C-1; Higginsville, MO

Levels: All Levels

Are you just a small town school counselor living in a lonely world? Don't stop believing in your ability to strengthen your program through leadership and advocacy. Come take a journey with us and hold on to that feeling of inspiration when you return to your school and district with a plan to lead, advocate and strengthen your program!

Transformative & Data-Driven Tier One Programming

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Leeward 76/77

Presenter: Monique Young, Young Mind Creations LLC; Kansas City, MO

Levels: Elementary

Participants will gain knowledge in creating Tier 1 programming that addresses student mental health. Participants will also develop strategies for delivering programming that goes beyond the standard practice of classroom lessons. Participants will gain an understanding of how to utilize school data to build and focus their tier 1 delivery.

Trauma: What's Meditation got to do with it?

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Island Room

Presenter: Amy Rowland, Bloomsdale Elementary; Perryville, MO

Levels: All Levels

Understand the origins of trauma and the types of trauma. Understand how yoga, mindfulness, and especially meditation can help everyone in a school. Leave with ideas of mindful activities to help us set up a trauma informed classroom and School Community.

Weaving Social and Emotional Learning into the Daily Fabric of School Counseling

Session III on Monday, November 6, from 8:30 to 9:30 a.m. in Nautical Wheeler

Presenter: Kat Pastor, CharacterStrong

Levels: All Levels

SEL is not just a lesson that happens once a week. This session will provide participants with 5 practical strategies on how to weave social-emotional learning into the daily fabric of your work. Participants will be able to see and practice relational strategies that can be used with staff and students at your building. These can be used in the classroom, during small groups or with your staff at staff meetings! When designing and implementing ASCA aligned instruction, these 5 strategies will help with engagement, classroom management, fostering student connection and improving student mental wellness.

Session IV on Monday, November 6, from 10:00 to 11:00 a.m.

CareerTrek: New & Improved!

Session IV on Monday, November 6, from 10:00 to 11:00 a.m. in Parasol I

Presenter: Samantha Cole, DESE/Northwest RPDC; Maryville, MO

Levels: Elementary

CareerTrek: New & Improved is the exciting new update to Missouri Connection's elementary career exploration resource. It is a highly interactive platform with a visual format and audio/text instructions where students can connect careers with interests and skills, and engage in brief career overviews. Learn how to get started in the platform today!

Circle Up: How to Facilitate Community Building Circles

Session IV on Monday, November 6, from 10:00 to 11:00 a.m. in Leeward 74/75

Presenters: Thomas Belcher, Kim Kelly & Jason Thompson, School District of Clayton; Clayton, MO

Levels: All Levels

Participants will engage in and learn how to facilitate community-building circles during this interactive workshop. They will also acquire information on how to use circles to have courageous conversations with their students and faculty.

Earn While You Learn

Session IV on Monday, November 6, from 10:00 to 11:00 a.m. in Coral Reef

Presenter: Romond Holt, Builders Association; North Kansas City, MO

Levels: CTE

Attend this session to learn more about the availability of construction Apprenticeships, including those relating to carpenters, electricians, plumbers, cement mason, etc.

Ethical & Legal Dilemmas for School Counselors

Session IV on Monday, November 6, from 10:00 to 11:00 a.m. in Nautical Wheeler

Presenter: Sara Carpenter, Ladue Schools; St. Louis, MO

Levels: All Levels

Daily, school counselors navigate issues like suicide, child abuse and neglect, gender and sexuality, and confidentiality--just to name a few. Examine ASCA's resources in responding to challenging ethical case dilemmas and improve your knowledge of school counseling legal and ethical issues.

Exciting! Engaging! We LOVE our GSA (Genders and Sexualities Alliance)!

Session IV on Monday, November 6, from 10:00 to 11:00 a.m. in Cedar Cove

Presenters: Nikki Duncan & Beth Schroeder, Liberty Public Schools; Liberty, MO

Levels: All Levels

Come one, come all to learn about some AMAZING LGBTQ+ activities. You could use these for a GSA club or even to promote LGBTQ+ history, topics, education, etc... Let's collaborate, discuss and learn together an effective method to support LGBTQ+ youth and allies as a group and as individuals.

