

*Note: Green text is **Jackson**,.....*

Guest Introductions:

Name: Kevin Maloney

Job Title: staff PT

Company: MH Medical center Iron man

Years in Profession: 6 years ATC

Details, awards, anything else you want us to mention:

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***Show Intro:* What's up y'all and Welcome to the Sports Medicine Broadcast, #212 Blood Flow restriction Therapy"**

***Topic:* This week our guest is...**

Introductions: I am your host **_Jeremy Jackson_**,
and with me today is _____

join our conversation:

sportsmedicinebroadcast.com

#TheSMB

sportsmedicinebroadcast.com/BloodFlow

Links to those are on our website.

Topics:

Kevin tell us a different part of your athletic training story.

Define it occlusion of blood flow to a limb through training using a tourniquet

tell us about your expertise in Blood flow restriction therapy

What does it take to be certified in this?

How does it work?

Tiana: What has your research shown?

When is an ideal use for it.

Worst time?

Other things we should know about BFR

Contact Kevin Maloney:

kevin.maloney@memorialHermann.org

Resources:

<http://www.owensrecoveryscience.com/>

Partner:

School Health - sportshealth.com/smb

March: Bubba

**April: Frio - Official Hydration Equipment of
the Sports Medicine Broadcast**

Frio Hydration - email

**GetFrio@friohydration.com to receive half off
graphics on your new hydration unit.**

Contact US:

via our website:

sportsmedicinebroadcast.com/BloodFlow****

Watch live almost every Wednesday on our

website

and join in the conversation by following the links

Follow us on twitter: @PHSSportsMed

For Jeremy, ____ that's a wrap

TWEETS: