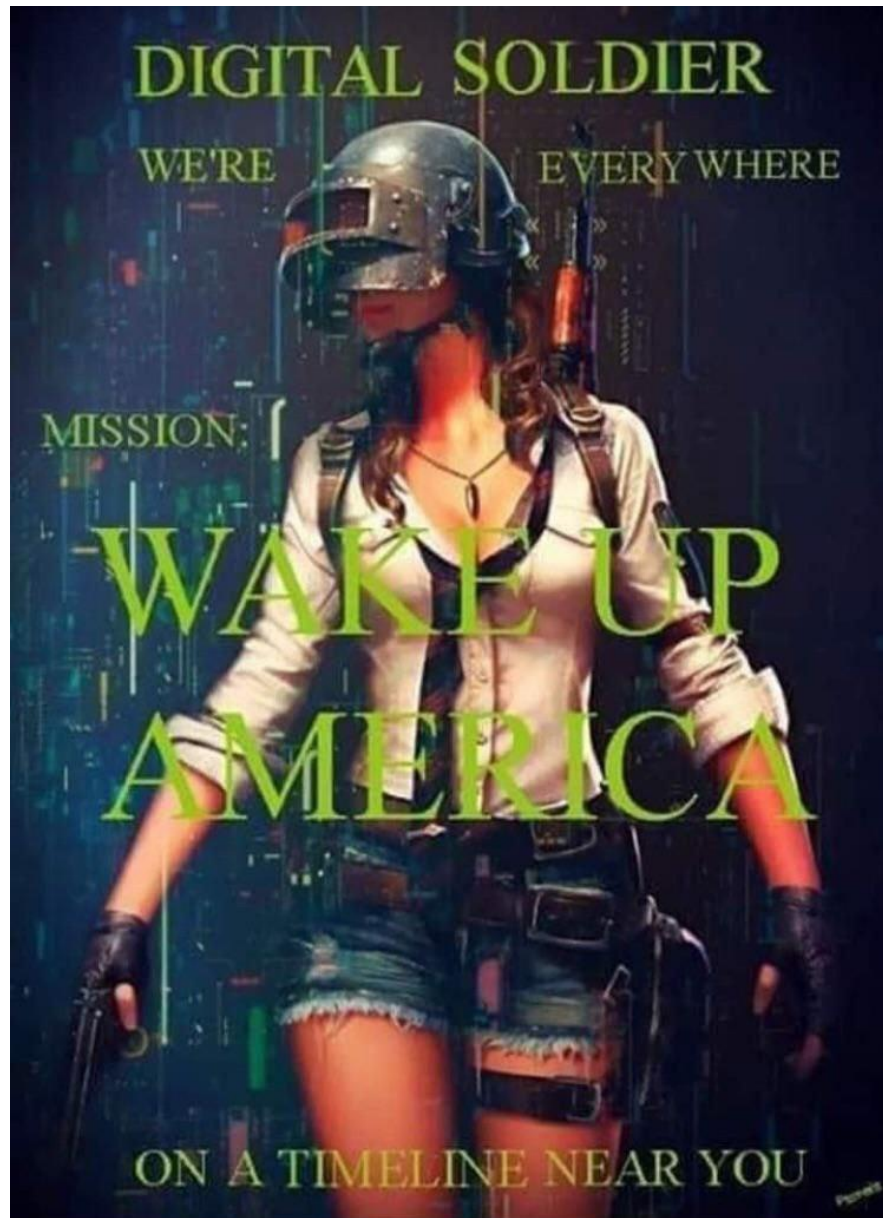


Friday, April 26, 2024





**Good
Morning,
Patriots!**



**Don't forget to trigger
a snowflake today.**



 **Travis Media Group**  
@TM1Politics

Follow



JUST IN: Justice Alito just blew up the entire argument by the DOJ.

Alito: "If the president gets advice from the attorney general, that something is lawful, is that an absolute defense?"

Dreeben: "yes"

Alito: "Wouldn't the President just pick an AG who'll let him do whatever he wants?"

Dreeben looked stunned

Apparently the AG can provide absolute immunity, but the President who is his boss can't.

Game, set, match - DJT - and every POTUS has immunity: as admitted by Jack Smith's band of constitutional arsonists

- Kash Patel

Everything has a meaning folks,
Here's what **Dan Scavino** said on x!!!



Dan Scavino Jr. 🇺🇸 🦅 ✓
@DanScavino

...

4/25 | 6:30amE | NYC

President Trump stops by a construction site in New York City to meet with union workers, before the start of the work day...



1:59 PM • 4/25/24 From Earth • 106K Views

<https://x.com/danscavino/status/1783556536909857269?s=46&t=2k2783sUP6M0rAjeu52oxw>

Get ready folks!

