



2024 Erie Canal Tour Ride Program

Buffalo to Albany, June 30-July 5, 2024

Introduction

This self-supported bike camping ride is 375 miles, starting in Buffalo and ending in Albany. The ride will span 6 days of riding, with 5 nights of camping. Riders are responsible for all travel fees, food and incidentals. The Tour registration fee covers campsite fees, firewood (if any), insurance, as well as trip planning and logistics.

This ride is a “No Drop” ride, led by an overall group leader and a Support Rider (18 riders total). No one will be left behind in case of mechanical situations or otherwise.

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Safety

This ride will observe all traffic lights and controls (no exceptions), and will not make “forced left turns”. The left turns we have to make across traffic will be made as pedestrians. Helmets and lights are required. Please see our [Group Ride Guide here](#)

Waiver

Please fill out Waiver [here](#)

Sweeper/Support Rider

There will be a designated Support Rider on this Tour, whose role it is to be the eyes and ears of the group at the back. This person will be familiar with the route, and understand the situations that will require committing to the rest of the group in case of a stop[page.

Ride Table

	Mileage	Elevation Gain	Elevation Loss	Net Elevation
Day 1	66.8	822	901	-79
Day 2	68.2	1,038	1,128	-90
Day 3	68.6	1,416	1,200	216
Day 4	49.5	428	522	-94
Day 5	66.7	872	1,006	-134
Day 6	55.3	1,386	1,647	-261
Totals	375.1	5,962	6,404	-442

Ride Schedule

Day 0: Saturday June 29, 2024

Riders will be arriving all day.

Day 1: Sunday June 30, 2024

Day 1 Ride

66.8 miles · +822 ft / -901 ft (miles, elevation gained / elevation lost)

The ride will start at **8am from the corner of Erie Street and Lakefront Blvd in Buffalo, NY**. If people are late, they can certainly catch up, but please note you are not covered by our insurance if you don't start a day with the group, or otherwise make plans ([see waiver](#))

The first 32.4 miles of the day are on a paved surface, with the remaining part of the day after Lockport on hard packed dirt/gravel.

Day 1 Scheduled Stops, Milestones and Locks

Note this is a Sunday, so we will plan for shop closures accordingly. There are hardly any bike shops open in the region on Sunday (closed shops/stores not shown on map). This is a longer day in terms of mileage, so we should all try and make stops as efficiently/quick as possible.

Day 1 Map

[Map Link](#)

Stops and Milestones:

- **(STOP)** Mile 13.4: Town of Tonawanda (right before crossing bridge) This will be a quick/casual stop to gather everyone up.
- Mile 24.6: Pendleton
- **(STOP- LUNCH)** Mile 31.7: Town of Lockport (Lunch) Meet at Steamworks Coffee, 51 Canal St, Lockport, NY 14094
- Mile 38: Gasport
- Mile 43.6: Middleport
- **(STOP)** Mile 49: Town of Medina, Medina Falls
- Mile 52.3 Culvert Road Tunnel (Canal goes under bridge)
- Mile 53.9: Knowlesville
- **(STOP)** Mile 60.3: Town of Albion. Tops Supermarket (food), 408 West Ave, Albion, NY 14411
- **(STOP - CAMP)** Mile 66.8: Red Rock Ponds RV Resort

Day 1 Camping

Red Rock Ponds RV Resort (<https://redrockponds.com/>)

16097 Canal Rd. Holley, NY 14470 (585) 638-2445, Reservation# vR00000004863

Hammocks and clotheslines are not allowed. See [Site Rules here](#)

Day 2: Monday July 1, 2024

Day 2 Ride

68.3 miles · +998 ft / -1,103 ft (miles, elevation gained / elevation lost)

The group will leave camp and be rolling by 8am

Day 2 Map

[Map Link](#)

