



How to Teach Your Child to Fail

5 Things to Say to Your Child if They Fail

- "I know this feels hard right now. It's going to be OK."
- "Keep trying. It's good to do hard things *and* you can do hard things"
- "Keep working at it. Practice makes better."
- "I know you're disappointed, but you're great at persisting in new ways. I know you can keep going."
- "It looks like you're frustrated. Let me know when you're ready to talk about a different plan for next time. You can try again."

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