SYSTEM RESET

SILVER 200 ▲ 7.5 | SILVER 211 ▲ 11 | SILVER 233 ▲ 22 | **SUSPENDED**



**SILVER
REVALUATION**



· Q was created long ago on 1 April 1860 when 20
Generals placed Abraham Lincoln into office to fight the
Khazarian Mafia, who created the slave trade and owned
99% of the U.S. slaves. Christmas Eve 1963 was the day
77 U.S. Generals came together and The Plan was born
to Save The World. Three months later 133 Generals
became part of Operation Freedom Eagle 35. By 2014
there were 22 Nations, 1,600 Generals. Today this battle
is coming to an end. No One Can Stop What Is Coming
(NCSWIC). The last days of Joe Biden! ...Trump, Q The
Storm on Telegram Tues. 23 April



The Rubber Duck™ ✓
@TheRubberDuck79

Follow



in my opinion, the only part of the Q operation that had a variable to it, was how long it would take for enough people to wake up to reach critical mass, which would result in declas.

don't think for a minute the good guys aren't listening to us either. they'll know exactly when to flip the switch - probably down to the last minute of the script.

#ByTheBook, one shot deal.

https://twitter.com/TheRubberDuck79/status/1783574794547392571?t=Tk6CXK0HiRsuAMJ-6CI5_A&s=19

 **King Charles III's Health Deteriorates** As His Funeral Plans Gets Updated
After Cancer Diagnosis: Report
Newsx

Newsx

King Charles III's Health Deteriorates As His Funeral Plans Gets Updated After Cancer Diagnosis: Report

A close friend of the King, as reported by a leading international publication, stated, "Charles is determined to beat it and they are throwing everything at it," adding, "Everyone is staying optimistic, but he is really very unwell. More than they are letting on." Read on for more

- Newsx.



<https://www.newsx.com/world/king-charles-iiis-health-deteriorates-as-his-funeral-plans-gets-updated-after-cancer-diagnosis-report/>

