

Iowa Directory of Licensed Mental Health Providers

*Point of contact for this listing is Jenny Becker. For any revisions, please contact Jenny at jennifer.becker@uni.edu

ALLAMAKEE COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Lechtenberg, Heather	tLMFT	Alternative Treatment Associates 307 Wilson St. Postville, IA 52162	Ph: 563-864-7122			

BENTON COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Adams, Sherry	ARNP	Abbe Center for Community Mental Health 1701 2nd Ave. Vinton, IA http://www.abbemhc.org/default.asp	Ph: 319-472-5226 Fax: 319-472-3787			Psychiatry and medication services
Fisher, Nicholas	LMFT	Vinton Counseling	Ph:		Couples,	Relationship

		Service 203 E 4th St. Vinton, IA 52349	319-472-4499		individuals, families	difficulties, anger, violence, substance use, behavior problems, communication issues, trauma, stress
Healzer, Elise	LMFT	Families Inc. Therapy and Counseling Services 1307 West 13th St. Vinton, IA 52349 http://familiesinc.org	Ph: 319-472-4081	Aetna, Beacon, Blue Care Network, Blue Cross Blue Shield, Care Bridge EAP, Hawk-I, Magellan Behavioral Health, Medicaid, ValueOptions, Virginia Gay Hospital Employee EAP, out of network, self-pay	All ages, families, couples	Juvenile sex offenders, relapse prevention, SIGN LANGUAGE
Jones, Dr.		Abbe Center for Community Mental Health 1701 2nd Ave. Vinton, IA http://www.abbemhc.org/default.asp	Ph: 319-472-5226 Fax: 319-472-3787			Psychiatry/medi cation services

Kilma, William	LMHC	Abbe Center for Community Mental Health 1701 2nd Ave. Vinton, IA http://www.abbemhc.org/default.asp	Ph: 319-472-5226 Fax: 319-472-3787			Outpatient mental health therapy
Komen, Evans	DNP	Abbe Center for Community Mental Health 1701 2nd Ave. Vinton, IA http://www.abbemhc.org/default.asp	Ph: 319-472-5226 Fax: 319-472-3787			Psychiatry and medication services
Michler, Jennifer	LMFT	Families Inc. Therapy and Counseling Services 411 A Ave. Vinton, IA 52349 http://familiesinc.org	Ph: 319-472-4081	Blue Cross Blue Shield, Medicaid, united, self pay	Couples and families, children and adolescents	Coping skills, LGBT, impulse control disorders, mood disorders, psychosis, variety of other life issues
Miskimen, Patricia	LISW	Abbe Center for Community Mental Health 1701 2nd Ave. Vinton, IA http://www.abbemhc.org/default.asp	Ph: 319-472-5226 Fax: 319-472-3787			Outpatient mental health therapy
West, Vanessa	LMHC	Therapeutic	Ph:	Medicaid, Blue	6 and older,	Juvenile and

		Innovations, PLLC 408 B Ave. Suite A Vinton, IA 52349 https://www.therapeuticinnovationspllc.com	319-540-5643 Fax: 319-409-8120	Cross Blue Shield, United Healthcare private pay		criminal justice clients, elderly, mood disorders, impulse control, personality disorders
Williams, Lynn	ARNP	Abbe Center for Community Mental Health 1701 2nd Ave. Vinton, IA http://www.abbemhc.org/default.asp	Ph: 319-472-5226 Fax: 319-472-3787			Psychiatry/medi cation services

BLACK HAWK COUNTY

Name Email	Licensure	Agency/Location/ Website	Phone	Type of Payment Accepted	Ages Seen	Specialities & Language Proficiency
Adams, Melissa	LMSW	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	Many insurances, many EAP, Medicaid, sliding fee scale	All	*Part Time* Mental health counseling, EMDR

Afridi, Muhammad	M.D.	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	No children	Mental and behavioral health. Medication management
Akbar, Raja	M.D.	UnityPoint Clinic Psychiatry 146 West Dale, Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	Ph: 319-235-3351 Fax: 319-235-3132		Does not accept children	Psychiatry
Alber, Cortney	LISW	Private Practice	(319) 318-0549	Accepts insurance	Accepts children	Child or Adolescent Emotional Disturbance Trauma and PTSD
Andersen,	LISW	MercyOne	Ph:			Mental Health

Heather		Psychiatry 2802 Orchard Drive Cedar Falls, IA 50613 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/cedar-falls/covenant-clinic---psychiatry.aspx	319-268-9700			
Anderson, Whitney	LMHC	Affinity Therapy & Counseling 531 Commercial Street, Suite 202 Waterloo, IA 50701	515-290-2426 (cell)	psychology today link: https://www.psychologytoday.com/us/therapists/whitney-anderson-waterloo-ia/916666	Kids, adolescents, teens & young adults	
Andresen, Joyce	-LISW -RPT (Registered Play Therapist) -Certified EMDR Therapist -Certified EMDR Consultant -North East Iowa	ANDRESEN COUNSELING AND CONSULTING 110 PLAZA CIRCLE, SUITE B. WATERLOO, IA 50701	319-233-3348	Andresen Counseling and Consulting: BCBS, Medicare, self pay, United Healthcare, Out of network	Ages 6 and up	Trauma, PTSD, EMDR, play therapy, anxiety, depression

	Regional EMDR Coordinator					
Arjes, Katie	TLMHC	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354			
Armstrong, Gretchen	LMHC, CADC	Park View Counseling 2012 Park Drive, Cedar Falls, IA 50613	Ph: 319-883-0708		Individual, couple, group	
Barbu, Renee	LMSW	Seeds For Growth 1125 W 4th St. Waterloo, IA 50702	Ph: 319-833-1844			In home counseling services
Barron, Lisa (6-25-18)	LMHC, CADC	Willow Tree Counseling 110 plaza circle Waterloo, Ia 50701 http://www.willow-treecounseling.com	Ph: 319-233-3348		Individuals, married couples, children, families	Addiction, grief, depression, anxiety, marital strife

Bigelow, Angela	LMHC	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354		Accepts children	
Binger, Polly	LMHC	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Accepts children	Mental and behavioral health. Certified sex offender treatment professional
Birkett, Blair	tLMHC	Heart and Solutions, LLC 3261 University Ave. Waterloo, IA 50701 http://www.heartandsolutions.net/home2.html	Ph: 563-214-0468 Ph: 800-531-4236 Fax: 319-483-6661	Medicaid, Blue Cross Blue Shield, united	Specializes in children, will see adults and families also	Play therapy, EMDR, CBT, mindfulness, self-esteem, anxiety, depression, school issues, relationship

						issues
Blough, Rachel	LMHC BSW	Raven Counseling Services LLC. 3641 Kimball Ave. Suite 203 (upstairs) Waterloo, Iowa 50701	Ph. 319-214-9055 rachel@ravenco unselingia.com			-EMDR Certified -Nurtured Heart Approach Advanced Trainer
Boezinger, Robert	LISW	Cedar Falls Counseling Associates 324 W 3rd St. Cedar Falls, IA 50613 http://cedarfallscounselingassociates.com	Ph: 319-277-4383	Medicaid, Wellmark Blue Cross/Blue Shield, United Health Care, Midland's Choice, Ceridian, ComPsych, MHNet, Magellan, Meridian, Optum, UMR	Individuals, couples, families, children, adolescents	Generalist. Depression, self-esteem, anxiety, stress, anger management, marital/partner/f amily relational problems, work and school related issues, life transitions, domestic violence, adjustment issues, illness and chronic pain, crisis intervention, grief and loss
Boling, Vicki	ARNP	UnityPoint Health Black Hawk Grundy Mental	Ph: 319-234-2893 Fax:	All insurances, many EAP, Medicaid,	No children	Mental and behavioral health.

		Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	319-234-0354	Medicare, sliding fee scale		Medication management
Boyle, Cindy	MA, LMHC, NCC	Boyle Counseling & Consulting, LLC. 722 Water St. Suite 407 Waterloo, IA http://www.cindyrboyle.com	Ph: 319-610-4179 Fax: 888-853-4291	Medicaid, Blue Cross/Blue Shield, Midland's Choice, Aetna, United Health Care, Hawk-I	Individuals, families, groups	Animal assisted therapy, Autism, personality disorders, addiction
Brennscheidt, Karla	Psy.D.	Cedar Valley Neuropsychology 209 Franklin St. Suite A2 Cedar Falls, IA 50613 http://cedarvalleyneuro.org	Ph: 319-242-8226	All insurances except Tricare	Ages 19 and older	Neuropsycholog ical evaluations of persons with TBIs and other central nervous system disorders, non-central nervous system medical conditions, and psychiatric disorders
Brost, Jennifer jbrost4@gmail.c	LMHC, NCC, MA, MBTI	Potential Counseling and	Ph: 319-313-5224	Blue Cross Blue Shield,	Couples, families,	Marital and premarital,

om		Consultation Services, LLC 2616 Orchard Dr. Suite B Cedar Falls, IA		Medicaid, Midlands Choice, United Health Care, Private pay, sliding scale	individuals 11 and older	oppositional defiance, family conflict, anxiety, behavioral issues, bipolar, career counseling, codependency, coping skills, depression, divorce, domestic abuse, domestic violence, emotional disturbance, grief, infertility, infidelity, internet addiction, obesity, parenting, peer relationships, pregnancy, postpartum, relationship issues, self esteem, sexual abuse, spirituality, trauma and PTSD, women's issues
----	--	---	--	--	-----------------------------	---

Brown, Seth	PhD	UnityPoint Clinic Psychiatry 1824 W 8th Street Cedar Falls, IA 50613	Ph: 319-277-0992	Most insurance plans	8 years and up	Psychological assessment - Psychiatric, personality, substance use, intellectual, substance use, forensic
Burke, Emily	tLMHC	Reflections Mental Health Services 3316 Cedar Heights Drive, Suite C Cedar Falls, IA 50613	Phone: 319-260-2066 Schedule sessions by going to reflections.cedar falls@gmail.com or phoning the office	Accepts all major insurances besides Medicare	Sees teens, adults, and couples	
Caldwell, Hillary	LMSW	Mid-Iowa Family Therapy 3275 West 4th St. Waterloo, IA 50701 http://www.miftp.co m/index.shtml	Ph: 319-833-0072 Fax: 319-833-0073			
Carnahan, Mervin	LISW	MercyOne Psychiatry 2750 St. Francis Dr. Waterloo, IA 50702	Ph: 319-272-8922 Fax: 319-272-8929	Medicaid, Major insurance carriers, self pay	Children (any age), adolescents, adults, geriatrics	Anxiety, Depression, Family issues, Marital and relationships

		https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waterloo/waterloo-psychiatry.aspx				issues, mood disorders
Carroll, AriAnna	LMHC/Expressive Arts Therapist	Cedar Valley Center for Expressive Arts Therapy 905 Sycamore St., Waterloo IA, 50703	(319) 888-1022 ari@cvceat.com	-Blue Cross/Blue Shield/Wellmark -United Healthcare (Commerical) -Optum -Midland's Choice -Cedar Valley Community Healthcare	Entirely youth (ages 3 to 17) and family targeted mental health therapy	Play therapy Art therapy Movement Sand tray Group
Caster, Martha	LISW	Arrowhead Medical Center 226 Bluebell Road Psychiatry Cedar Falls, IA 50613	Ph: 319-575-5800			
Caston, Shantilla	LMSW	University of Northern Iowa Counseling Center 103 Student Health Center Cedar Falls, IA https://uni.edu/counseling/	Ph: 319-273-2676 Fax: 319-273-6884		Only serves UNI students	

Chen, Olivia	Ph.D.	University of Northern Iowa Counseling Center 103 Student Health Center Cedar Falls, IA https://uni.edu/counseling/	Ph: 319-273-2676 Fax: 319-273-6884		Only serves UNI students	Mental health counseling
Chowdhry, Muhammad	M.D.	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Accepts children	Mental and behavioral health. Medication management.
Church, John	LMHC	JC Counseling Services 847 W 4th St. Waterloo, IA 50702	Ph: 319-215-8197			
Clements, Kristi	LISW	UnityPoint Clinic Psychiatry 146 West Dale, Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	Ph: 319-235-3351 Fax: 319-233-3351		Adults	Behavioral Health, Mental Health

Conditt, Kristine drkristie@conditt.org	Ph.D.	Conditt Psychological Services 2412 Waterloo Road Cedar Falls, IA 50613 http://www.conditt.org	Ph: 319-277-1020 Fax: 319-266-6490	AVMA Group Health and Life Insurance Trust, Behavioral Health Systems, Cedar Valley Community Healthcare, Cigna, First Administrators, John Deere Healthcare, Title 19, Midlands Choice, Principial Life Insurance, United Behavioral Health, United Healthcare, United Healthcare of the River Valley, Wellmark, Self-pay	Adolescents 14 and older, adults, couples, groups	Therapy, psychological, behavioral, and intellectual assessment, psychoeducation, consulting. Relationship/marriage counseling, anxiety, depression
Conditt, Paul drpaul@conditt.org	Psy.D.	Conditt Psychological Services 2412 Waterloo Road Cedar Falls, IA 50613 http://www.conditt.org	Ph: 319-277-1020 Fax: 319-266-6490	AVMA Group Health and Life Insurance Trust, Behavioral Health Systems, Cedar Valley Community	Children, adolescents, adults, couples, groups	Therapy, psychological, behavioral, and intellectual assessment, psychoeducation, consulting.

		org		Healthcare, Cigna, First Administrators, John Deere Healthcare, Title 19, Midlands Choice, Prinicipal Life Insurance, United Behavioral Health, United Healthcare, United Healthcare of the River Valley, Wellmark, Self-pay		ADD/ADHD, Autism Spectrum
Conrad, Emily	LISW	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc. Emily Conrad,	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Accepts children 11 and older	Mental and behavioral health, emotional disturbance, parenting, mood disorders, Christian counseling, EMDR, CBT, trauma focused

		PLLC 200 State St. Office R Cedar Falls, IA 50613	Ph: 319-670-2104	BCBS, Medicaid, Medicare, United		
Crowley, William	M.D.	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	No children	Mental and behavioral health. Medication management
Cunningham-Loggins, Desiree	LISW, RPT	Covenant Clinic Psychiatry 2750 St. Francis Dr. Waterloo, IA 50702 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waterloo/waterloo-psychiatry.aspx	Ph: 319-272-8922 Fax: 319-272-8929	Medicaid, Major insurance carriers, self pay	Ages four and up	Play therapy
Danielsen, Jodi	LMHC	Families First Counseling Services 111 Plaza Circle	Ph: 319-433-0395 Fax: 319-433-3870			

		Waterloo, IA 50701 https://www.families-first.net				
Davis-Gage, Darcie	Ph.D.					
Delagardelle, Katy	LISW	Mid-Iowa Family Therapy 3275 West 4th St. Waterloo, IA 50701 http://www.miftc.com	Ph: 319-774-8395 Fax: 319-833-0073		Children and adults, most effective with children and young adults ages 9 to 18	Adjustments, family conflict, attachment, play
Dieser, Rodney	tLMHC, Ph.D., CTRS	New Directions 1310 Solar Dr. Waterloo, IA 50701	Ph: 319-232-2086	Accepts most insurances, sliding scale fee	Individuals ages 12 and older	Wellness, leisure and exercise, CBT, person-centered , acceptance and commitment therapy, positive psychology, strengths-based, SFT. Mood disorders, depression, anxiety, stress management, anger, relationship issues
Dobson Tobin, Donna	ARNP	UnityPoint Health Black Hawk	Ph: 319-234-2893	All insurances, many EAP,	No children	Psychiatry. Medication

		Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Fax: 319-234-0354	Medicaid, Medicare, sliding fee scale		management.
Doumanian, Valentina	M.D.	Covenant Clinic Psychiatry 2750 St. Francis Dr. Waterloo, IA 50702 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waterloo/waterloo-psychiatry.aspx Covenant Clinic Psychiatry 2802 Orchard Drive Cedar Falls, IA 50613 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/cedar-falls/covenant-cl	Ph: 319-272-8922 Fax: 319-272-8929 Ph: 319-268-9700	Medicaid, Major insurance carriers, self pay		Psychiatry, mood disorders, depression, anxiety, stress management, anger management, relationship issues. Speaks English, Bulgarian, German, and Russian

		inic---psychiatry.aspx				
Drier, William	LMSW, Ph.D.	Drier & Associates, Inc. 3356 Kimball Ave. Waterloo, IA 50702	Ph: 319-774-2009	Medicaid, Medicare, Aetna, Blue Cross Blue Shield, ComPsych, Coventry, Humana, Magellan, TRICARE, UniCare, United Healthcare, Out of Network, private pay, sliding scale	11 and older, individuals, couples, and families	Family conflict, child or adolescent issues, men's issues, addiction, career counseling, divorce, emotional disturbance, life coaching, parenting, spirituality, trauma
Dunlevy, Melissa mdunlevy@peoples-clinic.com	LMSW	Peoples Community Health Clinic 905 Franklin St. Waterloo, IA 50704 http://www.peoples-clinic.com/	Ph: 319-272-4485			Behavioral health counseling
Dunn, Jordan	LMSW, IADC	Pathways Behavioral Services 3362 University Ave. Waterloo, IA 50701 https://www.pathw	Ph: 319-235-6571 Fax: 319-235-6028			Substance abuse counseling, outreach office coordinator

		aysb.org				
Dunn, Lauren	LISW	Lauren Dunn Counseling 3641 Kimball Ave. Suite 102 Waterloo, IA 50701	Ph: 319-214-0416	Aetna, Amerigroup, Amerihealth, Blue Cross Blue Shield, Cedar Valley Community Healthcare, Cigna, Medicaid, Partners with Midland's Choice, United/Optum, Private pay	Adolescents age 12 and older, families, adults	Adjustment to life changes, anger management, anxiety, depression, self-esteem, ADHD, postpartum depression and anxiety, relationship issues, stress management
Eachus, Thomas	LISW	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitedpoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Accepts children	Mental and behavioral health
Edwards, Martin	Ph.D., LMFT, LMHC	Cedar Falls Counseling Associates	Ph: 319-277-4383	Medicaid, Wellmark Blue Cross/Blue		Broad range of issues, concerns, and

		324 W 3rd St. Cedar Falls, IA 50613 http://cedarfallscounselingassociates.com		Shield, United Health Care, Coventry Health Care, Midlands Choice, TRICARE, Cigna		problems
Ekstrom, Daniel	PsyS	MercyOne Psychiatry 2750 St. Francis Dr. Waterloo, IA 50702 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waterloo/waterloo-psy psychiatry.aspx	Ph: 319-272-8922 Fax: 319-272-8929	Medicaid, Major insurance carriers, self pay	Children (8 years and older), geriatric adults, adults, adolescents, families, couples	Children and adolescent issues, family issues, marital issues, adjustment issues, mood disorders
Ellingson, Kimberly	LMHC	MercyOne Psychiatry 2750 St. Francis Dr. Waterloo, IA 50702 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waterloo/waterloo-psy psychiatry.aspx	Ph: 319-272-8922 Fax: 319-272-8929	Medicaid, Major insurance carriers, self pay		Trauma/Abuse, depression, anxiety, adjustment issues, women's issues, childhood disruptive behavior, stress management, PCIT, EMDR
Elliott-Ott, Summer	LMFT	UnityPoint Health Black Hawk	Ph: 319-234-2893	All insurances, many EAP,	Ages 4 and older	Trauma, attachment,

		Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Fax: 319-234-0354	Medicaid, Medicare, sliding fee scale		EMDR
Enyart, Cindy cindy.enyart@iowa.gov	tLMHC, NCC	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 1515 Lafayette St. Waterloo, IA 50703 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-292-0942	Services are free regardless of insurance due to a grant	Adult women	Works within department of correctional services with women on pretrial/probation/work release/parole
Eslick, Stephanie	LISW	Monarch Therapy Services, Inc. 3356 Kimball Avenue, Suite 5 Waterloo, IA 50702 www.monarchtherapyservices.com	Ph: 319-346-1216 Fax: 319-346-1217			Play therapy, Aut-play, family systems, trauma, abuse, marital discord, autism, depression, anxiety, parenting difficulties,

						stress-manage ment
Estes, Debra	LISW	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Accepts children	Mental and behavioral health. Generalist
Ewald, Christine	LMHC, CADC	MercyOne Psychiatry 2750 St. Francis Dr. Waterloo, IA 50702 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waterloo/waterloo-psychiatry.aspx	Ph: 319-272-8922 Fax: 319-272-8929	Medicaid, Major insurance carriers, self pay		Alcohol and drug counseling
Feltz, Dennis	LMHC	MercyOne Psychiatry 2802 Orchard Drive Cedar Falls, IA 50613 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waterloo/waterloo-psychiatry.aspx	Ph: 319-268-9700		Ages 17 and older	-Tuesday afternoon -all day Wednesdays. -substance abuse, anxiety

		oniowa.org/locations/covenant-clinic/clinic-locations/cedar-falls/covenant-clinic---psychiatry.aspx				and depression, and retirement issues
Fitkin, Darlene dfitkin@quakerdalefamilyservices.org	LMSW	Quakerdale Family Services 140 S Barclay Waterloo, IA 50703	(319) 231-0856	Insurance and private pay	Younger children to 9 years in person. In person and telehealth 10 years of age through adults.	Trauma Based Therapy and Christian Therapy. Ages: Children, single adults, couples and family therapy.
Flot, Mackenzie	LISW	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitedpoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Accepts children	Mental and behavioral health. Generalist
Fruchtenicht, Alyssa	LISW	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Accepts children	Mental and behavioral health. Generalist

		Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.				
Garrelts, Deborah	M.D.	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Accepts children	Mental and behavioral health. Medication management
Geving, Nicol	LMHC	Reflections Mental Health Services 3316 Cedar Heights Drive, Suite C Cedar Falls, IA 50613	Phone: 319-260-2066 Schedule sessions by going to reflections.cedarfalls@gmail.com or phoning the office	Accepts all major insurances besides Medicare	Sees teens, adults, and couples	EMDR Certified
Gidley, Amanda	LMSW	UnityPoint Health Black Hawk	Ph: 319-234-2893		Accepts children	

		Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Fax: 319-234-0354			
Goodwin, Kate	LMSW	UnityPoint Health 1825 Logan Ave. Waterloo, IA https://www.unitypoint.org/waterloo/default.aspx	Ph: 319-235-3410 Fax: 319-235-3421			Acute Inpatient Rehab
Gorman, Laura	Ph.D.	Waterloo VA Clinic 1015 S Hackett Rd Waterloo, IA 50701	Ph: 319-235-1230			Mental/behavioral health
Greeves, Samarah	LISW, LCSW	Heart and Solutions 3261 University Ave. Waterloo, IA 50701 http://www.heartandsolutions.net/home2.html	Ph: 800-531-4236 Fax: 319-483-6661			Strengths based, holistic, spiritual, CBT, SFT, diversity, motivational interviewing, expressive arts, narrative therapy
Gregersen, Jamey	ARNP	UnityPoint Health Black Hawk	Ph: 319-234-2893	All insurances, many EAP,	Accepts children	Psychiatry. Medication

		Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Fax: 319-234-0354	Medicaid, Medicare, sliding fee scale		management
Grosser, Daniel	LMSW	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale		Mental and behavioral health. Generalist
Guevara, Christine chrisguevara@feller.edu	Licensed Clinical Psychologist	Noble Cedar Psychological Institute 1425 West 5th St. Waterloo, IA 50702	Ph: 319-883-9811		Specialty with ages 0-5, but serves all ages	Evaluation services for individuals with disabilities, immigrants, children
Haberman, Kate	LISW, MFT, RPT	The Center for Foundational and Relational	319-596-5910			Specializes in Attachment and trauma, play

		Wellness 2022 3rd Ave NW Waverly, IA 50677				therapy, family and couples therapy, sexuality and gender and anxiety.
Halemeyer, Kelsey	LMHC	New Directions Counseling Services 1310 Solar Drive. Waterloo, IA 50701	Ph: 319-232-2086			
Hanson, Cameron chanson@peopl es-clinic.com	LMSW	Peoples Community Health Clinic 905 Franklin St. Waterloo, IA 50704 http://www.peoples-clinic.com/	Ph: 319-272-4366			Behavioral Health Counselor
Harding, James	Ph.D.	Private Practice 3251 W 9th St Waterloo, IA 50702-5310	(319) 234-2893			
Harken, Stephanie	LMHC	Odyssey Counseling Services 113 E 18th Street, Cedar Falls 50613	319-349-1046 s.harken@odys seycounselingse rvices.com.	Private pay, EAP, self pay, Insurance including BCBS, United, Medicaid	Individuals, couples, teens through older adults	Client centered, grief, anxiety, relationship issues, self esteem
Harrington,	MA, MFT	Change Behavioral	Ph:			

Shannon		Health 2307 Falls Ave. Suite 4, Waterloo, IA 50701	319-233-0323			
Harrison, Scott harrisonfamily@ aol.com	MA in Christian Counseling	Fresh Hope Christian Counseling 2717 orchard Dr. Suite B-2 Cedar Falls, IA 50613 http://freshhopechristiancounseling.com/home/4202774	Ph: 319-230-2629	Does not accept insurance. \$70 for 60 minutes.	12 and older	Pre-marriage counseling, marriage issues, anxiety, depression, grieving, loss, pornography, addiction, phone/skype counseling
Haymaker, Christopher chaymaker@neimef.org	Ph.D.	Northeast Iowa Family Practice Center 2055 Kimball Ave. Suite 101 Waterloo, IA 50702 http://www.familypracticecenter.org	Ph: 319-272-2525 Fax: 319-272-2179	All	3 to 65	CBT, ACT, Parenting strategies, anxiety, depression, behavioral problems
Hebert, Stephanie	LMHC	Odyssey Counseling Services 113 E 18th Street, Cedar Falls 50613	319-250-7386 s.hebert@odysseycounselingservices.com	Private pay, Insurance including BCBS, United, Medicaid	Individuals and couples 14 and older	Anxiety, depression, self-esteem, identity, adjustments and phase of life concerns, men's issues, LGBTQ, relationships

						concerns, loss and grief, abuse
Heiden-Kimball, Lisa	LMHC, MA, NCC	Lisa HK Counseling 3641 Kimball Ave. Suite 102 Waterloo, IA http://www.lisahkcounseling.com	Ph: 319-322-8255 Fax: 888-817-5518	Blue Cross Blue Shield, Midland's Choice, Aetna, Medicaid, Private pay, sliding scale	Adolescents 12 and older, individual adult counseling	Strengths based, CBT, choice theory, exposure and response prevention, adjustment issues, anxiety disorders, LGBTQ, OCD, women's issues
Helm, Holly	MA, LISW, IADC	Helm Counseling 3510 Kimball Ave. Suite D Waterloo, IA 50702 http://helmcounseling.qwestoffice.net/6301.html	Ph: 319-232-5024 Fax: 319-232-5027	Blue Cross/Blue Shield, Cedar Valley Community Healthcare, Coventry, First Administrators, Midlands Choice, State Medicaid, Medicare, United Health Care	Individuals and families	Alcohol and drug counseling, Sexual Offender Treatment Provider, substance abuse professional, EMDR, depression, anxiety, sexual abuse, self esteem, relationship issues, communication, conflict resolution, drug free workplace

						training
Hemmen, Alycia	LMHC-temp	Monarch Family Therapy 3253 University Ave. Suite D Waterloo, IA 50701 http://www.monarchtherapyservices.com	Ph: 712-789-0664			
Henny, Michelle	LISW	Clarity Mental Wellness Center 4817 University Ave. Suite C Cedar Falls, IA 50613	Ph: 319-250-2818	Medicaid, Medicare, BCBS, self pay	11 and older, individuals and families	All mental health issues, CBT, mindfulness, emotion focused, strength based
Hoeft, Jim	LMSW	MercyOne Horizons Family Centered Treatment Program 3421 West 9th St. Waterloo, IA 50702 https://www.wheatoniowa.org/services/full-listing/horizons---help-for-substance-abuse.aspx	Ph: 319-272-8560			Substance abuse counseling
Hoffman, Vicky	R.N.	UnityPoint Health Black Hawk Grundy Mental	Ph: 319-234-2893 Fax:	All insurances, many EAP, Medicaid,	Accepts children	Mental and behavioral health

		Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	319-234-0354	Medicare, sliding fee scale		
Hofts, Elliott	LISW	U.S. Department of Veterans Affairs				Outpatient substance abuse counseling
Holmes, Diane	LISW	Cedar Falls Counseling Associates 324 W 3rd St. Cedar Falls, IA 50613 http://cedarfallscounselingassociates.com	Ph: 319-277-4383	Medicaid, Wellmark Blue Cross/Blue Shield, United Health Care, Midland's Choice	Individuals, groups, couples, and families	Depression, anxiety, grief and loss, trauma, abuse, relationship issues, chronic illness, disabilities, chronic pain, multiple sclerosis. CBT, solution-focused , trauma-informed care, psychoeducation
Honsell,	LMHC, CADC	University of	Ph:		Only serves UNI	Mental health

Gretchen		Northern Iowa Counseling Center 103 Student Health Center Cedar Falls, IA https://uni.edu/counseling/	319-273-2676 Fax: 319-273-6884		students	counseling, alcohol and drug counseling,
Huff, Hope HopeHuff@HuffCounselingServices.com (6-25-18)	M.A., LMHC, BCPC	Huff Counseling Services, LLC 110 plaza Circle Waterloo, Iowa 50701	Ph: 319-233-3348 Fax: 319-233-1751	Blue Cross Blue Shield; United Health Care; Cigna; Medicaid; Midlands Choice; United Behavioral Health; Hawk-I	Children, Adolescents, Families, Couples	Cognitive Behavioral Therapy (CBT); Dialectical Behavioral Therapy (DBT); Stepps ("Systems Training for Emotional Predictability and Problem Solving") is a DBT class used to treat Borderline Personality Disorder
Hurt, Stacey	LMHC	Pathways Behavioral Services 3362 University Ave. Waterloo, IA 50701 https://www.pathw	Ph: 319-235-6571 Fax: 319-235-6028			

		aysb.org				
Iben, Noelle	LMHC	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Accepts children	Generalist.
Iqbal, Mohammed	M.D.	MercyOne Psychiatry 2750 St. Francis Dr. Waterloo, IA 50702 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waterloo/waterloo-psychiatry.aspx	Ph: 319-272-8922 Fax: 319-272-8929	Medicaid, Major insurance carriers, self pay		Psychiatry
Junaid, Jafa		UnityPoint Clinic Psychiatry 146 West Dale, Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.asp	Ph: 319-235-3351 Fax: 319-235-3132			

		x?id=718				
Kantamneni, Sunita	MD	Covenant Medical Center 3421 West Ninth St. Waterloo, IA 50702 https://www.wheatoniowa.org	Ph: 319-272-8000		Adults and children	Psychiatry, child psychiatry, ADHD, Autism, anxiety, depression, tourette's
Keith, Katinka kkeith@neimef.org	LISW	Northeast Iowa Family Practice Center 2055 Kimball Ave. Suite 101 Waterloo, IA 50702 http://www.familypracticecenter.org	Ph: 319-272-2525 Fax: 319-272-2179	All	Ages 11-Geriatrics	Depression, anxiety, childhood abuses, crisis reduction, trauma, EMDR
Kiani, Sarah sarah@hopetreecounselingservices.com	M.A., LMHCt, RPT in progress	Hope Tree Counseling Services, Inc. 1420 W Donald St. Waterloo, IA 50703 http://hopetreecounselingservices.com	Ph: 319-232-4673 Fax: 844-272-2253	Amerihealth, Amerigroup, United Healthcare, United Healthcare of the River Valley, Cedar Valley Community Healthcare, Tricare	Sees all ages, specializes in children age 3-10 and families	Grief/loss, trauma, women's issues, diversity, healthy development. Incorporates nature, drama, play, filial, narrative and animals into therapy.
King, Sara	A.R.N.P	UnityPoint Clinic Psychiatry 146 West Dale,	Ph: 319-235-3351 Fax:		Children	Pediatric Psychiatry, Psychiatry

		Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	319-235-3132			
Klahsen, Jessica	LMSW	Resources for Human Development 2530 University Ave. Suite 1 Waterloo, IA http://www.rhd.org	Ph: 319-229-5030 Fax: 319-290-2714			
Kremer, Thomas	LISW	MercyOne Psychiatry 2802 Orchard Drive Cedar Falls, IA 50613 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/cedar-falls/covenant-clinic---psychiatry.aspx	Ph: 319-268-9700		Adolescents, teens	Behavioral issues, ADHD, family issues
Kukral, Lisa	LMHC	MercyOne Psychiatry 2802 Orchard Drive Cedar Falls, IA 50613 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/cedar-falls/covenant-clinic---psychiatry.aspx	Ph: 319-268-9700		Adolescents, teenagers	Divorce and step-family issues, substance abuse, self injury/self-harm issues,

		ns/covenant-clinic/ clinic-locations/ced ar-falls/covenant-cl inic---psychiatry.as px				relationships issues
Lampman, Darcie (6-25-18)	LMHC	Three Little Birds Counseling Services 110 Plaza Circle Suite B Waterloo, IA 50701	Ph: 319-774-8509	Aetna, Employee and Family Resources (EAP), Medicaid, Midlands Choice, United Healthcare, Blue Cross Blue Shield, Community, Valley Community Healthcare, Coventry, MHNet Behavioral Health, Optum, UMR, self pay	Age 6 and older, individuals, couples, groups	Family systems, person centered, Christian counseling, LGBTQ, veterans, cancer, impulse control disorders, mood disorders, grief, anxiety, depression
Langley, Petronella	PhD	MercyOne Psychiatry 2802 Orchard Drive Cedar Falls, IA 50613 https://www.wheatoniowa.org/location	Ph: 319-268-9700	Medicaid, Major insurance carriers, self pay	Children (5 years and older), teenagers, adults, couples	Diagnosis and treatment of disorders associated with mood, emotion, cognition, perception,

		ns/covenant-clinic/ clinic-locations/ced ar-falls/covenant-cl inic---psychiatry.as px				memory, intellect, and behavior. Marital counseling, work-related issues and stress, relationship issues, psychological testing
Lansing, Andrea	LISW	State Street Counseling 215 Franklin Street Cedar Falls, Iowa 50613 https://www.statestreetcounseling.com/	319-332-2816	Blue Cross Blue Shield; United Health Care; Health Partners; Medicaid; Medicare; Cedar Valley Community Health Care, Midland's Choice	Specializes in treating adolescents, teens, and young adults.	Trained in Adoption Competency, EMDR and trauma-focused care. Andrea has extensive experience working with complex trauma, the justice system and mood disorders. Andrea provides individual and family counseling, as well as clinical supervision for LMSW's.
Lee, Carolyn	LISW	MercyOne	Ph:			

		Psychiatry 2802 Orchard Drive Cedar Falls, IA 50613 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/cedar-falls/covenant-clinic---psychiatry.aspx	319-268-9700			
Legros, Elizabeth	LMSW	Families First Counseling Services 3510 Kimball Ave. Suite A Waterloo, IA 50701 https://www.families-first.net	Ph: 319-433-0395	T19, Private pay	Children and adolescents	Trauma, CBT, EMDR, play therapy strategies
Lind, Barb	LISW	Private Practice 2302 1st St. Suite 114 Cedar Falls, IA 50613	Ph: 319-277-7218	Private insurance, sliding fee scale, Title 19, self-pay	All ages, individuals, families, couples	EMDR, Narrative therapy, STAIR, Mindfulness, DBT-SP, ARC, CPP, CPC-CBT, MMIT, TF-CBT, TG-CBT, PCIT
Loeb, Bethea	LMHC	New Directions Counseling Services 1310 Solar Drive.	Ph: 319-232-2086			Clinical Director. Mental health therapy.