Helping Students Heal: An Advocacy Toolbox for School Counselors

Session IV on Monday, November 6, from 10:00 to 11:00 a.m. in Island Room

Presenters: Lucy Phillips, PhD, LPC, NCC University of Central MO; Warrensburg, MO & Danielle Wimmeler, University of Central Missouri/ Blue Springs School District; Kansas City, MO

Levels: All Levels

This session will highlight the increased need for mental health support for students and ways to overcome obstacles to providing these supports in schools. Funding sources for mental health supports will be presented and attendees will leave the session with multiple ways to advocate for their school counseling program.

How Data Drives Socially Just and Antiracist School Counseling Programs

Session IV on Monday, November 6, from 10:00 to 11:00 a.m. in Windgate 63/64

Presenter: Andrew Wideman, Park Hill School District; North Kansas City, MO

Levels: All Levels

This workshop will focus on collecting and using data as a component of socially just and antiracist school counseling programs. Participants will dive into how they can use data to uncover inequities in their programs and schools, and then explore what they can do to address those disparities.

It Only Takes a Minute! Minute Meetings and Mental Health Minutes

Session IV on Monday, November 6, from 10:00 to 11:00 a.m. in Windward 72/73

Presenter: Rachel Reeves Hagelin, Belton School District #124; Raymore, MO

Levels: All Levels

School counselors will learn the value of a minute with these two best practice strategies: Minute Meetings and Mental Health Minutes. Minute Meetings gather data with long-lasting benefits. Mental Health Minutes are interactive, impactful, and fun, and gather support from students, staff, and the community.

It's Complicated: A Peer Taught Cannabis Prevention Program

Session IV on Monday, November 6, from 10:00 to 11:00 a.m. in Windgate 62

Presenter: Emma Wilson, PreventEd (formerly NCADA); Olivette, MO

Levels: Secondary

In prevention efforts, the messenger is often just as important as the message. This curriculum empowers upperclassmen at local high schools to facilitate the lessons with their underclassmen peers. This curriculum is implemented in a 3-lesson series that provides up-to-date facts on the changing landscape of cannabis in MO and the U.S.

Mental Health Doesn't Stop at the End of The School Year

Session IV on Monday, November 6, from 10:00 to 11:00 a.m. in Windgate 60/61

Presenter: Kerry Stites & Tammy Vogler, LSR7; Lee's Summit, MO

Levels: Secondary

Schools are faced with the challenge of supporting students impacted by mental health issues which don't magically end at the end of the year. Join our journey of incorporating school counselors into summer school. We'll provide examples of how we have implemented the MO Comprehensive School Counseling Program components in supporting students & staff.

Tiered Strategies to Empower Teachers to Support Dysregulated Students

Session IV on Monday, November 6, from 10:00 to 11:00 a.m. in Parasol II

Presenter: Tosha Todd, Lucy Franklin Elementary; Blue Springs, MO

Levels: Elementary

As counselors we are great at providing strategies for dysregulated students at a tier 3 level, but what about when dysregulated students are in the classroom? During this session you will be provided tiered strategies to support teachers when they have dysregulated and/or neurodivergent students in the classroom.

Using AI in Your School Counseling Program

Session IV on Monday, November 6, from 10:00 to 11:00 a.m. in Compass Rose Ballroom

Presenter: Matthew Berry, Rockwood School District; O'Fallon, MO

Levels: All Levels

Are you curious about the potential of using artificial intelligence in school counseling? Attend this workshop where we delve into the innovative realm of "Using AI in School Counseling." As education and technology converge, AI offers exciting possibilities to enhance student support, streamline tasks, and provide personalized interventions.

The Whole-Brain Child

Session IV on Monday, November 6, from 10:00 to 11:00 a.m. in Leeward 76/77

Presenter: Tracy Schlepphorst, Self-Employed Emotion Belly Books, LLC. and ROE#1 Quincy, IL; Quincy, IL

Levels: Elementary

Join Tracy as she guides you through the 12 Strategies of "The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind" by Dan Siegel, M.D., and Tina Payne Bryson, Ph.D. Tracy will outline the highlights and provide you with strategies for handling tantrums, meltdowns, aggression and many other challenging behaviors.