The recording of "The Lisa Bhakti Show"
#45 of Thursday, 4/25/2024



<https://gcdnetwork.com/the-lisa-bhakti-show-4-25-24>



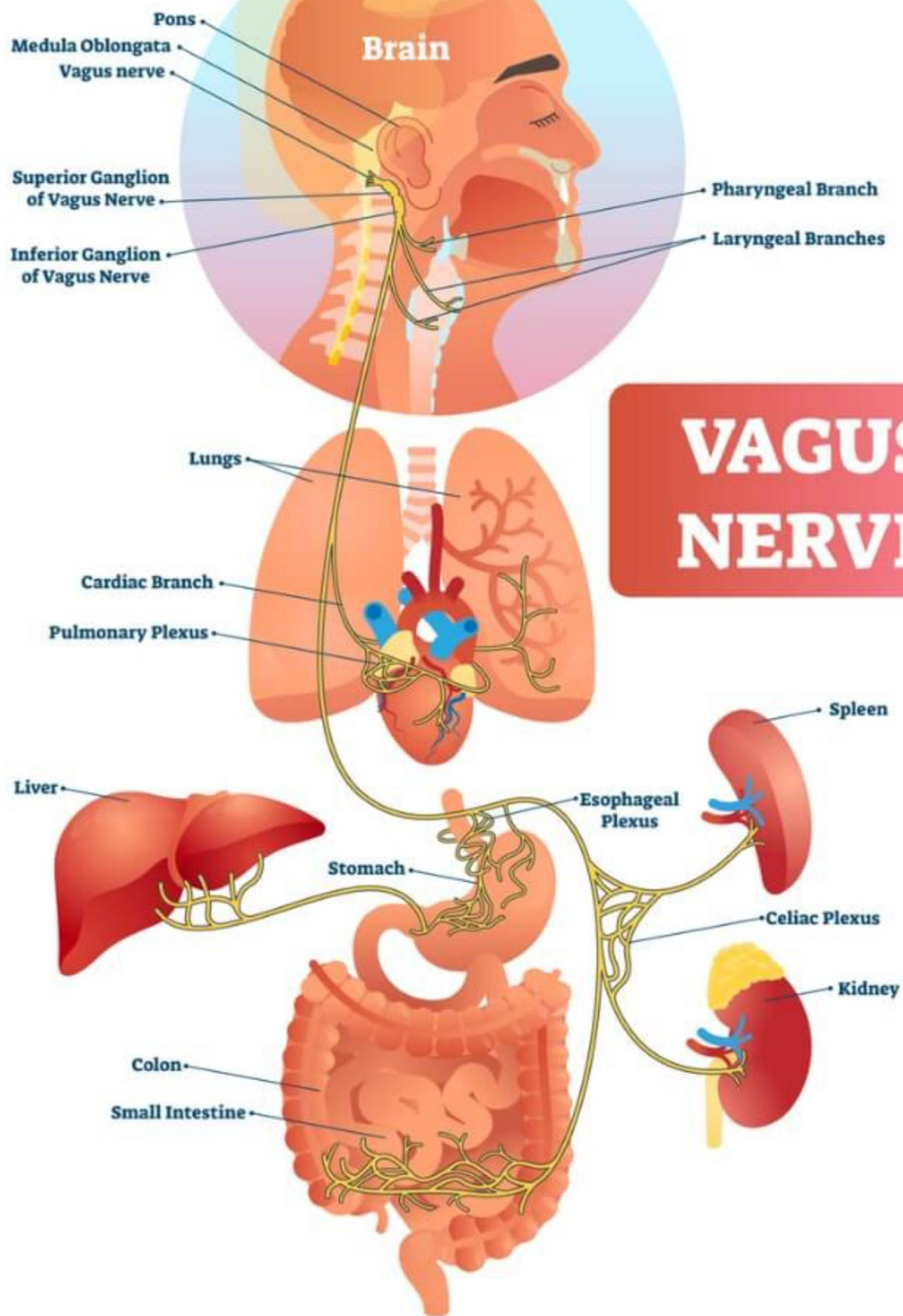
The 5th Dimension Age of Aquarius 1969

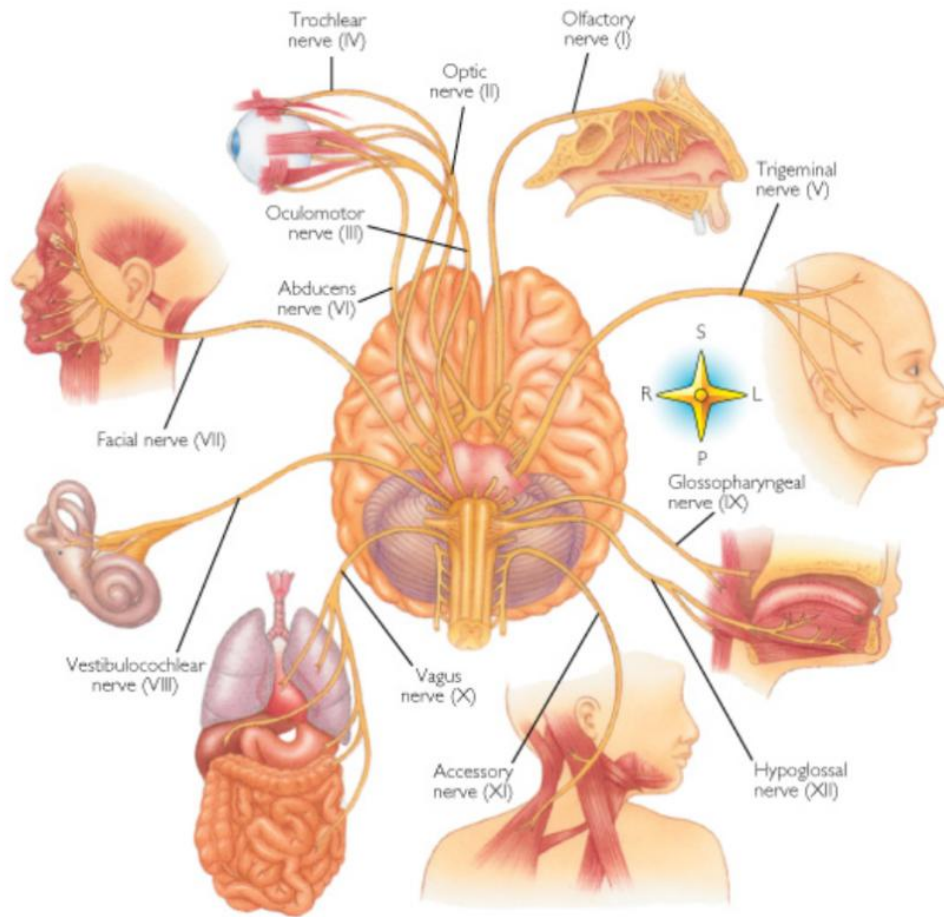
<https://youtu.be/kjxSCAalsBE?si=35vbLHwZO8HUQZHI>