		Waterloo, IA 50701				
Lowman, Tasha	LISW	UnityPoint Clinic Psychiatry 146 West Dale, Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	Ph: 319-235-3351 Fax: 319-235-3132		Accepts children	Pediatric psychiatry, psychiatry
Ludwig, Traci	LISW	MercyOne Psychiatry 2802 Orchard Drive Cedar Falls, IA 50613 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/cedar-falls/covenant-clinic---psychiatry.aspx	Ph: 319-268-9700		Adults	Depression, anxiety, stress management, grief, loss, geriatrics, life adjustment issues, trauma, EMDR
Maas, Denise	LMHC	D. Maas Counseling Services 3356 Kimball Ave. Suite 7 Waterloo, IA 50702	Ph: 319-226-3220	EAP companies	Children, adults, families, couples, groups	Grief, trauma, loss, crisis counseling
McElroy, Daniel daniel.mcelroy@unitypoint.org	LMSW	UnityPoint Health Black Hawk Grundy Mental	Ph: 319-234-2893 Fax:	All insurances, many EAP, Medicaid,	Adults, works with teens on a case by case	CBT, DBT, solution focused therapy, health

		Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	319-234-0354	Medicare, sliding fee scale	basis, groups	relationships, coping skills, crisis intervention, works with most diagnoses/issues
Menart, Rita r.menart@dbqarch.org	LMHC	Catholic Charities 2101 Kimball Ave. Waterloo, IA 50702 https://www.catholiccharitiesdubuque.org	Ph: 319-272-2080 Fax: 319-272-2160	Sliding fee scale, self-pay	Families, individuals, and groups	EMDR, violence, stress, speaks spanish
Mendez, Marcos	Ph.D., LMFT	Cedar Falls Counseling Associates 324 W 3rd St. Cedar Falls, IA 50613 http://cedarfallscounselingassociates.com	Ph: 319-277-4383	EAPs, Medicaid, Midlands Choice, UMR, United Healthcare, self pay	14 and older, individuals and couples	Relationship issues, Chronic pain, weight loss, trauma focused, family systems, ACT, Speaks Spanish
Merrick, Brian	LMHC	Merrick Counseling Waterloo, IA			Individual and groups	Addictions, depression, anxiety, personality disorders
Mettlin, Connie	ACSW, LISW,	Connie's	Ph:	T19, Medicare,	All ages,	

conniemettlin15@gmail.com	C-SSW	Counseling Corner 315 E 5th St. Waterloo, IA 50703	319-269-0554	Blue Cross Blue Shield, United Behavioral Health, EAP	individuals, families	
Michael, Anthony	LMHC, RPT	MercyOne Psychiatry 2802 Orchard Drive Cedar Falls, IA 50613 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/cedar-falls/covenant-clinic---psychiatry.aspx	Ph: 319-268-9700		Adults, children, adolescents, teens	Play therapy, PCIT, depression, anxiety, trauma, stressors, Disruptive, impulse-control, and conduct disorders, family and planning issues, anger management, child development and attachment
Michler, Jenna		Affinity Family Therapy 110 plaza Circle Waterloo, Iowa 50701				
Miller, Margie	LISW	UnityPoint Clinic Psychiatry 146 West Dale, Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.asp	Ph: 319-235-3351 Fax: 319-235-3132		No children	Psychiatry, anxiety, counseling, marital/relationships/divorce, depression, mental health,

		x?id=718				mood disorders, stress management, trauma
Mullikin, Marcia	LMHC	Private Practice 3641 Kimball Ave. Waterloo, IA 50702	Ph: 319-236-8298 Fax: 319-236-8298			
Nag, Bobbita	M.D.	MercyOne Psychiatry 2750 St. Francis Dr. Waterloo, IA 50702 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waterloo/waterloo-psychiatry.aspx	Ph: 319-272-8922 Fax: 319-272-8929	Medicaid, Major insurance carriers, Self pay	Children, adolescents, and adult	Psychiatry
Nebbe, Linda	Ph.D., LMHC	Hope Tree Counseling Services, Inc. 1420 W Donald St. Waterloo, IA 50703 http://hopetreecounselingservices.com	Ph: 319-232-4673 Fax: 844-272-2253	Amerihealth, Amerigroup, United Healthcare, United Healthcare of the River Valley, Cedar Valley Community Healthcare, Tricare, Blue Cross Blue	Sees all ages	Mental and behavioral health, Animal assisted therapy, hypnotism, theraplay, client center talk therapy, EMDR

				Shield		
Nelson, Patricia	LISW, CADC	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale		Mental and behavioral health. Generalist, substance abuse
Nobles, Kristie	LMHC-TL	New Directions Counseling Services 1310 Solar Drive Waterloo, IA	Ph: 319-232-2086			
Nolta, Sara	tLMHC	Pathways Behavioral Services 3362 University Ave. Waterloo, IA 50701 https://www.pathwaysb.org	Ph: 319-235-6571 Fax: 319-235-6028			
Noriega, Tuyet	LMHC temp	Monarch Therapy Services, Inc. 3356 Kimball Avenue, Suite 5	Ph: 319-346-1216 Fax: 319-346-1217			

		Waterloo, IA 50702 www.monarchtherapyservices.com				
O'Conner, Patrick	Ph.D.	UnityPoint Clinic Psychiatry 146 West Dale, Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	Ph: 319-235-3351 Fax: 319-235-3132		Accepts children	Psychiatry
Ogea, Carol	LISW	Independent Counseling 999 Home Plaza Suite 203 Waterloo, IA 50701	Ph: 563-920-3675	Aetna, Alliance, beech Street, BCBS, Cigna, Cofinity, First Health, Great-West Life, Guardian, Humana, Magellan Behavioral Health, Medicaid, Medicare, Multiplan, PreferredOne, TRICARE, united Healthcare, sliding scale, private pay	6 and older	Anxiety, behavioral issues, depression, EMDR, CBT

Oldag, Lauren	LISW	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Accepts children	Mental health counseling. Generalist
Paul, David	LISW	UnityPoint Clinic Psychiatry 146 West Dale, Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	Ph: 319-235-3351 Fax: 319-235-3132			
Pauli, Nikole	LMHC	Mid-Iowa Family Therapy 3275 W 4th St. Waterloo, IA 50701 http://www.miftc.com/index.shtml	Ph: 319-833-0072 Fax: 319-833-0073			
Penrod, Hailey	tLMHC	Full Circle Therapy Center, LLC In-person therapy for Cedar	Phone: 319-209-6840 Email: hailey@fullcircletherapyiowa.co		Young adults, Individuals up to age 50.	Eclectic therapist, typically utilizing CBT, Client-Centered

		Falls/Waterloo area Tele-health therapy for anyone in the state of Iowa	m			Therapy, DBT, Art Therapy Interventions, and other interventions as needed
Petersen, Ashley	LMHC	UnityPoint - Black Hawk Grundy Mental Health 3251 W. 9th St Waterloo, IA 50702	Ph: 319.234.2893 #268	Accept most insurance, besides Medicare	Children ages 13 and up	Specialties include: EMDR, anxiety, panic disorder, and complex trauma.
Petersen, Kevin	LMHC, Ph.D.	New Directions Counseling Services 1310 Solar Drive Waterloo, IA	Ph: 319-232-2086		Children, adults, couples, families	
Peterson, Wendy	RN	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354		Accepts children	
Piburn, Marvin	MD	UnityPoint Health	Ph:			

		Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	319-234-2893 Fax: 319-234-0354			
Pixler, Caitlin	LMFT, RPT	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc. Hawkeye Community College-Student Health Center 1501 East Orange Road P.O. Box 8015 Waterloo, IA 50704	Ph: 319-234-2893 Fax: 319-234-0354 Ph: 319-296-4224	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	BHGMHC: Accepts children Hawkeye community college: students	BHGMHC: Mental and behavioral health Hawkeye Community College: evaluations, screenings, individual and couples therapy, information, referral services

		http://www.hawkeyecollege.edu/students/services/health/mental-health.aspx				
Plunkett, Shawn	ARNP	UnityPoint Covenant Psychiatry				
Pucelik, Robert		UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354			
Rahim, Abdur	M.D.	UnityPoint Clinic Psychiatry 146 West Dale, Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	Ph: 319-235-3351 Fax: 319-235-3132		Does not accept children	Psychiatry
Rainey, Debra		Black Hawk Grundy Mental Health Center, Inc.	Ph: 319-234-2893 Fax:			

		3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	319-234-0354			
Raju, Penumetsa	M.D.	MercyOne Psychiatry 2750 St. Francis Dr. Waterloo, IA 50702 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waterloo/waterloo-psychiatry.aspx	Ph: 319-272-8922 Fax: 319-272-8929	Medicaid, Major insurance carriers, self pay		Psychiatry, anxiety disorders, bipolar, depression
Raney, Lisa	LMHC	UnityPoint Clinic Psychiatry 146 West Dale, Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	Ph: 319-235-3351 Fax: 319-235-3132		No children	Psychiatry
Rickert, Abby arickert@lifestepstherapysolutions.org	LISW	Life Steps Therapy Solutions, PLLC (Owner) 3641 Kimball Ave	319-575-0550	BCBS/Wellmark, UHC, and Self pay	adults age 18-65+	life transitions, anxiety, career stress & burn out, perfectionist

		Waterloo, IA 50702 Tuesday evenings: UnityPoint Black Hawk Grundy Mental Health Center				tendencies, people pleasing, neurodiversity (ADHD), grief & loss, aging, caregiver stress/burn out, and living with chronic health conditions
Ries, Megan	MS, LMHC, NCC	Keys to Living 2211 Maynard Ave. Waterloo, IA 50701 http://keystoliving.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094		Children, adolescents, adults	Play therapy, crisis, grief and loss, anxiety, depression, substance abuse, domestic violence, trauma, physical abuse, emotional abuse, sexual abuse, EMDR, CBT, SPMI. Christian perspective
Riker, Joyce	LISW	Park View Counseling 2101 Park Drive Cedar Falls, IA 50613	Ph: 319-243-8290		Age 5 or greater, individuals and couples	Depression, anxiety, PTSD, life stressors, caring for aging parents, grief
Rodenburgh,	LMHC, IADC,	Robyn	Ph:	Blue Cross Blue	Children,	Play therapy,

Robyn robynrodenburg h@yahoo.com	NCC, RPT	Rodenburgh, Inc. 142 Brookeridge Dr. Waterloo, IA 50702 http://robynrodenburgh-lmhc.com	319-231-5871 Fax: 888-981-5029	Shield, United Healthcare, Amerihealth Caritas, Amerigroup, Aetna, Cigna, Cedar Valley Community Health, self-pay	adolescents, adults	individual therapy, EMDR, PTSD
Roland, Carroll	Ph.D.	Center for Behavioral Health 36 West Park Lane Waterloo, IA 50701	Ph: 319-234-7481 Fax: 319-234-5774			Disability evaluations
Ryan, Larry	M.A., Ph.D.	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Children and adolescents	Mental and behavioral health
Samo, Paul		UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702	Ph: 319-234-2893 Fax: 319-234-0354			

		https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.				
Schaefer, Jake	LMHC	Cedar Valley Counseling Services 4521 Chadwick Road Suite 2 Cedar Falls, IA 50613 https://www.cedarvalleycounselingservices.com	Ph: 319-239-3533 Fax: 888-972-4788	Private pay, EAP, self pay, Insurance including BCBS, United, Medicaid	All	Individuals and families, anxiety, teens, work related stress, stress management, management training, faith based counseling
Schara, Amanda	LMHC	UnityPoint Health-Allen Hospital 1825 Logan Ave. Waterloo, IA http://www.unitypoint.org/waterloo/employee-assistance-program.aspx	Ph: 319-235-3500			Employee Assistance Program
Schenider, Kati	LISW	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Accepts children	Generalist

		https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.				
Schmadeke, Carissa	LISW	Reflections Mental Health Services 3316 Cedar Heights Drive, Suite C Cedar Falls, IA 50613	Phone: 319-260-2066 Schedule sessions by going to reflections.cedarfalls@gmail.com or phoning the office	Accepts all major insurances	Sees teens, adults, and couples	
Schrage, Autumn	LISW	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Accepts children	Generalist
Schwinn, Stephanie	LISW	UnityPoint Clinic Psychiatry 146 West Dale,	Ph: 319-235-3351 Fax:		No children	Psychiatry, addictions, anxiety,

		Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	319-235-3132			behavioral health, mood disorders
Schmidt, Ramona roneagleswings@aol.com	MA, NCC	On Eagles Wings Locations in Waterloo and Cedar Falls http://www.oneagleswingscounseling.com	Ph: 319-215-0715	Does not accept insurance. \$40 flat fee with sliding scale	Individuals, couples, family, marriage	
Schniderman, Jennifer	LISW	UnityPoint Clinic Psychiatry 146 West Dale, Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	Ph: 319-235-3351 Fax: 319-235-3132			
Shaw-Thierman, Jennifer	LISW	UnityPoint Clinic Psychiatry 146 W Dale St. Suite 101 Waterloo, IA 50703	Ph: 319-235-3351 Fax: 319-235-3132		Accepts children	Pediatric psychiatry, psychiatry, adolescents, anxiety, marital/relationships/divorce, depression, self-esteem
Smith, Kelli	LISW	UnityPoint Health	Ph:		Accepts children	

		Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	319-234-2893 Fax: 319-234-0354			
Springer, Jane	Ph.D.	MercyOnel Center 3421 West Ninth St. Waterloo, IA 50702 https://www.wheatoniowa.org	Ph: 319-272-8000			Neuropsychology
Stack, Lindsay	LMHC, CADC	Pathways Behavioral Services 3362 University Ave. Waterloo, IA 50701 https://www.pathwaysb.org	Ph: 319-235-6571 Fax: 319-235-6028			Substance abuse and mental health counseling
Sullivan, Kerry	LMHC	Kerry Sullivan Counseling, PLLC 2021 W 7th St. Waterloo, IA 50702	Ph: 319-529-9929			Play therapy
Swisher, Kelsie	ARNP	UnityPoint Health	Ph:		Accepts children	

		Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	319-234-2893 Fax: 319-234-0354			
Targoff, Matthew		MercyOne Psychiatry 2802 Orchard Drive Cedar Falls, IA 50613 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/cedar-falls/covenant-clinic---psychiatry.aspx	Ph: 319-268-9700			
Tate, Teri	R.N.	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854	Ph: 319-234-2893 Fax: 319-234-0354	All insurances, many EAP, Medicaid, Medicare, sliding fee scale	Accepts children	Mental and behavioral health

		&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.				
Thierman, Jennifer	LISW	UnityPoint Clinic Psychiatry 146 West Dale, Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	Ph: 319-235-3351 Fax: 319-235-3132		Accepts children, adolescents	Pediatric psychiatry, psychiatry, anxiety, counseling, marital/relationships/divorce, depression, mental health, self-esteem
Tjaden, Carol	LMSW	MercyOne Horizons 3421 West Ninth St. Waterloo, IA 50702 https://www.wheatoniowa.org/services/full-listing/horizons---help-for-substance-abuse.aspx		Ph: 319-272-8560		Substance abuse and mental health counseling
Topliff, Jennifer	LMSW	Lutheran Services in Iowa 904 W 4th St. Waterloo, IA 50702 https://lsiowa.org	Ph: 319-233-3579 Fax: 319-233-6569		Children and adolescents	Play therapy, sexual abuse, trauma
Towley, Jon	LISW	Unique Perspectives			Adolescents and adults	Anger issues, anxiety, stress

		Waterloo, IA				management issues, blended family issues, dual diagnosis, addictions.
Upshaw, John	LISW, RPTS	MercyOne Psychiatry 2802 Orchard Drive Cedar Falls, IA 50613 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/cedar-falls/covenant-clinic---psychiatry.aspx	Ph: 319-268-9700		Children, adolescents, families, adults	Play therapy, family therapy, child abuse, trauma, abandonment, Asperger's Syndrome, Tourette's Syndrome, depression, separation anxiety, stress management, grief, loss, life adjustment issues
Wardlow, Holly	LISW	Monarch Therapy Services, Inc. 3356 Kimball Avenue, Suite 5 Waterloo, IA 50702 www.monarchtherapyservices.com	Ph: 319-346-1216 Fax: 319-346-1217			CBT, anxiety, attachment, codependency in relationships
Wehrman, Paul	LMHC	MercyOne Psychiatry 2750 St. Francis	Ph: 319-272-8922 Fax:	Medicaid, Major insurance carriers, self pay	Children (any age), adults	Chemical dependency evaluations,

		Dr. Waterloo, IA 50702 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waterloo/waterloo-psychiatry.aspx MercyOne Psychiatry 217 20th St. NW Waverly, IA 50677 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waverly/waverly---psychiatry.aspx	319-272-8929 Ph: 319-352-9606 Fax: 319-352-9562			relationship issues, employee assistance brief therapy
Wernimont, Ken	LISW	UnityPoint Clinic Psychiatry 146 West Dale, Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	Ph: 319-235-3351 Fax: 319-235-3132		No children	Psychiatry
Wilcox, Tim	Ph.D.	UnityPoint Clinic Psychiatry 146 West Dale, Suite 101 Waterloo, IA 50703	Ph: 319-235-3351 Fax: 319-235-3132		Accepts children	Psychiatry, medical psychology, treatment of trauma

		www.unitypoint.org/waterloo/clinic.aspx?id=718				
Williams, Barbara	ARNP	UnityPoint Health Black Hawk Grundy Mental Health Center, Inc. 3251 W. 9th St. Waterloo, IA 50702 https://www.unitypoint.org/waterloo/clinic.aspx?id=1854&Black+Hawk+Grundy+Mental+Health+Center%2c+Inc.	Ph: 319-234-2893 Fax: 319-234-0354		Accepts children	
Wilson, Stacy	LMHC	Monarch Therapy Services, Inc. 3356 Kimball Avenue, Suite 5 Waterloo, IA 50702 www.monarchtherapyservices.com	Ph: 319-346-1216 Fax: 319-346-1217		Any age	Domestic abuse, sexual assault, sexual orientation, gender identity, trauma, attachment
Wilson-Anderson, Angela	LMSW	Families First Counseling Services 3510 Kimball Ave. Suite A Waterloo, IA 50701 https://www.families-first.net	Ph: 319-433-0395	T19, Private pay	Children, adolescents, adults	Trauma, co-occurring conditions, elements of play therapy, CBT, mindfulness, strengths based, solution focused,

						attachment issues
Winther, Nicole	LISW	Families First Counseling Services 3510 Kimball Ave. Suite A Waterloo, IA 50701 https://www.families-first.net	Ph: 319-433-0395	T19, Private pay	Adults and Adolescents	Strengths based, trauma, CBT, systems theory, clinical director
Wood, Kristie	M.A., LMHC, CADC	Hope Tree Counseling Services, Inc. 1420 W Donald St. Waterloo, IA 50703 http://hopetreecounselingservices.com	Ph: 319-232-4673 Fax: 844-272-2253	Amerihealth, Amerigroup, United Healthcare, United Healthcare of the River Valley, Cedar Valley Community Healthcare, Tricare	Individuals over age 12	Dementia, caregiver stress, grief/loss, domestic violence, family conflicts, relationship issues, anxiety, depression, self-esteem, alcohol/chemical abuse and dependence. EMDR, client centered talk therapy, nature assisted therapy
Worku, Deginesh degineshworku@yahoo.com	Ph.D., LMHC, LPC	Peace of Mind Counseling 212 East 4th St. Waterloo, IA 50703	Ph: 319-504-5115 Fax: 319-291-4298	Accepts most insurances, EAPs, self pay, sliding fee scale	Individuals age 10 and older, couples, families	Depression, anxiety, anger management, parenting

		*Will see people in Cedar Falls if absolutely necessary https://www.peaceofmindcounselingcare.com				support, grief, work and career issues, stress, conflict resolution, personality disorders, eating disorders, christian counseling, adoption issues, multicultural issues
Wumkes, Cory	MS, LMHC	Cory Wumkes Behavioral Health 3641 Kimball Ave. Suite 201 Waterloo, IA 50702	Ph: 319-504-9439			
Young, Annie annieyoung@therapyplaceinc.com	LISW	Therapy Place, Inc. 745 April St. Waterloo, IA 50701 http://www.therapyplaceinc.com	Ph: 402-981-4579 Fax: 712-254-9019	Accepts all insurances, self pay, sliding fee scale	Ages 2-7 for PCIT, Ages 8 and older for individual therapy	Borderline personality disorder, PCIT, severe mental illness, dual diagnosis, addictions, juvenile male sex offenders, STEPPS group
Zander, Margaret		UnityPoint Clinic Psychiatry 146 West Dale,	Ph: 319-235-3351 Fax:			

		Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	319-235-3132			
Zdilar, Darko	M.D.	UnityPoint Clinic Psychiatry 146 West Dale, Suite 101 Waterloo, IA 50703 www.unitypoint.org/waterloo/clinic.aspx?id=718	Ph: 319-235-3351 Fax: 319-235-3132		Does not accept children	Psychiatry

BREMER COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Armstrong, Gretchen	LMHC, CADC	Waverly Counseling Group 118 1st St. SW Waverly, IA 50677 http://waverlycounselinggroup.com	Ph: 319-883-0708	EAP, private pay, variety of insurances	Adolescents to senior citizens, individual, couples, and families	Anxiety and mood disorders, addictions and substance abuse, couples counseling, gambling, CBT,
Blough, Rachel	LMHC, LBSW	Lutheran Services in Iowa 106 16th St. SW P.O. Box 848 Waverly, IA 50677 http://lsiowa.org	Ph: 319-352-2630 Fax: 319-352-0773		Children and adolescents	EMDR, play therapy, sand tray, special needs

Danielson, Stacia	ARNP	Waverly Health Center-Behavioral Health Clinic 312 Ninth St. SW Waverly, IA 50677 https://www.waverlyhealthcenter.org/home.aspx	Ph: 319-483-4074 Fax: 319-483-1383			Psychiatry
Davis, Aubrey	LMHC-TL	New Directions Counseling Services 1310 Solar Drive Waterloo, IA	Ph: 319-232-2086			
Dickinson, John	LMHC	Pathways Behavioral Services 111 10th St. Waverly, IA 50677 https://www.pathwaysb.org	Ph: 319-352-2064 Fax: 319-352-2329			
Deur, Chassity	LISW	Covenant Clinic Psychiatry 217 20th St. NW Waverly, IA 50677 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waverly/waverly---psychiatry.aspx	Ph: 319-352-9606 Fax: 319-352-9562			Counseling services

Doumanian, Valentina	MD	Covenant Clinic Psychiatry 217 20th St. NW Waverly, IA 50677 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/waverly/waverly---psychiatry.aspx	Ph: 319-352-9606 Fax: 319-352-9562			Psychiatry, mood disorders, depression, anxiety, stress management, anger management, relationship issues. Speaks English, Bulgarian, German, and Russian
DuBois, Kathleen	LMHC	Pathways Behavioral Services 111 10th St. Waverly, IA 50677 https://www.pathwaysb.org	Ph: 319-352-2064 Fax: 319-352-2329			
Eslick, Stephanie	LISW	Monarch Family Therapy 406 W Bremer Suite C Waverly, IA 50677 http://www.monarchtherapyservices.com	Ph: 319-346-1216			Play therapy, Aut-play
Ewald, Christine	LMHC, CADIC	Covenant Clinic 217 20th St. NW Waverly, IA 50677	Ph: 319-352-9606 Fax:	Medicaid, Major insurance carriers, Self		Mental health and substance abuse

		https://www.wheatoniowa.org/find-a-doctor/default.aspx?m=107	319-352-9562	pay		counseling
Fink, Lois	LMHC	Pathways Behavioral Services 111 10th St. Waverly, IA 50677 https://www.pathwaysb.org	Ph: 319-352-2064 Fax: 319-352-2329			
Foy, Mary	LMHC	Waverly Counseling Group 118 1st St. SW Waverly, IA 50677 http://waverlycounselinggroup.com	Ph: 319-415-7066	Private pay and variety of insurances	Individuals 8+	CBT, Existential therapy, Adlerian Therapy, person-centered , play and sand
Gesme, Amanda	LMHC	Pathways Behavioral Services 111 10th St. Waverly, IA 50677 https://www.pathwaysb.org	Ph: 319-352-2064 Fax: 319-352-2329			
Grafft, Cyd	ARNP	Pathways Behavioral Services 111 10th St. Waverly, IA 50677 https://www.pathwaysb.org	Ph: 319-352-2064 Fax: 319-352-2329			

		aysb.org				
Haberman, Kate	LISW, MFT, RPT	Monarch Therapy Services, Inc. 406 West Bremer Avenue Suite C Waverly, IA 50677 www.monarchtherapyservices.com	Ph: 319-231-9399			Specializes in Attachment and trauma, play therapy, family and couples therapy, sexuality and gender and anxiety.
Kepford, Wendy wkepford@pathwaysb.org	LISW	Pathways Behavioral Services 111 10th St. SW Waverly, IA 50677 https://www.pathwaysb.org	Ph: 319-352-2064			
Kukral, Vicky Jo	LMHC	Lutheran Services in Iowa 106 16th St. SW P.O. Box 848 Waverly, IA 50677 http://lsiowa.org	Ph: 319-352-2630 Fax: 319-352-0773		Adolescents ages 12 to 17	Conduct issues, mental health, behavioral issues, Bremwood Residential Clinical Coordinator
Neuhaus, Saleena	LMSW	Lutheran Services in Iowa 106 16th St. SW P.O. Box 848 Waverly, IA 50677	Ph: 319-352-2630 Fax: 319-352-0773		Children 5 and up	

		http://lsiowa.org				
Newsom, Stephanie stephanie.newsom@wartburg.edu stephanie.newsom@icloud.com	LMHC	Waverly Counseling Group 118 1st St. SW Waverly, IA 50677 http://waverlycounselinggroup.com Wartburg College 100 Wartburg Blvd. Waverly, IA 50677 3rd floor of the library http://info.wartburg.edu/Pathways/Counseling-Services.aspx	Ph: 319-230-6668 Ph: 319-352-8596	Waverly Counseling Group: Amerigroup, Aetna, Amerihealth, Blue Cross Blue Shield, Magellan Behavioral Health, Medicaid, Optum, UBH, UMR, Out of network, self-pay	Age 14 and older, individuals, couples, families Only sees Wartburg students at Wartburg	CBT, person-centered, mood disorders, personality disorders, depression, anxiety, relationship issues
Phillips, Monte	LISW	Waverly Health Center-Behavioral Health Clinic 312 Ninth St. SW Waverly, IA 50677 https://www.waverlyhealthcenter.org/home.aspx	Ph: 319-483-4074 Fax: 319-483-1383			Mental health counseling
Primus, Polly polly.primus@pathwaysb.org	LISW	Pathways Behavioral Services 111 10th St. Waverly, IA 50677	Ph: 319-352-2064 Fax: 319-352-2329			PCIT

		https://www.pathwaysb.org				
Rathe, Ann	MD	Waverly Health Center-Behavioral Health Clinic 312 Ninth St. SW Waverly, IA 50677 https://www.waverlyhealthcenter.org/home.aspx	Ph: 319-483-4074 Fax: 319-483-1383			Psychiatry
Requena, Elizabeth elizabethrequena@gmail.com	LMHC-temp	Pathways Behavioral Services 111 10th St. Waverly, IA 50677 https://www.pathwaysb.org	Ph: 319-352-2064 Fax: 319-352-2329			PCIT
Roling, Amy	LMHC	Waverly Counseling Group 118 1st St. SW Waverly, IA 50677 http://waverlycounselinggroup.com	Ph: 319-269-8948	Aetna, Blue Cross Blue Shield, Optum, UMR, United Healthcare, Magellan Behavioral Health, Medicaid, self pay	Age 11 and older, individuals, couples, groups	CBT, REBT, anxiety, depression, grief, mood disorders
Schneiderman, Jennifer	LISW	Waverly Health Center-Behavioral Health Clinic	Ph: 319-483-4074 Fax:			Mental health counseling

		312 Ninth St. SW Waverly, IA 50677 https://www.waverlyhealthcenter.org/home.aspx	319-483-1383			
Tagtow, Melanie melanie.tagtow@pathwaysb.org	LISW	Pathways Behavioral Services 111 10th St. Waverly, IA 50677 https://www.pathwaysb.org	Ph: 319-352-2064 Fax: 319-352-2329		2-18	PCIT, school based services, office based services, CBT, art therapy, play therapy, supportive therapy
Trowbridge, Carrie	tLMHC	Lutheran Services in Iowa 106 16th St. SW P.O. Box 848 Waverly, IA 50677 http://lsiowa.org	Ph: 319-352-2630 Fax: 319-352-0773			EMDR and substance abuse
Wardlow, Holly	LISW	Monarch Family Therapy 406 W Bremer, Suite C Waverly, IA 50677 http://www.monarchtherapyservices.com	Ph: 319-230-4219			CBT
Wehrman, Paul	LMHC	Covenant Clinic 217 20th St. NW Waverly, IA 50677	Ph: 319-352-9606 Fax:	Medicaid, Major insurance carriers, self pay	All ages	Chemical dependency, relationship

		https://www.wheatoniowa.org/find-a-doctor/default.aspx?m=107	319-352-9562			issues, employee assistance brief therapy
Wertz, Molly molly.wertz@wartburg.edu	LMHC	Wartburg College 100 Wartburg Blvd. Waverly, IA 50677 3rd floor of the library http://info.wartburg.edu/Pathways/Counseling-Services.aspx	Ph: 319-352-8596		Only sees Wartburg students	Mental health counseling

BUCHANAN COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Althaus, Gail	LMHC	1125 6th St. Jesup, IA 50648	Ph: 319-827-6103			
Bhasker, Dave	M.D.	Independence Mental Health Institute 2277 Iowa Ave. Independence, IA 50644	Ph: 319-334-2583			Psychiatry
Bosnic, Tara	LISW	Emerald Bridges Family Therapy, LLC.	Ph: 563-579-1181 Fax:	Amerihealth Caritas of Iowa, United	All ages	CBT, strengths based, specialized in

		2300 Swan lake Blvd. Suite 102 Independence, IA 50644 http://emeraldbridgesfamilytherapy.webly.com	319-332-1241	Healthcare, Amerigroup, Blue Cross Blue Shield, Aetna, private pay		adolescents and marital therapy
Brown, Seth	Ph.D.	Counseling and Assessment Service P.C. 512 2nd St. NE Independence, IA 50644 http://www.counselingservice.com/index.html	Ph: 319-334-6820		Adolescents and adults	Trauma, psychological evaluations, psychoeducational assessments, Severe mental illness, behavioral medicine issues
Bruschke, Erich	PA	Abbe Center for Community Mental Health 211 2nd Ave NE Suite 8 Independence, IA http://www.abbemhc.org/default.asp	Ph: 419-334-4010 Fax: 319-334-7265			Psychiatry/medication services
Eimers, Janet	LISW	Abbe Center for Community Mental Health 211 2nd Ave NE Suite 8 Independence, IA	Ph: 419-334-4010 Fax: 319-334-7265			Outpatient mental health therapy

		http://www.abbemh.c.org/default.asp				
Gamm, Kimberly	LMHC	105 Main St. North Hazleton, IA 50641	Ph: 319-636-2100			
Glew, Cathy	LISW	Independence Mental Health Institute 2277 Iowa Ave. Independence, IA 50644	Ph: 319-334-2583			
Hanson, Dr.		Abbe Center for Community Mental Health 211 2nd Ave NE Suite 8 Independence, IA http://www.abbemh.c.org/default.asp	Ph: 419-334-4010 Fax: 319-334-7265			Psychiatry/medi cation services
Harper, George	Ed.D., Licensed psychologist	Counseling and Assessment Service P.C. 512 2nd St. NE Independence, IA 50644 http://www.counsel.service.com/index.html	Ph: 319-334-6820		All ages, individual, marital and family	EMDR, trauma, psychological evaluations, psychoeducatio nal assessments, ADHD, stress reduction
Miskimen, Patricia	LISW	Abbe Center for Community Mental	Ph: 419-334-4010			Outpatient mental health

		Health 211 2nd Ave NE Suite 8 Independence, IA http://www.abbemh.c.org/default.asp	Fax: 319-334-7265			therapy
Muir, Nancy	LISW	Abbe Center for Community Mental Health 211 2nd Ave NE Suite 8 Independence, IA http://www.abbemh.c.org/default.asp	Ph: 419-334-4010 Fax: 319-334-7265			Outpatient mental health therapy
Peiffer, Heather hpeiffer@jesup.k12.ia.us	LMSW	Jesup Community Schools School Social Worker	(319) 827-1700 ext 1518			
Reiter, Amber amber.reiter@pathwaysb.org	LMSW, IADC	Pathways Behavioral Services 209 2nd Ave NE Independence, IA 50644 https://www.pathwaysb.org	Ph: 319-334-6163 Fax: 319-334-4035		Adolescents and adults	Outpatient mental health and substance abuse treatment
Schultz, Jacquelyn jojac@netins.net	LISW	Wapsi Valley Family Counseling 2349 Jamestown	Ph: 319-361-4867	Most insurances, private pay,	All ages. Children and adults seeking	Cognitive Behavioral (CBT);

		Ave., Suite 5 Independence, IA 50644		sliding scale	mental health counseling, Individuals, couples, families	Culturally Sensitive; Family / Marital; Play Therapy; Solution Focused Brief (SFBT); Trauma Focused
Steffen, Jonathan	LMSW	Independence Mental Health Institute 2277 Iowa Ave. Independence, IA 50644	Ph: 319-334-2583			
Swalin-Finnegan, Lindsay	LISW	Cornerstone Family Therapy, LLC 2349 Jamestown Ave., Suite 5 Independence, IA 50644	Ph: 712-450-5001		Children, families, married couples, individual adults	CBT, Anxiety, depression, mood disorders, grief, relationship issues, trauma informed care, PTSD, EMDR, LPHA assessments
Wolfe, Dr.		Abbe Center for Community Mental Health 211 2nd Ave NE Suite 8 Independence, IA	Ph: 419-334-4010 Fax: 319-334-7265			Psychiatry/medi cation services

		http://www.abbemh.org/default.asp				
--	--	---	--	--	--	--

BUTLER COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
		Monarch Therapy Services, Inc. 505 Coates Street Parkersburg, IA 50665	Ph: 319-346-1216 Fax: 319-346-1217		Individual, Family, Couples	Group and Play Therapy, BHIS services, Child Mental Health Waiver Services, Parenting Groups, OUT (LGBTQ) Support Group, Clinical Supervision and PsychoEducation Services.
Eslick, Stephanie	LISW	Monarch Family Therapy 505 Coates St. Parkersburg, IA 50665 http://www.monarchtherapyservices.com	Ph: 319-346-1216 Fax: 319-346-1217			Play therapy, Aut-play
Hemmen, Alycia	LMHC-temp	Monarch Family Therapy	Ph: 712-789-0664			

		505 Coates St. Parkersburg, IA 50665 http://www.monarchtherapyservices.com				
Kneip, Julie	LMHC	Monarch Therapy Services 505 Coates St. Parkersburg, IA 50665 http://www.monarchtherapyservices.com	Ph: 319-346-1216 Fax: 319-346-1217			
Wardlow, Holly	LISW	Monarch Family Therapy 505 Coates St. Parkersburg, IA 50665 http://www.monarchtherapyservices.com	Ph: 319-230-4219 Fax: 319-346-1217			CBT

CERRO GORDO

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Anastasi, James	LMFT, LMHC	Anastasi Counseling Services 1520 6th St. SW	Ph: 641-423-4180			

		Mason City, IA 50401 http://www.anastasiconsulting.com/home/3109722				
Anastasi, Kathy	LMFT, LMHC	Anastasi Counseling Services 1520 6th St. SW Mason City, IA 50401 http://www.anastasiconsulting.com/home/3109722	Ph: 641-423-4180			
Bartleson, Dorothy	LMHC	Anastasi Counseling Services 1520 6th St. SW Mason City, IA 50401 http://www.anastasiconsulting.com/home/3109722	Ph: 641-423-4180			Depression, stress management, family and couple issues, parenting, growth issues, anxiety, grief, PTSD
Bonin, Molly mbonin@psych mc.com	LMSW	Psychiatric Medical Care PMC			All ages	Trauma, chronic mental illness, solution focused, strengths based, inpatient and outpatient