Day 2 Scheduled Stops, Milestones and Locks

- Mile 3.7: Holly
- Mile 5: Town of Clarkson (Park, Porta-Potties)
- Mile 8: Brockport
- **(STOP)** Mile 16: Town of Spencerport. Meet at Union Street Coffee House 123 S Union St Spencerport, NY 14559
- Mile 29: Rochester (REI Mile 29.3)
- Mile 31.9: Lock 33
- Mile 33.2 Lock 32
- **(STOP - LUNCH)** Mile 35: Town of Pittsford. Pittsford Farms Dairy 44 N Main St, Pittsford, NY 14534
- Mile 41: Fairport
- Mile 49.6: Lock 30
- Mile 50: Macedon
- Mile 53.3: Palmyra (Lock 29)
- **(STOP)** Mile 62: Town of Newark (Wegmann's). Grocery store for dinner. 800 W Miller St, Newark, NY 14513
- Mile 63.7 Lock 28B
- Mile 67.8 Lock 28A
- Mile 68.9 Lock 27
- **(STOP - CAMP)** Mile 68.3: Destination, Town of Lyons. There are a number of small places to eat in Lyon, including The Pour House Bar & Grill, 72 Geneva St, Lyons, NY 14489. 315-946-4851

Day 2 Camping

We will be camping behind the Lyon Fire Station at 23 Water Street in Lyon. "You are welcome to pitch your tent behind the firehouse. You may use their shower and restroom free of charge". Please note access to firehouse bathrooms and showers close at 9pm, re-opening at 7am.



Day 3: Tuesday July 2, 2024

Day 3 Ride

65 miles · +1,422 ft / -1,318 ft (miles, elevation gained / elevation lost)

The group will leave camp and be rolling by 8am (see [Day 3 Map](#)). Notably, we'll be riding through Syracuse later in the day

Day 3 Map

[Map Link](#)

Day 3 Scheduled Stops, Milestones and Locks

- 8am Breakfast in Lyons, The Trolley Station, 1 Montezuma St, Lyons, NY 14489
- Mile 7.7: Clyde
- Mile 9.8: Lock 26
- Mile 24: Port Byron
- Mile 28: Weedsport
- (STOP LUNCH) Mile 32.9 Jordan, Towpath Pizza
- Mile 36.2: Peru
- Mile 40.4: Erie Canal Park (Rest Stop)

- Mile 52: Syracuse
- Mile 53.7: Melo Velo Bike Shop (food, cool people!)
- **(STOP)** Mile 60: Wegmans (food for dinner/breakfast)
- **(STOP - CAMP)** Mile 65: Green Lakes State Park

Day 3 Camping

Green Lakes State Park, 7900 GREEN LAKES ROAD, FAYETTEVILLE NY 13066, Project Office: (315) 637-6111.

Note: there is a nasty hill leading up to the sites.

- [2-45770488](#) Site 075
 - [2-45770493](#) Site 076
 - 2-45770501 Site 077
-

Day 4: Wednesday July 3, 2024

Day 4 Ride

64.6 miles · +656 ft / -770 ft (miles, elevation gained / elevation lost)

The group will leave camp and be rolling by 8am

Day 4 Map

[Map Link](#)

Day 4 Scheduled Stops, Milestones and Locks

- **(STOP)** Mile 9: Town of Canastota “Darlene’s Kitchen” 302 Genesee St, Chittenango, NY 13037
- Mile 19: Starks Landing/Verona Park
- Mile 22.4: Lock 21
- **(STOP)** Mile 31.5: Town of Rome (Meet at Tops Market, 217 Erie Blvd W, Rome, NY 13440)
- **(STOP - CAMP)** Mile 65.6 Lock 19, Town of Frankfort Marina (behind Heelpath Brewery).