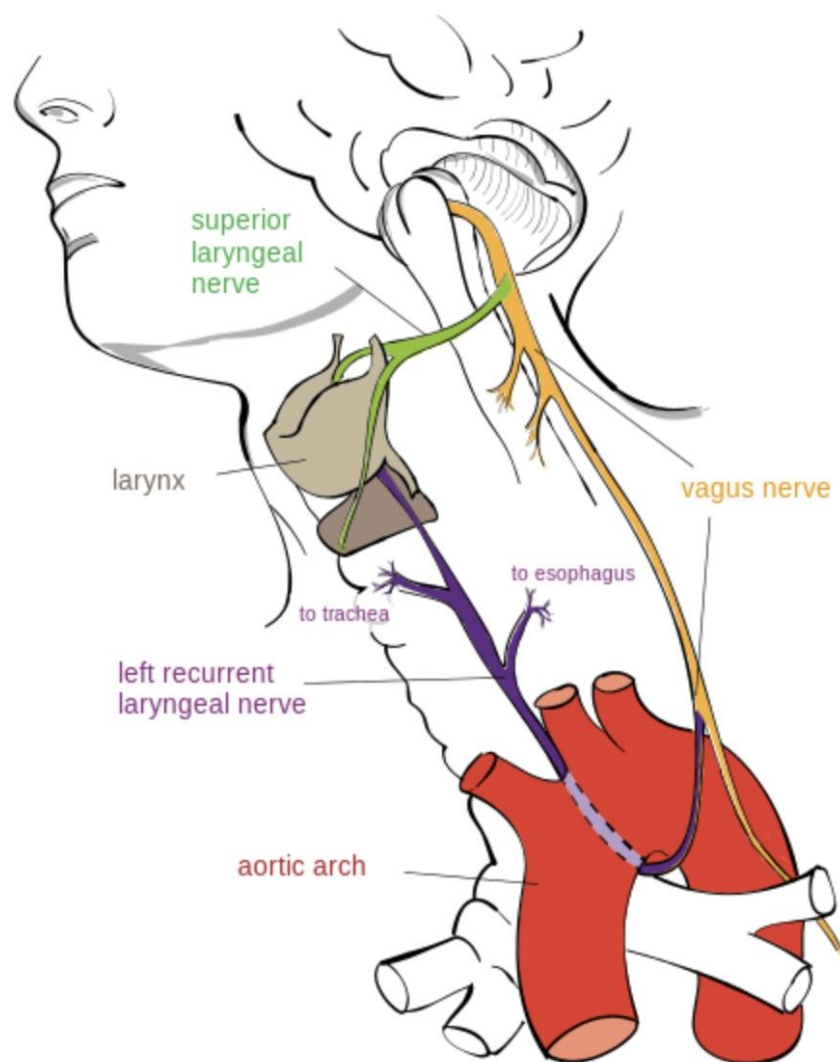
As We are Learning to sit w/negative emotions, walk through them, acknowledging them then resolving and releasing them, **this is where our courage & bravery turns into self confidence and assists us in wellness sovereignty.**

There are breathwork & mindful awareness simple exercises to **engage & regulate the neural pathways of the autonomic nervous system.**

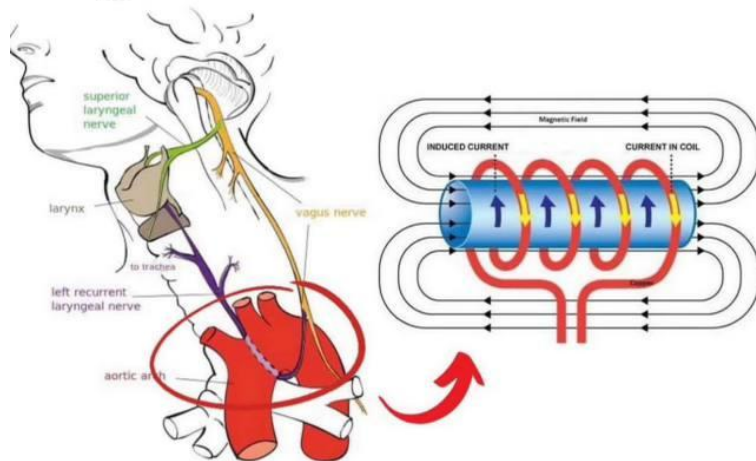
Different parts of the **vagus nerve** & the **nervous system** reflect different levels of evolutionary development.





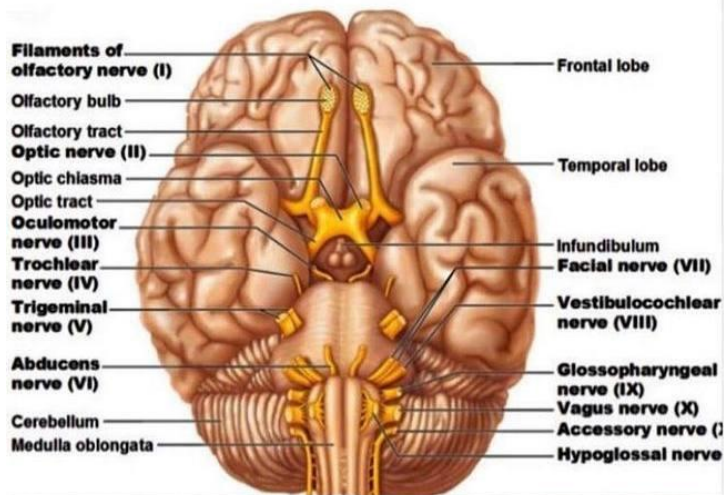


Vagus Nerve Creates a Magnetic Field with the Heart



Singing, & chanting builds an energy field that flows through the blood

THE 12 CRANIAL NERVES



ARE THE 12 DISCIPLES

 [Eye-Movement Desensitization & Reprocessing ~ EMDS](#) is an effective **healing approach** for stuck & often unaware of traumas. It uses bilateral stimulation & repetitive eye movements to help reprocess distressing thoughts & reduce the intensity of those thoughts. The brain stores distressing memories & thoughts as “[sensory memories](#)” instead of “[factual memories](#)” when exposed to traumatic situations. Accessing those memories later can make you experience unpleasant feelings & sensations, even though you are not actually experiencing the event at the moment.