Brink, Douglas	LMFT, LISW	Doug Brink Family Therapy 202 First St. SE Suite 107 Mason City, IA 50401	Ph: 515-650-4976		All ages, individuals, couples families	CBT, family systems, mindfulness, trauma, anxiety, depression
Brown, Kari kari@turningleafcounseling.com	LMSW	Turning Leaf Counseling, Inc. 103 East State St. Suite 301 Mason City, IA 50401 http://www.turningleafcounseling.com	Ph: 641-421-2089	Blue Cross Blue Shield, Medicaid	All ages, individuals, couples, families	Anxiety, depression, self esteem, mood disorders, parenting, stress, behavioral issues, PTSD, EMDR
Bunge, Kathryn	LISW	Generations Counseling 518 S 8th St. Suite 207 Clear Lake, IA 50428	Ph: 641-357-0272			
Burge, Gary	LMFT, IADC	Prairie Ridge 320 N Eisenhower Ave. Mason City, IA 50402 http://prairie.istop.us/index.php	Ph: 641-424-2391 Fax: 641-424-0783		Individuals and groups	DBT, Matrix relapse prevention
Burkley, Jill	Licensed Clinical Psychologist	Mercy Medical Center North Iowa 1000 4th St. SW Mason City, IA 50401	Ph: 641-428-7000		Children, adolescents, families	Sand tray, play therapy, art therapy, talk therapy, psychological

		http://www.mercynorthiowa.com				evaluations
Christianson, Brigid bchristianson@hipaamail.net	LISW, RPT-S	Child & Adolescent Integrated Health 9 2nd St. NW Mason City, IA 50401 https://www.childandadolescentintegratedhealth.com	Ph: 641-424-7068		Children, adolescents, families	Play therapy, Autplay, EMDR, Theraplay, attachment, depression, anxiety, defiance, trauma, self-harm, relationship issues, talk therapy, CBT, experiential therapy
Gambell, Randi randi@turningleafcounseling.com	LMSW	Turning Leaf Counseling, Inc. 103 East State St. Suite 301 Mason City, IA 50401 http://www.turningleafcounseling.com	Ph: 641-421-2089	Blue Cross Blue Shield, Medicaid	All ages, individuals, couples, families	Anxiety, depression, self esteem, mood disorders, parenting, stress, behavioral issues, divorce, PTSD
Golly, Ashley	LMHC	Mercy Medical Center North Iowa 1000 4th St. SW Mason City, IA 50401 http://www.mercynorthiowa.com	Ph: 641-428-7000		Adults, children, families	Outpatient therapy, trauma

		orthiowa.com				
Hager, Christopher	LMHC, CADC	Anastasi Counseling Services 1520 6th St. SW Mason City, IA 50401 http://www.anastasicounseling.com/home/3109722	Ph: 641-423-4180			Substance use
Hegarty-Roach, Mia	Licensed Psychologist	Mercy Medical Center North Iowa 1000 4th St. SW Mason City, IA 50401 http://www.mercynorthiowa.com	Ph: 641-428-7000		Individuals over age 7, families	Therapy services, psychological evaluations for those preparing for bariatric surgery to alleviate obesity-related health problems
Hess, Muriel	LISW	Mason City Veterans Affairs Community Based Outpatient Clinic 520 S Pierce St. Suite 150 Mason City, IA 50401 https://www.va.gov	Ph: 641-494-5000 Fax: 641-494-5005			
Hillman, Natalie	Ph.D.	Mercy Medical Center North Iowa	Ph: 641-428-7000		Children, adolescents,	Clinical child psychologists,

		1000 4th St. SW Mason City, IA 50401 http://www.mercynorthiowa.com			families	depression, anxiety, ADHD, behavioral problems, school-based therapy
Irvin, Angela	LISW	Mercy Medical Center North Iowa 1000 4th St. SW Mason City, IA 50401 http://www.mercynorthiowa.com	Ph: 641-428-7000		Individual, group, families, adults, adolescents	Inpatient therapy
Kaduce, Steve	LMHC	Anastasi Counseling Services 1520 6th St. SW Mason City, IA 50401 http://www.anastasiconsulting.com/home/3109722	Ph: 641-423-4180			Certified family law and divorce mediator, family and parenting issues
Kozlowski, Deanna	LISW	Private Practice 9 2nd St. NW Mason City, IA 50401	Ph: 641-672-7462		6 and older	CBT, DBT, Family systems, mindfulness based stress reduction, depression, anxiety, behavioral issues

Lane, Amber amber@turningleafcounseling.com	LMHC	Turning Leaf Counseling, Inc. 103 East State St. Suite 301 Mason City, IA 50401 http://www.turningleafcounseling.com	Ph: 641-421-2089	Blue Cross Blue Shield, Midlands Choice, North Iowa Community Healthcare, Aetna, United, Medicaid	All ages, individuals, families	Anxiety, depression, self esteem, mood disorders, parenting, PCIT, stress, behavioral issues, PTSD, EMDR, TF-CBT
Lang, Tom tom@turningleafcounseling.com	LISW	Turning Leaf Counseling, Inc. 103 East State St. Suite 301 Mason City, IA 50401 http://www.turningleafcounseling.com	Ph: 641-421-2089	Blue Cross Blue Shield, Midlands Choice, North Iowa Community Healthcare, Aetna, United Healthcare, Medicaid, Medicare	Individuals, adolescents, adults, couples, families	Anxiety, depression, self esteem, mood disorders, parenting, stress management, behavioral issues, PTSD
Lassise, Mark	MD	Mason City Clinic 250 S Crescent Drive Mason City, IA 50401 https://www.mcclinic.com	Ph: 641-494-5200 Fax: 641-494-5403			Psychiatry, neurology, addiction
Lewis, Adam adam@turningleafcounseling.com	LISW	Turning Leaf Counseling, Inc. 103 East State St. Suite 301 Mason City, IA 50401 http://www.turningleafcounseling.com	Ph: 641-421-2089	Blue Cross Blue Shield, Midlands Choice, North Iowa Community Healthcare,	All ages, individuals, couples, families	Anxiety, depression, self esteem, mood disorders, parenting, stress,

		eafcounseling.com		Aetna, United, Medicaid, Medicare		behavioral issues, PTSD, LGBTQ, PCIT, DBT, EMDR
Linnevold, Paula paula@turningleafcounseling.com	LISW	Turning Leaf Counseling, Inc. 103 East State St. Suite 301 Mason City, IA 50401 http://www.turningleafcounseling.com	Ph: 641-421-2089	Blue Cross Blue Shield, Midlands Choice, North Iowa Community Healthcare, Aetna, United, Medicaid, Medicare	Individuals, families	Anxiety, depression, self esteem, mood disorders, stress, PTSD, DBT
Mayberry, Jameson	LMFT, CADC, SAP, MAC	Anastasi Counseling Services 1520 6th St. SW Mason City, IA 50401	Ph: 641-569-6848	Aetna, Blue Cross Blue Shield, Magellan Behavioral Health, Medicaid, Midlands Choice, North Iowa Community Healthcare, private pay	11 and older, individuals, couples, families	Discernment counseling, addiction, relationship issues
Menken, Crystal	PsyD	Mercy Family Medicine Residency 1010 4th St. SW Suite 340 Mason City, IA 50401	Ph: 641-428-7766 Fax: 641-428-7788		Children, adolescents, families	Play and talk therapy

		http://www.mercynorthiowa.com				
Minear, Emily	t-LMHC	Prairie Ridge 320 N Eisenhower Ave. Mason City, IA 50402 http://prairie.istop.us/index.php	Ph: 641-424-2391 Fax: 641-424-0783			Gambling treatment services, patients involved with the Department of Corrections
Morrison, Sarah sarah@turningleafcounseling.com	LMHC	Turning Leaf Counseling, Inc. 103 East State St. Suite 301 Mason City, IA 50401 http://www.turningleafcounseling.com	Ph: 641-421-2089	Blue Cross Blue Shield, Midlands Choice, North Iowa Community Healthcare, TRICARE, Medicaid	All ages, individuals, families, couples	Anxiety, depression, self esteem, mood disorders, parenting, stress management, behavioral issues, divorce, PTSD, PCIT, EMDR
Ramos, Rogerio	MD	Mason City Clinic 250 S Crescent Drive Mason City, IA 50401 https://www.mcclinic.com	Ph: 641-494-5200 Fax: 641-494-5403			Psychiatry, addictions
Rebedeau, Susan	LISW	North Iowa Therapy Associates 124 N Federal Ave. Mason City,	Ph: 641-423-3864		Adults, groups	

		IA 50401 http://www.northiowatherapy.com				
Rutter, Holly holly@turningleafcounseling.com	LISW	Turning Leaf Counseling, Inc. 103 East State St. Suite 301 Mason City, IA 50401 http://www.turningleafcounseling.com	Ph: 641-421-2089	Blue Cross Blue Shield, Midlands Choice, North Iowa Community Healthcare, Aetna, United Healthcare, TRICARE, Medicaid, Medicare, EAP	All ages, individuals, families, couples	Anxiety, depression, self esteem, mood disorders, parenting, stress management, behavioral issues, divorce, PTSD, PCIT, EMDR, Theraplay
Seaton, Brent	Ph.D.	Mercy Medical Center North Iowa 1000 4th St. SW Mason City, IA 50401 http://www.mercynorthiowa.com	Ph: 641-428-7000			Neuropsychological and psychological assessment, dialectical behavior therapy, neuropsychology of schizophrenia and emotional regulation
Seeger, Chris chris@turningleafcounseling.com	LMHC	Turning Leaf Counseling, Inc. 103 East State St. Suite 301 Mason City, IA 50401	Ph: 641-421-2089	Blue Cross Blue Shield, Midlands Choice, North Iowa Community	All ages, individuals, couples, families	Anxiety, depression, self esteem, mood disorders, parenting, stress

		http://www.turningleafcounseling.com		Healthcare, Aetna, United Healthcare, Medicaid, Meritain, CIGNA, Health Partner, UMR, TriCare		management, behavioral issues, PTSD, PCIT, EMDR
Seeger, Kathy kathy@turningleafcounseling.com	LMHC-temp	Turning Leaf Counseling, Inc. 103 East State St. Suite 301 Mason City, IA 50401 http://www.turningleafcounseling.com	Ph: 641-421-2089	Medicaid	All ages, individuals, families	Anxiety, depression, mood disorders, parenting, self esteem, stress, behavioral issues, PTSD, PCIT, EMDR
Tichy, Val val@turningleafcounseling.com	LMHC	Turning Leaf Counseling, Inc. 103 East State St. Suite 301 Mason City, IA 50401 http://www.turningleafcounseling.com	Ph: 641-421-2089	Blue Cross Blue Shield, Midlands Choice, North Iowa Community Healthcare, Aetna, United Healthcare, TRICARE, Medicaid, Medicare with Medicaid secondary	All ages, individuals, families	PTSD, behavioral issues, anxiety, depression, self esteem, stress management, parenting, EMDR, faith based
Weber, Leah	LMHC	Avalon Center 9 2nd Street NW	641-715-1183			Depression, anxiety,

		Mason City, IA 50401				parenting support, grief, work and career issues, stress management, addiction and recovery, conflict resolution, adoption, mediation services
Weiner, Kate	LISW, CADC	Prairie Ridge 320 N Eisenhower Ave. Mason City, IA 50402 http://prairie.istop.us/index.php	Ph: 641-424-2391 Fax: 641-424-0783			Lead clinician, Certified Multidimensional Family Therapist, co-occurring disorders, hospital based assessments
Williams, Cody cody@turningleafcounseling.com	LMHC	Turning Leaf Counseling, Inc. 103 East State St. Suite 301 Mason City, IA 50401 http://www.turningleafcounseling.com	Ph: 641-421-2089	Blue Cross Blue Shield, Midland's Choice, North Iowa Community Healthcare, Aetna, United Healthcare, TRICARE, Medicaid, EAP	10 and older, individuals, families, couples	Anxiety, depression, self esteem, mood disorders, parenting, stress management, behavioral issues, divorce, multicultural issues

Wiseman, Jody	LISW	North Iowa Therapy Associates 124 N Federal Ave. Mason City, IA 50401 http://www.northiowatherapy.com	Ph: 641-423-3864		Adults, adolescents	
Ziffra, Kelly	LISW	Mercy Medical Center North Iowa 1000 4th St. SW Mason City, IA 50401 http://www.mercynorthiowa.com	Ph: 641-428-7000			Medical or health related issues, mental illness, end of life issues, bereavement
Zrostlik, Nic	LMHC	Mercy Medical Center North Iowa 1000 4th St. SW Mason City, IA 50401 http://www.mercynorthiowa.com	Ph: 641-428-7000			Inpatient Unit Coordinator

CHICKASAW COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Conrad, Kim		Counseling & Family Centered Services	641-394-2505			

		951 N Linn Ave Suite 3 New Hampton, IA 50659				
Conrad, Kyle	LMHC	Counseling & Family Centered Services 951 N Linn Ave Suite 3 New Hampton, IA 50659	641-394-2505			
Judson-Harms, Jennifer	LISW	Family Treatment Professionals, LLC 26 N Chesnut Ave. New Hampton, IA 50659	Office Ph: 641-394-3899 Cell Ph: 641-330-0901	Aetna, Amerigroup, Amerihealth Caritas, Medicare, United Health Care, Wellmark, self-pay	Individuals and families	Divorce and family mediation, relationship counseling, depression, anxiety, parenting support, grief and loss, stress, addiction, conflict resolution, domestic abuse, sexual abuse
Popenhagen, Connie	LISW, QCSW	Pathways Behavioral Services 602 S Washington Ave. Fredericksburg, IA 50630	Ph: 563-237-5300		Mostly adults, a few selective adolescents	Addiction, trauma, holistic counseling

		www.pathwaysb.org				
Schmitt, Lacey lacey.schmitt@pathways.org	LMSW	Pathways Behavioral Services 602 S Washington Ave. Fredericksburg, IA 50630 www.pathwaysb.org	Ph: 563-237-5300			
Thein, Laurie theintherapy@gmail.com	LMHC	Thein Therapy 123 East Main St. Box 155 Fredericksburg, IA 50630 http://theintherapymassage.net/home/3830825	Ph: 563-237-5157 Fax: 563-237-5120		All ages	Trauma, EMDR, depression and anxiety, stress management, CBT, alternative healing

CLAYTON COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Baumgartner, Diane	LISW	Guttenberg Municipal Hospital-Behavioral Health Clinic 200 Main St. P.O. Box 550 Guttenberg, IA	Ph: 563-252-1121			

		52052 https://guttenberghospital.org				
Bouska, Richelle	MA, LMHC, NCC	Regional Medical Center 111 East Mission St. Strawberry Point, IA	Ph: 563-933-6277			
Larson, Rachel	tLMHC	Life Connections 514 South Riverpark Drive Guttenberg, IA 52052 http://www.life-connections.org	Ph: 563-265-8694		Children	ODD, ADHD, Reactive Attachment Disorder
Wolfs, Karla	LISW	Guttenberg Municipal Hospital-Behavioral Health Clinic 200 Main St. P.O. Box 550 Guttenberg, IA 52052 https://guttenberghospital.org	Ph: 563-252-1121			

CLINTON COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
---------------	-----------	-----------------	--------------	--------------------	-----------	--------------

Elm, Erin	LMSW	Life Connections 2635 Lincoln Way, Suite A Clinton, IA 52732 http://www.life-connections.org	Ph: 319-364-1953		All ages	LGBTQ, disabilities, trauma, CBT, motivational interviewing, depression, anxiety, substance use, anger, communication skills, self esteem
Hennings, Alyssa	tLMHC	Life Connections 2635 Lincoln Way, Suite A Clinton, IA 52732 http://www.life-connections.org	Ph: 319-364-1953		Individual, couples, families	BHIS, solution focused, behavioral, CBT
Jordan, Rosemary	LISW	Cornerstone Wellness Center 1523 S. Bluff Blvd Clinton, IA 52732 http://www.clintoncornerstone.com/index.php	Ph: 563-243-6054 Fax: 563-243-6828		16 and older	Grief, depression, anxiety, relationship issues, workplace problems, lifestyle issues, self-worth, personality conflicts
Millard, Thomas	Ph.D.	Cornerstone Wellness Center	Ph: 563-243-6054		All ages, specialized in	ADHD, depression,

		1523 S. Bluff Blvd Clinton, IA 52732 http://www.clintoncornerstone.com/index.php	Fax: 563-243-6828		children	anxiety, autism spectrum disorders, anger management, relationship difficulties, behavioral disorders
Mills, Mike	LISW	Cornerstone Wellness Center 1523 S. Bluff Blvd Clinton, IA 52732 http://www.clintoncornerstone.com/index.php	Ph: 563-243-6054 Fax: 563-243-6828		Adults and children age 10 and up	Child welfare, community mental health, correctional, school settings, anxiety, depression, anger and stress management, grief, behavioral disorders
Olson, Lindsay	LMFT	Cornerstone Wellness Center 1523 S. Bluff Blvd Clinton, IA 52732 http://www.clintoncornerstone.com/index.php	Ph: 563-243-6054 Fax: 563-243-6828		Individuals, couples, families	Anxiety, depression, communication difficulties, adolescent concerns, and many more. Christian counseling
Palm, Evelyn	LMHC	Cornerstone Wellness Center	Ph: 563-243-6054			Grief, health issues, work

		1523 S. Bluff Blvd Clinton, IA 52732 http://www.clintoncornerstone.com/index.php	Fax: 563-243-6828			problems, stress, anxiety, depression
Reilly, Julie	LISW	Cornerstone Wellness Center 1523 S. Bluff Blvd Clinton, IA 52732 http://www.clintoncornerstone.com/index.php	Ph: 563-243-6054 Fax: 563-243-6828			Play therapy, anxiety, depression, 12 step recovery support, ADHD assessment/inte rvention, women's issues
Rumph, Gloria	LISW	Cornerstone Wellness Center 1523 S. Bluff Blvd Clinton, IA 52732 http://www.clintoncornerstone.com/index.php	Ph: 563-243-6054 Fax: 563-243-6828			Stress management, substance abuse, family therapy, play therapy, childhood sexual abuse, wellness, depression, anxiety, spiritual issues
Sidlinger, Jill	LMHC	Cornerstone Wellness Center 1523 S. Bluff Blvd Clinton, IA 52732 http://www.clintoncornerstone.com/index.php	Ph: 563-243-6054 Fax: 563-243-6828		Children, adolescents, adults, couples, families	Anxiety, depression, mood disorders, PTSD, anger management, relationship

		dex.php				issues, adult ADHD, stress management
Sidlinger, Kim	LMHC	Cornerstone Wellness Center 1523 S. Bluff Blvd Clinton, IA 52732 http://www.clintoncornerstone.com/index.php	Ph: 563-243-6054 Fax: 563-243-6828		Children 10 and under	Play, sand tray, art therapy
Skinner-Walsh, Alexandra	tLMHC	Life Connections 2635 Lincoln Way, Suite A Clinton, IA 52732 http://www.life-connections.org	Ph: 319-364-1953		All ages, specializes in children and families, couples	LGBTQ, anxiety, depression, grief, loss, trauma, suicidal ideation, life changes, sexual and domestic abuse, art therapy, play therapy, CBT, trauma focused, family systems

DELAWARE COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Agess Seen	Specialities
Biller, Shelby	ARNP	Abbe Center For Community Mental Health	Ph: 563-927-6700 Fax:			Psychiatry and medication services

		721 S 5th St. Manchester, IA http://www.abbemhc.org/default.asp	563-927-6703			
Bouska, Richelle	MA, LMHC, NCC	Regional Medical Center 709 West Main St. Manchester, IA 52057 http://www.regmedctr.org	Ph: 563-927-7777			
Eimers, Janet	LISW	Abbe Center For Community Mental Health 721 S 5th St. Manchester, IA http://www.abbemhc.org/default.asp	Ph: 563-927-6700 Fax: 563-927-6703			Outpatient mental health therapy
Hentges, Jenni	LMSW	Lutheran Services in Iowa 118 West Main Manchester, IA 52057 http://lsiowa.org	Ph: 563-927-3281 Fax: 563-927-2103		All ages groups, prefers older adults	Grief, loss, end of life issues, strengths based, crisis intervention, chronic illness, stress and anxiety, support groups
Jones, Dr.		Abbe Center For Community Mental Health	Ph: 563-927-6700 Fax:			Psychiatry/medication services

		721 S 5th St. Manchester, IA http://www.abbemhc.org/default.asp	563-927-6703			
Mabb, Nicolette	DNP, PMHNP-BC	Regional Medical Center 709 West Main St. Manchester, IA 52057 http://www.regmedctr.org	Ph: 563-927-7777			
Michler, Jennifer	LMFT	Families Inc. Therapy and Counseling Services 969 E Main St. Manchester, IA 52057 http://familiesinc.org	Ph: 319-774-2464	Blue Cross Blue Shield, Medicaid, Private pay, sliding fee scale	Couples and families, children and adolescents	Coping skills, LGBT, impulse control disorders, mood disorders, psychosis, variety of other life issues
Ogea, Carol	LISW	Independent Counseling 953 ½ E Main St. #4 Manchester, IA 52057	Ph: 563-920-3675	Aetna, Alliance, Beech Street, Blue Cross Blue Shield, Cigna, Cofinity, First Health, Great-west life, Guardian, Humana, Magellan Behavioral	Individuals older than 6, couples	Anxiety, social phobias, depression, panic, anger, abuse, PTSD, disruptive behaviors, school avoidances, ADHD, addiction,

				Health, medicaid, Medicare, Multiplan, PreferredOne, United Healthcare, Private pay, Sliding fee scale		relational conflicts
Seth, Connie	LISW	Abbe Center For Community Mental Health 721 S 5th St. Manchester, IA http://www.abbemhc.org/default.asp	Ph: 563-927-6700 Fax: 563-927-6703			Outpatient mental health therapy
Troester, Mikaela	MA, LMHC, RPT, CADC	Regional Medical Center 709 West Main St. Manchester, IA 52057 http://www.regmedctr.org	Ph: 563-927-7777			
Whitters, Dr.		Abbe Center For Community Mental Health 721 S 5th St. Manchester, IA http://www.abbemhc.org/default.asp	Ph: 563-927-6700 Fax: 563-927-6703			Psychiatry and medication services

Wicks, Angela	LMHC	Abbe Center For Community Mental Health 721 S 5th St. Manchester, IA http://www.abbemhc.org/default.asp	Ph: 563-927-6700 Fax: 563-927-6703			Outpatient mental health therapy
Wolfe, Dr.		Abbe Center For Community Mental Health 721 S 5th St. Manchester, IA http://www.abbemhc.org/default.asp	Ph: 563-927-6700 Fax: 563-927-6703			Psychiatry/medi cation services
Zook, Lee	Ph.D., MSW, LISW	Regional Medical Center 709 West Main St. Manchester, IA 52057 http://www.regmedctr.org	Ph: 563-927-7777			

DUBUQUE COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Amundsen, Susan	PA-C	Medical Associates 200 Mercy Dr. Suite 201 Dubuque, IA 52001	Ph: 563-584-3500		Adults (18+), occasional 16 or 17 year olds	Depression, anxiety, ADHD

		https://www.mahealthcare.com				
Anderson, Karin		3 Willows Wellness Center, LLC 160 W 10th St. Dubuque, IA 52001 http://www.3willowswellness.com	Ph: 563-556-5000 Fax: 563-556-1606		Individual clients 18 and older. Family counseling with elementary age children, teens, and adult family members.	Interpersonal violence, PTSD, trauma, family systems, strength based
Arjona, Juan	tLMHC	Life Connections 1766 Central Ave. Dubuque, IA 52001 http://www.life-connections.org	Ph: 563-265-8694		All ages	Spanish and English speaker, CBT, adjustment disorders, anxiety, depression, lack of motivation, self-esteem
Bechen, Kate	LISW	Harbour Wellness and Counseling Center 3343 Center Grove Suite A Dubuque, IA	Ph: 563-599-9685	Blue Cross Blue Shield, Midlands Choice, United Behavioral Health, Amerihealth, Amerigroup, Medicare	Individual and family	Mindfulness
Boxleiter, Thomas	MD	Medical Associates 200 Mercy Dr. Suite 201 Dubuque, IA 52001	Ph: 563-584-3500		Adults (18+) and geriatrics	General psychiatric disorders

		https://www.mahealthcare.com				
DeGree, Martha info@marthadegree.com	LISW	3 Willows Wellness Center, LLC 160 W 10th St. Dubuque, IA 52001 http://www.3willowswellness.com	Ph: 563-556-5000 Fax: 563-556-1606	Blue Cross Blue Shield, can bill other insurance as out-of-network, private pay, sliding fee scale	3 to adult	Adjustment disorder, anxiety disorders, phobias, bahvior issues, depression, grief/loss, life transitions, parenting, personal growth, self-esteem, stress management, play therapy, sand tray, CBT, SFT
Frommelt, Stephan	PhD	Medical Associates 200 Mercy Dr. Suite 201 Dubuque, IA 52001 https://www.mahealthcare.com	Ph: 563-584-3500		Adults and geriatrics, individuals and couples	Depression, anxiety, eating disorders, chronic health concerns, bariatric and other pre-surgical evaluations, neurocognitive assessment for memory, intellectual disabilities,

						learning difficulties
Gould, Martha	PhD	Medical Associates 1000 Langworthy Dubuque, IA 52001 https://www.mahealthcare.com	Ph: 563-584-3441	Private pay, third party insurance reimbursement, Title 19	Birth through high school and young adults. Individual child counseling, and family counseling	Psychological testing, counseling, therapy, intervention, consultation, training, variety of issues
Hamann, Dana	Ph.D.	Medical Associates 200 Mercy Dr. Suite 201 Dubuque, IA 52001 https://www.mahealthcare.com	Ph: 563-584-3500		Adults and geriatrics, individuals	Neurocognitive assessments for memory, intellectual disabilities, and personality functioning
Hanson, Jessica dubuque.therapy@gmail.com	LMHC	Harbour Wellness and Counseling Center 3343 Center Grove Suite A Dubuque, IA	Ph: 563-587-9406	Private pay, Blue Cross Blue Shield, Midlands Choice, United Behavioral Health, Amerihealth, Amerigroup	Individuals, teenagers and older	CBT, EMDR, mindfulness, anxiety, depression, pregnancy, prenatal, postpartum
Hennings, Alyssa	tLMHC	Life Connections 1766 Central Ave. Dubuque, IA 52001 http://www.lifeconnections.org	Ph: 563-265-8694		Individuals, couples, families	BHIS, solutions focused, behavioral, CBT

Huettner, Marion	Ph.D.	Medical Associates 1000 Langworthy Dubuque, IA 52001 https://www.mahealthcare.com	Ph: 563-584-3441	Private pay, third party insurance reimbursement, Title 19	Birth through high school and young adults. Individual child counseling, and family counseling	Psychological testing, counseling, therapy, intervention, consultation, training, variety of issues
Jones, Dr.		Abbe Center for Community Mental Health 129 S Vine St. West Union, IA http://www.abbeemh.org/default.asp	Ph: 563-422-5344 Fax: 563-422-5368			Psychiatry/medication services
Justmann, Sarah	ARNP-PMHNP, FNP	Medical Associates 200 Mercy Dr. Suite 201 Dubuque, IA 52001 https://www.mahealthcare.com	Ph: 563-584-3500		4 and older	Psychiatric disorders
Kassas, Adib	MD	Medical Associates 200 Mercy Dr. Suite 201 Dubuque, IA 52001 https://www.mahealthcare.com	Ph: 563-584-3500		Children, adolescents, adults	Child and adolescents psychiatric disorders
Keedy, Nicole	Ph.D.	Medical Associates 200 Mercy Dr. Suite 201	Ph: 563-584-3500		Adults and geriatrics, individuals and	Anxiety disorders, depression,

		Dubuque, IA 52001 https://www.mahealthcare.com			couples	chronic pain, chronic and terminal illnesses, grief and loss, LGBTQ, assessments for bariatric and other pre-surgical evaluations, neurocognitive assessments for concern about memory and intellectual disabilities
Larson, Rachel	tLMHC	Life Connections 1766 Central Ave. Dubuque, IA 52001 http://www.life-connections.org	Ph: 563-265-8694		Children	ODD, ADHD, Reactive Attachment Disorder
Lyons, Brooke	ARNP-PMHNP	Medical Associates 200 Mercy Dr. Suite 201 Dubuque, IA 52001 https://www.mahealthcare.com	Ph: 563-584-3500		12 and older	Psychiatric disorders
McDermott, Cathy	LISW	3 Willows Wellness Center, LLC 160 W 10th St.	Ph: 563-556-5000 Fax:		Older adolescents and adults	Talk therapy, expressive therapy, EMDR,

		Dubuque, IA 52001 http://www.3willowswellness.com	563-556-1606			hypnotherapy, sexual abuse trauma
McGrath, Christine	Ph.D.	Medical Associates 200 Mercy Dr. Suite 201 Dubuque, IA 52001 https://www.mahealthcare.com	Ph: 563-584-3500		Children, adolescents, adults	Youth behavioral issues, anxiety disorders, OCD, trauma, grief, mood disorders, autism spectrum, parenting skills, psychological and neuropsychologi cal assessment for children through adults for ADHD, learning disabilities, intellectual disabilities, and autism spectrum disorders
Miller, Amy	Ph.D.	Medical Associates 200 Mercy Dr. Suite 201 Dubuque, IA 52001 https://www.mahealthcare.com	Ph: 563-584-3500		Adolescents and adults, individuals and couples	Depression, grief and loss, anxiety disorders, eating disorders
Muir, Nancy	LISW	Abbe Center for	Ph:			Outpatient

		Community Mental Health 129 S Vine St. West Union, IA http://www.abbemh.org/default.asp	563-422-5344 Fax: 563-422-5368			Mental health therapy
Ollendick, Lori lori@ollendickcounseling.com	LMHC	Harbour Wellness and Counseling Center 3343 Center Grove Suite A Dubuque, IA	Ph: 563-556-4961	Blue Cross Blue Shield, Midlands Choice, Amerihealth, Amerigroup, some EAP	Individuals and couples	
Ottavi, Thomas	Ph.D.	Medical Associates 200 Mercy Dr. Suite 201 Dubuque, IA 52001 https://www.mahealthcare.com	Ph: 563-584-3500		6 and older, individuals, families	Youth behavioral issues, anxiety disorders, trauma, autism spectrum, compulsive disorders, ADHD, mood disorders, military related issues, assessments for ADHD, dementia, personality, disability, learning disabilities
Poll, Loie	Ph.D.,	3 Willows Wellness	Ph:		Individuals,	Hypnotherapy,

	ACCHT	Center, LLC 160 W 10th St. Dubuque, IA 52001 http://www.3willowswellness.com	563-556-5000 Fax: 563-556-1606		groups	trauma, substance abuse, unresolved childhood issues, anxiety, depression, talk therapy, guided visualization
Rahlf, Brigid	Ph.D.	3 Willows Wellness Center, LLC 160 W 10th St. Dubuque, IA 52001 http://www.3willowswellness.com	Ph: 563-556-5000 Fax: 563-556-1606		Individuals, couples, families	Hypnotherapy, trauma, anxiety, depression, life transitions, traditional and alternative healing techniques, holistic healing
Reicks, Joel joelreicks@jdrco ounselingservices .com	LMHC	JDR Counseling Services (Private Practice) 3388 Kennedy Circle Suite 1 Dubuque, IA 52002	Ph: 563-519-8288			
Schilder, Steffanie	PhD, LMHC	Life Connections 1766 Central Ave. Dubuque, IA 52001 http://www.life-con nections.org	Ph: 563-265-8694		Children, adolescents, and families	CBT, family systems, play therapy
Weber, Ashlee	LMHC	3 Willows Wellness	Ph:	Aetna, Blue	Specialized in	CBT, SFT, mood

		Center, LLC 160 W 10th St. Dubuque, IA 52001 http://www.3willowswellness.com	563-556-5000 Fax: 563-556-1606	Cross Blue Shield, Medicaid, private pay, sliding fee scale	adolescents although will see anyone, individuals, families, couples	disorders, anxiety, anger-related problems, stress, life transitions, postpartum group
Welsh, Meryl	LMHC, CPDM, CDMS	Life Connections 1766 Central Ave. Dubuque, IA 52001 http://www.life-connections.org	Ph: 563-265-8694			
Welter, Lauren	Ph.D.	Medical Associates Clinic-Psychiatry Dept 200 Mercy Drive Suite 201 Dubuque, IA 52001 https://www.mahealthcare.com	Ph: 563-584-3500		Adolescents and adults	Mindfulness, ACT, trauma, personality disorders, eating disorders, grief and loss, relationship concerns, depression, anxiety, military related issues
Wilmarth, Heidi	LMHC	3 Willows Wellness Center, LLC 160 W 10th St. Dubuque, IA 52001 http://www.3willowswellness.com	Ph: 563-556-5000 Fax: 563-556-1606		All ages	EMDR, hypnotherapy, theraplay, DDP, play therapy, sand tray, art therapy, attachment

						disorders, autism, sexual abuse, childhood trauma, anxiety, grief and loss, behavioral problems, anger management, physical abuse
--	--	--	--	--	--	--

FAYETTE COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Lanus, Jamie	LISW	Northeast Iowa Behavioral Health 36 South Frederick Ave. Oelwein, IA 50662	Ph: 319-283-5774			
Ojinnaka, Chidi	LISW	Covenant Clinic Oelwein 129 8th Ave SE Oelwein, IA 50662 https://www.wheatoniowa.org/locations/covenant-clinic/clinic-locations/oelwein.aspx	Ph: 319-283-6153			PCIT, Cognitive therapy, EMDR
Woodson-Diers,	LISW	Peladija's Therapy	Ph:	Aetna, Blue	All ages,	Emotional

Peladija		and Counseling Services 901 North Frederick Suite #2 Oelwein, IA 50662	319-313-5041	Cross Blue Shield, Coventry, MHN, Magellan, Medicaid, Midland Choice, TRICARE, TriWest, United Healthcare, Out of Network	individuals, families, couples	disturbance, depression, elderly persons disorder, impulse control disorders, mod disorders, personality disorders, variety of other disorders
----------	--	--	--------------	---	--------------------------------	---

FLOYD COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Van Gorder, Michael	LMSW	Transitional Services of Iowa 216 Main St. Charles City, IA 50616 http://www.transitionalservicesofiowa.org/index.html	Ph: 641-228-2050		Children and adults	Psychotherapy, BHIS, In-home therapy
Weber, Leah	LMHC	Avalon Center 1202 S. Main Street Charles City, IA 50616 641-715-1183	641-715-1183			Depression, anxiety, parenting support, grief, work and career issues, stress management, addiction and

						recovery, conflict resolution, adoption, mediation services
--	--	--	--	--	--	---

FRANKLIN COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Hjelmeland, Brad	LISW, IADC	Iowa Specialty Hospitals & Clinics 700 2nd St. SE Suite 101 Hampton, IA 50441 http://www.iowaspecialtyhospital.com	Ph: 641-444-3500		Individual, family, group	Outpatient mental health therapy

GRUNDY COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Balvanz, Heather	tLMHC	Heart and Solutions, LLC 604 8th St. P.O. Box 233 Grundy Center, IA 50638 http://www.heartandsolutions.net/home2.html	Ph: 855-410-2448 Fax: 319-483-6661			Person-centered , CBT, Trauma, Play

Downey, Hayley	LMSW	Heart and Solutions, LLC 604 8th St. P.O. Box 233 Grundy Center, IA 50638 http://www.heartandsolutions.net/home2.html	Ph: 800-531-4236 Fax: 319-483-6661		School aged	School-based therapist at Reinbeck schools, trauma-informed care, solution focused, person centered, CBT, Christian based
Johnson, Julie	MA, NCC, LMHC	Heart and Solutions, LLC 604 8th St. P.O. Box 233 Grundy Center, IA 50638 http://www.heartandsolutions.net/home2.html	Ph: 800-531-4236 Fax: 319-483-6661		All ages, prefers children	Mental health

HARDIN COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Brennan, Alison	LMHC	Achieve Mental Health, Inc. 814 Railroad St. Iowa Falls, IA 50126 http://www.achieve	Ph: 641-648-4010			

		mentalhealth.com				
Bruflodt, Denis	LMHC	Achieve Mental Health, Inc. 814 Railroad St. Iowa Falls, IA 50126 http://www.achieve-mentalhealth.com	Ph: 641-648-4010		All ages	DBT
Cranston, Larry	LMSW	Central Iowa Juvenile Detention Center 2317 Rick Collins Way Eldora, IA 50627 http://www.cijdc.com/index.html	Ph: 641-858-3852		Youth at the detention center	In-home counselor
DeArmond, Peggy	LISW	Quakerdale 26866 County Highway S55 New Providence, IA 50206 https://quakerdale.org	Ph: 641-497-5294 Fax: 641-497-5220			
Holman, TaLana	LMHC	Achieve Mental Health, Inc. 2413 Edgington Ave. Eldora, IA 50627 http://www.achieve-mentalhealth.com	Ph: 641-939-3175		Families, adults, children	

Olson, Kelly	LMHC	Achieve Mental Health, Inc. 814 Railroad St. Iowa Falls, IA 50126 http://www.achieve-mentalhealth.com	Ph: 641-648-4010		Individuals of all ages, families, couples	Mental health therapy, crisis intervention, EMDR
Tanis, Cheryl	LISW	Quakerdale 26866 County Highway S55 New Providence, IA 50206 https://quakerdale.org	Ph: 641-497-5294 Fax: 641-497-5220			