Day 4 Camping

- Lock 19, Town of Frankfort Marina (behind Heelpath Brewery) Call brewery ahead of time to get code for bathroom/showers
-

Day 5: Thursday July 4, 2024

Day 5 Ride

50.6 mi +621 ft / -738 ft (miles, elevation gained / elevation lost)

The group will leave camp and be rolling by 8am

Day 5 Map

[Map Link](#)

Day 5 Scheduled Stops, Milestones and Locks

- Mile 1: Frankfort "Friendly Bake Shop", Stewarts
- Mile 6: Town of Herkimer
- Mile 12.6: Little Falls, NY
- **(STOP: Lunch)**Mile 28.5: Ft. Plain
- **(STOP)** Mile 32.2 Town of Canajoharie, NY (food for dinner, breakfast). Lock 14
- Mile 35.2: Sprakers (Church with bathroom and showers)
- Mile 48.8 Karen's Produce and ice Cream
- **(STOP - CAMP)** Mile 50.6: Camping Destination, Lock E12 Tribes Hill.(518) 829-7331

Day 5 Camping

Lock E12 Tribes Hill 177 Main St, Tribes Hill, NY 12177 (518) 829-7331. An alternate here would be back on the south side of the canal at the Schoharie Landing Site



Day 6: Friday July 5, 2024

Day 6 Ride

55.8 miles · +1,268 ft / -1,558 ft (miles, elevation gained / elevation lost)

The group will leave camp and be rolling by 8am

Day 6 Map

[Map Link](#)

Day 6 Scheduled Stops, Milestones and Locks

- **(STOP - BREAKFAST)** Mile 5.2: Amsterdam , Stars Cafe, 1365 NY-5S, Amsterdam, NY 12010
- Mile 8.8: Lock 10
- Mile 15.2: Rotterdam (Lock 9)
- Mile 20.5: Lock 8
- **(STOP - LUNCH)** Mile 23.7: Schenectady
- Mile 33: Lock 7
- Mile 55.8 Finish

Return Trip Home

The trip ends in Albany on Friday, July 5th. Many rider will take a train home either that day or the next

Ride Planning

Maps and GPS

Please print out and download [cue sheets](#) and [maps](#). **Assume the worst case scenario of being separated from the group.** Please don't just rely on digital versions, as batteries can die. TCX files are for Garmin and GPS devices, KML files can be loaded into Google maps, Cue Sheets are turn by turn directions that can be printed.

A safe group is a group where everyone is more than familiar with the route. Don't rely on your friend or your phone; know the route. Too many people go on these rides with no idea where they are going.

Ride Checklist

- Ride Group List (please print to have on ride as a reference)
- [Cue Sheets](#) (please print to have on ride as a reference)
- Ride Program (this doc, please print to have on ride as a reference)
- Have a look at our [Tour and Micro-Tour Primer](#) to make sure you don't forget anything.
- Your bike must be in good working order, with the ability to carry gear ([Tour and Micro-Tour Prime](#)). 718 Cyclery is in no way responsible for your bike. Road/touring bikes are recommended, suspension bikes are not advisable. All riders should have the basic ability to patch/change a tube, and get air into the tube. There will be plenty of folks available to help, but as a rider it is good to know how to do these things. Your bike should also be equipped with lights, and preferably a reflective safety panel/flag at the rear. This ride is during daylight hours, but you never know what sort of delays might happen.
- **HELMETS ARE REQUIRED**
- **Reflective Gear:** It's a good idea to wear something reflective to increase visibility as much as possible
- **Lights:** Front and rear. We are riding during the day, but it's good to be prepared
- **Tube:** You should have a tube for your wheel size. You might not know how to use it, but it will help if we need to get a flat fixed.
- **Tools:** Multi-tool, Tire Lever, Pump, Patch Kit
- **Food:** People can cook dinner at the campsite, but an alternative is to just bring something that doesn't need to be prepared, or pick something up at our rest stops. These trips are a great time to experiment (and share) with cooking equipment and methods.
- **Water:** Bring at least 2 water bottles to start the ride. Drink regularly, even if you're not thirsty. We will have rest stops to refill. If you have a hydration pack, even better!
- **Shelter:** Tents, hammocks or Bivy (although hammocks are prohibited on Night 1 at Red Rocks Pond)
- **Sleeping Bag and Pad:** Please note weather forecasts, and check and understand the temperature rating of your bag. Bring a sleeping pad for comfort (and consider a camp pillow). In addition, the thermal qualities of a pad will make sleeping more comfortable.

