

Resource Repository – Quarter 2, 2025

Published by the ACNA's Education and Research Committee.

Last Reviewed: 10/14/2025 by Elisabeth Mack & Wendy Gibson-Vivani

ACNA's mission is to advance excellence in cannabis nursing practice through advocacy, collaboration, education, research, and policy development.

To help fulfill this mission, this repository was compiled and vetted to provide nurses access to trustworthy resources. It is regularly reviewed and updated, in an effort to bring you the most up-to-date information possible.

ACNA's Resource Repository is for educational purposes only. Nothing herein constitutes medical, legal, or dietary advice.

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ACNA Affiliations: Disclaimer. Membership Benefit

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ACNA Mission Fulfillment

Education Guidelines Based on NCSBN guidelines six essential principles of knowledge. and

ANA / ACNA Scope and Standards of Cannabis Nursing.

The 6 Essential Areas of Clinical Knowledge for Nurses:

- 1. A working knowledge of cannabis legalization at both state and federal levels.
- 2. Familiarity with the medical marijuana program in their jurisdiction.
- 3. An understanding of the endocannabinoid system (ECS), cannabinoid receptors, and their interactions.
- 4. Knowledge of cannabis pharmacology and related medical research.
- 5. Awareness of safety considerations, contraindications, and monitoring for patients using cannabis.
- 6. A commitment to approaching patients without judgment, respecting their choices in symptom management.

ACNA has affiliations with these businesses that provide educational programs, products and publications.

Affiliate Businesses Offering Discounts to ACNA Members (review to be done by BOD) use affiliate links from website

- CannaKeys ACNA discount = 10%
- Holistic Caring & The Green Nurse = 20%
- Grow From Home = %
- ? Weedgets = % add link

- Clark's Cannabis Handbook for Nurses = % (add link)
- Scope & Standards of Cannabis Nursing = % add link

Cannabis Education Certificate Programs with RN Continuing Education Units

- Holistic Caring & The Green Nurse ACNA members save 20% with ACNA20 code. Mini-modules \$50, Nursing Certificate Program is \$500 for the curriculum, \$300 for the mastermind and practice toolkit; https://holisticcaring.com/product/cannabis-health-coach-certificate/
- 2. American Holistic Nurses Association https://www.ahna.org/Education

Cannabis Education Certificate Programs (no RN CEUs)

- 3. Ethan Russo's MMJ Program \$4250; https://medicalmarijuana411.com/cannabis-education/russo-masters-program/
- 4. Goldstein Wellness Education by Bonni Goldstein \$free at this time; https://goldsteinwellness.com/education
- 5. Healer Education by Dustin Sulak, DO \$249; https://healer.com/cannabis-education-training-course-and-certification-program/
- 6. Holistic Caring & The Green Nurse ACNA members save 20% with ACNA20 code. Mini-modules \$50, Nursing Certificate Program is \$500 for the curriculum, \$300 for the mastermind and toolkit; https://holisticcaring.com/product/cannabis-health-coach-certificate/
- 7. Society of Cannabis Clinicians Programs \$39-1169; https://www.cannabisclinicians.org/medical-cannabis-courses/

Patient and Healthcare Professional Associations:

- 1. **ANA**
- 2. NCSBN

- 3. American Holistic Nurses Association
- 4. American Holistic Nurses Credentialing Corporation
- 5. National Nurses In Business Association
- 6. National Organization For The Reform of Marijuana Laws (NORML)
- 7. Leafly
- 8. Weedmaps
- 9. Patients Out of Time
- 10. Arthritis Foundation http://www.arthritis.org
- 11. American Cancer Society http://www.cancer.org/docroot/home/index.asp
- 12. National Cancer Institute http://www.cancer.gov
- 13. American Herbal Products Association Cannabis Committee: http://www.ahpa.org/
- 14. American Nurses Association
- 15. Drug Interaction Database:

https://www.drugs.com/drug-interactions/cannabis.html

Sponsored Educational Program Partners: (in process to renew)

- 1. Holistic Caring & The Green Nurse is our Educational Program sponsor & affiliate
 - a. Holistic Caring & The Green Nurse Website https://holisticcaring.com/ref/ACNA/
 - b. HC Professional Programs with CEUs https://holisticcaring.com/professional-programs/ref/ACNA
 - c. HC Patient Programs with CEUs https://holisticcaring.com/patient-programs/ref/ACNA
 - d. Free Intro to Cannabis Course https://holisticcaring.com/product/introduction-to-cannabis-therape utics/ref/ACNA
 - e. Free ABCS to CBD https://holisticcaring.com/product/abc-cbd/ref/ACNA

Podcasts, Webcasts, and Substacks to Follow:

- 1. The Green Nurse Podcast https://www.youtube.com/@thegreennurse
- 2. Ask The Green Nurse Substack https://thegreennurse.substack.com/
- 3. The Natural Nurse Radio Show https://www.naturalnurse.com/category/radio-shows/
- 4. Hemp and Cannabis for Athletic Recovery with Nicole Foss RN, President Elect American Cannabis Nurses Association, Herbally Yours Radio Show/Podcast with The Natural Nurse https://www.spreaker.com/user/whpc/hy-11-21-22

Professional Journals / Prominent Publications

- Medical Cannabis and Cannabinoids: https://www.karger.com/Journal/Home/275986
- Journal of Cannabis Research;
 https://jcannabisresearch.biomedcentral.com
- 3. Cannabis and Cannabinoid Research:
 https://home.liebertpub.com/publications/cannabis-and-cannabinoid-resea
 rch/633/
- 4. Journal of Holistic Nursing
- 5. Holistic Nursing Practice
- 6. National Academies of Science, Engineering & Medicine (NASEM): The Health Effects of Cannabis and Cannabinoids: https://www.nap.edu/catalog/24625/the-health-effects-of-cannabis-and-cannabinoids-the-current-state
- 7. Cancer.gov Professional version of Cannabis & Cannabinoids

 https://www.cancer.gov/about-cancer/treatment/cam/hp/cannabis-pdg

Research Databases (paid and unpaid)

- 1. American Herbal Products Association:
 - https://www.ahpa.org/hemp_lexicon
- 2. Cannakeys: https://cannakeys.com/
 - a. ACNA link to join with code for discount
- 3. Clinical Trials: https://clinicaltrials.gov/
- 4. Cochrane Review: http://www.cochrane.org
- 5. ECS Therapeutics: https://www.ecs-care.com/lms/courses/ecs-academy/
- 6. Set up an account and use password: ECS123
- 7. National Institutes of Health National Center For Complementary and Integrative Health
- 8. NCSBN Journal Six Essential Principles of Knowledge for all Nurses
- 9. NIDA: https://nida.nih.gov/search/cannabis?sort="score&language=en">score&language=en
- 10.NIH: PubMed & Cannabinoids
- 11.Project CBD https://www.projectcbd.org/

Advocacy & Activism Resources

- 1. Americans for Safe Access
- 2. <u>Doctors for Drug Policy Reform</u>
- 3. Marijuana Policy Project
- 4. NORML.org
- 5. Patients Out of Time

Cannabis Books, Handbooks, & Guides for Clinical Practice & Knowledge

- 1. Cannabis Nursing: Scope and Standards of Practice.2024.
- 2. The Cannabis Health Index, Cannabis Science and mindfulness techniques for 100 Chronic symptoms and diseases, Uwe Blesching.
- 3. <u>Cannabis: A Handbook for Nurses. An overview of the art and science of cannabis care nursing. 2021. Carey S. Clark.</u>
- 4. Cannabis for Health: Become a Coach. Elisabeth Mack. 2020
- Free 7 Page Medical Cannabis Guide at Holistic Caring & The Green Nurse https://holisticcaring.com/free-guide/ref/ACNA
- 6. <u>Cannabis Is Medicine: How Medical Cannabis and CBD Are Healing Everything from Anxiety to Chronic Pain: Goldstein MD, Bonni:</u> 9780316500784
- 7. Marijuana Horticulture the indoor/outdoor medical grower's bible. Jorge Cervantes. 2006. VanPatten Publishing
- 8. Chasing the Scream. The First and Last Days of the War on Drugs. Johann Hari. 2015.
- 9. Cannabis Pharmacy by Michael Backes. 2017.
- 10. Chronic Relief; a Guide to Cannabis for the Terminally III. Nishe Whiteley. 2016.
- 11. The Wholistic Healing Guide to Cannabis by Tammi Sweet, MS, Herbalist.

 Has a website for her teaching (growing and supplement making). 2020.
- 12. CBD: A Patient's Guide to Medicinal Cannabis. Leinow Birnbaum. 2017.

- 13. The Doctor-Approved Cannabis Handbook: Reverse Disease, Treat Pain, and Enhance Your Wellness with Medical Marijuana and CBD. Ben Caplan. 2023.
- 14. <u>Handbook of Cannabis for Clinicians: Principles and Practice, By Dustin</u> Sulak.2021
- 15. Your Cannabis CBD: THC Ratio A Guide to Precision Dosing for Heath and Wellness Uwe Bleshing
- 16. Healing with CBD, How Cannabidiol can transform your health without the high. 2018. Cannabis therapeutics for several common conditions. Eileen Konieczny and Lauren Wilson.

Videos

ECS

Dosing

Mythbusting A to Z

Addiction, CUD (30%?)

Brain Damage

Cancer

Cardiovascular: Risk of Heart Attack, Stroke

Death

ECS damage from heavy use of THC

Considerations of Cannabis Use

Costs, Collateral-Damage from the War on Drugs on Cannabis Users and vulnerable communities.

Stigma. Mass incarceration. Loss of housing, medical care, children, job, voting rights.