HOWARD COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Hosek, Dee	LMHC	Cresco Medical Clinic 321 8th Avenue Cresco, IA 52136 http://www.rhshc.com/howard	Ph: 563-547-2022		All ages	

IOWA COUNTY

Name	Licensure	Agency/Location	Phone	Type of	Ages Seen	Specialities
------	-----------	-----------------	-------	---------	-----------	--------------

Email			Fax	Payment		
Beiser, Jean	tLMFT	Grace C. Mae Advocate Center 1061 Court Ave. Marengo, IA 52301 http://www.advocatecenter.org	Ph: 319-361-6529		Children and families	Structural intervention therapy, CBT, emotionally focused therapy, play therapy, AutPlay
Detlefsen, Robert	DNP, FPMH-NP, B.C.	Midwest Counseling 523 ½ Court St. Williamsburg, IA 52361 https://www.midwestcounselingllc.com/index.html	Ph: 319-668-1217		Children, adult, elderly	Diagnostic assessment and med management, psychiatry, depression, anxiety, PTSD, ADHD, bipolar, schizophrenia, borderline, panic, Alzheimer's, Dementia
Meade, Lindsay	LMSW	Grace C. Mae Advocate Center 1061 Court Ave. Marengo, IA 52301 http://www.advocatecenter.org	Ph: 319-361-6529		All ages, individuals and families	Anxiety, depression, ADHD, ODD, communication, behavioral concerns, trauma, play therapy
Pundt, Johanna	LISW, ACSW	Noema	Ph:	Medicaid, Blue	Individuals,	Emotional

		Counseling, LLC 819 S Highland St. Williamsburg, IA 52361 http://www.noemacounseling.com/home.html	319-202-4687	Cross Blue Shield, United healthcare, Midland's Choice, MHNet, Value Options, Medicare, EAPs, private pay	couples, families	intensity disorder, eating disorders, relationship issues, depression, self-esteem, self-harm, crisis intervention, play therapy
Schultz-Grant, Ann	LMHC	Midwest Counseling 523 ½ Court St. Williamsburg, IA 52361 https://www.midwestcounselingllc.com/index.html	Ph: 319-668-1217		Children, adults, adolescents, and families	Trauma focused CBT, client centered, strengths based, systems theory
Switzer, Kelli	LISW, RPT, RPT-S	Grace C. Mae Advocate Center 1061 Court Ave. Marengo, IA 52301 http://www.advocatecenter.org	Ph: 319-361-6529		All ages	Play therapy, Theraplay, EMDR, AutPlay, teen suicide, domestic violence, trauma, depression, anxiety, bipolar, reactive attachment disorder. Can supervise for RPT and for

						independent licensure
Thomsen, Sharon	tLMFT	Midwest Counseling 523 ½ Court St. Williamsburg, IA 52361 https://www.midwestcounselingllc.com/index.html	Ph: 319-668-1217		Individuals, couples, families	CBT, structural therapy, emotionally-focused, trauma-focused, solution-focused, narrative, PTSD, domestic violence, anger, substance abuse, LGBT, anxiety, self-esteem, parenting, relationships, life transitions
Wilson, Angela	LISW, RPT-S	Wilson Counseling Services Marengo, IA 52301	Ph: 319-250-5105	Blue Cross Blue Shield, Medicaid, Medicare, Multiplan, Optum, Out of Network, private pay	All ages, individuals and family Video counseling	Play therapy, EMDR, theraplay, life transitions, trauma, family conflict, anger, anxiety

JEFFERSON COUNTY

Name	Licensure	Agency/Location	Phone	Type of	Ages Seen	Specialities
------	-----------	-----------------	-------	---------	-----------	--------------

Email			Fax	Payment		
Hovey, Barbara	LISW	Private Practice 300 W Lowe #6 Fairfield, IA 52556	Ph: 641-638-8055	Blue Cross Blue Shield, private pay	14 and older	Depression, anxiety, adjustment, stress, marital, grief, addiction, trauma, variety of other issues

JOHNSON COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Abrams, Thad	MD	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Psychiatry
Adrian, Jennifer	LISW, MFA	Counseling and Wellness, LLC 708 5th St. Suite 4 Coralville, IA 52241 http://jenadriancounseling.business.site	Ph: 319-774-8524	Blue Cross Blue Shield, sliding scale, private pay	14 and older	Anxiety, depression, addiction, trauma, eating disorders, life stressors, ACT, CBT, strengths based, narrative
Akbay, Ece	t-LMHC	Abbe Center for Community Mental	Ph: 319-338-7884			Outpatient mental health

		Health 1039 Arthur St. Iowa City, IA http://www.abbemh.org/default.asp				therapy
Amias, Angela	LISW	Eastwind Healing Center 221 E College St. Suite 211 Iowa City, IA 52240 http://www.eastwindhealing.com	Ph: 319-337-3313 Fax: 319-337-0686		7 and older	Anxiety, stress management, trauma and loss, pregnancy, parenting, adoption, fertility related concerns, divorce, step-parenting, depression, anxiety, grief, loss, EFT, biofeedback, meditation, guided visualization, talk therapy, creative arts
Anastasi-Melchert, Miquel	LMHC	Psychiatric Associates 1290 Jordan St. North Liberty, IA 52317 https://www.psychassociates.net	Ph: 319-356-6352		All ages, individuals and families	Solution focused, CBT, behavioral, emotional, social, and education concerns, work-related

						issues, life balance, anxiety, depression, divorce, infertility concerns
Anderson, Kimberly	LISW	De Novo Counseling & Therapy, LLC 708 5th St. Suite 4 Coralville, IA 52241	319-313-5174	Blue Cross Blue Shield, Medicaid, Sliding Scale, private pay	6 and older, individuals, families, groups	Trauma, family conflict, anxiety, mood and personality disorders, variety of other issues, variety of treatments
Anderson, Sarah	LMSW	Abbe Center for Community Mental Health 1039 Arthur St. Iowa City, IA http://www.abbemhc.org/default.asp	Ph: 319-338-7884			Outpatient mental health therapy
Andrew, Lindsey	Psy.D.	Gersh, Hartson, Payne, Hoffman, and Associates P.C. 373 Scott Court Suite A Iowa City, IA 52245 http://www.ghapsych.com	Ph: 319-338-9960 Fax: 319-338-9492		All ages	Psychological evaluations, emotional problems, attention, learning issues, depression, anxiety, behavioral problems,

						autism, adjustment issues, women's issues, parent education
Ashbaugh, Joy	LMHC	Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352		Adolescents and adults, individuals, parental therapy/consultation, couples, families	Biofeedback therapy, anxiety, panic disorder, OCD, PTSD, autism, mood disorders
Babcock, Frank	MD	Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352		Children and adolescents	Autism, mood disorders, anxiety, OCD, attention/impulse control, psychiatry
Bailey, Kendra	LMHC	Imagine Therapy Solutions, PLC 575 Cameron Way Unit A North Liberty, 52317 http://imaginetherapysolutions.com	Ph: 319-626-2558	Wellmark Blue Cross Blue Shield, Aetna, Cigna, Midland's Choice, Optum/United Behavioral Health, Alliance Select, Value Options, Military One Source, Ceridian, Title	All ages, focus on adolescents	Variety of issues and approaches

				19, private pay		
Baker, Kathryn	PsyD	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Mental/Behavioral health
Barnhouse, Aileen	RN, LMHC	Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352		Adults	Depression, anxiety, OCD, PTSD, anger management, grief and loss, phase of life changes, ADHD, personality disorders, CBT
Bellinger, Anke	MD	Virtue Medicine, P.C. 221 E College St. Suite 212 Iowa City, IA 52240 http://www.virtuemedicine.com	Ph: 319-338-5190			Medical consulting, pain, lifestyle and wellness strategies
Benway-Correll, Natalie	LISW, RYT	Seva Center for Healing Arts 501 12th Ave Suite 102 Coralville, IA 52241 http://www.sevahe	Ph: 319-351-7382	Blue Cross Blue Shield, private pay, sliding scale	14 and older	Trauma informed yoga, perinatal mood and anxiety disorders, EMDR, anxiety,

		alingarts.com				depression, sex and sexuality, addiction and codependency issues, stress management, trauma and loss, pregnancy and parenting, divorce and coparenting
Berger, Jaime	LISW	Creating Connections Counseling 306 Scott Ct. Iowa City, IA 52245 http://www.creatingconnectionsic.com/index.cfm	Ph: 319-351-1381 Fax: 319-354-0977		Children and families	Therapeutic parenting, parenting skills, mental health therapy, EMDR
Berkson, Anne	LISW	Private Practice 320 Kirkwood Ave. Suite 1 Iowa City, IA 52240 https://www.anneberksontherapy.com	Ph: 319-499-4874	Blue Cross Blue Shield, Midlands Choice, Optum, Out of Network, sliding scale, private pay	All ages, individuals and families	Variety of issues and approaches
Blankenburg, Lou	LISW	Counseling and Health Center 616 E Bloomington St. Iowa City, IA 52245 http://iowacitycoun	Ph: 319-337-6998	Blue Cross Blue Shield, Medicare, Magellan, Medicaid, Auxiant, Aetna,		Chronic mental illness, life struggles, depression, anxiety, relationship

		selors.com/home/2448656		Midlands Choice, United Behavioral Health, Cigna, Mercy PHO, Tricare, Coventry, EAPs, MHNet		issues, recovery issues, trauma, CBT, neuroplasticity, focusing, ACT, mindfulness, trauma focused, EMDR
Bloom, Naomi	MD	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Mental/behavioral health
Bodzin, Gabe	LISW	Eastwind Healing Center 221 E College St. Suite 211 Iowa City, IA 52240 http://www.eastwindhealing.com	Ph: 319-337-3313 Fax: 319-337-0686	Blue Cross Blue Shield, private pay, sliding scale	All ages	Depression, anxiety, mood, emotional intensity, trauma, substance abuse, relationships, DBT, mindfulness, ACT, CBT
Bousek, Hannah	tLMFT	Counseling Center of Iowa City 3030 Northgate Drive Suite E Iowa City, IA 52245 http://www.counseli	Ph: 319-337-6483 Fax: 319-337-4208	Blue Cross Blue Shield, private pay	Adults, individuals and couples	Inner conflict, stress, relationships, depression, anxiety, spirituality

		ngcenteric.com/index.php				
Brandt, Sara	Ph.D., LMFT	Private Practice 2461 10th St. Suite 4 Coralville, IA 52241 http://www.drsarabrandt.com/index.html	Ph:	Blue Cross Blue Shield, Cigna, Magellan Behavioral Health, Optum, United Healthcare, out of network, sliding scale, private pay	11 and older	Couples and marital, family therapy, anger, forgiveness, trauma, depression, anxiety, video counseling
Brashers-Krug, Thomas	MD	Coralville OPC 520 10 Ave Ste 200 Coralville, IA 52441 https://www.va.gov	Ph: 319-358-2406			Mental/behavioral health
Brennan, Sandy	LISW	Private Practice 2416 Towncrest Drive Iowa City, IA 52245	Ph: 319-354-6238		Individuals, couples, families	Family conflicts, trauma, sexual identity, veterans, spirituality, life path changes, sexual abuse, substance abuse and recovery, violence, grief and loss, stress
Brenton, Bridget	LISW	Counseling	Ph:	Blue Cross Blue	All ages	CBT, ACT,

counselinginterventionsiowa@gmail.com		Interventions 708 5th St. #4 Coralville, IA 52241 https://counselinginterventionsiowa.com	319-531-7799	Shield, Out of network, private pay, sliding scale		mindfulness, parenting, school issues, strengths based, family systems, anxiety, coping skills, depression, life transitions, peer relationships, self esteem, stress, suicidal ideation
Beyer, Dr.		Abbe Center for Community Mental Health 1039 Arthur St. Iowa City, IA http://www.abbemhc.org/default.asp	Ph: 319-338-7884			Psychiatry/Medication services
Burke, Mollie	PhD	Hope Springs Behavioral Consultants 1303 5th St. #202 Coralville, IA 52241 https://hopespringsbc.com	Ph: 319-358-6520		Adolescents and adults	Depression, anxiety, grief and loss, neuropsychological testing, ADHD, mindfulness, ACT
Butler, Margaret	PMHNP, BC	Hope Springs Behavioral Consultants	Ph: 319-358-6520			Psychiatric medication services, ADHD,

		1303 5th St. #202 Coralville, IA 52241 https://hopespringsbc.com				anxiety, depression and mood disorders, autism, connection between stress and physical health
Caldwell, Carol	BSN, MS	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Mental/behavior al health
Carlson, Terry	RN, LMHC, CADC	Keys to Living 332 S. Linn St. Suite 23 & Suite 33 Iowa City, IA 52240 http://keystoliving.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094			Marriage, parenting, women's issues, alcohol and drug use, addictions, codependency, anxiety, depression, grief and loss, self-esteem, adjustment issues, Christian counseling
Carnahan, Megan	LISW	Hetherington & Associates 123 N Linn St. Suite D2 Iowa City,	Ph: 319-383-3689	Blue Cross Blue Shield, sliding scale		EMDR, trauma, solution focused, mindfulness,

		IA 52245 http://www.megancarnahantherapy.com				CBT
Carpenter, Martin	MD	Meadowlark Psychiatric Services 320 W Cherry St. North Liberty, IA 52317 http://meadowlarkpsych.com	Ph: 319-626-3300 Fax: 319-626-3084		Adults	Psychiatry, med management, mood disorders, addiction, anxiety, ADHD
Carr, Rachael rachael@rachaelcarrcounseling.com	LISW	Private Practice 20 South Van Buren Street Iowa City, IA 52240 https://www.rachaelcarrcounseling.com	Ph: 319-499-8450	Blue Cross Blue Shield, private pay	Teenagers and adults	Variety of issues, CBT, ACT, IFS, mindfulness
Carroll-Collins, Amy	PhD	Hope Springs Behavioral Consultants 1303 5th St. #202 Coralville, IA 52241 https://hopespringsbc.com	Ph: 319-358-6520		Adults	Depression, self esteem, phase of life issues, relationships, vocational assessment and career counseling, EMDR, trauma
Cave, Kathleen	MA	Coralville OPC 520 10 Ave Ste	Ph: 319-358-2406			Mental/behavioral health

		200 Coralville, IA 52441 https://www.va.gov				
Chandler, Linda	LMHC	Counseling and Health Center 616 E Bloomington St. Iowa City, IA 52245 http://iowacitycounselors.com/home/2448656	Ph: 319-337-6998	Blue Cross Blue Shield, Medicare, Magellan, Medicaid, Auxiant, Aetna, Midlands Choice, United Behavioral Health, Cigna, Mercy PHO, Tricare, Coventry, EAPs, MHNet	Adolescents, adults, couples	EMDR, hypnosis, relaxation, sand tray, depression, anxiety, trauma, relationship issues, spirituality, mediation
Chanes, Hector	MS, PsyD	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Mental/behavior al health
Charlat, Richard	MD, MPH	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Mental/behavior al health
Clark, Penny	LMHC, ATR	Psychiatric	Ph:			

		Associates 1290 Jordan St. North Liberty, IA 52317 https://www.psychaassociates.net	319-356-6352			
Clemsen, Lance	LISW	Meadowlark Psychiatric Services 320 W Cherry St. North Liberty, IA 52317 http://meadowlarkpsych.com	Ph: 319-626-3300 Fax: 319-626-3084		Adults and couples	
Cobb, Kate	tLMFT	Counseling Center of Iowa City 3030 Northgate Drive Suite E Iowa City, IA 52245 http://www.counselingcenteric.com/index.php	Ph: 319-337-6483 Fax: 319-337-4208	Blue Cross Blue Shield, Midlands Choice, private pay	Teenagers and adults, individuals, couples, and families	Systems theory, spirituality, depression, anxiety, relationships, substance abuse
Coffey, Alison	LMHC	United Action for Youth 1700 S First Ave Suite 14 Iowa City, IA 52244 http://www.unitedactionforyouth.org/content/	Ph: 319-338-7518 Fax: 319-337-7999	Blue Cross Blue Shield, Hawk-i, Title 19, Iowa Medicaid, some grant funding is available for families without resources	Adolescents	Depression, anxiety, abuse, trauma, self-injury, Asperger Syndrome

Conway, Barbara	NSM, MSN	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Mental/behavioral health
Crane, Kit	LISW	Meadowlark Psychiatric Services 320 W Cherry St. North Liberty, IA 52317 http://meadowlarkpsych.com	Ph: 319-626-3300 Fax: 319-626-3084		All ages	Mood disorders, anxiety, ADHD, parent/child issues, life transitions, education and illness management, skill building, parenting education and advocacy
Cremer, Anne anne@cremercounseling.com	LISW	Private Practice 332 S Linn St. #17 Iowa City, IA 52240	Ph: 319-775-0174			CBT, EMDR, internal family systems, relationships issues, substance abuse, behavioral addictions, food addiction and weight, trauma, infidelity, grief, depression, anxiety

Daly, Ellen	LISW	Anderson, Arnold, and Partners 209 East Washington Suite 202 Iowa City, IA 52240 http://www.andersonarnold.com/index.html	Ph: 319-354-3232 Fax: 319-354-2990		All ages	Adlerian play therapy, holistic, trauma
Davis, Karen	LISW	Eastwind Healing Center 221 E College St. Suite 211 Iowa City, IA 52240 https://www.therootsofhealing.com	Ph: 319-284-4032	Blue Cross Blue Shield, private pay	All ages	Homeopathy, addictions, dual diagnosis, anxiety, depression, trauma, eating disorders, codependency, variety of other issues. Group for adopted women
Davis, Stacy	MD	Meadowlark Psychiatric Services 320 W Cherry St. North Liberty, IA 52317 http://meadowlarkpsych.com	Ph: 319-626-3300 Fax: 319-626-3084		All ages, focus on children, adolescents, and young adults	ADHD, behavior disorders, anxiety, mood disorders
Dawson, Emma	LISW	Meadowlark Psychiatric	Ph: 319-626-3300		Teens and adults	EMDR, motivational

		Services 320 W Cherry St. North Liberty, IA 52317 http://meadowlarkpsych.com	Fax: 319-626-3084			interviewing, internal family systems, solution focused, CBT
Day, Bryon	Ph.D., LMHC, LMFT	Private Practice 332 S Linn St. Suite 35 Iowa City, IA http://www.bryondayphd.com	Ph: 319-936-4357		Adults and couples	
Deming, Catherine	LMHC	Counseling Center of Iowa City 3030 Northgate Drive Suite E Iowa City, IA 52245 http://www.counselingcenteric.com/index.php	Ph: 319-337-6483 Fax: 319-337-4208		Adolescents	Substance abuse, developmental disorders, at-risk, spirituality
Denburg, Marvin	Ph.D.	Counseling Center of Iowa City 3030 Northgate Drive Suite E Iowa City, IA 52245 http://www.counselingcenteric.com/index.php	Ph: 319-337-6483 Fax: 319-337-4208			Diagnostic evaluation of developmental disabilities, cognitive deficits, learning disabilities, and competency evaluations for attorney's clients and Social

						Security
Dickey, Claire	LMHC	Anderson, Arnold, and Partners 209 East Washington Suite 202 Iowa City, IA 52240 http://www.andersonarnold.com/index.html	Ph: 319-354-3232 Fax: 319-354-2990		All ages	Play and art, pet therapy
Donahue, Katherine	LISW	Counseling and Health Center 616 East Bloomington St. Iowa City, IA 52245 http://iowacitycounselors.com	Ph: 319-337-6998	Blue Cross Blue Shield, Out of Network, private pay	Adults	Variety of issues and approaches
Doyle-Errthum, Katie katie@turningpointiowacity.com	LISW	Turning Point Counseling & Psychotherapy 757 West Benton St. Iowa City, IA 52246 http://www.turningpointiowacity.com/4401.html	Ph: 319-339-4757 Fax: 608-299-1224			Solution focused, CBT, EAP, anxiety, depression, mood disorders, parenting, relationships, LGBTQ, stress, work issues
Dozier, Dennis	LISW	1660 42nd St Ne Cedar Rapids IA 52402		Medicaid, Medicare, private pay	11 and up	EMDR, clinical hypnosis, depression, anxiety,

						substance abuse, LGBTQ
Drury, Alyssa	LMHC, CADC	Alyssa Drury Counseling, LLC 52 Sturgis Corner Drive Iowa City, IA 52246	Ph: 319-820-0382	Medicaid, Aetna, Anthem, Beacon, Behavioral Health Systems, Blue Cross Blue Shield, Cigna, Coventry, E4Health, Integrated Health Plan, MHNet Behavioral Health, Medicare, Midlands Choice, Optum, UMR, United, ValueOptions, Out of Network, private pay	Children, adolescents, adults, couples	Anxiety, depression, childhood sexual abuse, PTSD, trauma, self harm, domestic violence, addictions, chronic mental illness, CBT, mindfulness, art therapy
Drwal, Jason	PhD	Coralville OPC 520 10 Ave Ste 200 Coralville, IA 52441 https://www.va.gov	Ph: 319-358-2406			Mental/behavioral health
Dunnington, Celia	LISW	20 South Van Buren St. Iowa City, IA 52240	Ph: 319-631-2881	Does not accept insurance. Sliding scale	Over 18, Individuals, couples, and	Variety of issues

		http://www.celiadunington.com			families	
Estin, Jim	LISW	Anderson, Arnold, and Partners 209 East Washington Suite 202 Iowa City, IA 52240 http://www.andersonarnold.com/index.html	Ph: 319-354-3232 Fax: 319-354-2990		All ages, individuals, families, couples	
Fisher, Mary	LISW	Fisher Counseling and Therapy 1222 Rochester Ave Iowa City, IA 52245	Ph: 319-313-5175	Aetna, Anthem, Behavioral Health Systems, Blue Cross Blue Shield, Cigna, Coventry, First Administrators, Magellan Behavioral health, Medicaid, Medicare, Midlands Choice, Optum, united Healthcare, Value Options, Out of network, private pay	Adults, individuals	Mood disorders, developmental disorders, LGBTQ
Fisher, Susan	LMFT	Counseling Center	Ph:			Trauma, EMDR,

		of Iowa City 3030 Northgate Drive Suite E Iowa City, IA 52245 http://www.counselingcenteric.com/index.php	319-337-6483 Fax: 319-337-4208			sexual concerns, hypnosis, play therapy
Ford, Noemi	PsyD	Eastwind Healing Center 221 E College St. Suite 211 Iowa City, IA 52240 http://www.eastwindhealing.com	Ph: 319-337-3313 Fax: 319-337-0686	Blue Cross Blue Shield, private pay, sliding scale	Teenagers and adults	Depression, stress, anxiety, trauma, identity issues, relationships, acculturation issues, grief and loss, parenting, self esteem, personality disorders, mood disorders, career and life concerns, LGBTQ, immigration, self harm, end of life issues, CBT, DBT, psychodynamic, mindfulness
Foster, Julia	LMFT	New Leaf Counseling, PLLC 910 23rd Ave Suite 100 Coralville, IA	Ph: 319-351-9731 Fax: 866-468-4419		13 and up, individuals and couples	CBT, narrative, anxiety, depression, relationship

		https://www.newleafic.com/home.html				issues, variety of other issues
Fox, Courtney	tLMFT	Okerberg and Associates 1785 Curtis Bridge Rd. North Liberty, IA 52317 http://www.okerberg-assoc.com	Ph: 319-665-2008 Fax: 319-665-9330			Mental health therapy
French, Lily	LMSW, LMT, RMT	Seva Center for Healing Arts 501 12th Ave Suite 102 Coralville, IA 52241 http://www.sevahealingarts.com	Ph: 319-351-7382			Anxiety, depression, loss chronic pain, coping skills and self care, life transitions, trauma, pregnancy, postpartum, and parenting, relationships issues, stress management, CBT, internal family systems, mindfulness, SFT, holistic approaches, also provides massage therapy
Fridman Glass,	Ph.D.	Anderson, Arnold,	Ph:		All ages	Cognitive and

Alice		and Partners 209 East Washington Suite 202 Iowa City, IA 52240 http://www.andersonarnold.com/index.html	319-354-3232 Fax: 319-354-2990			psychological assessments, ADHD learning disorders, mood and anxiety disorders, stress management, self-esteem, identity
Gamez, Wakiza	PhD	Mercy Psychology 332 S Linn St. #16 Iowa City, IA 52240 http://www.mercypsychology.com	Ph: 319-333-8963		Adults	ACT, CBT, variety of issues
Gannon, Sandra	LISW	Meadowlark Psychiatric Services 320 W Cherry St. North Liberty, IA 52317 http://meadowlarkpsych.com	Ph: 319-626-3300 Fax: 319-626-3084		All ages, individuals, couples, and families	Stress and anxiety, PTSD, depression, life issues, biofeedback, client centered, CBT, systems therapy, Theraplay
Garry, Janice	LMHC	Imagine Therapy Solutions, PLC 575 Cameron Way Unit A North Liberty, 52317 http://imaginetherapysolutions.com	Ph: 319-626-2558	Wellmark Blue Cross Blue Shield, Aetna, Cigna, Midland's Choice, Optum/United Behavioral Health, Alliance	18-80	EMDR, CBT, solution focused, mindfulness, neuropsychology, anxiety, phobias, PTSD, depression, life

				Select, Value Options, Military One Source, Ceridian, Title 19, private pay		transition
Garwood, Gail	LMHC	Counseling Center of Iowa City 3030 Northgate Drive Suite E Iowa City, IA 52245 http://www.counselingcenteric.com/index.php	Ph: 319-337-6483 Fax: 319-337-4208	Blue Cross Blue Shield, private pay	11 and older	Women's issues, depression, anxiety, stress, relationship issues, life transitions, career or life planning, grief, parenting, self esteem, anger management, trauma, LGBTQ, internal family systems, PCIT, EMDR
Gersh, Frank	Ph.D.	Gersh, Hartson, Payne, Hoffman, and Associates P.C. 373 Scott Court Suite A Iowa City, IA 52245 http://www.ghapsych.com	Ph: 319-338-9960 Fax: 319-338-9492		Adolescents and adults	Psychological and neurological evals, depression, anxiety, ADHD, substance abuse, learning disabilities, PTSD, marital conflict

Ghabel, Ann ann@okerberg- assoc.com	LMSW, RN	Okerberg and Associates 1785 Curtis Bridge Rd. North Liberty, IA 52317 http://www.okerberg-assoc.com	Ph: 319-665-2008 Fax: 319-665-9330			Mental health counseling
Gisolfi, Louise	LISW	Integrated Community Therapists LLC 123 N Linn St. Suite 2A Iowa City, IA 52245 http://www.ictherapists.com	Ph: 319-337-3357 Fax: 319-337-2758		Adults and couples	Has a therapy dog
Gingerich Detweiler, Heidi	LISW	Imagine Therapy Solutions, PLC 575 Cameron Way Unit A North Liberty, 52317 http://imaginetherapysolutions.com	Ph: 319-626-2558		All ages	EMDR, anxiety, depression, mood disorders, interpersonal relationships, grief and loss, life transitions
Gleeson, Kate	MFA, LMSW	Eastwind Healing Center 221 E College St. Suite 211 Iowa City, IA 52240 http://www.eastwindhealing.com	Ph: 319-337-3313 Fax: 319-337-0686		10 and older	EMDR, anxiety, depression, mood disorders, eating disorders, OCD and phobia, trauma, loss, LGBTQ, narrative therapy

Glick, Ann	ARNP, MSN, FPMHNP	Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352		Children and adults	Medication management, depression, generalized anxiety, PTSD, OCD, panic disorder, bipolar disorder, ADHD
Gluesing, Shiela	LISW	Families, Inc. 233 S 2nd St. West Branch, IA http://familiesinc.org	Ph: 319-643-2532			Supervisor/mental health counselor
Goffstein, Shelly	M.Ed., LMHC	United Action for Youth 1700 S First Ave Suite 14 Iowa City, IA 52244 http://www.unitedactionforyouth.org/content/	Ph: 319-338-7518 Fax: 319-337-7999	Blue Cross Blue Shield, Hawk-i, Title 19, Iowa Medicaid, some grant funding is available for families without resources	Teenagers, families	Substance use, co-occurring disorders, solution focused
Goodrich, Amanda	LMHC, CADC	Integrated Community Therapists LLC 123 N Linn St. Suite 2A Iowa City, IA 52245 http://www.ictherapists.com	Ph: 319-337-3357 Fax: 319-337-2758		Adolescents, couples, and families	Speaks spanish, depression, anxiety, EMDR, grief and loss, trauma, immigration mental health evaluations, substance abuse, narrative

						therapy, systems, motivational interviewing
Goose, Megan	DNP, PMHNP-BC	Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352		Adults	Psychiatry, mindfulness, anxiety, depression, schizophrenia and schizoaffective disorder, bipolar, CBT, med management
Gornet, Catherine	tLMFT	Families, Inc. 233 S 2nd St. West Branch, IA http://familiesinc.org	Ph: 319-820-0042	Blue Cross Blue Shield, Medicaid	6+, individuals, couples families	Substance abuse, at risk adolescents, LGBTQ
Graddick, JenHolly	LISW	Hetherington & Associates 123 N Linn St. Suite D2 Iowa City, IA 52245 https://www.hetheringtonandassociates.com	Ph: 319-541-7975			
Griffin, James	PsyD	Iowa City VA Medical Center 601 Highway 6	Ph: 319-338-0581			Mental/behavior al health

		West Iowa City, IA 52246 https://www.va.gov				
Grohe, Linda	Ph.D.	Counseling and Health Center 616 E Bloomington St. Iowa City, IA 52245 http://iowacitycounselors.com/home/2448656	Ph: 319-337-6998	Blue Cross Blue Shield, Medicare, Magellan, Medicaid, Auxiant, Aetna, Midlands Choice, United Behavioral Health, Cigna, Mercy PHO, Tricare, Coventry, EAPs, MHNet		Hypnosis, CBT, positive psychology, medical conditions, performance anxieties, neuropsychologi cal and psychological assessment services
Gullickson, Renee	DNP, ARNP, PMHNP-BC	Eastwind Healing Center 221 E College St. Suite 211 Iowa City, IA 52240 http://www.eastwindhealing.com	Ph: 319-337-3313 Fax: 319-337-0686			Psychiatry, anxiety, depression, ADHD, mood disorders, schizophrenia, personality disorders, trauma, insomnia, guided imagery, mindfulness
Hansen, Michelle	LISW	Imagine Therapy Solutions, PLC	Ph: 319-626-2558	Wellmark Blue Cross Blue	All ages, families	Holistic approach, CBT,

		575 Cameron Way Unit A North Liberty, 52317 http://imaginetherapysolutions.com		Shield, Medicaid, out of network, sliding scale, private pay		solution focused, play therapy, EMDR, creative arts, mindfulness, guided imagery, anxiety, depression, panic disorder, stress, grief and loss, life transitions, trauma, relationship issues, pregnancy, parenting, postpartum
Harper, Dennis	Ph.D.	Gersh, Hartson, Payne, Hoffman, and Associates P.C. 373 Scott Court Suite A Iowa City, IA 52245 http://www.ghapsych.com	Ph: 319-338-9960 Fax: 319-338-9492			Diagnostic evaluations, stress management, attention problems, learning disorders, depression, anxiety, behavior problems, health concerns
Hartson, John	Ph.D.	Gersh, Hartson,	Ph:			Psychological

		Payne, Hoffman, and Associates P.C. 373 Scott Court Suite A Iowa City, IA 52245 http://www.ghapsych.com	319-338-9960 Fax: 319-338-9492			evaluations, behavioral, emotional, and learning problems
Hayek, Patricia	LISW, RN	Integrated Community Therapists LLC 123 N Linn St. Suite 2A Iowa City, IA 52245 http://www.ictherapists.com	Ph: 319-337-3357 Fax: 319-337-2758		Adults and couples	
Heitzman, Megan	LISW, RPT-S	Private Practice Coralville, IA	Ph: 319-338-2044	Blue Cross Blue Shield, Magellan Behavioral Health, Out of Network, sliding scale, private pay	All ages, specializes in children	Play therapy, attachment disorders, ODD, ADHD, adjustment, anxiety, behavioral/emotional issues, EMDR, trauma, parenting, impulse control
Henderson, Sally sallyhenderson@yahoo.com	LMFT, Ph.D.	Private Practice 2416 Towncrest Dr. Iowa City, IA 52240 http://www.sallyhen	Ph: 319-354-6238	Private Practice: Blue Cross Blue Shield, Ceridian, First	Individuals, couples	Relationship problems, stress and emotion management,

		derson.net Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352	Administrator's, Midlands Choice, private pay, sliding scale		depression, anxiety, self esteem, parent/child relationships, trauma, PTSD, addictions, blocked creativity, spiritual issues, Myers-Brigg Type indicator, internal family systems theory, personal and executive coaching, career counseling
Henry, James jmhenry49@gmail.com	LISW	Private Practice 332 S Linn St. Suite 26 Iowa City, IA 52240 https://jameshenrycounseling.com	Ph: 319-321-4985	Aetna, Blue Cross Blue Shield, Optum, UMR, United	14 and older	Anxiety, depression, emotional disturbances, variety of issues
Hepker, Ann	LMSW	United Action for Youth 1700 S First Ave Suite 14 Iowa City, IA 52244 http://www.unitedactionforyouth.org/content/	Ph: 319-338-7518 Fax: 319-337-7999	Blue Cross Blue Shield, Hawk-i, Title 19, Iowa Medicaid, some grant funding is available for families without resources		VOCA counselor, mental health therapy, strengths-based, trauma informed care, victim centered

						approach, ACEs, crisis management, aggression replacement training
Hetherington, Cheryl drhetherington@mchsi.com	PhD	Hetherington & Associates 123 N Linn St. Suite D2 Iowa City, IA 52245 https://www.hetheringtonandassociates.com	Ph: 319-331-3392	Blue Cross Blue Shield		Depression, Anxiety, Grief and loss, relationships, LGBTQ, trauma, career concerns, family problems, addiction
Hoffman, Tricia	Psy.D.	Gersh, Hartson, Payne, Hoffman, and Associates P.C. 373 Scott Court Suite A Iowa City, IA 52245 http://www.ghapsych.com	Ph: 319-338-9960 Fax: 319-338-9492		Children, adolescents, and families	Psychological evaluations, adjustment to life events, parenting education, depression, anxiety, attention issues, learning disabilities, behavioral issues, attachment disorders, PTSD
Hovey, Barbara	LISW	Private Practice	Ph:	Blue Cross Blue	14 and older	Depression,

		20 Van Buren St. Iowa City, IA 52240	641-638-8055	Shield, private pay		anxiety, adjustment, stress, marital, grief, addiction, trauma, variety of other issues
Hughes, Lauren	ARNP	Abbe Center for Community Mental Health 1039 Arthur St. Iowa City, IA http://www.abbemhc.org/default.asp	Ph: 319-338-7884			Psychiatry/medication services
Hunnicutt, Francine uayfhunnicutt@yahoo.com	LMFT	Private Practice 1610 E College St. Iowa City, IA 52245 http://www.francinehunnicuttlmft.com/index.html	Ph: 319-338-0328	Private pay, sliding scale, Blue Cross Blue Shield, Out of Network	Adults, Specializes in couples	Relationships issues, depression, marriage and couples counseling, parenting, domestic violence
Huntley, Teja	LISW	New Leaf Counseling, PLLC 910 23rd Ave Suite 100 Coralville, IA https://www.newleafic.com/home.html	Ph: 319-351-9731 Fax: 866-468-4419	Aetna, Blue Cross Blue Shield, Out of Network, sliding scale, private pay	7 and older	Play therapy, art therapy, talk therapy, teenagers who are resistant to therapy, CBT, motivational interviewing, mindfulness,

						anxiety, depression, trauma, ADHD, relationships, transitions, grief, identity, parenting concerns
Hutten, Rachel	tLMFT	Alli Center 1150 5th At. Suite 270 Coralville, IA 52241 https://www.alli-center.com/home	Ph: 319-804-9312	Aetna, Anthem, Blue Cross Blue Shield, Cigna, ComPsych, Humana, Medica, Midlands Choice, TRICARE, United, Out of Network, private pay	13 and older, adults, couples, families	Depression, life transitions, anxiety, relational issues, blended families
Issa, Tina	LMHC, CRC	Psychiatric Associates 1290 Jordan St. North Liberty, IA 52317 https://www.psychassociates.net	Ph: 319-356-6352		Children and adults	PCIT, Adlerian play therapy, ACT, anxiety, depression, addiction, stress, life transitions, divorce, grief, anger management
Iverson, Sara	LMHC,	Keys to Living	Ph:			Grief and loss,

