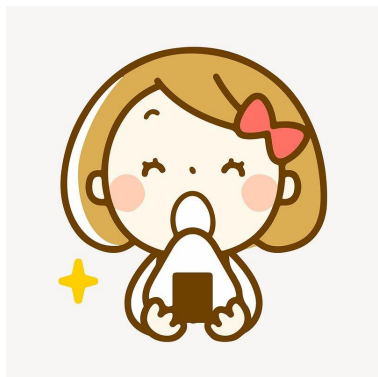


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When considering sending your child to school, please review the following:

- Fever free (<100 degrees F) for 24 hours without the use of fever reducing medication such as acetaminophen or ibuprofen.
- Free from vomiting or diarrhea for 24 hours.
- Rash: If the cause is unknown, please have your child evaluated by their healthcare provider. Bring in health care provider note to school nurse.
- Pink eye: Your child should be examined by their healthcare provider and have clearance to return to school.
- Strep Throat: Your child should be examined by their healthcare provider and have clearance to return to school.
- Covid like symptoms: Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose.

This is not an all inclusive list. Please consider if your child is healthy enough to be available to learn.

If your child has tested positive for COVID, please review the NJDOH guidelines below:

Individuals regardless of vaccination status, who test positive or individuals with COVID-19 symptoms who have not been tested and do not have an alternative diagnosis from their healthcare provider should:

- Stay **home for at least 5 full days** after the onset of symptoms or if asymptomatic after the positive test (day of symptoms is day 0; if asymptomatic, day the test was performed is day 0).
- If they have **no symptoms or symptoms are resolving after 5 days** and are fever-free (without the use of fever-reducing medication) for 24 hours, your child can leave their home and return to school.
- **Upon return to school, your child will be required to wear a mask** when around others at home and in public (indoors and outdoors) for an additional 5 days (including participation in any extracurricular activities). Time without a mask being worn should be kept to a minimum.
- If your child continues to have symptoms after day 5, or new symptoms develop or your child is unable to consistently wear a well fitting mask for days 6-10, your child should isolate for a full 10 days.

If you have any questions or concerns, call the school nurse. Have a safe and healthy holiday and Happy New Year.

Sincerely,

Mrs. DeMareo

