



Nature/Outdoor Mult-Week Learning Series with Antar'rah

Instructions:

Check out this sample lesson plan and activity ideas for inspiration, ideas, and more. Feel free to edit, delete, or highlight to make it your own! These notes are yours to customize. They will not be published anywhere such that you're held to teaching exactly what's here.

Topics

Learning, reading, teamwork, discovery

Lesson Ideas

Lesson Title

Nature/Outdoor Multi-Week Learning Series: Introduction to Nature Exploration

Duration

1 hour

Lesson Plan

1. ****Introduction (10 minutes)****

- Briefly introduce the series, explaining that it will involve learning about nature, reading stories, working in teams, and discovering new things.
- Ask students what they know about nature and let them share their experiences.

2. ****Story Time in Nature (15 minutes)****

- Read a nature-themed book or story under a tree or near a natural setting.

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- Discuss the story with the children, asking questions like, "What animals or plants did you hear about in the story?"

3. **Nature Exploration and Discovery (15 minutes)**

- Divide children into small teams and provide each team with a 'Nature Scavenger Hunt' list (e.g., find a unique leaf, a smooth rock, etc.).
- Allow the children to explore and collect the items on their list.

4. **Team Reflection and Sharing (10 minutes)**

- Gather back together in a circle and ask each team to share their favorite find from the scavenger hunt.
- Discuss the different items found and what they might tell us about the environment.

5. **Closing and Preview of Next Visit (10 minutes)**

- Recap the day's activities and reinforce what was learned.
- Preview the next session's topic to maintain excitement and anticipation.

Materials List

- Nature-themed book or story
- Scavenger hunt list for each team
- Pencils for checking off items
- Clipboards for sturdy writing surfaces

Adaptations for Different Ages

- **Younger Children:** Simplify the scavenger hunt list to include more common and easily identifiable items.
- **Older Children:** Include more complex or challenging items on the scavenger hunt list, and encourage them to research interesting facts about their findings.

Movement Break

- **Nature-Inspired Yoga (5 minutes):** Guide the kids through simple yoga poses inspired by nature, such as "Tree Pose" or "Butterfly Pose," to keep them engaged and relaxed.

Bonus Activities

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- **Nature Journaling:** Provide notebooks for children to draw or write about their favorite find today. They can continue adding entries in subsequent weeks.
- **Creative Storytelling:** Ask children to create a short story about an animal or plant they discovered during the scavenger hunt and share it in the next session.

Series Outline

Nature/Outdoor Multi-Week Learning Series

Week 1: Introduction to Nature

- Nature scavenger hunt to familiarize with local plant and animal species.
- Guided nature walk with journaling about sights and sounds.
- Creative project: making nature collages using collected leaves and twigs.

Week 2: Learning through Observation

- Set up a small bird-watching station with homemade feeders.
- Journal reflections on bird behavior and identification of different species.
- Create a 'day in the life' story for observed wildlife.

Week 3: Reading About Nature

- Group reading sessions of nature-themed stories or poems.
- Book-making activity: Kids create their own nature storybooks.
- Nature-themed story circle with each child contributing to a collective narrative.

Week 4: Teamwork in the Outdoors

- Build a collaborative outdoor shelter using natural materials.
- Group problem-solving games such as navigating a 'forest maze.'
- Team challenges that include setting up a mini garden plot.

Week 5: Discovery and Exploration

- Nature treasure hunt with clues leading to different ecosystem features.
- Exploration of soil layers and insect habitats using magnifying glasses.
- Activity mapping: Creating maps of discovered areas during exploration.

Week 6: Understanding Ecosystems

- Create food chain mobiles with paper, illustrating local ecosystem relationships.
- Role-playing game about the roles of different animals in an ecosystem.

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- Building simple habitats for observing insects like ants or worms.

****Week 7: The Art of Nature****

- Nature mandalas with stones, leaves, and flowers.
- Photography session focusing on capturing nature's patterns and colors.
- Painted rock activity inspired by observed wildlife.

****Week 8: Science in the Outdoors****

- Simple experiments on photosynthesis with clear cups and leaves.
- Weather station creation to track temperature, wind, and rain.
- Water ecology activity: Collecting and examining pond water under microscopes.

****Week 9: Sustaining Nature****

- Discussing ecology and sustainable practices.
- Planting native plants or creating a pollination garden.
- Participating in a local clean-up activity and reflecting on environmental impact.

****Week 10: Celebration and Reflection****

- Host a 'Nature Showcase' where kids present projects or stories from the series.
- Discuss reflections and compile experiences into a collective class nature journal.
- Campfire-style storytelling and sharing of learned insights and favorite moments.

For additional support, reference this [experience outline template](#) which includes tips and prompts to help you develop and lead an excellent Grasshopper Kids experience.

Note: This lesson plan outline was drafted by Hopper. If you would like to see different results, you can [submit another idea](#), or text us with feedback so we can work to make the algorithm better. We built this tool to help save you time in bringing more kids enrichment experience ideas to life!