These exercise actions can help separate the sensations that are linked to those memories so that your response is more rational & the previous distressing emotions are no longer part of it.

 Positive releasing impacts from

Anxiety • Panic Attacks • Grief & Loss • Depression • Addictions • Anger •
Phobias • Sleep Problems • Low Self-Esteem • Trust Issues *Ptd~
Post-Traumatic Stress Disorder, Attention-deficit/hyperactivity disorder
(ADHD}

The negative emotional charge of a traumatic event's neuroception can sometimes be *inaccurate*. We may fail to detect danger or we may detect danger when there is *none*. If we incorrectly sense danger, the older defense circuits can be triggered unnecessarily & our nervous system can become stuck in fight-or-flight or FREEZE mode or immobilization.

THE Eye-Movement Desensitization & Reprocessing simple exercises that can assist us in releasing stuck traumas.

CONNECT to the negative thoughts & feelings of

“unprocessed memories”. By doing these types of vagus nerve exercises regularly for unknown distressing memories then connecting them to before, during &/or after *known* distressing memories, we can experience a balancing of the autonomic nervous system, bringing a sense of safety, a calm inner being alignment w/emotional regulation, deeper connections in relationships, personal growth & healing.

*When it comes to identifying **safety** from an adaptive survival perspective, the “**wisdom**” resides in our body and in the structures of our nervous system that function outside the realm of awareness... Porges, The Pocket Guide to Polyvagal Theory, p. 43*



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[Learn more](#)

Vagus Nerve Reset To Release Trauma Stored In The Body (Polyvagal Exercises)

https://youtu.be/eFV0FfMc_uo?si=nw0U-sl4F0_FUxdt



DR. ANKITA DHELIA

MBBS(Osteopath)Craniosacral Therapist
Program Director, Sri Sri Tattva Centre for Healing Arts

7 Powerful Techniques to Activate Vagus Nerve | Art of Living | Dr. Ankita Dhelia

https://youtu.be/jML0Gv_CRkA?si=Ft_fRL49D6Wji_Qo



Vagus Nerve Reset - most effective way to Destress your Body!

<https://youtu.be/-S8KT7w4uaA?si=qItlDffZYhNnXriR>

Living did not become a problem until Man refused to listen to the inner voice. When he returns to listening He will seize to labor for the means of living, but will work for the joy of creating. Through His word He will find that He can move upon the all loving and all enfolding substance of God, and bring into visibility every idea he holds in thought.

Baird T. Spalding

QuoteAddicts

You are the creator of your reality."

I believe that the meek will rise because we have been pushed down severely.

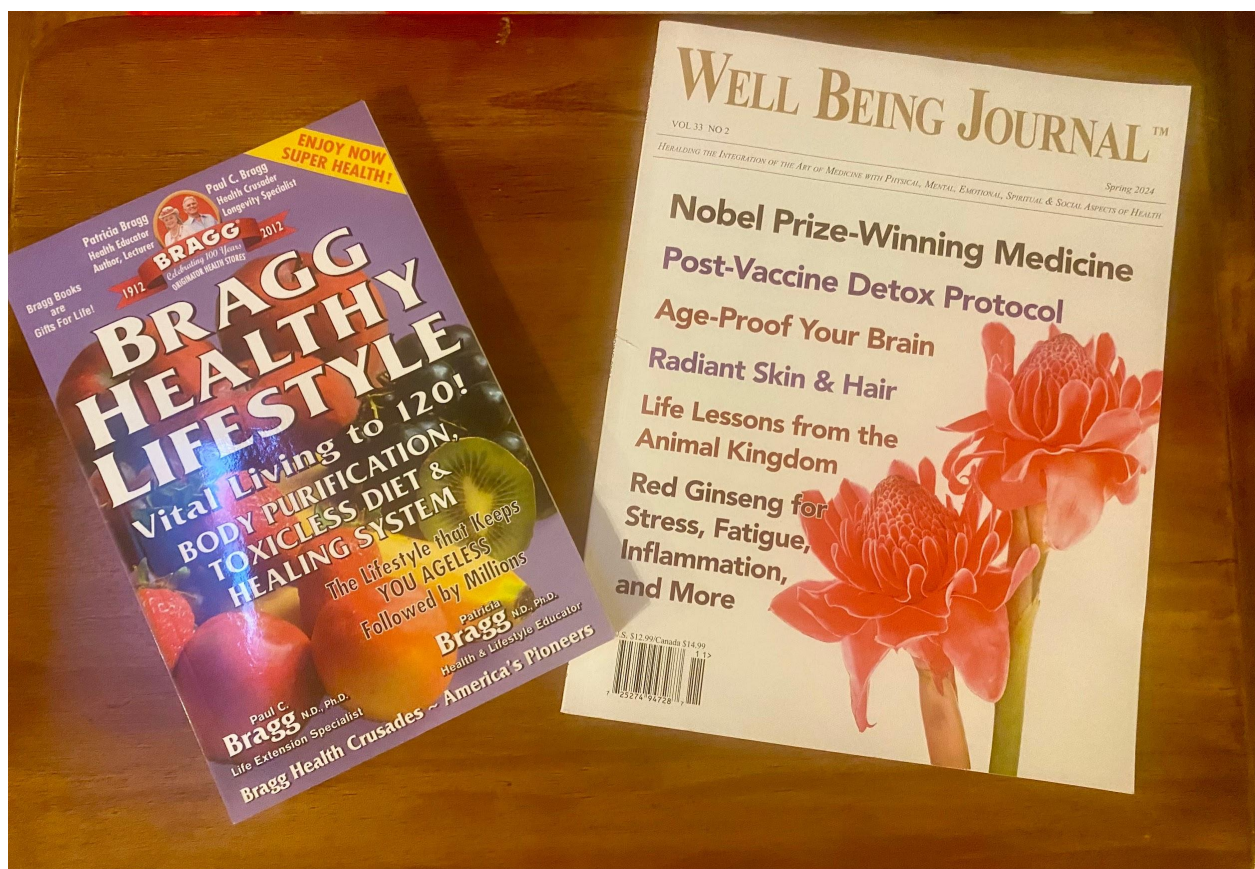
What is a meek heart?

