

# Privacy Policy

**Last Updated:** April 21, 2026

Welcome to **Nimlo**. Your privacy is important. This Privacy Policy explains how we collect, use, and protect your information when you use our mobile application.

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## 1. Information We Collect

We may collect the following types of information:

### a. Personal Information

- Name (if provided)
- Email address
- Account login credentials

### b. Fitness & Usage Data

- Workout preferences
- Workout activity (e.g., completed workouts, selections)
- App interaction data

### c. Device Information

- Device type, OS version
  - App version
  - Anonymous analytics data
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## 2. How We Use Your Information

We use your data to:

- Provide and improve app functionality
  - Generate personalized workout recommendations
  - Maintain and secure your account
  - Analyze usage to improve user experience
  - Communicate important updates (if applicable)
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### 3. Data Sharing

We **do not sell your personal data**.

We may share limited data with:

- Service providers (e.g., Firebase, analytics tools)
  - Legal authorities if required by law
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### 4. Data Storage & Security

- Your data is stored securely using industry-standard practices
  - We take reasonable measures to protect your information
  - However, no system is 100% secure
  - We do not retain any user information
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### 5. User Control

You can:

- Update or delete your account at any time
  - Request data deletion by contacting us
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### 6. Children's Privacy

Nimlo is **not intended for users under 13**. We do not knowingly collect data from children.

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### 7. Health Disclaimer

Nimlo provides **workout recommendations only**.

It does **not collect medical data** or provide medical advice.

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### 8. Third-Party Services

We may use third-party tools such as:

- Firebase (authentication, database)
- Analytics providers

These services may collect data per their own privacy policies.

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## 9. Changes to This Policy

We may update this Privacy Policy. Updates will be reflected with a new “Last Updated” date.

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### Apple Sign In

If you choose to sign in using **Sign in with Apple**, we only collect the information that Apple provides, which may include:

- Your name (if shared)
- Your email address (or a private relay email)

We **do not request or access any additional personal information** from your Apple account.

If you choose to hide your email, Apple may provide a **private relay email address**, which we use solely for:

- Account creation
- Account communication (if necessary)

We **do not attempt to link this information** with other data sources or track your identity outside of the app.

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### Data Minimization Commitment

We follow Apple’s data privacy guidelines by:

- Collecting **only the minimum data necessary** to provide core app functionality
  - Not using Apple Sign In data for advertising or tracking
  - Not sharing Apple user data with third parties except as required to operate the app
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### Account Deletion (Apple Requirement)

Users who sign in with Apple can:

- Delete their account at any time within the app
  - Request full data deletion, including any Apple-linked data
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## **10. Contact**

If you have questions, contact us at:

**[caelummerc@gmail.com]**