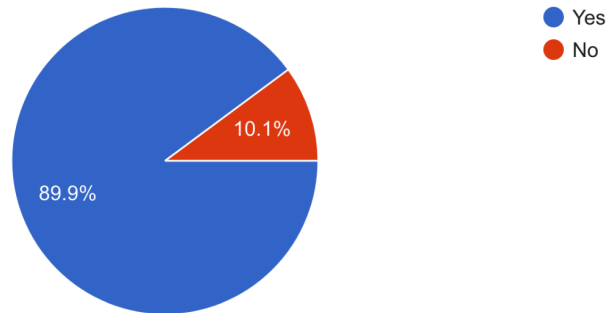


For reference – this is the form: <https://forms.gle/x12LPAtHBvgu618TA>

Result 1:

Do you feel like you're (or were) obsessed with debate/know someone who is?

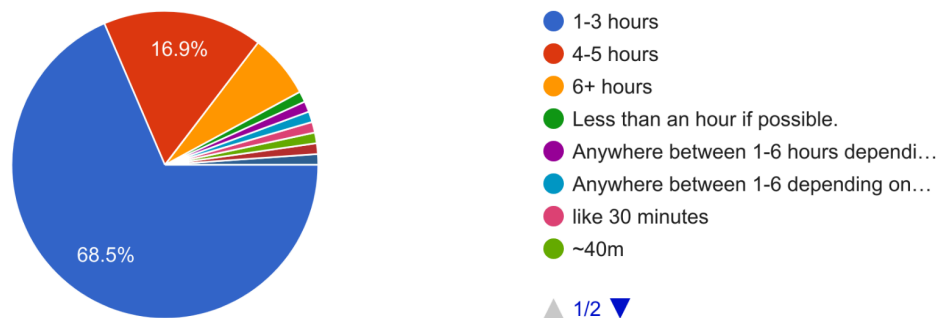
89 responses



Result 2:

How many hours do you spend daily on debate?

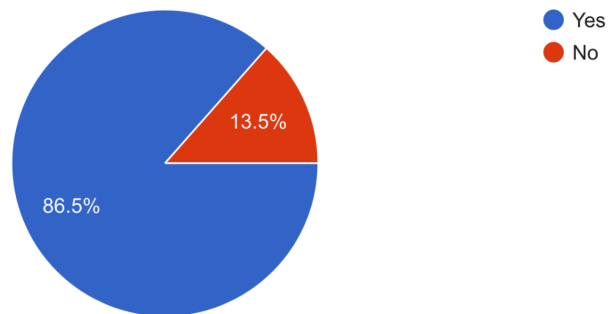
89 responses



Results 3:

Do you think obsession leads to negative results (to mental health/outside debate)?

89 responses



Response:

If you were/are obsessed, why? (please keep in mind, responding to this means there's a chance this will be shown publicly as an anecdote--you will be anonymous)

2 responses

[Redacted response]

I feel as though I lost all time with myself, I didn't know how to be me without my work and I was guilty when I did take breaks. I felt like I needed to be doing something that got me ahead academically than anyone else and that I constantly need to work because if I didn't someone else would pull ahead of me. Overall a toxic competitive mindset.