

Forrestal Family Newsletter

Week of September 18, 2023



Dear Forrestal Families,

Welcome to week 5 of the school year. This week we are at mid-point for the first quarter grades. If at any point you have concerns about what is happening with your student, please reach out to your teacher! You can find a full list of staff on our website:

<https://forrestal.d187.org/o/fes/staff>. Forrestal teachers are always looking for collaborative relationships with families.

Last week you should have received a backpack letter offering plant-based meals. A new state law requires school districts to offer plant-based meal options to students. You can request a plant-based meal for your child. [The form is available in English and Spanish.](#)

Breakfast and lunch are free to all students. Snacks are arranged by the classroom teacher. **Please send a filled water bottle with your child each and every day as water fountains are not available at Forrestal.**

Need help? Click [HERE](#) to provide immediate feedback or share concerns to Mrs. Kranz at Forrestal. Help us improve!



NATIONAL **HISPANIC** HERITAGE MONTH

SEP 15 - OCT 15



Save the Date! Everyone is invited!

Friday, October 13, 2023 @ 9:00am

Hispanic Heritage Performance & Celebration



FORRESTAL ELEMENTARY SCHOOL
2833 WASHINGTON AVE, GREAT LAKES, IL

CALLING FORRESTAL PARENTS

PARENT ADVISORY COMMITTEE

MEETING DATES

3:00-3:45PM

SEP. 28, 2023
NOV. 16, 2023
FEB. 15, 2024
APR. 18, 2024

PAC

WHAT IS PAC?

Parent Advisory Committees (PACs) are made up of parents, teachers, and other district staff members who work together to support their children's education.

PACs meet regularly to discuss how to improve the school and make sure that all children are receiving a good education.

PACS PROVIDE PARENTS WITH THE OPPORTUNITY TO:

- Develop leadership skills
- Build their knowledge
- Support two-way communications between families and schools
- Collaborate with the school principal on programming at the school; focusing on school issues
- Make sure their voices are heard

LOCATION:

FES PD Room
2833 Washington Ave
Great Lakes, IL

www.forrestal.d187.org

FALCON PRIDE

A Few Friendly Reminders:

Help us keep our students safe by following these arrival/dismissal rules:

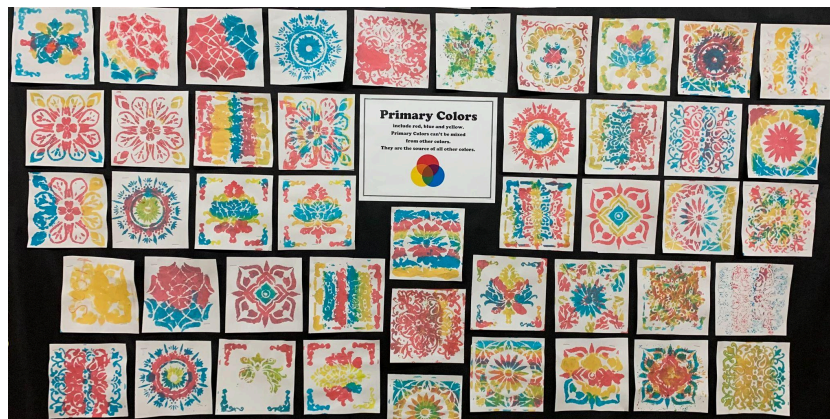
- 1) No dogs on school property, especially at arrival and dismissal.
- 2) Do not double park or allow your child to walk through parked cars.
- 3) Use the “Kiss & go” on Wisconsin Ave by driving Northbound to allow your child to exit the vehicle away from traffic. Southbound or parking elsewhere that requires a street crossing should be accompanied by an adult & use crosswalk.
- 4) Keep sick students with visible symptoms home, and contact the school nurse via (847) 689-6310 .

Forrestal considers all **students arriving after 8am to be tardy** and we will be enforcing a [new tardy policy](#) this school year. If you are in need of help with transportation, please contact our office so we may assist you. Regular attendance is vital for a successful school year!

Checklist for locker items:

- ☐ Extra clothes: Send a set of clothes for the locker for that unexpected accident
- ☐ Water bottle: Send daily
- ☐ Gym shoes: Important on gym days but since we strive for recess daily, it is best to have your child wear shoes that support running

This week our word of the week is **Focusing Attention**.



Forrestal school wide expectations

School begins daily at 8:00am - Tardies are disruptive

Door 7 opens at 7:30am early arrival/breakfast

2:45pm dismissal on Monday, Tuesday, Thursday, and Friday

1:45pm dismissal each Wednesday

Any changes to dismissal must be done by calling the office before 2:00pm (1:00 on Wednesday) on the day of change.

Upcoming Events	Mondays and Thursdays Sept 18 start date	Chorus rehearsals for those that signed up, every Monday and Thursday after school. Pick up is at 3:45 by the front office for those getting a ride home. If your child is in the NCCP program, they will return to the program after rehearsal.
	Wednesday, September 20	Forrestal Lock-Down Drill & Rescheduled Bus Evacuation Drill; Early Dismissal Day starting at 1:35

Need help? Click [HERE](#) to provide immediate feedback or share concerns to Mrs. Kranz at Forrestal. Help us improve!

Be the solution!