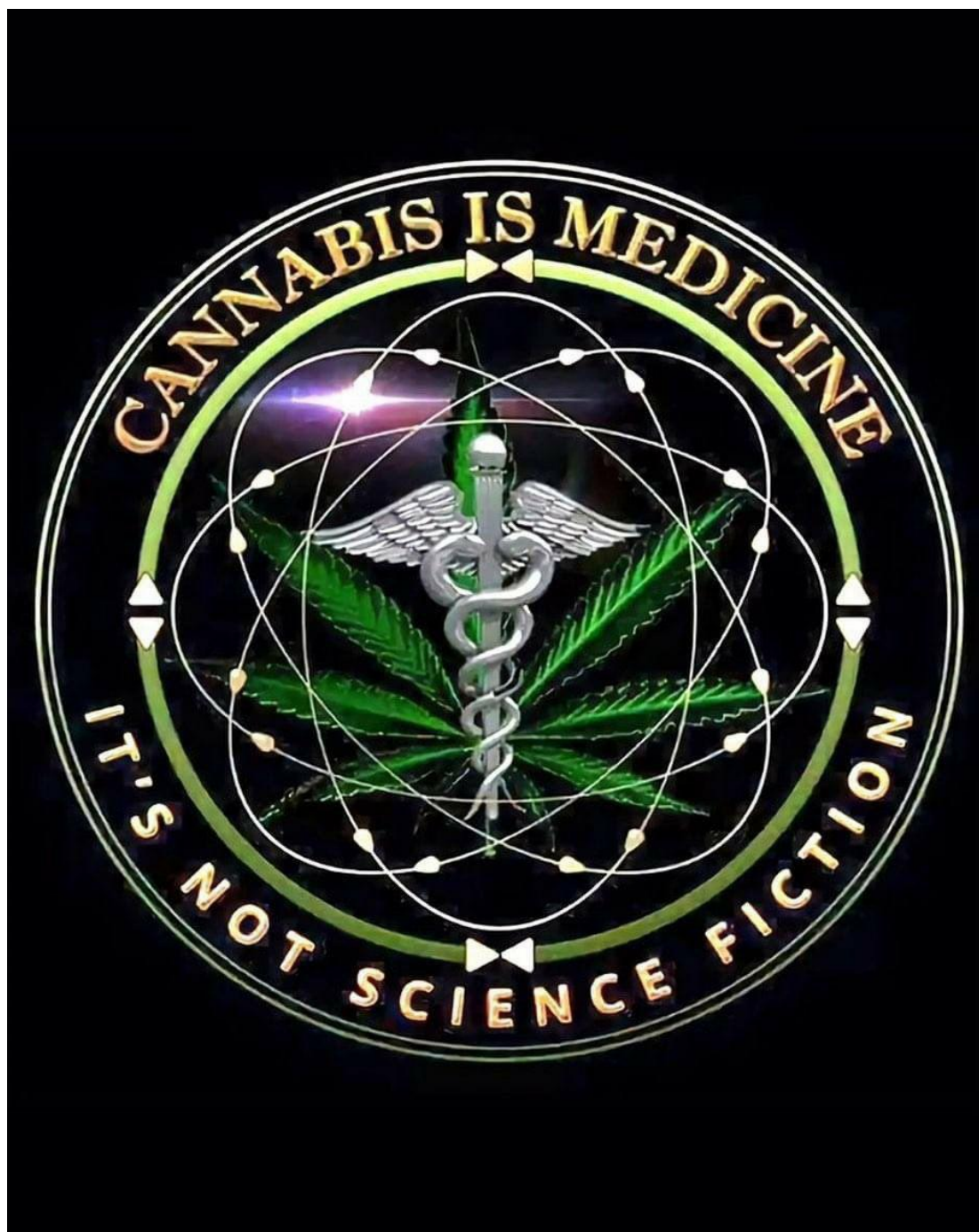
The greatest Person who ever lived was a meek & humble man- **"learn from Me, for I am gentle [meek] & humble in heart"** (Matthew 11:29). Jesus exemplified meekness during His living on Earth as He ministered in the power of God.