Session V on Monday, November 6, from 1:00 to 2:00 p.m.

Army ROTC Scholarships

Session V: Monday, November 6, from 1:00 to 2:00 p.m. in Cedar Cove

Presenter: Chad Pense

Level: Secondary

Army ROTC provides scholarship opportunities for qualified high school seniors who are considering earning a commission as an officer while completing their bachelor's degree.

Building a Career in Construction

Session V on Monday, November 6, from 1:00 to 2:00 p.m. in Coral Reef

Presenters: JW DeLong, John Edwards, Megan Herzog & Rick Quint, Springfield Contractors Association; Springfield, MO

Levels: CTE

Join us to learn about career opportunities in the construction industry! We will discuss entry points into the industry, analyze career pathway models, and review industry resources available for Southwest Missouri schools. Resources include video testimonials, scholarships, training opportunities and more.

Building a Program from the Ground Up

Session V on Monday, November 6, from 1:00 to 2:00 p.m. in Island Room

Presenter: Kayla Lewis, Hallsville R-IV; Hallsville, MO

Levels: All Levels

We all know how crucial a fully implemented comprehensive school counseling program is to a school, but when your school doesn't have one, where do you even start?! Join Kayla and Kacie as they share their experiences as new counselors who entered buildings with no program and the steps they took to start building a CSCP.

Building Executive Function Skills Through Games

Session V on Monday, November 6, from 1:00 to 2:00 p.m. in Parasol I

Presenter: Rebecca Chambers-Arway, Polo R-VII School District; Polo, MO

Levels: Elementary

Being able to have flexible thinking, self-control, self-regulation, focus, and other executive functioning skills are imperative to facilitating student learning. These skills need to be nurtured, developed and practiced. Learn how to incorporate games into your school counseling program to promote executive functioning skill building.

Get Your Game On

Session V on Monday, November 6, from 1:00 to 2:00 p.m. in Parasol II

Presenters: Crystal Elliott & Hollie Sykes, Springfield Public Schools; Springfield, MO

Levels: Elementary

Spice up your classroom lessons by incorporating games into learning. Using games in the classroom helps with management, engagement, and makes learning fun! Come explore easy to

implement games that teach important skills such as cooperation, teamwork, self-control, and so much more.

Highlight School Counselor Data

Session V on Monday, November 6, from 1:00 to 2:00 p.m. in Windward 70/71

Presenters: Alison Roffers & Haley Swatzell, Springfield Public Schools; Springfield, MO

Levels: All Levels

Data is the core of comprehensive school counseling programs in pursuit of systemic change. Data can be an effective tool used to open lines of communication and elevate trust. Come learn how to put together presentations that create conversations about strategies to promote student success and the role of a school counselor.

IMPACT

Session V on Monday, November 6, from 1:00 to 2:00 p.m. in Windgate 63/64

Presenters: Officer Beth Glover & Alesha Roberson, Lee's Summit R7 School District; Lees Summit, MO

Levels: All Levels

Learn more of how Lee's Summit Police Department partners with neighboring school districts to provide informative and preventative lessons to assist students with coping skills. These lessons address alternative coping skills to replace those that lead to drug addiction and risky behaviors. This session will review evidence-informed curriculum based on current social trends and data. Come see how you can partner with your police department to help make a difference with implementing coping skills in real life situations.

It Never Fails...Interventions & Outcomes in School Counseling

Session V on Monday, November 6, from 1:00 to 2:00 p.m. in Compass Rose Ballroom

Presenter: Matthew Berry, Rockwood School District; O'Fallon, MO

Levels: All Levels

Are you struggling to find interventions that are effective? Does it feel as if everyone sees you as the intervention? Attend this session and plan to walk away with at least two interventions or supports you can easily implement within a school counseling MTSS framework. It "never fails" that informed, purposeful interventions can lead to positive changes in students' lives.

Just Breathe

Session V on Monday, November 6, from 1:00 to 2:00 p.m. in Leeward 76/77

Presenter: Tracy Schlepphorst, Self- Employed at Emotion Belly Books, LLC and ROE#! Quincy, IL; Quincy, IL

Levels: Elementary

The breathing ball (also known as the Hoberman Sphere) is a favorite prop of many counselors. When introduced as a tool for calming and connecting to the breath, the breathing ball captivates kids' attention. Join Tracy as she introduces fun breathwork strategies to regulate, relax and reset during even the most challenging situations.

