



Girls on the Run of Northwest Illinois: Living Our Values Scholarship

The purpose of the Girls on the Run Scholarship is to assist McHenry County High School Seniors, who are GOTR alum, in their higher education program of their choice. This scholarship is open to all majors, for students enrolled in a four-year bachelor's program, a two-year associates program or a technical school. Please make a copy of this application, complete the application in full, including 2 letters of recommendation submitted via the Google Form QR Code listed below by March 28th, 2025 at 5pm. **When you submit your application please be sure that you select the share settings that anyone with the link is an editor.**

Deadline: April 4th, 2025 at 5:00pm

Application Qualifications

1. Applicants must attend school and reside within McHenry County
2. Applicants must be GOTR Alumni
3. Applicant must have a minimum 3.0 GPA

General Provisions

1. Annually, one award of \$1,000 will be given. She will have an opportunity to receive an additional \$1,000 if she achieves a GPA of over 3.0 after completing her first year and continuing with her education.
2. Selection committee will consist of current and former GOTRNLWIL board members and coaches.

Selection Criteria

- Demonstrate the Girls on the Run vision of embracing joy, health and confidence in life
- Demonstrate leadership qualities and compassion through activities
- Scholarship is not based solely on financial need

Application Process:

Students applying for the scholarship must complete the application forms provided in the packet:

- Scholarship application, **completed in full**, including essay or video
- Two recommendations for scholarship, see QR Code for recommendation form

All materials must be emailed to: scholarship@gotrnlwil.org

All applications must be received at the GOTRNLWIL office no later than 5pm on the day of the deadline.

Questions? Email scholarship@gotrnlwil.org



Incomplete applications will not be considered

GOTRNWIL Staff will distribute applications to the Scholarship Selection Committee. The identities of each applicant will be removed from the copies; an application number will be assigned to each application. **Please do not include your name in your essay or video and do not show your face in your video.**

The Scholarship Selection Committee members will review the applications individually and complete a rubric to evaluate each application in order to select a recipient. GOTRNWIL staff will inform each applicant by email the decision of the Scholarship Selection Committee (*acceptance or decline*). The recipient chosen will receive a *Letter of Acceptance* and a *Scholarship Acceptance Form*. The student must remit a tuition bill or other evidence of their enrollment to GOTRNWIL. Scholarship checks will only be made payable to the college or university. **No checks will be made out directly to the recipient.**

The recipient will be announced at the *High School Honors Ceremony or Senior Night Awards*, a member of the Scholarship Selection Committee may attend the ceremony to present the award if desired.

Please save the following dates:

- Scholarship winner will be recognized at the May 12th GOTR Board Meeting.
- Scholarship winner will be recognized at the May 18th GOTR 5k at Woodstock North High School.

Contact Information

Name:

Applicant's Email Address:

Applicant's Phone Number:

****Please refrain from using your name anywhere else on this application****

College Enrollment Information

College or trade school you will likely attend	
Is this a 2 year, 4 year, or trade school?	

Questions? Email scholarship@gotrnwil.org



Have you been accepted to this college/trade school?	
Field of Study(if undecided please write "undecided")	
Please list other colleges you applied to:	
Please explain why you have selected these schools:	
Please tell us about your future educational and career goals:	

Activities and Special Honors

List your extracurricular school activities here. Be sure to include dates of participation, hours engaged and positions held.

List any special honors or awards here:

Girls on the Run Information

How many seasons did you participate in Girls on the Run? (please include years. i.e. three seasons 2016, 2017, 2018)

At what school(s) did you participate in Girls on the Run?



Have you volunteered at Girls on the Run? If yes, please provide details as to your volunteerism with our organization. Please include dates:

Have you volunteered as a Junior Coach? If yes, please include the year(s) you have volunteered and the school(s) you volunteered at:

The Girls on the Run Core Values are:

- Recognize our Power and Responsibility to be Intentional in our Decision Making
- Embrace our Differences and Find Strength in Our Connectedness
- Express Joy, Optimism and Gratitude through our Words, Thoughts and Actions
- Lead with an Open Heart and Assume Positive Intent
- Nurture our Physical, Spiritual and Emotional Health
- Stand Up for Ourselves and Others

Please provide an example of how you have lived these core values since participating in Girls on the Run. Please include at least 1 core value by name in your response:



Essay or Video: Please write an essay (no more than 500 words) or make a video (no more than 3 minutes, without showing your face) as to the impact being a Girl on the Run has had on you. Feel free to use any of the examples below:

- How a particular lesson helped you through a tough situation
- Volunteering for a cause that matters to you
- Pursuing your dream job
- Focusing on your physical health
- What does it mean to have inner confidence

If you are submitting a video, please email it to scholarship@gotrnlwil.org

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Financial Need:

Parent Combined Household Income:	
Parent 1 Occupation:	
Parent 2 Occupation:	
Number of siblings and ages:	
Tentative College Costs	
Tuition (per year):	
Total estimated cost (per year):	

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List other scholarships, grants and gift aid and savings that you have received and describe if it's for one year or multi-year:

Scholarship Name/Gift Aid/Grant	Amount	Single or Multi-year?
	\$	
	\$	
	\$	

How do you plan to pay for costs not covered?

Is there anything else we should know about your financial needs?

Academic Verification

Cumulative GPA is:

Cumulative GPA is: Weighted or Non-Weighted

OPTIONAL:

Highest Composite ACT Score:

Highest Composite SAT Score:

How did you hear about this scholarship? [Email/School Counselor/Other, please specify]

Letters of Recommendation:

Please have 2 people (teachers, managers, coaches, community members, etc.) complete the following google form recommendation.

Recommendations should NOT include the applicant's name. Both recommendations are due by the scholarship deadline, March 28th, 2025 at 5pm.

Questions? Email scholarship@gotrnrwil.org

