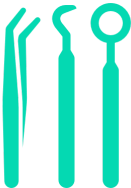


Easy Read – Oral Health	
	Brush your teeth – two times a day
	Use a toothbrush and toothpaste
	Brush in the morning and at night
	Floss after cleaning your teeth
  	Visit your dentist



Avoid sugary food



We will help you and take you if you want