Let's Talk About Sexting: How to Talk to Parents About Safe Internet Use For Their Teens

Session V on Monday, November 6, from 1:00 to 2:00 p.m. in Leeward 74/75

Presenters: Lucy Phillips, PhD, LPC, NCC University of Central MO; Warrensburg, MO & Sophie Neisler, University of Central Missouri; Shawnee, KS

Levels: Middle/Jr. High

The workshop will begin with a discussion about reasons healthy internet use is important in developing children and teens. Next, the presenters will cover what parents should know, including an infographic school counselors can use. Last, the presenters will share 7 tips for navigating the conversations between parents and teens.

Partnerships for Student Success

Session V on Monday, November 6, from 1:00 to 2:00 p.m. in Windgate 62

Presenters: Amy Bowen, Amy Siekerman & Michelle Young, MO Division of Vocational Rehabilitation; St. Louis, MO

Levels: Secondary

This presentation will explore ways that Vocational Rehabilitation partners with school, agencies, and MU specialists to assist students with disabilities in transitioning into future employment and college/training. Keys to partnership will be covered as well as exploring the various Pre-ETS and VR programs and stories of student success.

Restorative Practice: The Experience!

Session V on Monday, November 6, from 1:00 to 2:00 p.m. in Windward 72/73

Presenter: Gabrielle Fowler, Jennings School District; Jennings, MO

Levels: All Levels

This workshop will give the participant an immersive look into restorative practices by being a part of the experience, not only listening to a presenter. This experience will allow the participant a working knowledge of the power of restorative practices.

Transition Help for Kids with 504's or Documented Disabilities

Session V on Monday, November 6, from 1:00 to 2:00 p.m. in Room 60/61

Presenter: Laura Bridegan Curran, University of Missouri - Columbia; Columbia, MO

Levels: Secondary

504 plans do not offer students direct services, only accommodations. There is a free, untapped resource you can offer families: monthly pre-employment transition services through an MU specialist. This workshop explains eligibility for services, how to get kids signed up, logistics of how it works, and the five areas covered by MU Pre-ETS.

Youth Trafficking: It's Happening in YOUR Community

Session V on Monday, November 6, from 1:00 to 2:00 p.m. in Nautical Wheeler

Presenter: Adria Palmer, Mark Twain High School; Center, MO

Levels: All Levels

Human trafficking is the largest growing criminal activity in the world, and youth trafficking is happening everywhere, even in your community. This workshop will describe the dangers of technology and social media and how traffickers are communicating with our students. Educate yourself today on what youth trafficking looks like!

Session VI on Monday, November 6, from 2:15 to 3:15 p.m.

ASCA Suicide Information-Gathering Tool

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Nautical Wheeler

Presenter: Sara Carpenter, Ladue Schools; St. Louis, MO

Levels: All Levels

Get an overview of the newly developed ASCA Suicide Information-Gathering Tool. Discuss recommendations for using the tool to replace traditional suicide risk assessments and explore best practice in its use as part of a collaborative, responsive process when students are identified as at-risk for suicide in K-12 settings.

Bringing Teen Mental Health First Aid to Your School

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Windgate 62

Presenter: Amy Bartels, Missouri Institute of Mental Health; St. Louis, MO

Levels: Secondary

teen Mental Health First Aid (tMHFA) teaches teens (grades 10-12) how to identify, understand and respond to signs of a mental health or substance use challenge in their friends and peers. The training gives teens the skills to have supportive conversations with their friends and teaches them how to get help from a responsible and trusted adult.

Counseling Students for Academic Success

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Leeward 74/75

Presenter: Samuel Walk, Rockwood School District; St. Louis, MO

Levels: All Levels

Do you have students who are drowning in missing work or struggling to get a D or C? You can intervene! From this workshop, you will be able to disaggregate data from a D/F report (easily!), identify equity gaps in your student body, lead 2 types of small groups for academic success, and instill motivation and confidence in your students.

