

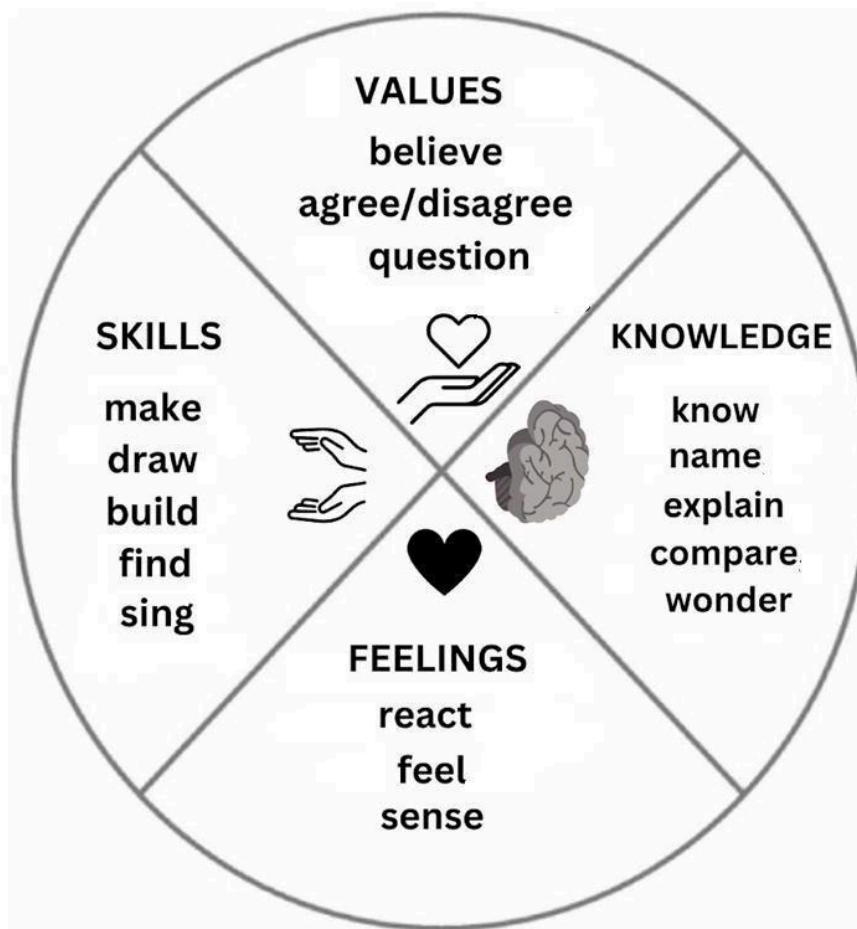
Name \_\_\_\_\_

## Cooperation and Colonization

### Activity - Holistic Reflection Worksheet



Holistic means to look at things as a "whole".  
We can consider what we know,  
how we feel,  
what skills we can use,  
what we believe.



Name \_\_\_\_\_

## Cooperation and Colonization

### Activity - Holistic Reflection Worksheet

# HOLISTIC Reflection

Reflect on what you have learned about Indigenous Peoples.  
Use the sections below to show what this means to you.

**VALUE**  
I believe it is important to...

**SKILLS**  
How I can show my learning is ...

**KNOWLEDGE**  
Something I learned is ...

**FEEL**  
What I learned made me feel...