



SDCOE Health and Physical Education 2024-25 Professional Learning



Date(s) & Times	Title	Description	Links
Thursday, April 10 8:30 – 12:00 <i>FREE!</i>	SDCOE Health and Physical Education Advisory Meeting	District and site leaders are invited to a conversation re: <ul style="list-style-type: none"> • National, state & local updates • Professional learning snapshots • Trends and best practices • Network with other districts & sites • Resources 	April 10: http://sdcoe.k12oms.org/1021-250889
Thursday, March 13 Tuesday, March 18 Tuesday, April 8 Thursday, May 8 8:30 - 3:00 <i>\$FREE</i>	Physical Education 2.0	Join us for this four day series to discuss critical evolutions to our discipline related to: learning environment; instruction; curriculum; assessment; and professionalism. Physical Education 2.0 will provide opportunities to rethink traditional practice, utilize new guiding documents and identify opportunities to systematically implement: <ul style="list-style-type: none"> • Standards-Based Instruction • Social Emotional Learning • Universal Design for Learning • Grading for Equity/Performance-Based Assessment 	Spring Series: http://sdcoe.k12oms.org/1021-250892
Wednesday, January 29 3:30 - 5:00 <i>\$FREE</i>	California Healthy Youth Act (CHYA) Requirements	Learn everything you need to know about the California Healthy Youth Act (CHYA), the law that describes requirements for sexual health education in California public schools. Attendees will leave this online training understanding CHYA requirements including: <ul style="list-style-type: none"> • The content every student is required to receive at least once in middle school and once in high school • How comprehensive sexual health education is presented • Programming s (training, notification, opt out) 	January 29: https://sdcoe.k12oms.org/1021-258228



All SDCOE physical education professional learning is offered free of charge as a result of CalFresh Healthy Living - Physical Education Partnership (CFHL-PEP) funding. CFHL-PEP is a County of San Diego Cal Fresh Healthy Living program implemented by the San Diego County Office of Education. This work supports the *Live Well San Diego* vision for healthy, safe, and thriving communities. Funded by USDA SNAP, an equal opportunity provider.

<p>Wednesday, February 5</p> <p>8:00 - 1:00 \$FREE</p>	<p>POWER UP: Celebrating Our Power and Purpose <i>One Day Conference put on by the SDCOE Health and Physical Education Leadership Cadre</i></p>	<p>Join the SDCOE Health and Physical Education Leadership Cadre for a FREE one-day conference just for San Diego County health and physical educators. Attendees will leave with:</p> <ul style="list-style-type: none"> ● Renewed commitment to our power and purpose ● Critical updates specific to our content areas ● Promising practices ● Vital resources ● A community of colleagues 	<p>February 5 https://sdcoe.k12oms.org/1021-257445</p>
<p>Tuesday, February 25</p> <p>8:00 - 3:30 \$50</p>	<p>Sexual Health Educator Training</p>	<p>Learn what every educator teaching comprehensive sexual health needs to know, including:</p> <ul style="list-style-type: none"> ● Comprehensive Sexual Health Education Requirements ● Sexually Transmitted Infections (STI) and Human Immunodeficiency Virus (HIV) ● Contraception ● Minor Consent and Confidentiality ● Facilitating Difficult Questions 	<p>February 25: https://sdcoe.k12oms.org/1021-258232</p>
<p>Tuesday, April 22</p> <p>8:30 - 2:30 \$FREE</p>	<p>SDCOE Exemplary Elementary Physical Education Site Visits</p>	<p>Join us as we examine "First Best Instruction" in elementary physical education in real time. Visits will feature exemplary physical education teachers and programs working their magic with students. We will utilize NEW "First Best Instruction" documents created by the SDCOE Health & Physical Education Instructional Cadre to capture structures, strategies, assessments and inspiration! Debrief and Q&A time will be provided to best understand how practices can be replicated.</p>	<p>April 22: http://sdcoe.k12oms.org/1021-250893</p>
<p>Thursday, April 24</p> <p>8:00 –3:00 \$FREE</p>	<p>SDCOE Exemplary Secondary Physical Education Site Visits</p>	<p>Join us as we examine "First Best Instruction" in secondary physical education in real time. Visits will feature exemplary physical education teachers and programs working their magic with students. We will utilize NEW "First Best Instruction" documents created by the SDCOE Health & Physical Education Instructional Cadre to capture structures, strategies, assessments</p>	<p>April 24: http://sdcoe.k12oms.org/1021-250894</p>



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Thursday, March 20 9:30 - 3:00 \$FREE	SDCOE Exemplary Unified Physical Education Site Visits	Join us as we examine "First Best Instruction" in United physical education (classes that bring together general and adapted physical education students) in real time. Visits will feature exemplary physical education teachers and programs working their magic with students. We will utilize NEW "First Best Instruction" documents created by the SDCOE Health & Physical Education Instructional Cadre to capture structures, strategies, assessments and inspiration! Debrief and Q&A time will be provided to best understand how practices can be replicated.	March 20: http://sdcoe.k12oms.org/1021-250895



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