Dealing with Irrate and Irrational Parents and Students

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Windward 72/73

Presenters: Melissa Adams & Mark Ruark, Saxony Lutheran High School; Jackson, MO

Levels: All Levels

This popular and updated presentation focuses on verbal tips and techniques to help prevent or diffuse difficult situations. Proactive communication and relationship building are among the strategies that will be discussed. In addition, the presenters will provide information on how to create a comfortable atmosphere for parent meetings.

A Different Take on Data

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Paradise B

Presenter: Meredith Draughn, B. Everett Jordan Elementary School; Graham, NC

Levels: All Levels

"In God we trust. All others must bring data." This W. Edwards Demings quote is relevant for school counselors, who are often being expected to compile data without really knowing how or why. Join 2023 School Counselor of the Year Meredith Draughn for a dynamic discussion of "the D word." Learn how you can transform your data into an invaluable tool to easily drive your school counseling program, serve all students in each domain and effortlessly explain to administrators and others what you really do all day.

Drum, Draw, Drama & Dance

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Parasol II

Presenter: Beth Ruff, Powder Springs Elementary School; Powder Springs, GA

Levels: All Levels

In this session, we will discuss how to create engaging experiences for students by integrating the arts into school counseling instructions. Arts Integration (AI) involves more than playing a song or adding a craft to lessons. It is intentionally integrating Art standards with ASCA mindsets and behaviors. We will look at each sector of the arts: music, drama, visual arts, and dance/movement, and discuss AI strategies that could be easily integrated into counseling lessons on career, self-awareness, diversity & inclusion, and empathy. Counselors will also recognize how to build confidence in artistic expression for themselves and their students.

Early Financial Aid Awareness - We Can't Wait Until Senior Year

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Windgate 63/64

Presenters: Alexandria Miller, Missouri Scholarship and Loan Foundation; Chesterfield, MO & Kaitlyn Venta, Missouri College and Career Attainment Network; Columbia, MO

Levels: Secondary

You can start talking about college financial aid as early as middle school. In this session we will cover college savings accounts, FAFSA Forecaster, offer letter activities, and free resources. This presentation will also discuss the My Missouri Promise Program, a scholarship promise program that students can apply to in 9th grade.

Enrolling and Graduating English Language Learners

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Cedar Cove

Presenter: Cammy Goucher, MO Department of Elementary and Secondary Education; Jefferson City, MO

Levels: All Levels

Districts face a number of key understandings when enrolling a student who is new to the United States. English learners (ELs) are an incredibly diverse group with equally diverse needs. Learn about best practices for enrollment, individual career and academic plans, assessment and instruction that will motivate ELs to graduation.

Find Your Balance and in doing so...Light Your Spark!

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Parasol I

Presenters: Carey Hughes & Amber Webel, Belton School District #124; Belton, MO

Levels: Elementary

Feeling like Gumby, the character that gets stretched and pulled in every direction? School Counselors need to be flexible, but within healthy boundaries. Join us as we walk you through some of the ways we capitalize our time without sacrificing student contact and our own sanity! NEVER stop believin' that you are needed & valued!

Fostering Social Emotional Learning

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Compass Rose Ballroom

Presenters: Amy Hill & Cristin Martinez, Burrell Behavioral Health; Branson, MO

Levels: All Levels

This session will increase participant's understanding of the 5 Core Competencies of SEL and equip them with strategies for helping students develop SEL skills that will help them become better problem-solvers, learn self-discipline, and to self-regulate more effectively to produce positive, long-term effects on kids, adults, and communities.

Healthy Families: Working with Elementary Populations

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Paradise A

Presenter: Rich Linden

Levels: Elementary

This workshop explores the differences between healthy and unhealthy families, and the four different survival roles children take on to cope with living in an unhealthy family. Workshop participants will discover how to quickly identify these roles, and how these roles affect a child's social interaction, communication, and learning. Participants will learn hands-on methods of working with the different roles in a fun, interactive, and highly energetic way.