	CADC	332 S. Linn St. Suite 23 & Suite 33 Iowa City, IA 52240 http://keystoliving.org/home/1370639	319-377-2161 Fax: 319-377-2094			communication skill-building, depression, anxiety, relationship issues, Christian counseling
Janosik, Donna	LMFT, LCPC	320 Kirkwood Ave. Suite 1 Iowa City, IA 52240	Ph: 310-570-7342	Aetna, Blue Cross Blue Shield, Optum, United, Out of Network, sliding scale, private pay	14 and older *Night and weekend appointments available	CBT, marital, existential, anxiety and depression, variety of other issues
Johnson, David	Ph.D.	Counseling and Health Center 616 E Bloomington St. Iowa City, IA 52245 http://iowacitycounselors.com/home/2448656	Ph: 319-337-6998	Blue Cross Blue Shield, Medicare, Magellan, Medicaid, Auxiant, Aetna, Midlands Choice, United Behavioral Health, Cigna, Mercy PHO, Tricare, Coventry, EAPs, MHNet	Adults, older adults, adolescents	CBT, client centered, psychodynamic, depth psychological, spirituality, dream work, psychological testing, Jungian
Johnson, Esther	LMFT	Corridor Christian Counseling Center 655 Liberty Way,	Ph: 319-665-2137 Fax:	Aetna, Alliance, Blue Cross Blue Shield,	Adults	Christian counseling, relationship

		Suite 6 North Liberty, IA 52317 http://www.corridorchristiancounselingcenter.com/default.html	319-665-2134	Behavioral Health Systems, Cigna, E4Health, Kaiser, MHN Net Behavioral Health, Magellan Behavioral Health, Medica, Medicaid, Meridian, Midlands Choice, TRICARE, UMR, United, Out of Network, private pay		issues, depression, infidelity, couples issues, anger management, anxiety, ADHD, domestic abuse, infertility, loss or grief, trauma, PTSD, elderly person issues, life transitions, EMDR, Gottman Marriage training, CBT, psychodynamic, family systems
Johnson, Jill jilljohnsoncounseling@gmail.com	LMHC, IADC, SAP	Jill Johnson Counseling 123 N Linn St. 2C Iowa City, IA http://www.jilljohnsoncounselingic.com	Ph: 319-382-9072	Amerigroup, Blue Cross Blue Shield, First Health, Humana, Medicaid, Medica, Mercy Iowa City, Midlands Choice, Optum, Priority Health, UMR, United Healthcare, Out of network,	14 and up, individuals and couples	Depression, anxiety, work and family stressors, communication difficulties, marital problems, life transitions, trauma, substance use, gambling, co-occurring disorders,

				private pay		adjustment
Judge-Ellis, Tess	ARNP, DNP	Meadowlark Psychiatric Services 320 W Cherry St. North Liberty, IA 52317 http://meadowlarkpsych.com	Ph: 319-626-3300 Fax: 319-626-3084		All ages	ADHD, anxiety, mood disorders, psychotic disorders, behavioral disorders, trauma
Kauder, Jennifer	Ph.D.	Gersh, Hartson, Payne, Hoffman, and Associates P.C. 373 Scott Court Suite A Iowa City, IA 52245 http://www.ghapsych.com	Ph: 319-338-9960 Fax: 319-338-9492		All ages	Diagnostic evaluations, identity, relationships, family issues, anxiety, depression, stress management, life transitions and adjustments, disability
Kaufman, Dhyana	LMHC	Counseling and Health Center 616 E Bloomington St. Iowa City, IA 52245 http://iowacitycounselors.com/home/2448656	Ph: 319-337-6998	Blue Cross Blue Shield, Medicare, Magellan, Medicaid, Auxiant, Aetna, Midlands Choice, United Behavioral	Focus on children but also sees adults	Holistic, mindfulness, hypnotherapy, guided visualization, inner child work, expressive therapies, trauma, anxiety,

				Health, Cigna, Mercy PHO, Tricare, Coventry, EAPs, MHNet		depression, grief, loss, relationship issues, codependency, divorce, life transitions, adult ADHD
Keenan, Brenda	LISW, RPT, CADC	Sojourner Psychotherapy 52 Sturgis Corner Drive Iowa City, IA 52246	Ph: 319-774-8301	Aetna, Blue Cross Blue Shield, Cigna, Coventry, Humana, LifeSynch, Multiplan, Optima, Optum, TRICARE, sliding scale, private pay	All ages	Variety of issues and approaches, specializes in play therapy and addictions
Keeton, Dana	MS, ATR-BC	United Action for Youth 1700 S First Ave Suite 14 Iowa City, IA 52244 http://www.unitedactionforyouth.org/content/	Ph: 319-338-7518 Fax: 319-337-7999			VOCA Counselor, crisis and family mediation, art therapy, sexual offenders, trauma, autism, trauma, abuse, depression, anxiety
Kerns, Ian	LMFT	Meadowlark Psychiatric	Ph: 319-626-3300		All ages, individuals,	Solution focused, CBT

		Services 320 W Cherry St. North Liberty, IA 52317 http://meadowlarkpsych.com	Fax: 319-626-3084		couples, families	
Kessler, Sandra	LISW	Psychiatric Associates 1290 Jordan St. North Liberty, IA 52317 https://www.psychassociates.net	Ph: 319-356-6352		Children, adolescents, adults, families	EMDR, CBT, ADHD, mindfulness, anxiety, depression, mood disorders, trauma, narrative, solution-focused , emotional disturbances, family conflict, grief, defiance, stress, self-esteem, anger, behavior
Kirkman, Laura	LISW	Families, Inc. 233 S 2nd St. West Branch, IA http://familiesinc.org	Ph: 319-643-2532			Supervisor/mental health counselor
Kim, Lisa	LISW	Psychiatric Associates 673 Westbury Drive, Suite 201	Ph: 319-356-6352		Children, adolescents, families	EMDR, play therapy, sand tray, witness testimony in

		Iowa City, IA 52245 https://www.psychassociates.net				contentious divorce proceedings, trauma, combat, law enforcement, domestic violence, sexual abuse, emotional, learning, and behavioral challenges, divorce/custody and visitation, foster and adoption issues, LGBTQ community, alternative lifestyles, animal assisted therapy
Kimpton Heald, Carrie	PhD	Iowa City Psychology 2225 Mormon Trek Blvd Suite 205 Iowa City, IA 52246 http://iowacitypsychology.com	Ph: 319-248-0880	Blue Cross Blue Shield, HAP, HealthPartners, Midlands Choice, Priority Health, ValueOptions, Out of network, private pay	Children, adolescents, young adults, adults, families	Learning disabilities, ADHD, anxiety disorders, behavior problems, adjustment disorders, autism, psychological

						assessment, CBT, mindfulness, chronic medical illnesses
Knight, Jason	LISW	Alli Center 1150 5th At. Suite 270 Coralville, IA 52241 https://www.alli-center.com/home	Ph: 319-804-9312	Anthem, Blue Cross Blue Shield, ComPsych, HAP, health Net, Humana, Medica, medicare, Midlands Choice, TRICARE, UMR, United, Out of Network, private pay	6 and older	CBT, narrative therapy, STEPPS, internal family systems, PCIT, play therapy
Kudos, Helen	LISW	Eastwind Healing Center 221 E College St. Suite 211 Iowa City, IA 52240 http://www.eastwindhealing.com	Ph: 319-337-3313 Fax: 319-337-0686			CBT, EMDR, meditation, movement, visualization, EFT
Lauer, Erika	MD	Meadowlark Psychiatric Services 320 W Cherry St. North Liberty, IA	Ph: 319-626-3300 Fax: 319-626-3084		Adults and older adolescents	Psychiatry, depression, anxiety, attention, pregnancy

		52317 http://meadowlarkpsych.com				transitions
LaVelle, Megan	LMHC, CADC	Integrated Community Therapists LLC 123 N Linn St. Suite 2A Iowa City, IA 52245 http://www.ictherapists.com	Ph: 319-337-3357 Fax: 319-337-2758		Adolescents and adults	Substance abuse, eating disorders, depression and anxiety, trauma, life transitions, conduct disorders, EMDR, DBT, internal family systems
Lawson, Joanna	Ed.S., LMFT	Private Practice 2416 Towncrest Drive Iowa City, IA 52245 https://www.counselingclinicofiowa.com	Ph: 319-354-6238			
Lehn, Lauri	Ph.D.	Anderson, Arnold, and Partners 209 East Washington Suite 202 Iowa City, IA 52240 http://www.andersonarnold.com/index.html	Ph: 319-354-3232 Fax: 319-354-2990		Adolescents, adults, individuals and couples	Relationships, depression and anxiety, LGBTQ, trauma, loss

Loeckle, Chris	LISW	Eastwind Healing Center 221 E College St. Suite 211 Iowa City, IA 52240 http://www.eastwindhealing.com	Ph: 319-337-3313 Fax: 319-337-0686			Energy psychology, creative approaches
Logan, Emily	LISW, CADC	Mason & Logan 2140 Norcor Ave. Suite 101 Coralville, IA 52241 http://www.masonloganocounseling.com	Ph: 319-354-1235 Fax: 310-409-6600	Blue Cross Blue Shield, United, Cigna, Optum, Empathia, Medicare, out of network, sliding scale, private pay		
Luria, Jennifer	LISW	Hope Springs Behavioral Consultants 1303 5th St. #202 Coralville, IA 52241 https://hopespringsbc.com	Ph: 319-358-6520		Children and adolescents	Anxiety, depression, outbursts, tantrums, meltdowns, aggression, lying and stealing, sleep, autism, ADHD, behavior disorders, PCIT
Lutz Bobst, Erica	LMHC, RN	Psychiatric Associates 1290 Jordan St. North Liberty, IA 52317	Ph: 319-356-6352	Blue Cross Blue Shield, Cigna, Midlands Choice, PreferredOne,	12 and older	Depression, anxiety, eating disorders, family based treatment for adolescents

		https://www.psychassociates.net		out of network, private pay		struggling with anorexia, CBT, video counseling
Lynch, Dr.		Abbe Center for Community Mental Health 1039 Arthur St. Iowa City, IA http://www.abbemhc.org/default.asp	Ph: 319-338-7884			Psychiatry/Medi cation services
Maday, Miranda	LISW	Alli Center 1150 5th At. Suite 270 Coralville, IA 52241 https://www.alli-center.com/home	Ph: 319-804-9312	Aetna, Anthem, Blue Cross Blue Shield, HAP, Health Net, HealthPartners, Midlands Choice, TRICARE, United	All ages	Anxiety, depression, grief and loss, issues surrounding adoption, LGBTQ issues, autism, intellectual disabilities, stress, ADHD, behavioral issues
Madson, Linda	MD	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Mental/behavior al health
Maher, Erin	LMFT	Psychiatric	Ph:		Adults and	Emotionally

		Associates 1290 Jordan St. North Liberty, IA 52317 https://www.psychaassociates.net	319-356-6352		questioning adolescents, individuals, couples, groups	focused couples therapy, sex therapy, sexual health concerns
Marshall, Lon	LMFT	Cornerstone Brief Therapy 2441 Coral Ct #6 Coralville, IA 52241 http://www.cornerstonebrieftherapy.com	Ph: 319-351-7392	Aetna, Anthem, Behavioral Health Systems, Blue Cross Blue Shield, Ceridian, Church partnerships, Cigna, Coventry, EAP, First Health, Humana, MHN, Magellan behavioral health, Medicaid, Midlands Choice, Military OneSource, Optum, TRICARE, TriWest, UniCare, United, ValueOptions, Out of Network, sliding scale, private	All ages	Christian Counseling, relationship issues, addiction, anxiety, variety of other issues

				pay		
Martino, David	Ph.D.	Anderson, Arnold, and Partners 209 East Washington Suite 202 Iowa City, IA 52240 http://www.andersonarnold.com/index.html	Ph: 319-354-3232 Fax: 319-354-2990		Adolescents, adults, individuals and couples	CBT, developmental issues
Mason, Amy	LMSW	Mason & Logan 2140 Norcor Ave. Suite 101 Coralville, IA 52241 http://www.masonlogancounseling.com	Ph: 319-354-1235 Fax: 310-409-6600	Aetna, Beacon, Blue Cross Blue Shield, Cigna, Coventry, Humana, Medicare, Optum, UMR, United, out of network, sliding scale, private pay	Adults, individuals and couples	Relationship issues, trauma, veterans
Matthews, Megan	LISW	Eastwind Healing Center 221 E College St. Suite 211 Iowa City, IA 52240 http://www.eastwindhealing.com	Ph: 319-337-3313 Fax: 319-337-0686	Blue Cross Blue Shield, First Administrators, Aetna, Cigna, Health Alliance, TXIX	All ages	Holistic approaches, depression, anxiety, EFT, school-based, education assessments, stress, grief and loss, trauma, pregnancy,

						parenting, adoption, fertility concerns
McArtor, Pat	LMHC	Private Practice 1700 S 1st Ave. Suite 21 Iowa City, IA 52240	Ph: 319-774-4313	Aetna, Medicaid, Blue Cross Blue Shield, Magellan Behavioral Health, Midlands Choice, Optum, UMR, United, private pay	Teenagers and adults, individuals, couples, families *Evening appointments available	Depression, anxiety, mood disorders, ADHD, relationship issues, stress, anger, domestic violence, substance abuse
McCormick, Laurie	MD, DFAPA	Rein Center 421 E Market St. Iowa City, IA 52245 https://www.reincenter.com	Ph: 319-400-1311	Out of network insurance, sliding scale, private pay		Psychiatry, depression, anxiety, schizophrenia, dementia, electroconvulsive therapy
Mccoy, Thomasin	PhD	Iowa City Psychology 2225 Mormon Trek Blvd Suite 205 Iowa City, IA 52246 http://iowacitypsychology.com	Ph: 319-248-0880		All ages, focus on children	Psychological assessments, neuropsychological assessments, therapy, learning disabilities, ADHD, depression, anxiety, behavior

						problems, adjustment disorder, autism, fluent in spanish
McDowell, Abbigal		Abbe Center for Community Mental Health 1039 Arthur St. Iowa City, IA <a href="http://www.abbemh
c.org/default.asp">http://www.abbemh c.org/default.asp	Ph: 319-338-7884			Outpatient mental health therapy
McGee, Betsy	MD, MPH	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Mental/behavior al health
McNamee, Alexandria	LMHC-TL	Prelude Behavioral Services 430 Southgate Ave. Iowa City, IA 52240	Ph: 319-351-4357			
McWilliams, Danielle		Abbe Center for Community Mental Health 1039 Arthur St. Iowa City, IA <a href="http://www.abbemh
c.org/default.asp">http://www.abbemh c.org/default.asp	Ph: 319-338-7884			Outpatient mental health therapy

Medlinger, Talia	LMSW	United Action for Youth 1700 S First Ave Suite 14 Iowa City, IA 52244 http://www.unitedactionforyouth.org/content/	Ph: 319-338-7518 Fax: 319-337-7999			VOCA counselor, crisis and family mediation, family conflict, anxiety, depression, victims of crime, lgbtq, CBT, strengths based, advocacy
Melick-Shield, Jeanne	LISW, CADC	Meadowlark Psychiatric Services 320 W Cherry St. North Liberty, IA 52317 http://meadowlarkpsych.com	Ph: 319-626-3300 Fax: 319-626-3084			Addictions, mood disorders, eating disorders, couples communication
Melton Tucker, Laura meltontucker@gmail.com	tLMFT	Counseling Center of Iowa City 3030 Northgate Drive Suite E Iowa City, IA 52245 http://www.counselingcenteric.com/index.php	Ph: 319-337-6483 Fax: 319-337-4208	Blue Cross Blue Shield, sliding scale, private pay	All ages	Marital and couples therapy, divorce mediator, sex therapy, parenting, variety of other issues/approaches
Miller, Anthony	MD	Coralville OPC 520 10 Ave Ste 200 Coralville, IA	Ph: 319-358-2406			Mental/behavioral health

		52441 https://www.va.gov Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			
Miller, Heather	LMFT	Cornerstone Brief Therapy 2441 Coral Ct #6 Coralville, IA 52241 http://www.cornerstonebrieftherapy.com	319-351-7392	Blue Cross Blue Shield, Cigna, First Health, Midlands Choice, Out of Network, sliding scale, private pay	All ages	Solution focused brief therapy, depression, anxiety, phobias, play therapy
Moel, Joy	Ph.D.	Anderson, Arnold, and Partners 209 East Washington Suite 202 Iowa City, IA 52240 http://www.andersonarnold.com/index.html	Ph: 319-354-3232 Fax: 319-354-2990		Adolescents, adults, individuals and couples	Depression, anxiety, pregnancy/postpartum, relationships, family issues, career/academic concerns, identity, interpersonal therapy, ACT, CBT
Mohr, Holly holly@reflection	LISW	Reflections Counseling, LLC.	Ph: 319-512-0552	Adults, individuals,	CBT, play therapy, art	

scounseling-ic.com		332 S Linn St. Iowa City, IA 52240 http://www.reflectionscounseling-ic.com/home.html		couples, families	therapy, motivational enhancement therapy, DBT, ACT, behavioral therapy, anxiety, stress, anger, depression, grief, life transition, interpersonal conflict, trauma, abuse, relationship issues, mood disorders, substance use, divorce, difficult in school/work	
Morse, Dr.		Abbe Center for Community Mental Health 1039 Arthur St. Iowa City, IA http://www.abbemhc.org/default.asp	Ph: 319-338-7884			Psychiatry/medication services
Natvig, Ellen		Abbe Center for Community Mental Health 1039 Arthur St. Iowa City, IA http://www.abbemhc.org/default.asp	Ph: 319-338-7884			Psychiatry/Medication services

		c.org/default.asp				
Nicole, Elenute	MD	Okerberg and Associates 1785 Curtis Bridge Rd. North Liberty, IA 52317 http://www.okerberg-assoc.com	Ph: 319-665-2008 Fax: 319-665-9330			Psychiatry
Noble, Rae	LMHC, ATR	Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352		Adults and teens	Bilingual in english and spanish, art therapy, survivors of violence, trauma, eating disorders, mood and anxiety, substance or behavioral addictions, person-centered , strengths based, holistic, DBT, ACT, ERP, EMDR
O'Brien, Molly	DNP, PMHNP-bc	Psychiatric Associates 1290 Jordan St. North Liberty, IA 52317 https://www.psycha	Ph: 319-356-6352		Adults	Depression, anxiety, PTSD, veterans, bipolar, borderline

		ssociates.net				
Okerberg, Sharon	LMHC	Okerberg and Associates 1785 Curtis Bridge Rd. North Liberty, IA 52317 http://www.okerberg-assoc.com	Ph: 319-665-2008 Fax: 319-665-9330			Mental health therapy
Okiishi, Christopher	MD	Meadowlark Psychiatric Services 320 W Cherry St. North Liberty, IA 52317 http://meadowlarkpsych.com	Ph: 319-626-3300 Fax: 319-626-3084		All ages	Psychiatry, ADHD, behavioral disorders, trauma, anxiety, mood disorders, psychotic disorders, tics and tourettes, impulse control
Olivier, Kat kat.n.olivier@gmail.com	LISW	Turning Point Counseling & Psychotherapy 757 West Benton St. Iowa City, IA 52246 http://www.turningpointiowacity.com/4401.html	Ph: 319-339-4757 Fax: 608-299-1224	Medicaid, Medicare, Aetna, Blue Cross Blue Shield, Coventry, Magellan Behavioral Health, Meridian, Midlands Choice, United, Wellcare, Out of		LGBTQ, cancer, HIV/AIDS, narrative therapy

				Network, private pay		
O'Rourke, Barbara	PH.D., LP, LMHC, RN	Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352			Depression, anxiety, grief, life transitions, psychological assessments
Parker, Shannon shannon@okerberg-assoc.com	t-LMFT	Okerberg and Associates 1785 Curtis Bridge Rd. North Liberty, IA 52317 http://www.okerberg-assoc.com	Ph: 319-665-2008 Fax: 319-665-9330			Mental health therapy, wellness
Payne, Brenda	Ph.D., MSCP	Gersh, Hartson, Payne, Hoffman, and Associates P.C. 373 Scott Court Suite A Iowa City, IA 52245 http://www.ghapsych.com	Ph: 319-338-9960 Fax: 319-338-9492		Children, adolescents, and their parents	Depression, anxiety, attention, behavior problems, adjustment to divorce, CBT, psychological and neuropsychological evaluations
Phillips, Catharine	PhD	Meadowlark Psychiatric Services	Ph: 319-626-3300 Fax:		All ages	Psychological and neuropsychologi

		320 W Cherry St. North Liberty, IA 52317 http://meadowlarkpsych.com	319-626-3084			cal assessments
Pieper, Andrew	MD	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Mental/behavioral health
Prodzinski, Cynthia	LMHC, ATR	Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352		5 and older	Trauma, art therapy, play therapy, DBT, dissociative disorders, borderline, self-regulation, expressive art, sexual identity
Range, Bryan Phillip bpr@bprtmcs.com	LMFT	B.P.R. Therapy, Mediation & Coaching Services 2441 Coral Court #6 Coralville, IA 52241 http://www.bprtmcs.com/default.html	Ph: 319-213-8485	Medicaid and Blue Cross Blue Shield for therapy services, private pay for therapy services, mediation services, and coaching services	Individuals, couples, families, friendships, groups, 6 and older	Professional mediator and coach, workplace and divorce mediation, conflict management, systems theory, mental health therapy

Redlinger, Amanda	LMSW	Keys to Living 332 S. Linn St. Suite 23 & Suite 33 Iowa City, IA 52240 http://keystoliving.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094		Teenagers, adults	Women's issues, self-esteem, anxiety, depression, stress, crisis management, life adjustment, faith issues, grief/loss, Christian counseling
Rees, Kim	LMHC	Journey Counseling Services 6 Hawkeye Drive Suite 105 North Liberty, IA 52317 http://journeycounselingservices.net/blog1/	Ph: 319-541-7253	Blue Cross Blue Shield, Aetna, United Healthcare, UMR		Trauma, loss, spirituality
Rein, Amy	PhD	Rein Center 421 E Market St. Iowa City, IA 52245 https://www.reincenter.com	319-400-1311	Out of Network insurance, sliding scale, private pay	All ages	Psychodynamic, CBT, EMDR, yoga, mindfulness, meditation, holistic treatment, variety of issues
Reschly, Erica	PhD, LISW	Seva Center for Healing Arts	Ph: 319-351-7382	Blue Cross Blue Shield, out of	Adults in individual or	Binge eating disorder,

		501 12th Ave Suite 102 Coralville, IA 52241 http://www.sevahealingarts.com		network, private pay	group session *leads a mindful eating workshop	bulimia, chronic pain, depression, anxiety, mind-body psychotherapy, acceptance and commitment therapy, EMDR, mindfulness, behavioral strategies, yoga, meditation, breath work
Romero Cartaya, JoAnna	Ph.D.	Virtue Medicine, P.C. 221 E College St. Suite 212 Iowa City, IA 52240 http://www.virtuemedicine.com	Ph: 319-338-5190		All ages	Holistic counseling, functional analytical psychotherapy, neuropsycholog y, psychological testing, interpersonal psychotherapy, CBT, group psychotherapy, dynamic and phenomenologic al therapy, hypnosis, motivational interviewing

Rosebrook, Julie	Ph.D.	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Mental/behavioral health
Ross, Annika	LISW	New Leaf Counseling, PLLC 910 23rd Ave Suite 100 Coralville, IA https://www.newleafic.com/home.html	Ph: 319-351-9731 Fax: 866-468-4419	Aetna, Blue Cross Blue Shield, Midlands Choice, Out of Network, private pay, sliding scale	10 and older	Women, anxiety, depression, trauma, relationship struggles, EMDR
Ruyle, Kathleen	LISW, RPT-S	Integrated Community Therapists LLC 123 N Linn St. Suite 2A Iowa City, IA 52245 http://www.ictherapists.com	Ph: 319-337-3357 Fax: 319-337-2758		All ages, individuals, families, couples	Anxiety, behavioral problems, ODD, divorce/custody issues, ADHD, depression, parenting skills, trauma, CBT, internal family systems, Adlerian, mindfulness, play therapy
Sacora, Jen	LMHC, RPT	Psychiatric Associates 1290 Jordan St. North Liberty, IA 52317	Ph: 319-356-6352			Play therapy, expressive therapies, depression, anxiety,

		https://www.psychaassociates.net				parenting, grief and loss, trauma, attachment, autism, co-occurring disorders
Sanger, Holly	Psy.D.	Anderson, Arnold, and Partners 209 East Washington Suite 202 Iowa City, IA 52240 http://www.andersonarnold.com/index.html	Ph: 319-354-3232 Fax: 319-354-2990		Adults, adolescents, individuals and couples	Relationships, anxiety, depression, grief and loss, trauma, mindfulness, life stage transitions, identity and diversity issues, Certified Coherent Breathing Teacher
Schmitz, Susan susan@interplaycounseling.net	LISW, RPT-S	Interplay Counseling Services 1150 5th St. Suite 261 Coralville, IA 52241 http://www.interplaycounseling.net	Ph: 319-354-0786	Aetna, Blue Cross Blue Shield, Medica, Midlands Choice, sliding scale, private pay	All ages, specializes in kids	CBT, IFS, EMDR, play therapy, caregivers, depression, trauma, life transitions, grief and loss, ADHD, stress, mindfulness, variety of other

						issues
Schoen, Eva	Ph.D.	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Mental/behavioral health
Schorer, Kari	LISW	Aspire Counseling and Wellness LLC 708 5th St. Suite 4 Coralville, IA 52241	Ph: 319-450-0937	Blue Cross Blue Shield, United	Children, adolescents, young adults, families	Strengths based, CBT, ACT, PCIT, ADHD, anxiety, autism, depression, behavioral disorders, trauma, developmental disabilities, life stressors
Shanks, Connie	PA	Coralville OPC 520 10 Ave Ste 200 Coralville, IA 52441 https://www.va.gov	Ph: 319-358-2406			Mental/behavioral health
Sharr, Peggy psharr@mchsi.com	LISW	Sharr Counseling Services 20 Van Buren St. Iowa City, IA 52240 http://peggysharr.weebly.com	Ph: 319-325-7362	Blue Cross Blue Shield, private pay	6 and older, individuals, couples, families	Depression, anxiety, trauma, PTSD, behavioral challenges, stress reduction,

						mood stabilization, crisis intervention, grief and loss, relationships problems, sleep problems, CBT, somatic psychotherapy, meditation, mindfulness, guided imagery, health and nutrition advice, hypnosis, play therapies, sand tray, art therapy
Siron, Devona	LISW	Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352		Adults and adolescents	CBT, ACT, solution focused, mindfulness, EMDR, anxiety, depression, life stressors, relationships, trauma, self-esteem, binge eating
Smigel, Holly holly@hourneycounselingservic	LMHC	Journey Counseling Services	Ph: 319-541-7253	Blue Cross Blue Shield, Aetna, United	Women, children, teens	Psychiatric rehabilitation, depression,

es.net		6 Hawkeye Drive Suite 105 North Liberty, IA 52317 http://journeycounselingservices.net/blog1/		Healthcare, UMR, sliding scale, private pay		anxiety, spirituality
Smith, Alisha	LISW, RPT	Imagine Therapy Solutions, PLC 575 Cameron Way Unit A North Liberty, 52317 http://imaginetherapysolutions.com	Ph: 319-774-2565	Aetna, Alliance, Blue Cross Blue Shield, Ceridian, Medicaid, Midlands Choice, Military OneSource, Optum, ValueOptions, Private Pay	Specialized in ages 4-10, but also sees adolescents and adults	Play therapy, trauma focused CBT, anxiety, grief/loss, family transitions
Smith, James	LISW	Wolfleg Counseling 2871 Heinz Road Suite B Iowa City, IA 52240 http://wolflegcounseling.blogspot.com	Ph: 319-250-7095	Blue Cross Blue Shield, Magellan Behavioral Health, Medicaid, Medicare, Out of Network, sliding scale, private pay	14 and older	Grief and loss, depression and anxiety, marital and relationship issues, divorce, self esteem, huilt, dysfunctional family systems
Stai, Christina	Psy.D.	Hope Springs Behavioral Consultants 1303 5th St. #202 Coralville, IA 52241	Ph: 319-358-6520		Children, adolescents, and parents	Adoption and foster care, behavioral and emotional concerns, developmental

		https://hopespringsbc.com				delays, autism, trauma, dBT, parenting skills, depression, anxiety, eating disorders
Stange, Laurie	LMFT, Ph.D.	Liberty Therapy Associates 595 Ashley Court Suite 1 North Liberty, IA 52317 http://www.libertytherapyassociates.com	Ph: 319-665-2525	Blue Cross Blue Shield, out of network, private pay	11 and older, individuals, couples, families	Depression, anxiety, ADHD, systems approach, relationship issues
Stapleton, Richard	EdD, LMHC	ChildServe 2350 Oakdale Blvd. Coralville, IA 52241 https://www.childserve.org	Ph: 319-320-1554	Medicaid, United Healthcare, Blue Cross Blue Shield	6-19	Emotional and behavioral issues, stress, grief and loss, coping skills, trauma, EMDR, expressive arts, mindfulness, impulse control, variety of other issues
Stockman, Amy	Ph.D.	Anderson, Arnold, and Partners 209 East Washington Suite 202 Iowa City, IA 52240	Ph: 319-354-3232 Fax: 319-354-2990			Health psychology, stress management, mind/body connection,

		http://www.andersonarnold.com/index.html				infertility
Striegel, Phil	LMFT, Ph.D.	Counseling Center of Iowa City 3030 Northgate Drive Suite E Iowa City, IA 52245 http://www.counselingcenteric.com/index.php	Ph: 319-337-6483 Fax: 319-337-4208			Biological aspects of human problems, internal family systems
Strode, Susanna		Abbe Center for Community Mental Health 1039 Arthur St. Iowa City, IA http://www.abbemhc.org/default.asp	Ph: 319-338-7884			Outpatient mental health therapy
Strong, Dr.		Abbe Center for Community Mental Health 1039 Arthur St. Iowa City, IA http://www.abbemhc.org/default.asp	Ph: 319-338-7884			Psychiatry/medication services
Sturdevant, Kristin	PhD, LMHC	Sturdevant Holistic Therapies 1570 South 1st Ave. Suite MM Iowa City, IA 52240	Ph: 319-354-4552	Aetna, Blue Cross Blue Shield, Cigna, Magellan Behavioral	Adults *Offers Saturday appointments	Holistic treatments, hypnotherapy, interpersonal, spirituality,

		http://www.psychotherapistiowacityia.com		Health, Medicaid, Midlands Choice, Priority Health Network, Teamcare, sliding scale, private pay		variety of issues
Tansey, Janeta	MD, Ph.D.	Virtue Medicine, P.C. 221 E College St. Suite 212 Iowa City, IA 52240 http://www.virtuemedicine.com	Ph: 319-338-5190			Personal coaching, mind-body medicine
Thomas, Caleb	tLMHC	Cornerstone Brief Therapy 2441 Coral Ct #6 Coralville, IA 52241 http://www.cornerstonebrieftherapy.com	319-351-7392	Blue Cross Blue Shield, EAP, sliding scale, private pay	All ages but specializes in youth	Christian based counseling, video counseling, relationship issues, depression, anxiety, variety of other issues and approaches
Thomas, Volker	LMFT, Ph.D.	Counseling Center of Iowa City 3030 Northgate Drive Suite E Iowa City, IA 52245 http://www.counselingcenteriowacityia.com	Ph: 319-337-6483 Fax: 319-337-4208			Emotion focused, play therapy, mood disorders, infertility, infidelity,

		ngcenteric.com/index.php				domestic violence, divorce and stepfamily issues
Thompson, Sam	LISW	United Action for Youth 1700 S First Ave Suite 14 Iowa City, IA 52244 http://www.unitedactionforyouth.org/content/	Ph: 319-338-7518 Fax: 319-337-7999	Blue Cross Blue Shield, Hawk-i, Title 19, Iowa Medicaid, some grant funding is available for families without resources	Pre adolescents, young adults, families	
Thro, Dr.		Abbe Center for Community Mental Health 1039 Arthur St. Iowa City, IA http://www.abbemhc.org/default.asp	Ph: 319-338-7884			Psychiatry/medication services
Tillman, Carmen	tLMHC, CRC	Psychiatric Associates 1290 Jordan St. North Liberty, IA 52317 https://www.psychassociates.net	Ph: 319-356-6352		14 and older *Offers Saturday and evening hours	Life transitions, grief and loss, anxiety, depression, career related issues, ACT, mindfulness
Tonkyn, Diane	ATR-BC, LMFT	United Action for Youth 1700 S First Ave	Ph: 319-338-7518 Fax:	Blue Cross Blue Shield, Hawk-i, Title 19, Iowa	Children, teenagers, families	Depression, trauma, BILINGUAL

		Suite 14 Iowa City, IA 52244 http://www.unitedactionforyouth.org/content/	319-337-7999	Medicaid, some grant funding is available for families without resources		
Topp, Lynda	LISW	Counseling Center of Iowa City 3030 Northgate Drive Suite E Iowa City, IA 52245 http://www.counselingcenteric.com/index.php	Ph: 319-337-6483 Fax: 319-337-4208			Mediator, CBT, interpersonal therapy, attachment, marital and divorce, psychoeducation, family systems, psychodynamic, play therapy, biological/medical aspects of mood disorders, wellness, abuse, ADHD, behavioral and parenting issues
Totten, Susan	LISW	Private Practice 3030 Northgate Drive Suite E & C Iowa City, IA 52240 http://susantotten.com	Ph: 319-337-6483	Blue Cross Blue Shield, out of network, private pay	11 and older	EMDR, sensorimotor therapy, PACT, multicultural counseling, trauma, marital
Trefz, Stephen		Abbe Center for Community Mental	Ph: 319-338-7884			Outpatient mental health

		Health 1039 Arthur St. Iowa City, IA http://www.abbemh.com/org/default.asp				therapy
Tucker, Robert	LMHC	Keys to Living 332 S. Linn St. Suite 23 & Suite 33 Iowa City, IA 52240 http://keystoliving.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094			Men's addiction, anger, self esteem, anxiety, depression, social skills, grief and loss, couples
Tygrett, Lanny	LISW, RPT	Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352		Children, adolescents, adults	Play therapy, PCIT, EMDR, depression, self-esteem, ADHD, behavioral changes, autism, trauma, anxiety, family dynamics/relationships
Vaske, Cynthia	LISW	Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352		Adults	Anxiety, relationships, trauma, work related issues, life balance, self esteem, cancer diagnosis

Ventullo, Anne anne.ventullo@gmail.com	LISW	Hetherington & Associates 123 N Linn St. Suite D2 Iowa City, IA 52245 https://www.hetheringtonandassociates.com				
Vincent, Chris christurningpoint@gmail.com	LISW	Turning Point Counseling & Psychotherapy 757 West Benton St. Iowa City, IA 52246 http://www.turningpointiowacity.com/4401.html	Ph: 319-339-4757 Fax: 608-299-1224		All ages	Depression, anxiety, trauma, EMDR, play therapy
Wassink, Thomas	MD	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Mental/behavioral health
Weckmann, Michelle	MD	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	Ph: 319-338-0581			Mental/behavioral health
Wedeward,	BSN, MSN	Iowa City VA	Ph:			Mental/behavior

Timothy		Medical Center 601 Highway 6 West Iowa City, IA 52246 https://www.va.gov	319-338-0581			al health
Weibel, Dana	MD	Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352		Adults	Depression, anxiety, ADD
Welsh, Christopher	MD	Psychiatric Associates 673 Westbury Drive, Suite 201 Iowa City, IA 52245 https://www.psychassociates.net	Ph: 319-356-6352		Adults	Depression, bipolar disorder, anxiety disorders, ADHD
Welsh, Katrina	Ph.D.	Anderson, Arnold, and Partners 209 East Washington Suite 202 Iowa City, IA 52240 http://www.andersonarnold.com/index.html	Ph: 319-354-3232 Fax: 319-354-2990		Children ages 12 or younger and their parents	
Wemmie, John	MD	Iowa City VA Medical Center	Ph: 319-338-0581			Mental/behavior al health