This well known statement of Father Mother Creation God is taken from the Sermon on the Mount when expressing the Beatitudes.

Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled.





#45 “(4/19/24)

SG Sits Down w/ Joe and Scott @ the “Truthstreams” Show



**(4/19/24) | SG Sits Down w/ Joe and
Scott @ the “Truthstreams” Show**

<https://rumble.com/v4rhyw0-41924-sg-sits-down-w-joe-and-scott-the-truthstreams-show.html>



BREAKING: Clarence Thomas asks why previous presidents haven't been prosecuted for orchestrating coups and carrying out attacks against civilians under **Operation Mongoose**.
@GeneralMCNews



Leading Report ✓

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BREAKING: Republicans in Congress are investigating more than ten banks “for colluding with the federal government to spy on Americans after the January 6 protests,” according to the Daily Mail.

Bank of America, Chase, U.S. Bank, Wells Fargo, Citi Bank, Truist were already being targeted in the probe, and now seven other financial firms are also under investigation for ties to an FBI and FinCEN plot to spy on Americans’ private banking transactions without first obtaining a warrant.

Charles Schwab, HSBC, MUFG, PayPal, Santander, Standard Chartered, and Western Union.

4:14 PM · 4/25/24 From Earth · **1K** Views

🇨🇦 "I spend \$1,000 a month on groceries. \$1,000 a month for me and my daughter"



"And we're not shopping at Whole foods. This is penny pinching grocery shopping in Canada"

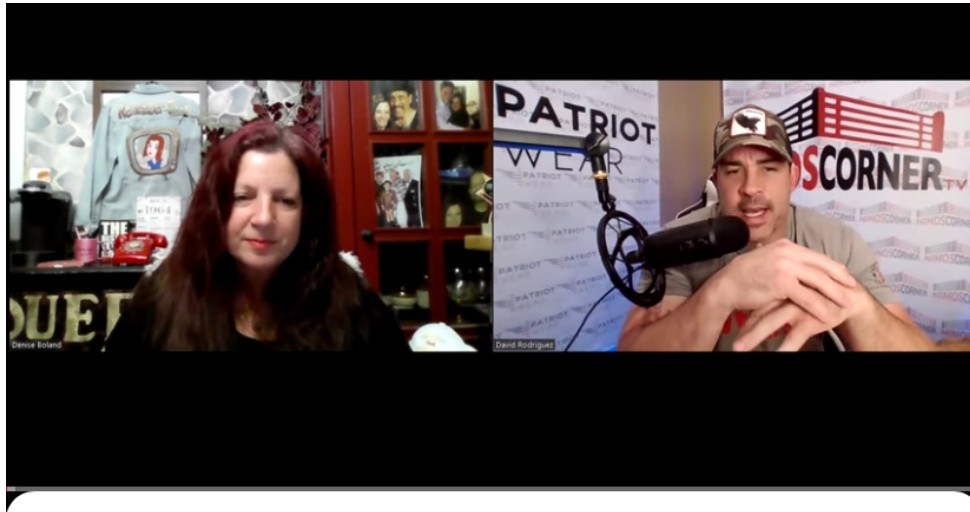
"Something's gotta change"

**Justin Trudeau has ruined Canada.
SGTnewsNetwork**

 Truth on Rabies: Just another lie done by the germ theory rockefeller medical push. This is a clip from the book the contagion myth by Dr Tom Cowan.

The injection of purée of diseased brain tissue into the brains of dogs was the method preferred by Louis Pasteur to establish microbial causation of rabies; and indeed, injecting smooched brains into their heads often made them foam at the mouth and die. Many of Pasteur's contemporaries disagreed strongly that rabies (also called hydrophobia) was a contagious disease and pointed out that the vaccine often caused great harm to animals and people—even Pasteur's contemporary germ theorist Robert Koch discouraged the use of the rabies vaccine.⁴⁴ Vets of the era believed that dogs became “rabid” when they were starved and mistreated. Dr. Matthew Woods of Philadelphia noted that “at the Philadelphia dog pound, where on average more than 6,000 vagrant dogs are taken annually, and where the catcher and keepers are frequently bitten while handling them, not one case of hydrophobia [rabies] has occurred during its entire history of twenty-five years, in which time 150,000 dogs have been handled.”⁴⁵ During the 1960s, researchers succeeded in inducing symptoms of rabies in experimental animals by putting them in bat caverns where they could breathe the toxic stultifying vapors of bat guano, later claiming to have isolated an “airborne rabies virus.” To test whether this so-called “virus” caused rabies, one researcher “inoculated [mice] intracerebrally.” Fifty percent died within forty-eight hours, but none developed rabies.⁴⁶

They push injections on to dogs so they develop the same health problems as humans. All the vaccines are connected to the eugenics movement. Awareness makes change.