- **First Aid:** Best practice is to bring at least a basic first aid kit
- **Bug Spray:** Yes! (in cold weather, not so much)
- **Sun Screen:** Yes! (in cold weather, not so much)
- **Lighting:** Flashlight, headlamp etc.
- **Rain Gear:** Always a good idea to have something in case of rain
- **Padded Shorts and/or Chamois Cream:** Trust me
- Also, check out my example [Packing Lists here](#)
- **Put my number in your phone 917 715 2524**

Weather (projected)

- Day 1 Sunday xx
- Day 2 Monday xx
- Day 3 Tuesday xx
- Day 4 Wednesday xx
- Day 5 Thursday xx
- Day 6 Friday xx

I will be monitoring the weather closely, and will cancel the trip if there is weather that would make the ride unsafe. If canceled, riders can get a refund or a credit for a future trip ([see Cancellation Policy](#)). It is the responsibility of each rider to monitor the weather and ultimately make the decision to ride or not.

Bike Shops (Noted on Maps)

Emergency Action Plan

Introduction

The purpose of the Emergency Action Plan (EAP) is to ensure the safety and well being of Tour Participants and 718 Employees while on this trip

This plan has been reviewed with Support Riders as well as Tour Participants. In addition, 718 Cyclery will host an organizational meeting (4/20/22) to get all riders prepared. All Micro-Tour Participants have signed Waiver.

Ride Organization

In order to ensure a safe ride environment, the ride will be organized with a Group leader and Support Rider (rear position). Each leader will have a charged cel phone repair supplies and a 1st Aid kit.

All riders have provided emergency contact numbers, which will be in possession of 718 Employees on trip.

Medical

In case of any real or apparent medical issue while riding, the group will be stopped at once. Cell Phones/WhatsApp will be used to alert all riders and Ride Leaders of the situation. In the case the group is stretched out over a long distance, the group will be brought together by 718 Employees.

If a medical emergency is declared, 718 Employees will use cellular phones to reach 911 emergency services, noting exact mile markers on trail during call.

If no communication is available due to lack of cellular phone service, one 718 Ride Leader will ride to the nearest town to alert emergency services. 718 Ride Leaders have studied maps of route ahead of time, and are familiar with towns and distances for that day.

Hospitals (Noted on Maps)

Communication

Ride Leader will have charged cell phones and a satellite phone/device. We will be using WhatsApps for ride communication. **Put my number in your phone 917 715 2524**

Reference

- [Cycling the Erie Canal](#)
- [Empire Trail Maps](#)
- [Camping along the Erie Canal](#)
- [Empire Trail Campgrounds](#)
- [The Erie Canal Bike Trail of New York](#)
- [Lock Info and Phone Numbers](#)

Lock Locations and Contact Info

Day 1

- (Mile 31.7) E34-35 Lockport 80 Canal St, Lockport, NY 14094 (716) 434-3140

Day 2

- (Mile 31.9) E33 Rochester 1205 Edgewood Ave, Rochester, NY 14618 (585) 244-2150
- (Mile 33.2) E32 Pittsford 2785 Clover St, Pittsford, NY 14534 (585) 586-1837
- (Mile 49.6) E30 Macedon 10 Route 350, Macedon, NY 14502 (315) 986-5631
- (Mile 52.7) E29 Palmyra 2685 Route 31, Palmyra, NY 14522 (315) 597-4691
- (Mile 62.8) E28B Newark 116 N Clinton St, Newark, NY 14513 (315) 331-3296
- (Mile 67.1) E28A Lyons 7665 Dry Dock Rd, Lyons, NY 14489 (315) 946-4410