		601 Highway 6 West Iowa City, IA 52246 https://www.va.gov				
Wesner, Robert	MD	Private practice 103 E College St. #220 Iowa City, IA 52240 https://robertbwesnermd-psychiatrist.com	Ph: 319-351-8281 Fax: 319-466-9030		Adults	Psychiatry
Westlake, Jennifer	PA	Coralville OPC 520 10 Ave Ste 200 Coralville, IA 52441 https://www.va.gov	Ph: 319-358-2406			Mental/behavioral health
Whittlessey, Jeff		Abbe Center for Community Mental Health 1039 Arthur St. Iowa City, IA http://www.abbemhc.org/default.asp	Ph: 319-338-7884			Mental health therapy
Widitz, David	MD	Gersh, Hartson, Payne, Hoffman, and Associates P.C. 373 Scott Court Suite A Iowa City, IA 52245	Ph: 319-338-9960 Fax: 319-338-9492		Children and young adults	Medication management for anxiety, depression, autism, attention, and behavioral

		http://www.ghapsych.com				problems
Wilcox, Tari	LMFT	Cornerstone Brief Therapy 2441 Coral Ct #6 Coralville, IA 52241 http://www.cornerstonebrieftherapy.com	319-351-7392			Family conflict, trauma, high risk behaviors, anxiety, depression, life transitions, grief and loss
Wiser, Anne awiserpsychotherapy@gmail.com	LISW	Private Practice 332 S Linn St. Suite 25 Iowa City, IA 52240 http://awiserpsychotherapy.com	Ph: 319-383-8915	Blue Cross Blue Shield, sliding scale, private pay	Adults	Depression, anxiety, mood, self esteem, trauma, relationship issues, interpersonal conflicts, parenting, other issues, solution focused, mindfulness, EMDR, IFS, motivational interviewing CBT, FLUENT IN FRENCH
Woodman, Catherine	MD	Iowa City VA Medical Center 601 Highway 6 West Iowa City, IA	Ph: 319-338-0581			Mental/behavioral health

		52246 https://www.va.gov				
Woods, Adam	MD	Psychiatric Associates 1290 Jordan St. North Liberty, IA 52317 https://www.psychassociates.net	Ph: 319-356-6352		All ages	Psychiatry, ADHD, anxiety, PTSD, OCD, insomnia, “whole body” perspective
Worrell, Dawn	LISW	Counseling and Wellness Center-Private Practice 52 Sturgis Corner Dr. Iowa City, IA 52246 332 S Linn St. Suite 14 Iowa City, IA 52246	Ph: 319-250-4482	Blue Cross BLue Shield, UMR, United, out of network, sliding scale, private pay	All ages	Divorce, anxiety, depression, ADHD, attachment, trauma, play therapy, CBT, solution focused, meditation, yoga
Yamada, Darcie	LISW	Integrated Community Therapists LLC 123 N Linn St. Suite 2A Iowa City, IA 52245 http://www.ictherapists.com	Ph: 319-337-3357 Fax: 319-337-2758		Children, adolescents, teenagers, young adults, families	Play therapy, internal family systems, anxiety, depression, ODD, life transitions, trauma, ADHD, behavior problems, parenting skills

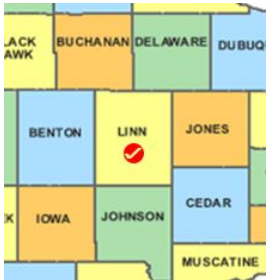
Yeary, Lisa	LISW	Imagine Therapy Solutions, PLC 575 Cameron Way Unit A North Liberty, 52317 http://imaginetherapysolutions.com	Ph: 319-626-2558	Wellmark Blue Cross Blue Shield, Aetna, Cigna, Midland's Choice, Optum/United Behavioral Health, Alliance Select, Value Options, Military One Source, Ceridian, Title 19, private pay, sliding scale	All ages	Anger management, anxiety, trauma, variety of other issues and approaches
Young, David	Ph.D.	Counseling Center of Iowa City 3030 Northgate Drive Suite E Iowa City, IA 52245 http://www.counselingcenteric.com/index.php	Ph: 319-337-6483 Fax: 319-337-4208	Aetna, Blue Cross Blue Shield, Cigna, Coventry, MHNet Behavioral Health, Medica, Medicaid, Midlands Choice, UMR, United Behavioral Health, United, ValueOptions, private pay	Adults	Chronic illness and pain, Ericksonian Hypnosis, biofeedback, brief therapy treatments for depression and anxiety, couples

JONES COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Aunan, Carol	ARNP	Abbe Center for Community Mental Health 105 Broadway Pl Suite 19 Anamosa, IA <a href="http://www.abbemh
c.org/default.asp">http://www.abbemh c.org/default.asp	Ph: 319-462-4807 Fax: 319-462-4970			Psychiatry/medi cation services
Cardenas, Latasha	LMSW	Life Connections 209 W Main St. Anamosa, IA 52205 <a href="http://www.life-con
nections.org">http://www.life-con nections.org	Ph: 319-774-2045		All ages	Mental disabilities, behavioral issues, play therapy, CBT, motivational interviewing, intellectual disabilities, autism, anxiety, depression
Ellison, Mandy	LMSW	Life Connections 209 W Main St. Anamosa, IA 52205 <a href="http://www.life-con
nections.org">http://www.life-con nections.org Life Connections 205 W 1st St. Monticello, IA	Ph: 319-774-2045 Ph: 319-313-5510			

		52310 http://www.life-connections.org				
Fletcher, Susan	LMHC	Life Connections 209 W Main St. Anamosa, IA 52205 http://www.life-connections.org Life Connections 205 W 1st St. Monticello, IA 52310 http://www.life-connections.org	Ph: 319-774-2045 Ph: 319-313-5510		5+	Grief, loss, infertility, pregnancy, infant loss, anxiety, depression, life transitions, play therapy, REBT, family systems
Paulsen, Melissa	LMFT, RPT	Life Connections 209 W Main St. Anamosa, IA 52205 http://www.life-connections.org	Ph: 319-774-2045		Individuals, couples, families, all ages	Play therapy, trauma focused CBT, adjustment related stressors, anxiety, depression, grief, loss, self harm, emotional and behavioral difficulties

LINN COUNTY



Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Alliger, Ann	LMHC, CRC, CADC	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575			Workplace stress, disability management, addiction issues
Ambrosy, Nan	ARNP, DNP	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575			Psychiatry
Andrews, Bekah	LMFT	Grace C. Mae Advocate Center 3113 1st Ave. SW Cedar Rapids, IA 52405	Ph: 319-361-6529		Children, teens, families	Anxiety, depression, ADHD, ODD, communication issues,

		http://www.advocatecenter.org				behavioral concerns, parenting, LGBT, trauma, play therapy techniques, foster/adoptions families, attachment disorders
Aquino, Christy	LISW, M. Ed.	Horizons 819 5th St. SE Cedar Rapids, IA 52406 http://www.horizonsfamily.org	Ph: 319-398-3943 Fax: 319-398-3577	ACA Marketplace, Aetna, Blue Cross Blue Shield, Coventry, Iowa Health and Wellness Plan, Medicaid, Medicare, Midlands Choice, United Health Care, EAP, Mental Health and Disabilities Services waiver, sliding fee scale	Children, families, couples	Attachment disorder, co-dependency, life adjustments, Director of Mental Health and Wellness
Aunan, Carol	ARNP	Abbe Center for Community Mental Health 520 11th St NW	Ph: 319-398-3562 Fax: 319-398-3501			Psychiatry/medication services

		Cedar Rapids, IA 52405 http://www.abbemh.org/default.asp				
Barker, Elizabeth	LMHC	Barker Counseling, LLC 221 1st Street NE Mount Vernon, IA 52314	Ph: 319-320-8910	Blue Cross Blue Shield, Magellan Behavioral Health, Midlands Choice, Optum, UMR, United Healthcare, private pay	All ages, individuals, couples	Grief, loss, anxiety, depression, PTSD, trauma, stress, relationship concerns, behavioral issues, mood disorders, CBT, client centered, play therapy techniques
Becker, Jennifer jbecker@insighttherapygroup.com	LMHC	Insight Therapy Group 3741 Center Point Road NE Suite A Cedar Rapids, IA 52402 http://insighttherapygroup.com	Ph: 319-382-8660 319-382-8663		11+, individuals	Stress, anxiety, life transitions, anger, behavioral issues, coping skills, depression, emotional disturbance, grief, life coaching, peer relationships, self esteem, CBT, narrative, play therapy,

						coaching, motivational interviewing
Beiser, Jean	tLMFT	Grace C. Mae Advocate Center 3113 1st Ave. SW Cedar Rapids, IA 52405 http://www.advocatecenter.org	Ph: 319-361-6529		Children and families	Structural intervention therapy, CBT, emotionally focused therapy, play therapy, AutPlay
Bieret, Gloria gloria@familypsychologyassoc.com	Ed.D., LMHC, RPT-S	Family Psychology Associates 1221 Center Point Road NE Cedar Rapids, IA 52402 http://www.familypsychologyassoc.com	Ph: 319-378-1199		All ages, families	Depression, anxiety, abuse and adverse life events, EMDR, play therapy, relationship issues, anger, trauma, CBT, narrative, solution-focused , adlerian, family systems, psychodynamic
Blake, Jessica	LISW	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		All ages	Depressive and bipolar disorders, anxiety and panic disorders, anger and stress management,

						ADHD, behavior disorders, childhood disorders, teen issues, family issues, trauma and abuse
Blume, Jennifer	ARNP	Unity Point Health St. Luke's Behavioral Health Services 1026 A Avenue NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedar-rapids/default.aspx	Ph: 319-369-7959 Fax: 319-369-7812		Accepts children	Psychiatry
Boddicker, Laura laura@familypsychologyassoc.com	t-LMHC, CRC	Family Psychology Associates 1221 Center Point Road NE Cedar Rapids, IA 52402 http://www.familypsychologyassoc.com	Ph: 319-378-1199			Depression, anxiety, military veteran and family transitional issues, emotion regulation, intellectual disorders, physical disabilities, caregivers, vocational issues and career

						exploration, mindfulness, psychodynamic, CBT, cognitive rehabilitative therapy
Bradley, Jennifer	ARNP	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575			Psychiatry
Brotzman, Brian	tLMHC	Life Connections 2515 18th St. SW Cedar Rapids, IA 52404 http://www.life-connections.org	Ph: 319-364-1953		All ages	Trauma, depression, major mental illness, EMDR
Cantrell Fielding, Angela	LISW, RPT	Pediatric Counseling Center 375 Collins Road NE Suite 17 Cedar Rapids, IA 52402 http://crpediatriccounselingcenter.com	Ph: 319-596-6334	Blue Cross Blue Shield, Midlands Choice, private pay	0 to 19	Play therapy, PCIT, EMDR, anxiety, depression, selective mutism, trauma, foster care/adoption, disruptive behaviors, parenting

Carey, Alexandria	LISW	Cedar Rapids Counseling & Psychotherapy Group 4403 1st Ave SE Suite 309 Cedar Rapids, IA 52402 http://www.crcounseling.net/index.html	Ph: 319-362-0632 Fax: 319-362-5206		Adults	EMDR, PTSD, Emotional intensity regulation, depression, anxiety, grief and loss, life transitions
Carlson, Terry	RN, LMHC, CADC	Keys to Living 1642 42nd St. NE Cedar Rapids, IA 52402 http://keystoliving.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094			Marriage, parenting, women's issues, alcohol and drug use, addictions, codependency, anxiety, depression, grief and loss, self-esteem, adjustment issues, Christian counseling
Caudill, Michael	LISW	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575			Depression, anxiety, veterans' issues, substance abuse, marital and family issues
Childs, Leona	tLMHC	Grace C. Mae	Ph:		Adolescents and	Substance

		Advocate Center 3726 Queen Ct. SW Suite 103 Cedar Rapids, IA 52404 http://www.advocatecenter.org	319-361-6529		adults	abuse, crisis and suicidal ideation, survivors of childhood sexual abuse
Christenson, Jacob	PhD, LMFT	Covenant Family Solutions 3047 Center Point Road NE, Suite B Cedar Rapids, IA 52402 https://www.covenantfamilyolutions.com	Ph: 319-261-2292 Fax: 319-333-0992	Aetna, Healthsmart, Coventry, Blue Cross Blue Shield, Medicaid, Medicare, Midlands Choice, Optum/United Health Care, self pay, sliding fee scale, free phone consultation, package session rate		Anxiety, depression, OCD, addictions, childhood behavioral problems, troubled teens, parenting, marital distress, chronic illness
Clarahan, Whitney	LMHC, CADC	Covenant Family Solutions 3047 Center Point Road NE, Suite B Cedar Rapids, IA 52402 https://www.covenantfamilyolutions.com	Ph: 319-261-2292 Fax: 319-333-0992	Aetna, Healthsmart, Coventry, Blue Cross Blue Shield, Medicaid, Medicare, Midlands	14 and older	Addictions, anxiety, co-occurring disorders, depression, eating disorders, obsessive-compulsive disorders,

		om		Choice, Optum/United Health Care, self pay, sliding fee scale, free phone consultation, package session rate		relationship conflicts, stress management
Classon, Debbie dclasson4335@ mustangs.mtme rcy.edu	*Student Therapist*	The Olson Marriage & Family Therapy Clinic 1650 Matterhorn Drive NE Cedar Rapids, IA 52402 https://www.olsonmftclinic.com	Ph: 319-368-6493		Individuals, couples, family	Anxiety, depression, self-esteem, life stressors, marital distress, grief and loss, sexuality, effective communication
Conrad, Megan	tLMHC	Grace C. Mae Advocate Center 3113 1st Ave. SW Cedar Rapids, IA 52405 http://www.advocatecenter.org	Ph: 319-361-6529		Children and teens, groups	Play therapy, animal assisted therapy, EMDR
Crane, Melinda		Horizons 819 5th St. SE Cedar Rapids, IA 52406 http://www.horizonsfamily.org	Ph: 319-398-3943 Fax: 319-398-3577	ACA Marketplace, Aetna, Blue Cross Blue Shield, Coventry, Iowa	Families, couples, women	Addiction, trauma, depression, anxiety

				Health and Wellness Plan, Medicaid, Medicare, Midlands Choice, United Health Care, EAP, Mental Health and Disabilities Services waiver, sliding fee scale		
Cunningham, Clint ccunningham6181@mustangs.mtmercy.edu	*Student therapist*	The Olson Marriage & Family Therapy Clinic 1650 Matterhorn Drive NE Cedar Rapids, IA 52402 https://www.olsonmftclinic.com	Ph: 319-368-6493			Strengths based, addiction, families and couples therapy, trauma, PTSD, depression and anxiety, grief and loss, chronic mental illness, youth mental health, personality disorders
D'Amico, Nicholas	LMFT	Covenant Family Solutions 3047 Center Point Road NE, Suite B Cedar Rapids, IA 52402	Ph: 319-261-2292 Fax: 319-333-0992	Aetna, Healthsmart, Coventry, Blue Cross Blue Shield, Medicaid,		Relationship conflict, childhood behavioral problems, parenting/co-par

		https://www.covenantfamilyolutions.com		Medicare, Midlands Choice, Optum/United Health Care, self pay, sliding fee scale, free phone consultation, package session rate		enting, communication skills, family distress, depression, trauma
Damsteegt, Don drdon@familypsychologyassoc.com	Ph.D.	Family Psychology Associates 1221 Center Point Road NE Cedar Rapids, IA 52402 http://www.familypsychologyassoc.com	Ph: 319-378-1199			Assessment of personality, intelligence, ADHD, and substance abuse, cognitive therapy, depression, anxiety, Imago Relationship Therapist
Darbyshire, Daniell	MSN	Unity Point Clinic Pediatric Child & Adolescent Psychology 855 A Ave. NE Suite 300 Cedar Rapids, IA 52402 https://www.unitypoint.org/cedarrapids/default.aspx	Ph: 319-297-9367 Fax: 319-368-5682			

		Unity Point Health St. Luke's Behavioral Health Services 1026 A Avenue NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedar-rapids/default.aspx	Ph: 319-369-7959 Fax: 319-369-7812			
Derfus, Richelle rderfus@gmail.com	LISW, CADC	Derfus Counseling Services 1221 Park Place NE Suite E3 Cedar Rapids, IA 52402 http://www.richellederfus.com	Ph: 319-936-7008	Amerigroup, Aetna, Amerihealth, Blue Cross Blue Shield, Cigna, ComPsych, Magellan, Medicaid, Midlands Choice, Principal, UMR, United Healthcare, ValueOptions, Out of network, self pay, sliding fee scale	14+, individuals only	Sexual abuse, PTSD, eating disorders, anxiety, depression, sexual orientation, lgbtq, substance abuse, EMDR,
Dozier, Dennis	LISW, Certified Co-Occurring Disorders	Foundation 2 Therapy Services 1450 Boyson Road Suite 5, Building B	Ph: 319-261-0976			Spirituality, LGBT, depression, anxiety, dual

	Professional	Hiawatha, IA 52233 http://www.foundation2.org/Default.aspx				diagnosis, family issues. Depression/anxiety group
Dunnigan, Ann	LISW	Williams & Dunnigan Associates in Counseling & Consulting, LLC 2750 First Ave NE Suite 100 Cedar Rapids, IA 52402 http://www.cgwdcounseling.com/home.html	Ph: 319-364-5106 Fax: 319-368-8096			Grief and loss, depression, anxiety, life transitions, relationships, EMDR, ADHD, autism, adoption issues
Eggerman, Paul	Ph.D.	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		Adults (18 and older)	Sexual disorders and behaviors, depressive and bipolar disorders, anxiety and panic disorders, anger and stress management, behavior disorders, independent psychological evaluations

Eggerman, Sinda	Psychologist	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemh.c.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Outpatient mental health therapy
Eilers, Scott	PsyD	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575		13 to 60	Psychiatry, psychological testing, supportive therapy. Eating disorders, trauma recovery
Ellison, Mandy	LMSW	Life Connections 2515 18th St. SW Cedar Rapids, IA 52404 http://www.life-connections.org	Ph: 319-364-1953			
Erickson, Christine	LMHC, NCC	Keys to Living 1642 42nd St. NE Cedar Rapids, IA 52402 http://keystoliving.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094			EMDR, women's issues, depression, anxiety, marriage, grief and loss, life changes and adjustments, relationship

						reconciliation, trauma, Christian counseling
Estling, Rhonda	LMFT	Cedar Rapids Relationship Center 118 3rd Ave SE Suite 311 Cedar Rapids, IA 52401 http://crrelationshipcenter.com	Ph: 319-804-9278		Adults and couples	Sex therapy, couples therapy
Fate, Ken ken@familypsychologyassoc.com	LMHC	Family Psychology Associates 1221 Center Point Road NE Cedar Rapids, IA 52402 http://www.familypsychologyassoc.com	Ph: 319-378-1199		Children, adolescents, and young adults and their families	Adlerian, mindfulness, CBT, brief therapy, family systems, play therapy, Gottman Method Couples Therapy, behavior, anxiety, depression, divorce, blended family, ADHD, ODD, adjustment disorder, social skill development, anger

						management, stress reduction
Ferretti, Lisa	LISW	Lisa Ferretti LISW LLC 1957 Blairs Ferry Rd Suite 600 Cedar Rapids, IA 52402	Ph: 319-774-3374	Amerigroup, AmeriHealth, Blue Cross Blue Shield, CHIP Children's Program, Crime Victim's Compensation, healthpartners, Lin County SED, Magellan, Medicaid, Mental Health and Disability Services, Midlands Choice, United Healthcare, Out of network, self pay	14+	Anxiety, depression, life transitions, grief, loss, anger management, relationship issues, trauma, LGBTQ, refugees, immigrants, Sexual Assault Advocate
Fish, Kate	t-LMFT	Team Restoration Ministries http://team-restoration.org/index.html Practices at Holy Redeemer Lutheran Church 720 Edgewood Rd NW Cedar Rapids, IA 52405	Ph: 319-540-8146	Amerigroup, Amerihealth, Blue Cross Blue Shield, Cigna, Medicaid, Midlands Choice	Individuals, couples, families, 14+	Relational distress, attachment theory, emotional focused therapy, narrative therapy, spiritual therapy

		https://www.holyredeemer.church and First Lutheran Church 1000 Third Avenue SE Cedar Rapids, IA http://www.firstlutheran.cr.org				
Fletcher, Susan	LMHC	Life Connections 2515 18th St. SW Cedar Rapids, IA 52404 http://www.life-connections.org	Ph: 319-364-1953		5+, individuals and couples	Infertility, pregnancy, infant loss, anxiety, depression, grief, loss, life transitions, play therapy, solutions focused, emotive behavior therapies, family systems, assessments
Flowers, Tiffany	LMHC, IADC	Pathway Counseling Center 1073 Rockford Rd SW Suite E Cedar Rapids, IA 52404 https://pathwaycounselingcenter.net	Ph: 319-693-5433	Blue Cross Blue Shield, Medicaid, private pay, sliding scale fee	6 and older	Chronic or acute mental illness, crisis, personal growth, self-awareness, motivational interviewing, spirituality

Forystek, Amanda	MD	Unity Point Health St. Luke's Behavioral Health Services 1026 A Avenue NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedarrapids/default.aspx	Ph: 319-369-7959 Fax: 319-369-7812		Accepts children	Mental and behavioral health
Freeman, Penny	LISW	Cedar Rapids Counseling & Psychotherapy Group 4403 1st Ave SE Suite 309 Cedar Rapids, IA 52402 http://www.crcounseling.net/index.html	Ph: 319-362-0632 Fax: 319-362-5206		Individuals, couples, groups, adults	Depression, anxiety, relationship conflicts, life transitions, family caregiver stress, trauma, PTSD, EMDR
Gage, Jennifer jennifer@crrelationshipcenter.com	LMFT	Cedar Rapids Relationship Center 118 3rd Ave SE Suite 311 Cedar Rapids, IA 52401 http://crrelationshipcenter.com	Ph: 319-775-0007	Blue Cross Blue Shield, United Healthcare	Individuals, couples	Attachment, communication, intimacy, depression, anxiety, stress
Gendreau, Melissa	LMHC	Keys to Living 1642 42nd St. NE Cedar Rapids, IA 52402	Ph: 319-377-2161 Fax: 319-377-2094			Play therapy, autism, attachment issues, parent

		http://keystoliving.org/home/1370639				education, family therapy, marital, women's issues, depression, anxiety, dbt, ocd, PTSD, veterans/active duty and service members' family issues, Christian counseling
Gilbaugh, Patricia	Ph.D., LISW, RPT-S, CAS	3113 1st Ave. SW Cedar Rapids, IA 52405 http://www.advocatecenter.org	Ph: 319-361-6529		Children	Play therapy, trauma, reactive attachment disorder, childhood developmental disorders, crisis counseling
Gondek, Julie julieg@eiafamilycounseling.com	LISW	Eastern Iowa Family Counseling 204 Glenn St. SE Suite 2 Mount Vernon, IA 52314 https://www.eiafamilycounseling.com	Ph: 319-777-1092 Fax: 319-449-3585	Blue Cross Blue Shield, Medicaid (Amerigroup, Amerihealth, United), United, Tricare, Cigna, Private pay	Individual, couples, families, groups. All ages but prefers adults.	CBT, EMDR, narrative, motivational interviewing, solution focused, dialectical behavior therapy. Trauma, personality disorders,

						depression, anxiety, self-esteem, self harm, anger, behavioral issues, grief and loss, life transitions, relationship issues, school based therapy in Lisbon and Mount Vernon Schools
Grabe, Becky becky@everydaycountstherapy.com	LISW	Everyday Counts, LLC 985 Club Lane, Cedar Rapids, IA 52505 http://www.everydaycountstherapy.com/index.html	Ph: 319-383-8678	Blue Cross Blue Shield, UMR, Midlands Choice, Medicare, United Healthcare, Medicaid, private pay, out of network	All ages, families	Trauma, PTSD, behavior disorders, EMDR, PCIT, TF-CBT
Graham-Mineart, Theresa	LMHC	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemhc.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Outpatient mental health therapy

Griem, Timothy	LISW	Horizons 819 5th St. SE Cedar Rapids, IA 52406 http://www.horizonsfamily.org	Ph: 319-398-3943 Fax: 319-398-3577	ACA Marketplace, Aetna, Blue Cross Blue Shield, Coventry, Iowa Health and Wellness Plan, Medicaid, Medicare, Midlands Choice, United Health Care, EAP, Mental Health and Disabilities Services waiver, sliding fee scale	Adolescents and twens	Relationship issues, depression, anxiety, EMDR, Clinical Manager
Grote, Colleen	MS, LMHC	Heart and Solutions, LLC. 3100 E Ave NW Suite 105 Cedar Rapids, IA 52405 http://www.heartandsolutions.net/home2.html	Ph: 800-531-4236 Fax: 319-483-6661	Blue Cross Blue Shield, Medicaid (Amerigroup, Amerihealth, United), Private pay	Individual and families. See all ages but specialized in children	Trauma, CBT, EMDR, play,
Guerrero, Shoshanna sguerrero@abbey.org	LMFT	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405	Ph: 319-398-3562 Fax: 319-398-3501			

		http://www.abbemh.org/default.asp *Provides school based therapy in Erskine Elementary, Grant Wood Elementary, Johnson Elementary, Viola Gibson Elementary, Kennedy High School, and Washington High School				
Guinn, Brianne	LISW, RPT	Brianne Guinn Counseling 1221 Park Place NE Suite H Cedar Rapids, IA 52402 http://www.brianneguinncounseling.com	Ph: 319-774-1153	Medicaid and private insurance	Children and adults, individual and family	Anxiety, depression, parent-child relationships, self esteem, trauma, attachment, play therapy, EMDR, PCIT, CBT, Filial therapy, Theraplay
Hagen, Keli	LMSW	Keys to Living 1642 42nd St. NE Cedar Rapids, IA 52402 http://keystoliving.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094			Couples counseling, teenagers, relationship reconciliation, life changes and

						adjustments, self-esteem, anxiety, depression, life skills, women's issues, stress management, Christian counseling
Hagg, Lori	LMSW	Mercy-Sedlacek Treatment Center 5975 Rockwell Dr. NE Cedar Rapids, IA 52402 http://www.mercycare.org/services/sedlacek-treatment-center/	Ph: 319-398-6226			
Halvorson, Stephanie	LMHC	Keys to Living 1642 42nd St. NE Cedar Rapids, IA 52402 http://keystoliving.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094			Women's issues, pre-marital, marriage, depression, anxiety, life adjustments, faith issues and guidance, crisis management, trauma, Christian counseling

Hansen, Luke	PsyD	Mercy Outpatient Psychiatry 701 10th St. SE Cedar Rapids, IA 52403 http://www.mercycare.org	Ph: 319-369-4777			Psychiatry, patient assessment and evaluation, chronic pain, pain management, psychological evaluations, ADHD, depression, anxiety, individual therapy with adults and adolescents
Harker, Allethina	LISW	Horizons 819 5th St. SE Cedar Rapids, IA 52406 http://www.horizonsfamily.org	Ph: 319-398-3943 Fax: 319-398-3577	ACA Marketplace, Aetna, Blue Cross Blue Shield, Coventry, Iowa Health and Wellness Plan, Medicaid, Medicare, Midlands Choice, United Health Care, EAP, Mental Health and Disabilities	Couples, women	Codependency, depression, anxiety

				Services waiver, sliding fee scale		
Harrenstein, Kellie		Horizons 819 5th St. SE Cedar Rapids, IA 52406 http://www.horizonsfamily.org	Ph: 319-398-3943 Fax: 319-398-3577	ACA Marketplace, Aetna, Blue Cross Blue Shield, Coventry, Iowa Health and Wellness Plan, Medicaid, Medicare, Midlands Choice, United Health Care, EAP, Mental Health and Disabilities Services waiver, sliding fee scale	Children, adolescents, families	Addiction, parenting, depression, anxiety
Hartman, Gabby ghartman2947 @mustangs.mt mercy.edu	*Student therapist*	The Olson Marriage & Family Therapy Clinic 1650 Matterhorn Drive NE Cedar Rapids, IA 52402 https://www.olsonmftclinic.com	Ph: 319-368-6493		Children, adolescents, families	Play therapy, ADHD, ODD, Autism spectrum, behavioral issues, divorce, veterans
Hefel, Britni	ARNP	Unity Point Clinic Pediatric Child & Adolescent	Ph: 319-297-9367 Fax:			Pediatric Psychology

		Psychology 855 A Ave. NE Suite 300 Cedar Rapids, IA 52402 https://www.unitypoint.org/cedarrapids/default.aspx Unity Point Health St. Luke's Behavioral Health Services 1026 A Avenue NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedarrapids/default.aspx	319-368-5682 Ph: 319-369-7959 Fax: 319-369-7812			
Hemesath, Cynthia	LISW	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575		Children, adolescents, adults, families	Abuse, ADHD, anxiety, depression, grief, parenting, stress, trauma
Hepker, Aubrey	t-LMHC	Mercy-Sedlacek Treatment Center 5975 Rockwell Dr. NE Cedar Rapids, IA 52402 http://www.mercycare.org	Ph: 319-398-6226		Adolescents and adults	Anxiety, depression, addiction, stress, management

		are.org/services/se dlacek-treatment-c enter/				
Hettinger, Ali	t-LMHC	Team Restoration Ministries Practices at Antioch Christian Church 433 Cross Road Marion, IA 52302 http://www.lifeisforliving.org	Ph: 319-377-3410		Individual and couples	Relationships, transitions, eating disorders, communication, medical hardship, multicultural counseling, Christian counseling
Hiebing, Tawny tawnyhiebing@ mwr counseling. com	CRC, tLMHC	Murray, Wilson & Rose Counseling and Behavioral Services LLC 1811 Boyson Rd. Suite A Hiawatha, IA 52233 https://mwr counseling.com	Ph: 319-693-5694	Blue Cross Blue Shield, Wellmark, Midlands Choice, Aetna, medicaid, Meridian, Optum, United Healthcare, EAP, private pay	All ages and populations	CBT, DBT, existentialism, disabilities, coping, neurological disorders, depression, anxiety, self-harm, anger and emotion regulation, life transitions, self esteem, wellness
Hollie, Don bhollie4366@m ustangs.mtmerc y.edu	*Student therapist*	The Olson Marriage & Family Therapy Clinic 1650 Matterhorn	Ph: 319-368-6493		Families, couples, individuals	Impoverished families, substance abuse,

		Drive NE Cedar Rapids, IA 52402 https://www.olsonmftclinic.com				depression, anxiety, ADHD, conduct disorder
Howe, Nancy	ARNP	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575			Psychiatry
Hughes, Carla carla@familypsychologyassoc.com	LMHC	Family Psychology Associates 1221 Center Point Road NE Cedar Rapids, IA 52402 http://www.familypsychologyassoc.com	Ph: 319-378-1199		Children, teenagers, couples	Art and play therapy, eating disorders, relationships, childhood sexual abuse issues, depression, anxiety
Hunter, Colleen	LISW	Keys to Living 1642 42nd St. NE Cedar Rapids, IA 52402 http://keystoliving.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094			Women's issues, eating disorders, marriage, parenting, fertility, adoption, depression, anxiety, stress, relationships,

						Christian counseling
Hunter, Tim	LISW	Keys to Living 1642 42nd St. NE Cedar Rapids, IA 52402 http://keystoliving.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094			Marriage, depression, anxiety, spiritual direction, grief and loss, life adjustments, stress, anger management, men's issues, parenting, divorce recovery, self-esteem, pastors, Christian counseling
Hurla, Amy ahurla4885@mu-stangs.mtmercy.edu	*Student therapist*	The Olson Marriage & Family Therapy Clinic 1650 Matterhorn Drive NE Cedar Rapids, IA 52402 https://www.olsonmftclinic.com	Ph: 319-368-6493		Children, families, couples	Depression, anxiety, bipolar, behavioral issues, ADHD, Autism spectrum, pre/post adoption, infertility, substance abuse, acute/chronic illness, PTSD

Jackson, Amy	LISW, RPT	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		All ages	PCIT, Depressive and bipolar disorders, anxiety and panic disorders, anger and stress management, ADHD, behavior disorders, childhood disorders, teen issues, family issues, trauma and abuse
James, Joan	MD	Unity Point Health St. Luke's Behavioral Health Services 1026 A Avenue NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedar-rapids/default.aspx	Ph: 319-369-7959 Fax: 319-369-7812		Accepts children	Psychiatry
Johnson, Eric	DO	Unity Point Health St. Luke's Behavioral Health Services 1026 A Avenue NE Cedar Rapids, IA	Ph: 319-369-7959 Fax: 319-369-7812		Accepts children	Mental and behavioral health, psychiatry

		52402 https://www.unitypo.int.org/cedar-rapids/default.aspx				
Johnson, Katie katiejohnson@julian-associates.com	LMSW	Julian & Associates Psychotherapy Services 4403 1st Ave SE Suite 314 Cedar Rapids, IA 52402 https://www.julian-associates.com/home.html	Ph: 319-382-4721	Amerigroup, Aetna, Amerihealth, Behavioral Health Systems, Blue Cross Blue Shield, Cigna, Medicaid, Meridian, Midlands Choice, Optima, Optum, TRICARE, UMR, United Health Care, Out of network, self pay, sliding fee scale	14+	Depression, anxiety, self esteem, adjustment, grief and loss, mood disorders, women's issues, relationship issues, sexual and gender identity development, sports counseling
Jones, Dr.		Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemhc.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Psychiatry/medication services
Julian, Nikki	Ph.D., LMHC	Julian &	Ph:		15+, individuals	Sex therapy,

nikkijulian@julian-associates.com		Associates Psychotherapy Services 4403 1st Ave SE Suite 314 Cedar Rapids, IA 52402 https://www.julian-associates.com/home.html	319-382-4720		and couples	EMDR, sexual and gender identity development, trauma, PTSD, attachment, chronic stress, sexual dysfunction, chronic depression, anxiety, adjustment and mood disorders
Keenan, Brenda	LISW, RPT, CADC	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575		Adults, children, adolescents	Post-trauma work, depression, anxiety, women's concerns, substance abuse issues, spirituality, grief/loss, play therapy
Kershner, Gabriella	tLMHC	Cedar Rapids, IA 52404 http://www.gabriellakershner.com/index.html	Ph: 563-594-5993		Individuals, couples, families	Anger management, depression, anxiety, parenting support, grief, work and career

						issues, stress management, addiction and recovery, conflict resolution, SFT, CBT, walk and talk therapy
Khan, Dr.		Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemhc.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Psychiatry/medication services
King, Rhonda	LMFT	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemhc.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Outpatient mental health therapy
Kleinsmith, Emily	LMFT	St. Luke's Counseling Center 1026 A Ave. NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedar-rapids/services-counseling	Ph: 319-369-7952		Children, adolescents, individuals, families, marital/couples	Dual diagnosis, depression, anxiety, major life changes/transitions

		g-center.aspx				
Klima, William	LMHC	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 <a href="http://www.abbemh
c.org/default.asp">http://www.abbemh c.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Outpatient mental health therapy
Knight, Sarah	LISW, Ph.D.	Foundation 2 Therapy Services 1073 Rockford Road SW Suite C Cedar Rapids, IA 52404 <a href="http://www.foundati
on2.org/Default.as
px">http://www.foundati on2.org/Default.as px	Ph: 319-538-6520		Teenagers and adults	Anxiety, depression, relationship problems, trauma, chornic mental health, emotional intensity disorder, domestic violence, STEPPS program
Kolb, Jody	ARNP	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 <a href="http://www.assocbh
c.com/default.asp">http://www.assocbh c.com/default.asp	Ph: 319-396-1066		Adolescents over age 14, adults	Depression, mood disorders, anxiety, bipolar disorder, panic disorders, PTSD, sleep disorders, ADHD