Power Life

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Next step

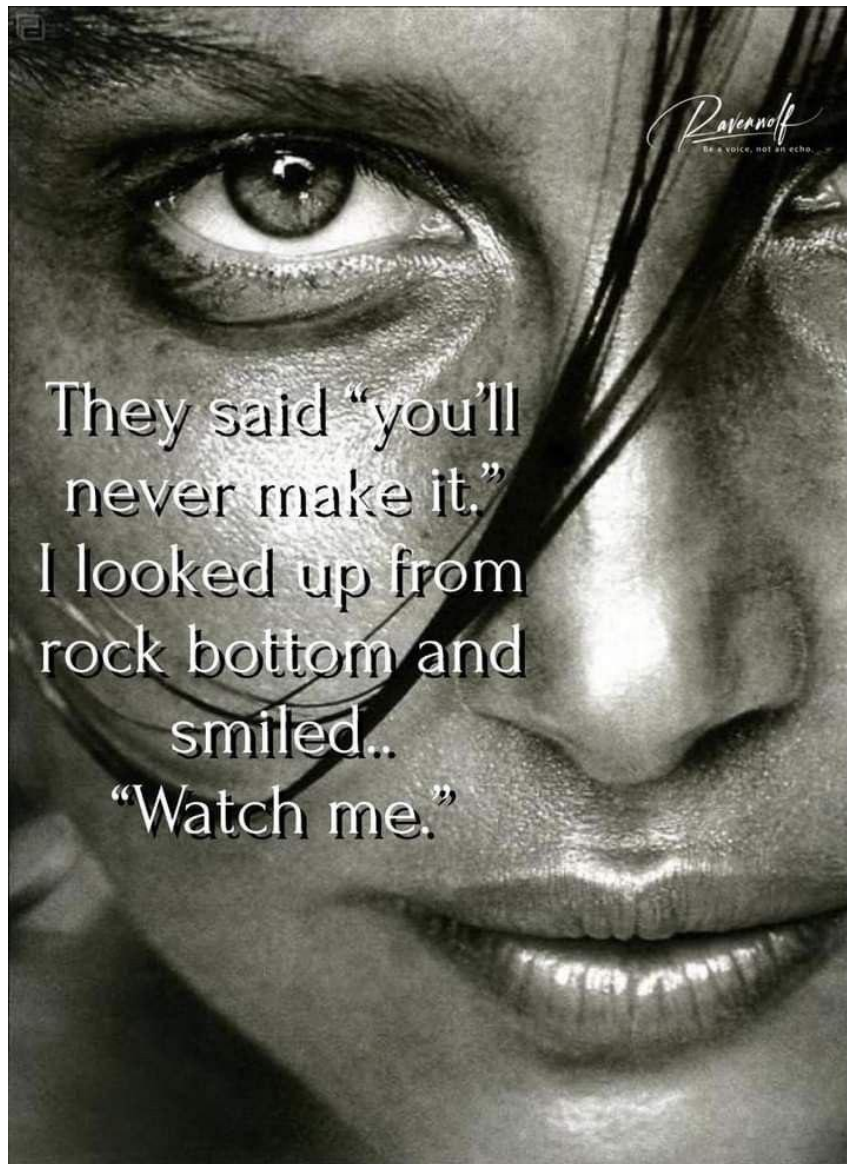
P Diddy Is Starting To Talk..Kardashian Family Witchcraft Exposed- Jezebel Spi...

<https://youtu.be/AohEJlLI6k?si=uYz5D2SsE8xIT5x6>



Your Angels have a Message For You 🌀👑 You are close, really close...

<https://youtu.be/0OMgTgghd0w?si=swGw6RMFv9juD30q>



Living & Walking in the **LOVE** & **PURE LIGHT** of the Most High **CREATION GOD**

Lisa Bhakti ~ Lioness of God 🌟 Light Worker, Awakener & Warrior of love, truth & justice. Digital soldier in NC, USA.

See the 🌟light, be the 🌟light, shine the 🌟light. 💙

Spiritual mentor, author, speaker

lfovercash@gmail.com

<https://embracingwellnesscoach.com/>

<https://sacredbluerosehealing.com/>

<https://rumble.com/c/c-1387761>

<https://truthsocial.com/@LisaBhaktiWO>

Twitter - LisaBhakti @BhaktiLisa

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through uncensored shows and guided action

Lisa Bhakti ~ Thursday's at 6:30pm Eastern

<https://gcdnetwork.com/>