

# TRY-OUTS – FALL SPORTS (2025)

## GIRLS VOLLEYBALL

THURSDAY, AUGUST 14th

7<sup>th</sup> GRADE = 3:00 – 4:30      8<sup>th</sup> GRADE = 4:30 – 6:00

FRIDAY, AUGUST 15th

7<sup>TH</sup> GRADE= 3:00 – 4:30      8<sup>th</sup> GRADE = 4:30 – 6:00

*\*If needed—MONDAY, AUGUST 18<sup>th</sup>*

8<sup>TH</sup> GRADE = 2:00- 3:00      7<sup>TH</sup> = 3:00 – 4:00

\*STUDENTS TRYING OUT NEED TO ATTEND ALL TRY-OUT DATES  
UNLESS CLEARED BY COACH & A.D.\* ( OR CUT )

## FLAG FOOTBALL

THURSDAY, AUGUST 14th

7<sup>th</sup> GRADE = 3:00 – 4:30      8<sup>th</sup> GRADE = 4:30 – 6:00

FRIDAY, AUGUST 15th

7<sup>TH</sup> GRADE= 3:00 – 4:30      8<sup>th</sup> GRADE = 4:30 – 6:00

*\*If needed—MONDAY, AUGUST 18<sup>th</sup>*

8<sup>TH</sup> GRADE = 2:00- 3:00      7<sup>TH</sup> = 3:00 – 4:00

\*STUDENTS TRYING OUT NEED TO ATTEND ALL TRY-OUT DATES  
UNLESS CLEARED BY COACH & A.D.\* (OR CUT)

## CROSS COUNTRY

PRACTICE STARTS TUESDAY, AUGUST 19th

7<sup>TH</sup> & 8<sup>TH</sup> GRADE / BOYS & GIRLS

3:00-4:30 (NO-CUT SPORT)