Komen, Evans	ARNP, DNP	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		No children	
Korte, Kim	LMHC	Kingston Therapy Services 100 3rd Ave. SW Cedar Rapids, IA 52401	Ph: 319-774-7326	AMERIGROUP, AmeriHealth, Blue Cross Blue Shield, Medicaid, private pay	0 to 19	Trauma, abuse, grief, anxiety, depression, behavioral problems, play therapy, trauma focused CBT
Kosiba, Sarah	tLMFT	Heart and Solutions, LLC. 3100 E Ave NW Suite 105 Cedar Rapids, IA 52405 http://www.heartandsolutions.net/home2.html	Ph: 800-531-4236 Fax: 319-483-6661	Blue Cross Blue Shield, Medicaid (Amerigroup, Amerihealth, United), Private pay	All ages, individuals and families	Chronic health conditions, ADHD, attachment disorder, anxiety, depression, ODD, conduct disorder, school performance, behavioral concerns, substance abuse, domestic violence, trauma, sexual abuse. EMDR,

						play, CBT, narrative therapy
Kremer, Tom	LISW	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		Adolescents 14 and older, adults	Depressive and bipolar disorders, anxiety and panic disorders, anger and stress management, ADHD, divorce and relationship issues, behavior disorders, teen issues, self-esteem
Lacock, Debra	LISW	Keys to Living 1642 42nd St. NE Cedar Rapids, IA 52402 http://keystoliving.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094			Marriage, divorce recovery, women's issues, depression, anxiety, life adjustments, grief and loss, self-esteem, relationships, stress management, Christian counseling

LaGrange, Dennis	LISW, CADC	Kingston Therapy Services 100 3rd Avenue SW Cedar Rapids, IA 52403	Ph: 319-250-4418	Blue Cross Blue Shield, private pay	11 and older, individuals, couples	Chronic mental illness, depression, anxiety, anger management, stress management, school problems, ADHD, parenting issues, substance use
Lahr, Lisa	t-LMHC, IADC	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575		Adults, couples, families	Depression, anxiety, grief, life transitions, addictions
Lane, Tom tom@familypsychologyassoc.com	LISW	Family Psychology Associates 1221 Center Point Road NE Cedar Rapids, IA 52402 http://www.familypsychologyassoc.com	Ph: 319-378-1199		All ages, families, couples	Marital issues, military veterans and families, combat trauma, parenting issues, divorce and blended family issues, juvenile delinquency, depression,

						anxiety, anger management
Leefers, John	LMFT	Corridor Counseling, PLLC 4403 1st Ave SE Cedar Rapids, IA 52402 http://www.corridor-counseling.com/home.html	Ph: 319-270-0019	Blue Cross Blue Shield, Medicaid, Midlands Choice, United Healthcare	6 and older, individuals, couples, families	Anxiety, depression, family conflict
Lefavour, Holli	PsyD	St. Luke's Counseling Center 1026 A Ave. NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedar-rapids/services-counseling-center.aspx	Ph: 319-369-7952			Life change adjustment in older adults, mood disorders, anxiety disorders, EMDR, psychological testing for children, adolescents, and adults
Lenz, Sara slenz@insighttherapygroup.com	LMHC	Insight Therapy Group 3741 Center Point Road NE Suite A Cedar Rapids, IA 52402 http://insighttherapygroup.com	Ph: 319-382-8660 319-382-8665		Individuals, couples, families	CBT, mood and anxiety disorders, infertility, perinatal mood disorders, sexual concerns, Gottman Marital

						Method
Louzek, Daniel	LISW	St. Luke's Counseling Center 1026 A Ave. NE Cedar Rapids, IA 52402 https://www.unitypo.int.org/cedarrapids/services-counseling-center.aspx	Ph: 319-369-7952		Children, adolescents, families, adults, marital	Anxiety, depression, anger management, family relationship issues, grief, loss, life transitions, parenting and child behavioral issues, EMDR, exposure therapy, CBT, family systems
Lyons, Elisa	LMHC, CRC	Life Connections 2515 18th St. SW Cedar Rapids, IA 52404 http://www.life-connections.org	Ph: 319-364-1953		All ages, prefers children and adolescents	Play therapy, disabilities, trauma, grief, life transitions, EMDR, LPHA assessments
Marlow, Theresa	t-LMFT	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemhc.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Outpatient mental health therapy

Marshall, Long	LMFT	Cornerstone Brief Therapy 5925 Council St. Suite 120 Cedar Rapids, IA 52402 http://cornerstonebrieftherapy.com	Ph: 319-393-6796 Fax: 319-378-8621	Blue Cross Blue Shield, United Healthcare, Aetna, Cigna, Midlands Choice, EAP, Medicaid, sliding scale, payment plans, private pay		
Matthews, Karen	LMHC	St. Luke's Counseling Center 1026 A Ave. NE Cedar Rapids, IA 52402 https://www.unitedpoint.org/cedarrapids/services-counseling-center.aspx	Ph: 319-369-7952		All ages	Anxiety, depression, grief, loss, trauma, adjustment disorders, life transitions, domestic violence and sexual assault, EMDR, Trauma focused CBT
McCall, Marilyn	LISW	Keys to Living 1642 42nd St. NE Cedar Rapids, IA 52402 http://keystolive.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094			OCD, marriage, divorce recovery, women's issues, depression, anxiety, life adjustments, grief and loss, self-esteem, parenting,

						Christian counseling
McCormick, Cyndi		Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemhc.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Psychiatry/medication services
McDowell, Stephanie	LISW	Private Practice 222 3rd St. SE Suite 320 Cedar Rapids, IA 52401	Ph: 319-505-8571	Amerigroup, Aetna, Amerihealth, Anthem, Blue Cross Blue Shield, Coventry, First Health, Health Alliance, Health Net, Health Partners, MHNet Behavioral Health, Magellan Behavioral Health, medicaid, Mercy, Meridian, Midland's Choice, Optum, UMR, United	14 and older	Substance use, sexual assault, violence, trauma, relocation, culture shock, LGBTQ, mood and personality disorders

				healthcare, Unity Point, Out of network, private pay, sliding scale fee		
Meade, Carol	LISW	Unity Point Health St. Luke's Behavioral Health Services 1026 A Avenue NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedar-rapids/default.aspx	Ph: 319-369-7959 Fax: 319-369-7812		Accepts children	Director of behavioral health services, chemical dependence, mental and behavioral health, psychology
Meade, Lindsay	LMSW	Grace C. Mae Advocate Center 3726 Queen Ct. SW Suite 103 Cedar Rapids, IA 52404 http://www.advocatecenter.org	Ph: 319-361-6529		All ages, individuals and families	Anxiety, depression, ADHD, ODD, communication, behavioral concerns, trauma, play therapy
Meeker, Stephanie sethpanie@mindsight-therapy.com	LISW, CADC	Mindsight Therapy, LLC 4837 1st Ave SE Suite 200 Cedar Rapids, IA 52402 http://www.mindsight-therapy.com/index.html	Ph: 319-373-3321		Individuals, couples	Depression, anxiety, addictions, relationship issues, trauma life coaching, grief, loss, work and career

						issues, life transitions, stress, self-improvement
Merritts, Ashley amerritts@insighttherapygroup.com	LMFT	Insight Therapy Group 3741 Center Point Road NE Suite A Cedar Rapids, IA 52402 http://insighttherapygroup.com	Ph: 319-382-8660 319-382-8678		Individuals, couples, families	Anxiety, depression, trauma, grief, loss, marital conflict, affairs, families in crisis, childhood behavioral problems, co-parenting, divorce, family systems, cbt, sft, mindfulness, Gottman method, EFT, Bader-Pearson Developmental Model
Miller, Brenda	LISW	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemhc.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Outpatient mental health therapy

Miller, Heather	LMFT	Cornerstone Brief Therapy 5925 Council St. Suite 120 Cedar Rapids, IA 52402 http://cornerstonebrieftherapy.com	Ph: 319-393-6796 Fax: 319-378-8621	Blue Cross Blue Shield, United Healthcare, Aetna, Cigna, Midlands Choice, EAP, Medicaid, sliding scale, payment plans, private pay		SFT
Mitchell, Stacie sjmitchell@insighttherapygroup.com	LMHC, RPT-S, CTP	Insight Therapy Group 3741 Center Point Road NE Suite A Cedar Rapids, IA 52402 http://insighttherapygroup.com	Ph: 319-382-8660 319-382-8664			Child abuse and neglect, sexual abuse, trauma, anxiety, depression, autism, behavior disorders, EMDR, therapy, autplay, animal assisted play therapy
Mittauer, Mark	MD	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		Adults (18 and older)	Depressive and bipolar disorders, anxiety and panic disorders ADHD, psychosis, chronic mental illness, PTSD, sleep disorders,

						alzheimer's and other memory disorders, geriatric and older adults, independent medical evaluations
Moniza, Caroline	LP, PsyD	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575		2 through adolescence	Psychiatry, assessment and intervention, autism, ADHD, anxiety, depression, behavioral difficulties
Moon, Katie	LMHC, CADC	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575		Adults, children, adolescents, couples	Depression, anxiety, addiction, grief, stress management
Mosier, Rachel	LISW	Private Practice 323 2nd St. NW Mount Vernon, IA 52314	Ph: 773-673-9849	Private pay, out of network insurance	All ages, individuals, couples, families	DBT, CBT, mindfulness, psychodynamic, Depression, anxiety, borderline personality,

						Skype therapy
Munagala, Sundara	MD, MRC Psych	Mercy Outpatient Psychiatry 701 10th St. SE Cedar Rapids, IA 52403 http://www.mercycare.org	Ph: 319-369-4777			
Murray, Susie susiemurray@mwr counseling.com	LMHC	Murray, Wilson & Rose Counseling and Behavioral Services LLC 1811 Boyson Rd. Suite A Hiawatha, IA 52233 https://mwr counseling.com	Ph: 319-693-5694	Blue Cross Blue Shield, Wellmark, Midlands Choice, Aetna, medicaid, Meridian, Optum, United Healthcare, EAP, private pay		CBT, Brief psychodynamic psychotherapy, existentialism, solution focused therapy, grief, conflict resolution, co-occurring disorders and substance related issues, depression, anxiety, self-esteem issues, chronic mental illness, couples issues, EAP services, supervision
Natvig, Ellen	PA-C	Associates for Behavioral Healthcare	Ph: 319-396-1066		Adults (18 and over)	Depressive and bipolar disorders,

		1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemh.com/org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			anxiety and panic disorders, ADHD, psychosis, PTSD, sleep disorders, chronic mental illness, alzheimer's and other memory disorders
Neil, Shana	LMFT	Williams & Dunnigan Associates in Counseling & Consulting, LLC 2750 First Ave NE Suite 100 Cedar Rapids, IA 52402 http://www.cgwdcounseling.com/home.html	Ph: 319-364-8741 Fax: 319-368-8096		7 and older, individuals, couples, families	Depression, anxiety, bipolar, borderline personality, sexuality, gender, LGBTQ
Neta, Toni	LMSW, LMHC	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		Adults (18 and over)	Depressive and bipolar disorders, anxiety and panic disorders, anger and stress

		c.com/default.asp				management, self-esteem, divorce and marital issues, trauma and abuse, women's issues, personality disorders
Nus, Andrea	LMFT	Full Heart Therapy 600 Third St SE Suite 104 Cedar Rapids, IA 52401 http://fullhearttherapy.com	Ph: 319-774-2910	Aetna, Blue Cross Blue Shield, Midland's Choice, private pay, sliding scale fee	14 and older, individuals and couples	LGBTQ, veterans, relationship issues, anxiety, depression, internal family systems, EMDR, sand tray, grief, loss, anger issues, self-esteem, substance abuse, addictions
O'Brien, Jennifer jobrien2768@mustangs.mtmercny.edu	*Student therapist*	The Olson Marriage & Family Therapy Clinic 1650 Matterhorn Drive NE Cedar Rapids, IA 52402 https://www.olsonmftclinic.com	Ph: 319-368-6493		Individuals, families, teens	Anxiety, depression, PTSD, OCD, self-harm, trauma

O'Brien, Molly	ARNP	Unity Point Health St. Luke's Behavioral Health Services 1026 A Avenue NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedarrapids/default.aspx	Ph: 319-369-7959 Fax: 319-369-7812		Accepts children	Psychiatry
O'Conner-Sherr ets, Kristin	M.A., LMHC, NCC	Foundation 2 Therapy Services 1450 Boyson Road Suite 5, Building B Hiawatha, IA 52233 http://www.foundation2.org/Default.aspx	Ph: 319-739-5325		Adolescents ages 12+, college students, adults, geriatrics	Self-esteem, depression, anxiety, grief/loss, sexual orientation, gender identity, cultural diversity, interpersonal relationships, trauma. CBT, interpersonal, client centered, psychodynamic
Orr, Kayla	LISW	St. Luke's Counseling Center 1026 A Ave. NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedarrapids/services-counseling	Ph: 319-369-7952		Adolescents, children, families	Anxiety, depression, life transitions, emotional regulation, anger management, adjustment

		g-center.aspx				disorders, EMDR, Trauma Art Narrative Therapy, Trauma focused CBT
Ouyang, Evan	MD	Unity Point Health St. Luke's Behavioral Health Services 1026 A Avenue NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedar-rapids/default.aspx	Ph: 319-369-7959 Fax: 319-369-7812		Adults	Mental and behavioral health
Penick, Karen	LISW	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		Adults (18 and older)	Depressive and bipolar disorders, anxiety and panic disorders, anger and stress management, divorce and marital issues, trauma or abuse counseling
Petersen, Jill	ARNP	Mercy Outpatient Psychiatry 701 10th St. SE	Ph: 319-369-4777			Inpatient care, child/adolescent disorders,

		Cedar Rapids, IA 52403 http://www.mercycare.org				substance abuse, mood and anxiety disorders, forensics
Pierce, Allonda	*Student therapist*	The Olson Marriage & Family Therapy Clinic 1650 Matterhorn Drive NE Cedar Rapids, IA 52402 https://www.olsonmftclinic.com	Ph: 319-368-6493		Students, couples, families	Substance abuse
Pladsen, Jessica	LMFT	Covenant Family Solutions 3047 Center Point Road NE, Suite B Cedar Rapids, IA 52402 https://www.covenantfamilyolutions.com	Ph: 319-261-2292 Fax: 319-333-0992	Aetna, Healthsmart, Coventry, Blue Cross Blue Shield, Medicaid, Medicare, Midlands Choice, Optum/United Health Care, self pay, sliding fee scale, free phone consultation, package session rate		Anxiety, depression and other mood disorders, relational and attachment issues, childhood behavioral issues, inner conflict, trauma, parenting, play therapy, sandtray, EMDR
Pospisil, Bev	t-LMFT	Team Restoration	Ph:		Individuals,	Christian

		Ministries Practices at House of Hope 1744 2nd Ave SE Cedar Rapids, IA 52403 http://team-restoration.org/index.html	319-366-4673		couples, families	counseling
Poss, Dr.		Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemhc.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Psychiatry/medication services
Pruckler, Dennis	ARNP, PMHNP BC	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		Adolescents age 14 and older, adults	Depressive and bipolar disorders, anxiety and panic disorders, ADHD, teen issues, psychosis, PTSD, sleep disorders, alzheimer's and other memory disorders, chronic mental illness, geriatrics and other adults

Pundt, Johanna	LISW, ACSW	Noema Counseling, LLC 3330 Southgate Ct. SW Suite #111 Cedar Rapids, IA 52404 http://www.noemacounseling.com/home.html	Ph: 319-202-4687	Medicaid, Blue Cross Blue Shield, United healthcare, Midland's Choice, MHNet, Value Options, Medicare, EAPs, private pay	Individuals, couples, families	Emotional intensity disorder, eating disorders, relationship issues, depression, self-esteem, self-harm, crisis intervention, play therapy
Ragan-Pepper, Kalleen	LISW	KRP Therapy, LLC 5250 North Park Place #113 Cedar Rapids, IA 52402	Ph: 319-774-4925	Aetna, Blue Cross Blue Shield, Cigna, First Choice Health, MHNet Behavioral Health, Medicare, Midlands Choice, self pay, sliding fee scale	6+, individuals, families	EMDR, mindfulness, anxiety, depression, addiction
Rausch, Sara	LMSW	Mercy-Sedlacek Treatment Center 5975 Rockwell Dr. NE Cedar Rapids, IA 52402 http://www.mercycare.org/services/sedlacek-treatment-center/	Ph: 319-398-6226			

Reihman, Amy	LMHC	Covenant Family Solutions 3047 Center Point Road NE, Suite B Cedar Rapids, IA 52402 https://www.covenantfamilyolutions.com	Ph: 319-261-2292 Fax: 319-333-0992		Individuals, families, specializes in children and adolescents	Anxiety, anger, aggression, depression, relational issues, trauma, EMDR, sandtray
Reilly, Holly	t-LMFT	Mid-Iowa Family Therapy Clinic 1660 42nd St. NE Cedar Rapids, IA 52402 http://www.miftc.com	Ph: 319-774-7721	Amerigroup, Amerihealth, United Healthcare, private pay	All ages	
Reiter, Trina treiter@abbe.org	LISW, RPT-S	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemh.com	Ph: 319-396-1066 Ph: 319-398-3562 Fax: 319-398-3501		Ages 3-25	Depression and mood disorders, anxiety and panic disorders, anger and stress management, ADHD, behavior disorders, childhood disorders, teen issues, play therapy, social-peer problems, school

		c.org/default.asp *Provides school based therapy in Cleveland Elementary, Grant Elementary, Madison Elementary, Van Buren Elementary, and Taft Middle School				problems, trauma and abuse issues
Ridder, Ronald	PhD	Mercy Outpatient Psychiatry 701 10th St. SE Cedar Rapids, IA 52403 http://www.mercycare.org	Ph: 319-369-4777			Psychiatry, neuropsychological evaluations, ADHD, psychological evaluations, learning disabilities, individual therapy with adults, developmental with neurological disabilities and medical conditions
Rivera, Shelagh	MSN	Cedar Rapids CBOC 2230 Wiley Blvd SW Cedar Rapids,	Ph: 319-369-4340			Mental/behavioral health

		IA 52404 https://www.va.gov				
Robertson, Kelly	LMFT	Covenant Family Solutions 3047 Center Point Road NE, Suite B Cedar Rapids, IA 52402 https://www.covenantfamilyolutions.com	Ph: 319-261-2292 Fax: 319-333-0992	Aetna, Healthsmart, Coventry, Blue Cross Blue Shield, Medicaid, Medicare, Midlands Choice, Optum/United Health Care, self pay, sliding fee scale, free phone consultation, package session rate		Anxiety, depression and other mood disorders, relational and attachment issue, childhood behavioral issues, families in crisis, trauma, parenting, play therapy, EMDR
Rogers, Sabrina	LMHC	Health Hope Harmony 204 Glenn St. Suite 2 Mount Vernon, IA 52314	Ph: 319-535-0122	Blue Cross Blue Shield, Medicaid (Amerigroup, Amerihealth, United), Midlands Choice, Optum, Out of network Private pay	11 and older but prefers adults, couples, families	CBT, systems, person centered, holistic approach, health and wellness, women, LGBTQ community, EMDR, Gottman method
Rose, Megan	LMHC	Murray, Wilson &	Ph:	Blue Cross Blue	All ages and	Life transitions,

meganrose@mwrccounseling.com		Rose Counseling and Behavioral Services LLC 1811 Boyson Rd. Suite A Hiawatha, IA 52233 https://mwrccounseling.com	319-693-5694	Shield, Wellmark, Midlands Choice, Aetna, medicaid, Meridian, Optum, United Healthcare, EAP, private pay	populations, specialized in adolescents and young adults	co-occurring disorders, depression, anxiety, substance abuse, self esteem, self harm, relationship issues
Ruppel, Barb bruppel@abbe.org	LISW	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemhc.org/default.asp *Provides school based therapy in McKinley Middle School and Metro High School	Ph: 319-398-3562 Fax: 319-398-3501			
Safdar, Ali	MD	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		Adults (18 and older)	Depressive and bipolar disorders, anxiety and panic disorders, ADHD, psychosis, PTSD, sleep disorders,

						alzheimer's and other memory disorders, chronic mental illness, geriatrics and older adults, substance abuse related disorders
Schmidt-Luhring, Mary	tLMHC	Heart and Solutions, LLC. 3100 E Ave NW Suite 105 Cedar Rapids, IA 52405 http://www.heartandsolutions.net/home2.html	Ph: 800-531-4236 Fax: 319-483-6661	Blue Cross Blue Shield, Medicaid (Amerigroup, Amerihealth, United), Private pay	Individual and group. 13 and older. Geriatrics.	Complex trauma, self-system development, grief and loss, intellectual disabilities, homelessness. Humanistic approach, CBT, narrative therapy, SFT, aromatherapy, meditation, Acceptance and commitment therapy, Adlerian, Existentialism. STEPPS group, chronic pain group
Schroeder,	MD	Associates for	Ph:		Adults (18 and	Depressive and

Dwight		Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	319-396-1066		older)	bipolar disorders, anxiety and panic disorders, ADHD, psychosis, PTSD, sleep disorders, alzheimer's and other memory disorders
Schunter, Sue	LISW	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		All ages	Abuse, attachment issues, school refusal, separation anxiety, anger and defiance, divorce, separation and loss, performance, anxieties, ADHD, parenting issues, children and issues, family issues, play therapy, EMDR, grief, parenting, foster care/adoption,

						peer conflicts, job-related issues
Shaw, Rita rshaw@abbe.org	LMSW	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemhc.org/default.asp *Provides school based therapy at Arthur Elementary, Hiawatha Elementary, Kenwood Elementary, Truman Elementary, Roosevelt Middle School, Franklin Middle School	Ph: 319-398-3562 Fax: 319-398-3501			Outpatient mental health therapy
Sieleni, Bruce	MD	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575		16 and older	Psychiatry, mental, emotional and behavioral disorders

Siguenza, Gary	LISW	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		All ages	Depressive and bipolar disorders, anxiety and panic disorders, anger and stress management, ADHD, behavior disorders, childhood, teen, and adult issues, family and marital issues couples and relationship counseling, attachment, trauma, PTSD, EMDR, CBT
Siron, Devona	LISW	Covenant Family Solutions 3047 Center Point Road NE, Suite B Cedar Rapids, IA 52402 https://www.covenantfamilyolutions.com	Ph: 319-261-2292 Fax: 319-333-0992	Aetna, Healthsmart, Coventry, Blue Cross Blue Shield, Medicaid, Medicare, Midlands Choice, Optum/United Health Care, self pay, sliding		Adjustment to life changes, anxiety, eating disorders, depression, grief/loss, OCD, PTSD, stress management, troubled teens, trauma, CBT, SFT, EMDR

				fee scale, free phone consultation, package session rate		
Smith, Callie		Horizons 819 5th St. SE Cedar Rapids, IA 52406 http://www.horizonsfamily.org	Ph: 319-398-3943 Fax: 319-398-3577	ACA Marketplace, Aetna, Blue Cross Blue Shield, Coventry, Iowa Health and Wellness Plan, Medicaid, Medicare, Midlands Choice, United Health Care, EAP, Mental Health and Disabilities Services waiver, sliding fee scale	Women	Depression, anxiety, trauma, grief, life transitions
Smith, Jamie	ARNP	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575			Psychiatry

Snavely, Ellie	PhD	Mercy Outpatient Psychiatry 701 10th St. SE Cedar Rapids, IA 52403 http://www.mercycare.org	Ph: 319-369-4777		All ages	Psychiatry, neuropsychological evaluations, ADHD, psychological evaluations, learning disabilities, individual therapy with adults, developmental neurological disabilities and medical conditions
Socwell, Dick	MS, MS-Ed	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		All ages	ADHD, Depressive and bipolar disorders, anxiety and panic disorders, anger and stress management, trauma and PTSD, school and social problems, parenting issues, childhood

						disorders, behavior disorders, family issues, relationship and couple's counseling
Sokol, Stacey	LMSW	Mercy-Sedlacek Treatment Center 5975 Rockwell Dr. NE Cedar Rapids, IA 52402 http://www.mercycare.org/services/sedlacek-treatment-center/	Ph: 319-398-6226			
Sondag, John jsondag@abbe.org	LMHC	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemhc.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Outpatient mental health therapy
Steffen, Taylor tsteffen2519@mustangs.mtmercny.edu	*Student therapist*	The Olson Marriage & Family Therapy Clinic 1650 Matterhorn Drive NE Cedar Rapids, IA 52402 https://www.olsonm	Ph: 319-368-6493		Individuals, youth, adolescents, adults, couples, families	Life stressors, effective communication, self-esteem, parenting concerns

		ftclinic.com				
Steffensmeier, Kim	LISW	St. Luke's Counseling Center 1026 A Ave. NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedar-rapids/services-counseling-center.aspx	Ph: 319-369-7952		Children, adolescents, adults, families	Anxiety, depression, divorce, grief and loss, life transitions, parenting and children's behavioral and emotional issues, adoption and foster care issues
Stepp, Shawn	LMHC, CADC	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575			EMDR, addiction issues, stress reduction
Stokesbary, Wendy Jo	LMHC	Kingston Therapy Services 100 3rd Ave. SW Cedar Rapids, IA 52404	Ph: 319-313-5436	Blue Cross Blue Shield, Magellan Behavioral Health, Midlands Choice, Optum, TRICARE, United Healthcare, Out of network,	All ages, specializes in adolescents and families	CBT, mindfulness, coping skills training, problem solving skills, assertiveness training, PCIT, ADHD, trauma, domestic

				private pay, sliding scale fee		violence, work life balance, relationship issues, mood instability, school challenges
Strode, Susanna	LISW	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 <a href="http://www.abbemh
c.org/default.asp">http://www.abbemh c.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Outpatient mental health therapy
Strong, Nicole	LMSW	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 <a href="http://www.mercyc
are.org">http://www.mercyc are.org	Ph: 319-398-6575		Children, adolescents, adults, couples, families	Depression, anxiety, domestic violence, intellectual disabilities
Switzer, Tyson <a href="mailto:tswitzer@abbe.
org">tswitzer@abbe. org	LMSW	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 <a href="http://www.abbemh
c.org/default.asp">http://www.abbemh c.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			

		*Provides school based therapy at Garfield Elementary, Nixon Elementary, Pierce Elementary, Wright Elementary, and Harding Middle School				
Tabarella-Redd, Cheryl credd@mtmercy.edu	*Student therapist*	The Olson Marriage & Family Therapy Clinic 1650 Matterhorn Drive NE Cedar Rapids, IA 52402 https://www.olsonmftclinic.com	Ph: 319-368-6493			Emotionally focused therapy, internal family systems, mindfulness, addictions, eating disorders, anxiety and depression, trauma, grief and loss, career and life transitions
Takes, Michelle	LMHC	St. Luke's Counseling Center 1026 A Ave. NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedarrapids/services-counseling-center.aspx	Ph: 319-369-7952		All ages, families, couples	Depression, anxiety, adjustment disorder, life transitions, parenting skills

Tarvin, Jena	LMFT, CADC	Mercy-Sedlacek Treatment Center 5975 Rockwell Dr. NE Cedar Rapids, IA 52402 http://www.mercycare.org/services/sedlacek-treatment-center/	Ph: 319-398-6226			
Taylor-Hillyer, Tamara	LISW	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575		Couples, families	Depression, anxiety, stress management, grief, trauma
Tharp, Mary	LISW	Mercy Family Counseling & EAP 1340 Blairs Ferry Rd NE Suite A Hiawatha, IA 52233 http://www.mercycare.org	Ph: 319-398-6575		Individuals, children, families, adolescents	
Thibodeaux, Lynn lthibodeaux@abbe.org	LMSW	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405	Ph: 319-398-3562 Fax: 319-398-3501			

		http://www.abbemh.c.org/default.asp *Provides school based therapy at Coolidge Elementary, Harrison Elementary, Hoover Elementary, Taylor Elementary, and Wilson Middle School				
Thomas, Caleb	tLMHC	Cornerstone Brief Therapy 5925 Council St. Suite 120 Cedar Rapids, IA 52402 http://cornerstonebrieftherapy.com	Ph: 319-393-6796 Fax: 319-378-8621	Blue Cross Blue Shield, United Healthcare, Aetna, Cigna, Midlands Choice, EAP, Medicaid, sliding scale, payment plans, private pay	Children, youth, adults, couples, families	Solutions Focused, Christian approach
Thomas, Jessica	MSN	UnityPoint Health St. Luke's Behavioral Health Services 1026 A Avenue NE Cedar Rapids, IA 52402 https://www.unitedpoint.org/cedar-rapids/	Ph: 319-369-7959 Fax: 319-369-7812		Adults	Mental and behavioral health

		default.aspx				
Timmerman, Cathi	LISW	Cedar Rapids Counseling Professionals 375 Collins Road NE Suite 118 Cedar Rapids, IA 52402 http://www.cedarrapidscounselingprofessionals.com	Ph: 319-313-5620	Aetna, Blue Cross Blue Shield, Cigna, Humana, LifeSynch, MHNet Behavioral Health, Magellan Behavioral Health, Midlands Choice, Optum, UMR, United Healthcare	Adults, individuals	CBT, family systems, SFT, trauma, anxiety, depression, addiction, emotional disturbance, grief, parenting, relationships issues, mood disorders, "Addictions and Grace" group
Trefz, Stephen	LISW	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemhc.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Outpatient mental health therapy
Tucker, Robert	LMHC	Keys to Living 1642 42nd St. NE Cedar Rapids, IA 52402 http://keystoliving.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094			Men's addiction, anger, self-esteem, anxiety, depression, social skills, grief and loss,

						couples counseling, Christian counseling
Vanis, Amanda	LMHC	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemhc.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Outpatient mental health therapy
Vermeersch, Nancy	LISW	Private Practice 222 3rd St. SE #240 Cedar Rapids, IA 52401 http://www.crchristiancounseling.com	Ph: 319-550-1621	EAP, Blue Cross Blue Shield, United Healthcare, Coventry, Midlands Choice, Cigna, Value Options, private pay	Individuals and couples	Christian Counseling, relationships, grief and loss, life balance and wellness, depression, anxiety, self-esteem
Vidal, Corissa	MSN	UnityPoint Health St. Luke's Behavioral Health Services 1026 A Avenue NE Cedar Rapids, IA 52402 https://www.unitypoint.org/cedarrapids/default.aspx	Ph: 319-369-7959 Fax: 319-369-7812		Adults	Mental and behavioral health

Vogel, Ann	LMHC, CRC	Vogel Counseling, LLC 403 1st Ave SE Suite 520 Cedar Rapids, IA 52402 http://www.vogelcounseling.com	Ph: 319-846-2013 Fax: 319-846-2057	Blue Cross Blue Shield, TRICARE, Value Options, Midlands Choice, Magellan, Life Synch, ComPsych, Ceridian, self pay	Individuals adults	CBT, EMDR, EAP, life transitions, trauma, medical illness, disability, pain management, stress management, sleep disorders, TBI, workplace concerns, relationships concerns, ptsd, aging issues, wellness
West, Vanessa	tLMHC	Life Connections 2515 18th St. SW Cedar Rapids, IA 52404 http://www.life-connections.org	Ph: 319-364-1953		4+	Criminal justice system, borderline personality disorder, CBT, Adlerian
White, Charlie	tLMHC	Heart and Solutions 3100 E Ave. NW Suite 105 Cedar Rapids, IA 52405 http://www.heartandsolutions.net/home2.html	Ph: 800-531-4236 Fax: 319-483-6661		Specializes in adults, but will see kids	
Whitters, Alan	MD	Mercy Outpatient	Ph:		Adults	Psychiatry,

		Psychiatry 701 10th St. SE Cedar Rapids, IA 52403 http://www.mercycare.org	319-369-4777			PTSD, collaborative care of psychiatric patients, national, and state legislature changes to advance psychiatric treatment
Whitters, Dr.		Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemh.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Psychiatry/medi cation services
Wiele, Tasha tashawielecounseling@gmail.com	LISW, RPT	Tasha Wiele Counseling, LLC 1221 Park Place NE, Suite H, Park Place III Cedar Rapids, IA 52402 https://www.tashawielecounseling.com	Ph: 319-930-6750	Medicaid and Private insurance	3-adult, individuals, families, parent consultation	Anxiety, depression, family issues, ADHD, attachment concerns, self-esteem, trauma
Wilcox, Tari	LMFT	Cornerstone Brief Therapy 5925 Council St. Suite 120 Cedar	Ph: 319-393-6796 Fax: 319-378-8621	Blue Cross Blue Shield, United Healthcare, Aetna, Cigna,	Children, teens, adults	Mood disorders, trauma, abuse, relationship and family conflicts,

		Rapids, IA 52402 http://cornerstonebriefttherapy.com		Midlands Choice, EAP, Medicaid, sliding scale, payment plans, private pay		life transitions, grief, loss
Wilharm, Jeff	MD	Associates for Behavioral Healthcare 1510 Boyson Road Hiawatha, IA 52233 http://www.assocbh.com/default.asp	Ph: 319-396-1066		All ages	Depression and mood disorders, anxiety and panic disorders, ADHD, childhood disorders, psychosis, PTSD, sleep disorders, alzheimer's and other memory disorders
Williams, Bonnie	LISW, LMFT	Williams & Dunnigan Associates in Counseling & Consulting, LLC 2750 First Ave NE Suite 100 Cedar Rapids, IA 52402 http://www.cgwdcounseling.com/home.html	Ph: 319-364-5106 Fax: 319-368-8096		16-60, individuals, couples, families	Depression, anxiety, stress, loss, grief, transitions, relationships, Real Colors temperament inventories, clinical hypnosis, coaching, business consulting

Williams, Bruce	LMHC, MDiv	Horizons 819 5th St. SE Cedar Rapids, IA 52406 http://www.horizonsfamily.org	Ph: 319-398-3943 Fax: 319-398-3577	ACA Marketplace, Aetna, Blue Cross Blue Shield, Coventry, Iowa Health and Wellness Plan, Medicaid, Medicare, Midlands Choice, United Health Care, EAP, Mental Health and Disabilities Services waiver, sliding fee scale	Men, couples	Spiritual issues, loss, grief, coping with adjustments
Williams, Lynn	ARNP	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 http://www.abbemh.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Psychiatry/medication services
Wilson, Shannon shannonwilson@mwrccounseling.com	LMHC	Murray, Wilson & Rose Counseling and Behavioral Services LLC 1811 Boyson Rd. Suite A Hiawatha,	Ph: 319-693-5694	Blue Cross Blue Shield, Wellmark, Midlands Choice, Aetna, medicaid,	Individuals, couples, families	Maternal mental health, postpartum depression, anxiety disorders,

		IA 52233 https://mwrccounseling.com		Meridian, Optum, United Healthcare, EAP, private pay		self-esteem, women's issues, codependency, binge eating disorder
Williams, Susan	LISW	Keys to Living 1642 42nd St. NE Cedar Rapids, IA 52402 http://keystoliving.org/home/1370639	Ph: 319-377-2161 Fax: 319-377-2094			Women's issues, life adjustments, parenting, relationships, self-esteem, anxiety, depression, domestic violence, grief and loss, Christian counseling
Woods, Adam	MD	Covenant Family Solutions 3047 Center Point Road NE, Suite B Cedar Rapids, IA 52402 https://www.covenantfamilyolutions.com	Ph: 319-261-2292 Fax: 319-333-0992	Aetna, Healthsmart, Coventry, Blue Cross Blue Shield, Medicaid, Medicare, Midlands Choice, Optum/United Health Care, self pay, sliding fee scale, free phone	All ages	ADHD, OCD, PTSD, insomnia disorders, depression, psychiatry

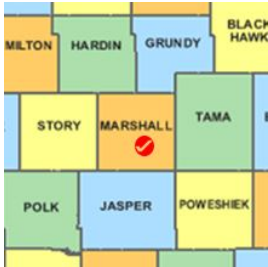
				consultation, package session rate		
Zalesky, Katie	tLMFT	Covenant Family Solutions 3047 Center Point Road NE, Suite B Cedar Rapids, IA 52402 https://www.covenan ntfamilyolutions.c om	Ph: 319-261-2292 Fax: 319-333-0992	Blue Cross Blue Shield, Coventry, Midlands Choice, private pay, sliding scale fee	Children and families	Solution focused, family systems, abuse, trauma, depression, anger, anxiety, relational and family issues, communication, attachment, stress management, play therapy, sandtray therapy, AutPlay, Applied Behavioral Analysis, Theraplay
Zarifkar, Tiffany	MA, LMHC	Mount Vernon Family Counseling 204 Glenn St. SE Suite 2 Mount Vernon, IA	Ph: 319-693-2266	Blue Cross Blue Shield, Medicaid (Amerigroup, Amerihealth, United), United, Alliance, Midlands Choice, Private pay	Individual, family and group. Sees all ages but specialized in children	School-based therapy, trauma, CBT, narrative therapy, play and art