Individual Career & Academic Plan (ICAP) and Missouri Connections

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Windgate 60/61

Presenter: Samantha Cole, DESE/Northwest RPDC; Maryville, MO

Levels: Secondary

The Missouri Connections ICAP includes a series of activities such as self-surveys, modules & components by grade level beginning in 8th grade & culminating through 12th grade. As students complete ICAP activities, these populate into an ICAP printable report compliant with SB 638 and MSIP 6 requirements. Catch up on everything you need to know!

Mindfulness in Education

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Island Room

Presenter: Christy Land, Grain Valley High School; Grain Valley, MO

Levels: All Levels

This presentation will support counselors in implementing mindfulness in their personal life and with their students to help self-regulate. They will learn a variety of mindfulness practices to start exploring with their students.

MythBusters: SEL Edition

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Windward 70/71

Presenters: Ginny Datema & Alison Roffers, Springfield Public Schools; Springfield, MO

Levels: All Levels

What is Social Emotional Learning? What is it not? Join us on a historic journey to help dispel some myths about SEL.

The Real Scoop on Paying for College: Student Expectations versus Reality

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Leeward 76/77

Presenter: Heather Gaumer, Sallie Mae; Indianola, IA

Levels: Secondary

While most families agree that college is an investment in the student's future, they are confused and stressed about how to pay. Join this session to explore what college-bound high school families know and expect about paying for college, and how that compares to the realities experienced by currently enrolled undergraduate students.

Secondary & CTE: The Right Student in the Right Seat

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Coral Reef

Presenter: Amy Herrman, South Central RPDC/DESE; Rolla, MO

Levels: CTE

The US is experiencing a skilled labor shortage and persons with disabilities are twice as likely to be unemployed. Come learn how to get the right student in the right seat at your high school career center. Learn what CTE is, what the data says, what the CTE placement process should look like and learn about CTE accommodations and modifications.

Self-Care Practices to Alleviate Burnout

Session VI on Monday, November 6, from 2:15 to 3:15 p.m. in Paradise C

Presenter: Amy Rowland, Bloomsdale Elementary; Perryville, MO

Levels: All Levels

We will have an overview of Trauma, ways to cope with stress, trauma, anxiety, and burnout using yoga, ayurveda, and meditation practices. Learn how all of these tools can be used as an alternative to medicine to help you and the kids you serve.

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m.

Creating Connection in the Classroom

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Windward 72/73

Presenters: Merideth Lehman, CCLS, LPC, Kindred Collective & Heather Ransom, Heather Ransom Counseling, LLC; Columbia, MO

Levels: All Levels

In this workshop, participants will explore attachment theory through a trauma lens designed to support educator-learner relationships. Attendees will identify attachment style behaviors that may impact the school environment, and be able to demonstrate strategies to assist in building safety and connection in the educator-learner relationship.

Don't Stop Believing In Your Program

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Parasol II

Presenters: Carey Hughes & Rachel Reeves Hagelin, Belton School District; Belton, MO

Levels: All Levels

Whether your spark has just begun, or your embers are starting to die down, Don't Stop Believin'! Ignite your counseling program with these simple steps toward full implementation. Utilize your innate counseling leadership skills to advocate for your program, with manageable strategies of the ASCA National Model.

Family Groups -Connecting the Dots

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Parasol I

Presenters: Randi Gehlert, Jennifer Lindemeyer, Ashley Powell & Randee Schatz Gasconade R-II; Gerald, MO

Levels: Elementary

In this session, you will see what family groups look like at this Preschool-5th grade elementary building, how groups were formed, how it has affected relationships throughout the building and community, and brainstorm what this could look like for your school.

Feeding the Body and Soul

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Island Room

Presenter: Samantha Petersen, Monte Nido and Affiliates; Aurora, Illinois

Levels: All Levels

Understand the biopsychosocial, neurobiological, cultural, and familial influences on the development of eating disorders and how to change our language to support body positivity and acceptance.

Mindfulness

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Paradise C

Presenter: Richard McCoy, Dixon Middle School; Dixon, MO

Levels: All Levels

Paying more attention to the present moment "to your own thoughts and feelings, and to the world around you" can improve your mental wellbeing. Mindfulness can help us enjoy life more and understand ourselves better. This presentation will give you practical applications to introduce mindfulness to your counseling tool kit.