- (Mile 68.1) E27 Lyons 1 Leach Rd, Lyons, NY 14489 (315) 946-4062

Day 3

- (Mile 9.8) E26 Clyde 11500 Lock Rd, Clyde, NY 14433 (315) 923-9720
- (Mile 17.5) E25 May's Point 546 South Mays Point Rd, Savannah, NY 13146 (315) 365-3241 **(off route)**
- (Mile 40.3) E24 Baldwinsville 8 Syracuse St, Baldwinsville, NY 13027 (315) 635-3101 **(off route)**
- (Mile 50) E23 Brewerton 6908 Black Creek Rd, Brewerton, NY 13029 (315) 676-4171 **(off route)**

Day 4

- (Mile 27) E22 New London 3692 Wood Creek Rd, Rome, NY 13440 (315) 336-4329 **(off route)**
- (Mile 27) E21 New London 7176 Lock Rd, Rome, NY 13440 (315) 336-8229
- (Mile 47.6) E20 Whitesboro 9028 River Rd, Marcy, NY 13403 (315) 736-4617

Day 5

- (Mile 11) E19 Frankfort 2960 State Route 5, Schuyler, NY 13340 (315) 733-5041
- (Mile 22.9) E18 Jacksonburg 1043 State Route 5S, Mohawk, NY 13407 (315) 823-2419
- (Mile 27.1) E17 Little Falls 499 Sout Ann St, Little Falls, NY 13365 (315) 823-0650
- (Mile 35.7) E16 St. Johnsville 171 Mindenville Dr, Fort Plain, NY 13339 (518) 568-2636
- (Mile 42.2) E15 Fort Plain 84 Otsquago Club Rd, Fort Plain, NY 13339 (518) 993-4161
- (Mile 46.5) E14 Canajoharie 28 Spring St, Palatine Bridge, NY 13428 (518) 673-3314
- (Mile 54.5) E13 Yosts 195 Old River Rd, Fultonville, NY 12072 (518) 922-6173
- (Mile 65.6) E12 Tribes Hill 177 Main St, Tribes Hill, NY 12177 (518) 829-7331

Day 6

- (Mile 4.9) E11 Amsterdam 366 West Main St, Amsterdam, NY 12010 (518) 843-2120
- (Mile 8.8) E10 Cranesville 712 Hwy 5S, Amsterdam, NY 12010 (518) 887-5450
- (Mile 15.1) E9 Rotterdam 9 State Canal Park Rd (Rte 103), Rotterdam Jct., NY 12150 (518) 491-8205
- (Mile 20.3) E8 Scotia 115 Rice Rd, Rotterdam, NY 12306 (518) 346-4631
- (Mile 32.9) E7 Vischer Ferry 1280 Lock 7 Rd, Niskayuna, NY 12309 (518) 374-7912
- (Mile 42.6) E6 Crescent 77 Flight Lock Rd, Waterford, NY 12188 (518) 237-4014 **(off route)**
- (Mile 42.6) E5 Waterford 55 Flight Lock Rd, Waterford, NY 12188 (518) 237-0821 **(off route)**
- (Mile 42.6) E4 Waterford 25 Flight Lock Rd, Waterford, NY 12188 (518) 237-0818 **(off route)**
- (Mile 42.6) E3 Waterford 48 Washington Ave, Waterford, NY 12188 (518) 237-0812 **(off route)**
- (Mile 42.6) E2 Waterford NYS Route 32 Short 5th St, Waterford, NY 12188 (518) 237-0810 **(off route)**

Amtrak Stations

- **Buffalo**, New York Exchange Street Station 75 Exchange Street, Buffalo, NY 14203
- **Rochester**, New York Louise M. Slaughter Station 320 Central Avenue, Rochester, NY 14605
- **Syracuse**, New York Regional Transportation Center 1 Walsh Circle, Syracuse, NY 13208
- **Rome**, New York 6599 Martin Street, Rome, NY 13440
- **Utica**, New York Boehlert Transportation Center 321 Main Street Utica, NY 13501
- **Amsterdam**, New York 466 West Main Street, Amsterdam, NY 12010-1053
- **Schenectady**, New York 332 Erie Boulevard, Schenectady, NY 12305-1817
- **Albany-Rensselaer**, New York 525 East Street, Rensselaer, NY 12144-2310

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