Zmolek, Denise	LISW	Abbe Center for Community Mental Health 520 11th St NW Cedar Rapids, IA 52405 <a href="http://www.abbemh
c.org/default.asp">http://www.abbemh c.org/default.asp	Ph: 319-398-3562 Fax: 319-398-3501			Outpatient mental health therapy
Zochert, Mike		Horizons 819 5th St. SE Cedar Rapids, IA 52406 <a href="http://www.horizon
sfamily.org">http://www.horizon sfamily.org	Ph: 319-398-3943 Fax: 319-398-3577	ACA Marketplace, Aetna, Blue Cross Blue Shield, Coventry, Iowa Health and Wellness Plan, Medicaid, Medicare, Midlands Choice, United Health Care, EAP, Mental Health and Disabilities Services waiver, sliding fee scale	Men, adolescents, families	Anger management, parenting, co-parenting, personality disorders, addiction

MARION COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities

MARSHALL COUNTY



Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Bergman, Mike	Licensed Psychologist	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			
Calzada, Nick	LISW	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			
Daniel, Paul	Ph.D.	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			Mental health counseling

Duncan, Kevin	LMHC	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			
Ekman, David	LMHC	Substance Abuse Treatment Unit of Central Iowa 9 North 4th Ave. Marshalltown, IA 50158 http://www.satuci.com	Ph: 641-752-5421			Mental health and substance abuse counseling
Gumm, Erin	LMHC	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			
Hagen, Kimberly	LISW	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			
Halberstadt, Emilie	tLMHC	Grace C. Mae Advocate Center 2501 S. Center Marshalltown, IA	Ph: 319-361-6529		All ages, individuals and families	Behavioral concerns, trauma, Anxiety, depression,

		50158 http://www.advocatecenter.org				ADHD, ODD, substance abuse, play therapy
Hammes, Taylor	MS, TCADC	Substance Abuse Treatment Unit of Central Iowa 9 North 4th Ave. Marshalltown, IA 50158 http://www.satuci.com	Ph: 641-752-5421			Mental health and substance abuse counseling
Hatcher, Erin	ARNP	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassociates.com	Ph: 641-752-1585 Fax: 641-752-9665			Family psychiatric and mental health nurse practitioner
Heil, Dawna	LMHC	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassociates.com	Ph: 641-752-1585 Fax: 641-752-9665			
Heinrichs, Ben	LMHC	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassociates.com	Ph: 641-752-1585 Fax: 641-752-9665			

Johnson, Jamie	tLMHC	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			
Krier, Angie	LISW	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			
Maiden-Parks, Darcy	MA, LMSW, CADC	Substance Abuse Treatment Unit of Central Iowa 9 North 4th Ave. Marshalltown, IA 50158 http://www.satuci.com	Ph: 641-752-5421			Mental health and substance abuse counseling, medical assisted therapy, Prime For Life instructor, Critical Incident Stress Management, Resolve Through Sharing counselor
Metzger, Roy	ARNP	Center Associates 9 North 4th Ave. Marshalltown, IA 50158	Ph: 641-752-1585 Fax: 641-752-9665		Adults	

		http://www.centeraassoc.com				
McInnerney, John	LISW, CADC	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centeraassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			
Mortensen, Megan	DNP, ARNP	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centeraassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			Family psychiatric and mental health nurse practitioner
Nganga, JohnPaul	tLMHC	Grace C. Mae Advocate Center 2501 S. Center Marshalltown, IA 50158 http://www.advocatecenter.org	Ph: 319-361-6529		All ages	Depression, substance abuse, bipolar, ADHD, schizophrenia, personality disorders, anxiety, relationship issues, anger management, self-esteem, life adjustments, family issues, solution-focused , CBT, person-centered

						, existential
Pansegrau, Becky	MS, LMSW, IAADC	Substance Abuse Treatment Unit of Central Iowa 9 North 4th Ave. Marshalltown, IA 50158 http://www.satuci.com	Ph: 641-752-5421			Mental health and substance abuse counseling
Perry, Sarah	MS, TCADC	Substance Abuse Treatment Unit of Central Iowa 9 North 4th Ave. Marshalltown, IA 50158 http://www.satuci.com	Ph: 641-752-5421			Substance abuse counselor
Rock, Lisa	ARNP	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			Family psychiatric and mental health nurse practitioner
Rosedale, Raejean	LMHC	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			

Rund, Ed	LISW	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			
Schmitz, Dana	CRC, LHMC-temp	Ardent Community Wellness Center 311 West Main St. Marshalltown, IA	Ph: 641-352-3031			Mental Health
Smith, Marcey	tLMHC	Grace C. Mae Advocate Center 2501 S. Center Marshalltown, IA 50158 http://www.advocatecenter.org	Ph: 319-361-6529		Adults, adolescents, children, families	Play therapy, AutPlay, EMDR, crisis and trauma counseling, PTSD, anxiety, depression
Steenblock, Douglas	MD	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			Psychiatry
Zoske, Katie	LISW	Center Associates 9 North 4th Ave. Marshalltown, IA 50158 http://www.centerassoc.com	Ph: 641-752-1585 Fax: 641-752-9665			

MUSCATINE COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Armstrong, Susan	LISW	Compassion Counseling, Inc. 3500 Oakview Drive Suite C Muscatine, IA 52761 http://www.compassioncounselinginc.com	Ph: 563-263-0351 Fax: 563-263-0361		18 and up	Depression, anxiety, major mental illness, personality disorders, family issues, marital discord, sexuality, psychodynamic approach
Cardenas, Latasha	LMSW	Life Connections 503 Iowa Avenue Muscatine, IA 52761 http://www.life-connections.org	Ph: 563-213-5082		All ages	Mental disabilities, behavioral issues, play therapy, CBT, motivational interviewing, intellectual disabilities, autism, anxiety, depression
Carlton, Penny	LISW, CADC	Compassion Counseling, Inc. 3500 Oakview Drive Suite C Muscatine, IA 52761 http://www.compassioncounselinginc.com	Ph: 563-263-0351 Fax: 563-263-0361		Individuals, couples, groups	Depression, anxiety, stress, PTSD, substance use, veteran population

		sioncounselinginc.com				
Long, Lana	LISW	Compassion Counseling, Inc. 3500 Oakview Drive Suite C Muscatine, IA 52761 http://www.compassioncounselinginc.com	Ph: 563-263-0351 Fax: 563-263-0361		Adults	Depression, anxiety, trauma, life transitions, coping skills, personality disorders, grief, women's issues
Romang, Leslie	LISW	Life Connections 503 Iowa Avenue Muscatine, IA 52761 http://www.life-connections.org	Ph: 563-213-5082		Families, women, children	Anxiety, depression, suicidal ideation, self harm, coping with life transitions, pregnancy, homelessness, domestic violence, ADHD, trauma, grief, CBT, solution focused, narrative therapy, motivational interviewing
Weber-Madison, Sonya	LISW, MOL	Compassion Counseling, Inc. 3500 Oakview	Ph: 563-263-0351 Fax:			Spiritual and emotional health, caregiver

		Drive Suite C Muscatine, IA 52761 http://www.compassioncounselinginc.com	563-263-0361			support, grief, end of life transitions, geriatrics, domestic violence, sexual assault, anxiety, empowerment model
--	--	--	--------------	--	--	--

POLK COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Ackerson, Courtney	LMHC	New Beginnings Counseling Service 6200 Aurora Ave. Suite 103 E Urbandale, IA 50322 http://www.nbcsiowa.com	Ph: 515-401-6886 Fax: 515-401-5237		Early childhood through adulthood, individuals and families	EMDR, forensic psychology, school based therapy
Bisenius, John	LMHC	New Beginnings Counseling Service 6200 Aurora Ave. Suite 103 E Urbandale, IA 50322 http://www.nbcsiowa.com	Ph: 515-401-6886 Fax: 515-401-5237	Medicaid, Iowa Wellness Plan, Blue Cross	Children, adolescents, adults, individuals, families, couples	Intellectual and physical disabilities, mental health and behavioral issues, life-threatening and terminal illnesses

Bocock, Amanda amandab@sampsonfamilytherapy.com	LMFT, CADC	Sampson Family Therapy Services 309 Court Avenue Suite 241 Des Moines, IA 50309 https://www.sampsonfamilytherapy.com	Ph: 515-875-4936 Fax: 515-875-4817	Blue Cross Blue Shield, United Health Care, Medicaid, Private pay, sliding scale fee	Individuals, families, couples	
Boisen, Ashley ashleyb@sampsonfamilytherapy.com	LMFT	Sampson Family Therapy Services 309 Court Avenue Suite 241 Des Moines, IA 50309 https://www.sampsonfamilytherapy.com	Ph: 515-875-4938 Fax: 515-875-4817	Blue Cross Blue Shield, United Healthcare, Medicaid, Private payment	Individuals, couples, families, children, adolescents	Relationship issues, parenting concerns, depression, anxiety, stress, anger management, play therapy techniques, Christian perspective
Bredice, Susin	LISW	New Beginnings Counseling Service 6200 Aurora Ave. Suite 103 E Urbandale, IA 50322 http://www.nbcsiowa.com	Ph: 515-401-6886 Fax: 515-401-5237	Title 19, Midlands Choice, Blue Cross	Children, adolescents, adults, individuals, family, couples	Attachment, residential care issues, foster and adoption issues
Brookhart, Myriah myriahb@samp	t-LMFT	Sampson Family Therapy Services 309 Court Avenue	Ph: 515-875-4932 Fax:	Blue Cross Blue Shield, private pay, sliding	Children, adolescents, adults, families,	Mental health, behavioral health,

sonfamilytherapy.com		Suite 241 Des Moines, IA 50309 https://www.sampsonfamilytherapy.com	515-875-4817	scale	couples	adjustment, crisis experiences, life changes, grief, loss
Burgod, Amanda	LISW	New Beginnings Counseling Service 6200 Aurora Ave. Suite 103 E Urbandale, IA 50322 http://www.nbcsiowa.com	Ph: 515-401-6886 Fax: 515-401-5237	Title 19, Iowa Health and Wellness, Aetna, Blue Cross, private pay	Adults, teenagers	Trauma
Garner, Tom	LMHC	New Beginnings Counseling Service 6200 Aurora Ave. Suite 103 E Urbandale, IA 50322 http://www.nbcsiowa.com	Ph: 515-401-6886 Fax: 515-401-5237		Children, adolescents, young adults, adults, individuals, families, couples	Intellectual disabilities, behavioral conflict, trauma, ODD, EMDR, CBT
Gustafson, Anneke	LMSW	Primary Health Care 1200 University Ave. Suite 120 Des Moines, IA 50314 http://www.phciowa.org	Ph: 515-248-1500 Fax: 515-248-1510			Mental and behavioral health
Hanson, Lara	LMSW	Primary Health Care	Ph: 515-248-1400			Mental and behavioral

		2353 SE 14th St. Des Moines, IA 50320 http://www.phciowa.org	Fax: 515-248-1414			health
Holman, TaLana	LMHC	New Beginnings Counseling Service 6200 Aurora Ave. Suite 103 E Urbandale, IA 50322 http://www.nbcsiowa.com	Ph: 515-401-6886 Fax: 515-401-5237		Children, adolescents, adults, individuals, families, couples	Behavioral issues, trauma, domestic violence, criminal justice system
Jensen, Frank	LISW	Primary Health Care 3509 E 29th St. Des Moines, IA 50317 http://www.phciowa.org	Ph: 515-248-1600 Fax: 515-248-1630			Mental and behavioral health
Lappe, Alexandra	LMHC-TL	Orchard Place 808 5th St. West Des Moines, IA 50309	Ph: 515-246-3514			
Mosaic Family Counseling Center, Inc.	info@mosaicfamilyinc.com	Main office - 6200 Aurora Ave, Suite 305E, Urbandale, IA 50322 Indianola satellite	515-724-8920	Most major insurances accepted including Medicaid plans	Ages 5+	Outpatient mental health therapy for individuals, couples, and families

		office - 213 W Salem Ave, Indianola, IA 50125 West Des Moines satellite office - 720 S 68th St Suite 3, West Des Moines, IA 50266				counseling, STEPPS groups
Mount, Diana	LMSW	Eyerly Ball 1301 Center St. Des Moines, IA 50309 http://www.eyerlyball.org	Ph: 515-243-5181 Fax: 515-243-2760			
Runkel, Amber arunkel@sampsonfamilytherapy.com	tLMFT	Sampson Family Therapy Services 309 Court Avenue Suite 241 Des Moines, IA 50309 https://www.sampsonfamilytherapy.com	Ph: 515-875-4934 Fax: 515-875-4817	Blue Cross Blue Shield, private pay, sliding scale	Individuals, couples, families	LGBTQ, trauma, depression, anxiety, self-discovery, changing life patterns, enhancing positive energy and interactions, mindfulness
Sampson, Amber amber@sampsonfamilytherapy.com	LMFT	Sampson Family Therapy Services 309 Court Avenue Suite 241 Des Moines, IA 50309	Ph: 515-875-4942 Fax: 515-875-4817	Blue Cross Blue Shield, Midland's Choice, United Healthcare,	All ages, specializes in teens and couples	Trauma

		https://www.sampsfamilytherapy.com		UMR, Aetna, Coventry, Medicaid, private pay		
Sax, Penny	LISW	New Beginnings Counseling Service 6200 Aurora Ave. Suite 103 E Urbandale, IA 50322 http://www.nbcsiowa.com	Ph: 515-401-6886 Fax: 515-401-5237			
Schmidt, Shannon	LISW	New Beginnings Counseling Service 6200 Aurora Ave. Suite 103 E Urbandale, IA 50322 http://www.nbcsiowa.com	Ph: 515-401-6886 Fax: 515-401-5237	Medicaid, Blue Cross, Midlands Choice	Children, adolescents, adults	Attachment, trauma, CBT, motivational interviewing, childhood development
Spiess, Rebecca	LMHC	New Beginnings Counseling Service 6200 Aurora Ave. Suite 103 E Urbandale, IA 50322 http://www.nbcsiowa.com	Ph: 515-401-6886 Fax: 515-401-5237		Children, adolescents, adults, individuals, families, couples	Mental and behavioral health, Autism spectrum
Solawetz, Wendy	LMFT	Sampson Family Therapy Services	Ph: 515-875-4940	Blue Cross Blue Shield, United	Individuals, couples,	Bowen Family Systems Theory,

wendys@samps onfamilytherapy. com		309 Court Avenue Suite 241 Des Moines, IA 50309 <a href="https://www.samps
onfamilytherapy.co
m">https://www.samps onfamilytherapy.co m	Fax: 515-875-4817	Healthcare, Aetna, Medicaid, Private payment, sliding scale fee	families, women	trauma informed care, adoption related issues
Steil, Annie	LISW	Primary Health Care 250 Laurel St. Des Moines, IA 50314 <a href="http://www.phciowa
.org">http://www.phciowa .org	Ph: 515-643-4610 Fax: 515-643-4662			Behavioral health consultant

POWESHIEK COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Detlefsen, Robert	DNP, FPMH-NP, B.C.	Midwest Counseling 818 4th Ave. Grinnell, IA 50112	Ph: 641-236-1644		Children, adult, elderly	Diagnostic assessment and med management, psychiatry, depression, anxiety, PTSD, ADHD, bipolar, schizophrenia, borderline, panic, Alzheimer's, Dementia
Gallegos, Beth	LISW	Grinnell College	Ph:		Grinnell college	Assistant

gallegosb@grinnell.edu		1119 Sixth Ave. Grinnell, IA 50112 https://www.grinnell.edu/about/offices-services/student-health	641-269-3230		students only	director of Grinnell Student Health and Counseling Services, mental health counseling and supportive services
Heeren, Becky heerenb@grinnell.edu	LMHC	Grinnell College 1119 Sixth Ave. Grinnell, IA 50112 https://www.grinnell.edu/about/offices-services/student-health	Ph: 641-269-3230		Grinnell college students only	Assessment, mental health treatment, crisis intervention, education, referral
Huntrods, Christine	tLMFT	Midwest Counseling 818 4th Ave. Grinnell, IA 50112	Ph: 641-236-1644		All ages, individuals, couples, families	
Mettlin, Connie	LISW	Midwest Counseling 818 4th Ave. Grinnell, IA 50112	Ph: 641-236-1644			
Schultz-Grant, Ann	LMHC	Midwest Counseling 818 4th Ave. Grinnell, IA 50112	Ph: 641-236-1644		Children, adults, adolescents, and families	Trauma focused CBT, client centered, strengths based, systems theory

Valencic, Paul valencic@grinnell.edu	LMHC, Ed.S.	Grinnell College 1119 Sixth Ave. Grinnell, IA 50112 https://www.grinnell.edu/about/offices-services/student-health	Ph: 641-269-3230		Grinnell college students only	Mental health counseling
Wolken, Nathan	LMHC	Midwest Counseling 818 4th Ave. Grinnell, IA 50112	Ph: 641-236-1644		Children and adults	CBT

SCOTT COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Cardenas, Latasha	LMSW	Life Connections 3515 Spring St. Davenport, IA 52807 http://www.life-connections.org	Ph: 563-359-6750		All ages	Mental disabilities, behavioral issues, chronic mental illness, play therapy, CBT, motivational interviewing, intellectual disabilities, autism, anxiety, depression
Carlton, Penny	LISW, CADC	Compassion Counseling, Inc.	Ph: 563-355-0780		Individuals, couples, groups	Depression, anxiety, stress,

		2435 Kimberly Road, Alpine Center North #145N Bettendorf, IA 52722 http://www.compassioncounselinginc.com	Fax: 563-355-0656			PTSD, substance use
Dees-McMahon, Rebekah	D.Min, LMHC	Compassion Counseling, Inc. 2435 Kimberly Road, Alpine Center North #145N Bettendorf, IA 52722 http://www.compassioncounselinginc.com	Ph: 563-355-0780 Fax: 563-355-0656		5 and up, individuals, couples, families	PTSD, trauma, faith/spiritual issues, grief and loss, career change, life transitions, anxiety, depression
Elm, Erin	LMSW	Life Connections 3515 Spring St. Davenport, IA 52807 http://www.life-connections.org	Ph: 563-359-6750		All ages	LGBTQ, disabilities, trauma, CBT, motivational interviewing, depression, anxiety, substance use, anger, communication skills, self-esteem
Giorgio-Cahalan	LMFT	Compassion	Ph:		Individuals,	Depression,

, Christine		Counseling, Inc. 2435 Kimberly Road, Alpine Center North #145N Bettendorf, IA 52722 http://www.compassioncounselinginc.com	563-355-0780 Fax: 563-355-0656		couples, families, children, adolescents, adults	anxiety, trauma, relationship issues, low self-esteem, women's issues, life transitions, strengths based, psychoeducation
Holloran, Vivien	BSN, MA	Bettendorf VA Clinic 2979 Victoria St. Bettendorf, IA 52722 https://www.va.gov	Ph: 563-332-8528			Mental/behavioral health
Romang, Leslie	LISW	Life Connections 3515 Spring St. Davenport, IA 52807 http://www.life-connections.org	Ph: 563-359-6750		All ages, specializes in children and adolescents and women	Anxiety, depression, suicidal ideation self harm, life transitions, pregnancy, homelessness, domestic violence, ADHD, trauma, anger, grief, CBT, motivational interviewing narrative therapy
Skinner-Walsh,	tLMHC	Life Connections	Ph:		All ages,	LGBTQ, anxiety,

Alexandra		3515 Spring St. Davenport, IA 52807 http://www.life-connections.org	563-359-6750		specializes in children and families, couples	depression, grief, loss, trauma, suicidal ideation, life changes, sexual and domestic abuse, art therapy, play therapy, CBT, trauma focused, family systems
Telisak, Mary	LMHC	Compassion Counseling, Inc. 2435 Kimberly Road, Alpine Center North #145N Bettendorf, IA 52722 http://www.compassioncounselinginc.com	Ph: 563-355-0780 Fax: 563-355-0656		School-aged children, adults, couples, families	Trauma, grief, alcohol and drug abuse, relational stress
Vandercoy, Andy	LMHC	Compassion Counseling, Inc. 2435 Kimberly Road, Alpine Center North #145N Bettendorf, IA 52722 http://www.compassioncounselinginc.com	Ph: 563-355-0780 Fax: 563-355-0656		Adolescents and adults	Trauma, depression, anxiety, phobias, anger, adjustment issues, communication difficulties, behavioral concerns, ACT, narrative, REBT,

						EMDR
--	--	--	--	--	--	------

STORY COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Cross, Austin	LISW, CADC	Primary Health Care 3510 Lincoln Way Ames, IA 50014 http://www.phciowa.org	Ph: 515-232-0628 Fax: 515-232-0727			Behavioral and mental health

TAMA COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Bergman, Mike	Licensed Psychologist	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerssoc.com	Ph: 641-484-5234 Fax: 641-484-5632		All ages	Psych testing for social security disability, ADHD, bariatric and other evals for surgeries, testing for law enforcement
Calzada, Nick	LISW	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerssoc.com	Ph: 641-484-5234 Fax: 641-484-5632		6 and older	Variety of issues, emergency counseling

Daniel, Paul	Ph.D., LMHC	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerassoc.com	Ph: 641-484-5234 Fax: 641-484-5632		All ages	All issues, religious counseling, speaks spanish
Duncan, Kevin	LMHC	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerassoc.com	Ph: 641-484-5234 Fax: 641-484-5632		6 and older	CBT, brief therapy, trauma, adhd, anxiety, depression, PTSD, bipolar, relationships, loss and grief, anger management, family and parenting concerns
Gregory, Bruce	LMHC	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerassoc.com	Ph: 641-484-5234 Fax: 641-484-5632		10 and older	Anxiety, depression, PTSD, loss and grief, sexuality concerns, EMDR, meridian therapy, T-CBT
Gumm, Erin	LMHC	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerassoc.com	Ph: 641-484-5234 Fax: 641-484-5632		All ages	Variety of issues, DBT, trauma
Hagen, Kimberly	LISW	Center Associates	Ph:		6 and older	Mental health

		1309 S Broadway Toledo, IA 52342 http://www.centerassoc.com	641-484-5234 Fax: 641-484-5632			counseling, variety of issues
Hatcher, Erin	ARNP	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerassoc.com	Ph: 641-484-5234 Fax: 641-484-5632		5 and older	Family psychiatric and mental health nurse practitioner, ADHD, oCD, anxiety, depression, PTSD, bipolar
Heil, Dawna	LMHC	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerassoc.com	Ph: 641-484-5234 Fax: 641-484-5632		All ages	Variety of issues
Hennessey, Adonica	LMSW	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerassoc.com	Ph: 641-484-5234 Fax: 641-484-5632		13 and older	Variety of issues, trauma
Johnson, Jamie	tLMHC	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerassoc.com	Ph: 641-484-5234 Fax: 641-484-5632		3 and older	Variety of issues, play therapy, EMDR, trauma
Krier, Angie	LISW	Center Associates	Ph:		13 and older	OCD, anxiety,

		1309 S Broadway Toledo, IA 52342 http://www.centerssoc.com	641-484-5234 Fax: 641-484-5632			depression, PTSD, bipolar, chronic pain, anger management, family and parenting concerns
Metzger, Roy	ARNP	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerssoc.com	Ph: 641-484-5234 Fax: 641-484-5632		13 and older	Holistic approach, ADHD, OCD, anxiety, depression, PTSD, personality disorders, eating disorders, impulse control
Peterson-Williby, Lily	LISW	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerssoc.com	Ph: 641-484-5234 Fax: 641-484-5632		5 and older	Variety of issues, holistic approach, CBT, mindfulness
Rock, Lisa	ARNP	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerssoc.com	Ph: 641-484-5234 Fax: 641-484-5632		6 and older	Family psychiatric and mental health nurse practitioner, ADHD, anxiety, depression, bipolar

Rosedale, Raejean	LMHC	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerassoc.com	Ph: 641-484-5234 Fax: 641-484-5632		All ages	Trauma, attachment, ADHD, ODD, anxiety, depression, loss and grief, play therapy, cultural diversity, DBT, family, CBT
Rund, Ed	LISW	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerassoc.com	Ph: 641-484-5234 Fax: 641-484-5632		13 and older	Variety of issues, CBT
Steenblock, Douglas	M.D.	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerassoc.com	Ph: 641-484-5234 Fax: 641-484-5632			Psychiatry
Zoske, Katie	LISW	Center Associates 1309 S Broadway Toledo, IA 52342 http://www.centerassoc.com	Ph: 641-484-5234 Fax: 641-484-5632		All ages	Variety of issues and interventions

WASHINGTON COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
---------------	-----------	-----------------	--------------	--------------------	-----------	--------------

Anding, Maquel	tLMHC, NCC, ACA	Grace C. Mae Advocate Center 420 E Polk Washington, IA 52353 http://www.advocatecenter.org	Ph: 319-361-6529			Narrative therapy, art, music, literature, exercise, play therapy techniques
Andrews, Bekah	LMFT	Grace C. Mae Advocate Center 420 E Polk Washington, IA 52353 http://www.advocatecenter.org	Ph: 319-361-6529		Children, teens, families	Anxiety, depression, ADHD, ODD, communication issues, behavioral concerns, parenting, LGBT, trauma, play therapy techniques, foster/adoption families, attachment disorders
Conrad, Megan	tLMHC	Grace C. Mae Advocate Center 420 E Polk Washington, IA 52353 http://www.advocatecenter.org	Ph: 319-361-6529		Children and teens, groups	Play therapy, animal assisted therapy, EMDR
Roberts-Labuhn, Adre	tLMFT	Grace C. Mae Advocate Center	Ph: 319-361-6529		Families, adults, children,	Life changes, relational/familial

		420 E Polk Washington, IA 52353 http://www.advocatecenter.org			couples	I concerns, LGBTQ community,
--	--	--	--	--	---------	------------------------------------

WEBSTER COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Anderson, Teresa	LMHC, CADC	Berryhill Center for Mental Health 720 Kenyon Road Fort Dodge, IA 50501 https://www.unitypoint.org/fordodge/berryhill-center-of-mental-health.aspx	Ph: 515-955-7171			
Bernhagen, Monte	MD	Berryhill Center for Mental Health 720 Kenyon Road Fort Dodge, IA 50501 https://www.unitypoint.org/fordodge/berryhill-center-of-mental-health.aspx	Ph: 515-955-7171			
Collins, Mark	DO, PC	Berryhill Center for Mental Health 720 Kenyon Road	Ph: 515-955-7171			

		Fort Dodge, IA 50501 https://www.unitypo.int.org/fortdodge/berryhill-center-of-mental-health.aspx				
Lozano, Maria	MD	Berryhill Center for Mental Health 720 Kenyon Road Fort Dodge, IA 50501 https://www.unitypo.int.org/fortdodge/berryhill-center-of-mental-health.aspx	Ph: 515-955-7171			
McCard, Kyle	LISW	Berryhill Center for Mental Health 720 Kenyon Road Fort Dodge, IA 50501 https://www.unitypo.int.org/fortdodge/berryhill-center-of-mental-health.aspx	Ph: 515-955-7171			
Porter, Melanie	PsyD	Berryhill Center for Mental Health 720 Kenyon Road Fort Dodge, IA 50501 https://www.unitypo.int.org/fortdodge/berryhill-center-of-mental-health.aspx	Ph: 515-955-7171			

		erryhill-center-of-m ental-health.aspx				
Pullen, Jennifer	LMHC	Berryhill Center for Mental Health 720 Kenyon Road Fort Dodge, IA 50501 <a href="https://www.unitypo
int.org/fortdodge/b
erryhill-center-of-m
ental-health.aspx">https://www.unitypo int.org/fortdodge/b erryhill-center-of-m ental-health.aspx	Ph: 515-955-7171			
Watkins, Lisa	APMHNP-BC	Berryhill Center for Mental Health 720 Kenyon Road Fort Dodge, IA 50501 <a href="https://www.unitypo
int.org/fortdodge/b
erryhill-center-of-m
ental-health.aspx">https://www.unitypo int.org/fortdodge/b erryhill-center-of-m ental-health.aspx	Ph: 515-955-7171			
Wykoff, Rhonda	RN, LMHC	Berryhill Center for Mental Health 720 Kenyon Road Fort Dodge, IA 50501 <a href="https://www.unitypo
int.org/fortdodge/b
erryhill-center-of-m
ental-health.aspx">https://www.unitypo int.org/fortdodge/b erryhill-center-of-m ental-health.aspx	Ph: 515-955-7171			

WINNEBAGO COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Shelanksi, Ashley	t-LMHC	Prairie Ridge 109 South Clark Suite B Forest City, IA 50436 http://prairie.istop.us/index.php	Ph: 641-585-2060 Fax: 641-424-0783		Individuals and groups	Seeking Safety group partnering with Crisis intervention, trauma, substance use

WINNESHIEK COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Atkinson, Mary-Christine	LISW	Lighthouse Professional Counseling Services 1111 paine St. Suite D Decorah, IA 52101	Ph: 563-382-1900			Chemical dependency counseling
Bahe, Deborah	ARNP	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	Ph: 563-382-3649			Behavioral health
Baumgartner, Diane	LMSW	Northeast Iowa Behavioral Health 905 Montgomery	Ph: 563-382-3649			Behavioral health counseling

		St. Decorah, IA 52101 http://neibh.org				
Bruening, Tara	LPC	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	Ph: 563-382-3649			Behavioral health counseling
Christensen, Carrie	IADC	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	Ph: 563-382-3649			Chemical dependency counseling
Deutsch, William	LISW	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	Ph: 563-382-3649			Behavioral health counseling
Dismore, Trevor	LMSW	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	Ph: 563-382-3649			
Doll, Susan	LISW	Lighthouse Professional	Ph: 563-382-1900			Behavioral health

		Counseling Services 1111 Paine St. Suite D Decorah, IA 52101				counseling
Elgers, Lynda	CADC	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	Ph: 563-382-3649			Chemical dependency counseling
Fay, Barbara hartsc101@gmail.com	LMHC	Healing Arts Clinic 1111 Paine St. Suite L Hawkeye Plaza Decorah, IA 52101	Ph: 563-277-1044	Amerigroup, Aetna, Amerihealth, Anthem, Blue Cross Blue Shield, Cigna, Coventry, Magellan behavioral Health, medicaid, Midlands Choice, TRICARE, United Healthcare, private pay, sliding scale	All ages	Art and play, trauma focused CBT, sand tray, PCIT, PTSD, mood disorders
Gordon, Dawnelle	ARNP	Northeast Iowa Behavioral Health	Ph: 563-382-3649			Behavioral health

		905 Montgomery St. Decorah, IA 52101 http://neibh.org				
Gupta, Lalit	MD	Gundersen Behavioral Health Decorah 1830 State Highway 9 Decorah, IA 52101	Ph: 563-382-3140		Adults	Psychiatry
Haedike, Claire	Psy.D.	Winneshiek Medical Center 901 Montgomery St. Decorah, IA 52101 http://www.winmedical.org	Ph: 563-382-2911	Blue Cross Blue Shield, Cigna, HealthPartners, Humana, Medica, Medical Assistance, Optum, PreferredOne, UCare, United Healthcare, ValueOptions, private pay	16 and older	Depression, anxiety, work stress, career counseling, life transitions, women's issues, relationship matters
Hagen, Carol	LISW	Lighthouse Professional Counseling Services 1111 paine St. Suite D Decorah, IA 52101	Ph: 563-382-1900			Behavioral health counseling
Hamilton,	LISW	Northeast Iowa	Ph:			Behavioral

Jeannie		Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	563-382-3649			health counseling
Head, Lara	Ph.D.	Gundersen Behavioral Health Decorah 1830 State Highway 9 Decorah, IA 52101	Ph: 563-382-3140		Pediatrics	Developmental/ behavioral
Hensley, Bridgette	Psy.D.	Winneshiek Medical Center 901 Montgomery St. Decorah, IA 52101 http://www.winmedical.org	Ph: 563-382-2911		Children, adolescents, adults, individuals, families, couples	Trauma, depression, anxiety, behavioral disturbances, ADHD, suicide prevention and assessment
Hohenbrink, Nichol	LMSW	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	Ph: 563-382-3649			
Hougen, Ronald	Ph.D.	Winneshiek Medical Center 901 Montgomery St. Decorah, IA 52101	Ph: 563-382-2911			CBT, depression, anxiety, disorders, ADHD, marital

		http://www.winmedical.org				discord, insomnia, OCD, social anxiety, PTSD, ODD
Loven, Rebecca	LPC	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	Ph: 563-382-3649			Behavioral health counseling
Lubahn, Kaitlin	t-LMFT	Families First Counseling Services 120 W Water St. Suite A2 Decorah, IA 52002 https://www.families-first.net	Ph: 888-316-3025			
Ludwig, Kirsten	LMHC	Lighthouse Professional Counseling Services 1111 Paine St. Suite D Decorah, IA 52101	Ph: 563-382-1900			Behavioral health counseling
Maret, Jason	MD	Gundersen Behavioral Health Decorah 1830 State Highway 9	Ph: 563-382-3140		Adults	Psychiatry

		Decorah, IA 52101				
Misseldine, Karen	LMHC	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	Ph: 563-382-3649			Behavioral health counseling
Nielsen, Joelle	LMHC	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	Ph: 563-382-3649			Behavioral health counseling
Oltrogge, Marcia	MA, IAADC	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	Ph: 563-382-3649			Chemical dependency counseling
Quinn, Kevin	MD	Gundersen Behavioral Health Decorah 1830 State Highway 9 Decorah, IA 52101	Ph: 563-382-3140		Children	Psychiatry
Sahatevasukont, Chitchawal	ARNP	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA	Ph: 563-382-3649			Behavioral health counseling

		52101 http://neibh.org				
Schroeher, Hannah	LISW	Winneshiek Medical Center 901 Montgomery St. Decorah, IA 52101 http://www.winmedical.org	Ph: 563-382-2911			Acute and chronic mental illness
Sieck, Kathryn	LISW	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	Ph: 563-382-3649			
Tenneson, Karen	LISW	Lighthouse Professional Counseling Services 1111 Paine St. Suite D Decorah, IA 52101	Ph: 563-382-1900			Behavioral health counseling
Thompson, Alexia	LMHC, CADC	Northeast Iowa Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	Ph: 563-382-3649			Chemical dependency counseling
Wolfs, Karla	LISW	Northeast Iowa	Ph:			

		Behavioral Health 905 Montgomery St. Decorah, IA 52101 http://neibh.org	563-382-3649			
--	--	--	--------------	--	--	--

WRIGHT COUNTY

Name Email	Licensure	Agency/Location	Phone Fax	Type of Payment	Ages Seen	Specialities
Davidson, Amy	LISW	Iowa Specialty Hospitals & Clinics 403 1st St. SE Belmond, IA 50421 http://www.iowaspecialtyhospital.com	Ph: 641-444-3500		Individuals	Mental health therapy
Delger, Karin	LISW	Iowa Specialty Hospitals & Clinics 403 1st St. SE Belmond, IA 50421 http://www.iowaspecialtyhospital.com	Ph: 641-444-3500		Individuals, families, couples, groups	Trauma, depression, anxiety, schizophrenia, OCD, anger management, eating disorders, aging, CBT, DBT, grief and loss, disabilities, EMDR, bipolar, asperger's
Fletcher, Rachel	LISW	Iowa Specialty Hospitals & Clinics 403 1st St. SE	Ph: 641-444-3500		Individual, family, group	

		Belmond, IA 50421 and 215 13th Ave. SW Clarion, IA 50525 http://www.iowaspecialtyhospital.com	Ph: 515-532-2811			
Fox, Alison	LISW	Iowa Specialty Hospitals & Clinics 403 1st St. SE Belmond, IA 50421 http://www.iowaspecialtyhospital.com	Ph: 641-444-3500			
Fox, David	LISW	Iowa Specialty Hospitals & Clinics 403 1st St. SE Belmond, IA 50421 and 215 13th Ave. SW Clarion, IA 50525 http://www.iowaspecialtyhospital.com	Ph: 641-444-3500 Ph: 515-532-2811		Individual, family, group	EMDR, PCIT
Morgan, Alexis	LMSW	Iowa Specialty Hospitals & Clinics 215 13th Ave. SW Clarion, IA 50525	Ph: 641-444-3500		Individual, family, and group	
White, Abbie	RN, BSN, PMHNP-C	Iowa Specialty Hospitals & Clinics 403 1st St. SE Belmond, IA 50421 and	Ph: 641-444-3500			Treatment of psychiatric mental health conditions

		215 13th Ave. SW Clarion, IA 50525 http://www.iowaspecialtyhospital.com	Ph: 515-532-2811			
--	--	--	---------------------	--	--	--