Navigating the Scholarship Application Process

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Room 62

Presenters: Taylor Grimm & Kaitlyn Venta, Missouri College and Career Attainment Network; Columbia, MO

Levels: Secondary

Hear from two scholarship providers about what makes an application stand out. We will discuss the scholarship search, deciding what scholarships to apply for, application content, and common mistakes. You will also learn about opportunities from My Scholarship Central and the MO Scholarship & Loan Foundation.

Paying for Postsecondary Education: An Overview of State Financial Aid

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Coral Reef

Presenters: Erik Anderson, Amy Haller & Amy Hedrick, MO Department of Higher Education & Workforce Development; Jefferson City, MO

Levels: All Levels

Staff from the Missouri Department of Higher Education & Workforce Development will give an overview of state financial aid programs and provide an update on the new dual credit/dual enrollment scholarship.

Program Development and Evaluation: A Refresher for School Counselors

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Cedar Cove

Presenter: Natae Feenstra, Liberty University; Smyrna, Tennessee

Levels: All Levels

This presentation will provide an overview of the construct, development, and operation of a comprehensive school counseling program. Whether you are a newbie or seasoned veteran when it comes to school counseling, this information will refresh you on the delivery and assessment components of the ASCA National Model.

Promoting Inclusive Virtual Mental Health Services: Strengthening Community Partnerships in School Districts

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Windward 70/71

Presenters: Steve Gatland, Jennifer Lane, Ashley Navarre & Dr. Alison Roffers, Hazel Health; San Francisco, CA

Levels: All Levels

This panel discussion will delve into the complexities of implementing virtual mental health services in school districts, with a strong emphasis on understanding and addressing the diverse needs of students. It will also showcase successful partnerships between telemedicine companies, school districts, and community partners.

Red Ribbon Week-How to Make the Most of It

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Leeward 74/75

Presenter: Mia Fusco, Affton School District; St. Louis, MO

Levels: Middle/Jr. High

This presentation will share how to coordinate a building-wide awareness week. It will highlight how to use Red Ribbon Week to provide student leadership opportunities. We will also discuss how to encourage participation from all students, families, and staff.

Suicide: Prevention, Intervention, Postvention

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Compass Rose Ballroom

Presenter: Carl Crabtree, Lee's Summit R-VII; Odessa, MO

Levels: All Levels

Discussion, stories, researched based interventions, and experience will be shared to give fresh perspective to preventing suicide.

Teamwork Makes the Dream Work

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Nautical Wheeler

Presenters: Kaley Barnes & Cindy Bentley, Lafayette Co. C-1; Higginsville, MO

Levels: All Levels

Collaboration is key when working with administrators, school-based social workers and school-based therapists. We will discuss our experience of using a mental health team approach by defining roles and responsibilities, using consultation and working together to meet the various needs of our students.

Therapy Dogs-Pawsitive Interaction

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Windgate 63/64

Presenter: Matt Willis, Dog Training Elite; St. Louis, MO

Levels: All Levels

Research shows Therapy Dogs have a positive effect on a child's mood, stress, and pain levels during a visit. They are more motivated to participate in treatments, feel optimistic about the future, and experience an overall sense of calm when a Therapy Dog is present. We will discuss the training/certification process and grants for Therapy Dogs.

Using Music to Support Children with Emerging Mental Health Challenges

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Leeward 76/77

Presenter: Elizabeth Shain, Giving Song; Columbia, MO

Levels: Elementary

This workshop will describe the benefits of music therapy for elementary aged children as well as provide techniques that non music therapists can employ in their individual settings to support emotional regulation in elementary aged children. Education will be provided on music processing in the brain and how to refer to a music therapist.

What's your aesthetic? Infusing your own style into school counseling.

Session VII on Tuesday, November 7, from 8:30 to 9:30 a.m. in Windgate 60/61

Presenters: Marissa Jarnagin & Sandi Ogden, Platte County R3; Platte City, MO

Levels: Secondary

Join us for this session as we dive into the discovery of your unique strengths and sense of style. Together we will work through how to elevate your brand to enrich your practices, in and out of the office. From office atmosphere, to personal professional style, you will leave with confidence to produce a welcoming presence and environment.