

PRIMARY HEALTH CARE NURSE PRACTITIONER

New Student Welcome Package 2025-26



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Welcome!

Congratulations on your admission into the Primary Health Care Nurse Practitioner program and welcome to the Faculty of Community Services as well as the Yeates School of Graduate and Postdoctoral Studies (YSGPS) at Toronto Metropolitan University!

We are pleased to offer a curriculum designed to provide you with leading edge education focused on advancing your skills and knowledge in evidence-based practice, education, policy and leadership.

We take a high-touch, hands-on approach to advanced nursing education. Together, our students, staff and faculty create a caring, committed community that is a hub for:

<u>Community Building</u>. Intense, interactive classroom and practice settings that help students connect, build relationships, and expand their personal and professional networks.

<u>Community Collaboration</u>. Connections with leading health care organizations and Toronto's vibrant, diverse neighbourhoods that offer our students rich, rewarding opportunities for practice, education and research.

<u>Community Leadership</u>. Our programs are values-driven, emphasizing social justice, accountability, advocacy and partnership as core values in health care leadership.

Throughout your studies, you will have the opportunity to further develop professional relationships and build upon your current knowledge and skills in order to prepare you for a wide variety of advanced nursing roles.

Within this Welcome Package, as well as on the Current Students pages of the Daphne Cockwell School of Nursing website, you will find important information about the PHCNP program, the Yeates School of Graduate and Postdoctoral Studies and the University in general. This information is to assist you with your course selection process and to familiarize you with relevant program guidelines.

All the best in your Primary Health Care Nurse Practitioner studies!

Cristina Catallo, RN, PhD

Cristina Catallo

Associate Professor

Program Director, Master of Nursing

Message from Dr. Maher El-Masri, Director of the Daphne Cockwell School of Nursing

I would like to thank you for applying to the PHCNP program at Toronto Metropolitan University and to congratulate you on your admission into the PHCNP curriculum!

Since 1995, Toronto Metropolitan University has been a national leader in the educational preparation of Primary Health Care Nurse Practitioners. The Daphne Cockwell School of Nursing is pleased to offer both a combined Master of Nursing/Primary Health Care Nurse Practitioner (PHCNP) and a post-master's PHCNP Certificate program.

Our PHCNP program is of interest to professional nurses wanting to develop advanced knowledge and skills with an emphasis on offering comprehensive primary care to individuals, families, and communities across the lifespan. Throughout the program, you will use a variety of learning modalities that strongly promote the integration of theory, practice, and self-direction as essential elements in the profession of the nurse practitioner.

Students come into our program with diverse knowledge and practice backgrounds. Through the engagement of classroom-based courses as well as courses that utilize a distance-delivery format, our program offers a unique learning environment.

Success in the program requires juggling work, family, social, and academic responsibilities. Experience suggests that full time students and students who successfully negotiate accommodations with their employers tend to have better overall experiences. Given the intense course and clinical nature of the program, I encourage you to always keep abreast of communiqués, policies, procedures, and information about the program.

Welcome to our Program and all the best!

Regards,

Maher El-Masri, RN, PhD

Maher

Professor

Director, Daphne Cockwell School of Nursing

PHCNP Program Requirements

Students entering the Nurse Practitioner program must agree to the <u>PHCNP Program General</u> <u>Terms and Conditions</u> by **July 4, 2025** as a condition for your offer of admission.

The PHCNP certificate is designed to be completed in 1 year*. However, students have the option to complete the program in 2 years and students have a maximum of 3 years or 9 terms to complete the program requirements. Five of the seven PHCNP courses are one-semester courses and two are over two terms. Not all courses are available for enrollment in every semester. See program plans section for course and semester breakdowns.

7 required courses:

MN 8955 A/B Pathophysiology For PHCNPs
MN 8956 A/B PHCNP Roles & Responsibilities
MN 8957 Advanced Health Assessment & Diagnosis I
MN 8958 Advanced Health Assessment & Diagnosis II
MN 8959 PHCNP Therapeutics I
MN 8960 PHCNP Therapeutics II

MN 8951 Integrative Practicum

PHCNP courses are taught by professors in the COUPN consortium along with instructors at TMU who possess the expert knowledge to teach the courses relevant to the Primary Health Care Nurse Practitioner professional area. Students receive letter grades in all seven courses.

*If you are planning to complete the program in 1 year please inform the Graduate Program Administrator

Course Details

Online Courses

Pathophysiology (MN8955) and Roles and Responsibilities (MN8956) are 13-week courses scheduled across the fall and winter terms, typically taken together. These courses are both delivered synchronously online, scheduled in 3-hour blocks every other week. Taken together, they are the equivalent of 1 full course load per semester, with courses held on alternating weeks.

^{*}There are no clinical requirements for these courses.

^{*}Day and time for online chats are scheduled based on instructor availability.

Clinical Courses

Fall (13-weeks)

- Advanced Health Assessment & Diagnosis I (MN8957) aka AHAD I
- Advanced Therapeutic Communication I (MN8959) aka Thera I

Winter (13-weeks)

- Advanced Health Assessment & Diagnosis II (MN8958) aka AHAD II
- Advanced Therapeutic Communication II (MN8960) aka Thera II

Each course has a 3-hour in-person seminar block in addition to 6 clinical hours (1 day) per week (78 placement hours per course). These courses are designed to be taken together and the DCSN endeavors to schedule both seminar blocks on the same day. The in-person time commitment for both courses together is the equivalent of 3 days per week: 1 day in-class and 2 days clinical (for a total of 156 clinical hours per semester).

MN8957 AHAD I is a prerequisite for MN8958 AHAD II and a co- or prerequisite for MN8959 Thera I. MN8959 Thera I is a prerequisite for MN8960 Thera II.

Spring/Summer (13-weeks)

• Integrative Practicum (MN8951) is a 13-week course taken in the Summer semester (May-August).

Students must complete all other clinical courses before starting MN8951 Integrative Practicum. This has a 6-hour in-person seminar every other week in addition to 32 clinical hours (4-5 days) per week for a total of 455 clinical hours.

Clinical Placements

Clinical placements are an integral part of an advanced practice program. It is critically important that students plan for this component of the program in order to successfully meet all the necessary criteria for graduation and licensure.

All placements are assigned by the TMU Clinical Placement Coordinator in consultation with the PHCNP Site Coordinator and the Graduate Program Administrator. Placement assignment takes into consideration an appropriate match between the student's needs and the clinical site, as well as the order in which students' clinical placement request forms are submitted to the program through CRDB.

TMU has the authority to place students anywhere in our catchment area. The Catchment Area Map is available here: https://np-education.ca/about/clinical-placement-area/. All students are

expected to travel to seminars and clinical placements, regardless of where they reside, and there are no exceptions to this policy.

Clinical days are determined in discussion with the preceptor. Students are responsible to adapt their personal schedules (e.g., work, family, other responsibilities) to accommodate these schedule requirements.

As a PHCNP program, TMU guarantees each student will have at least one NP preceptor during the program. Students cannot be placed with their current employer, without exceptions.

Before starting placements, students must submit a Practice Requirements Record (PRR). More information on clinical placements and the PRR can be found on the Central Placement Office website:

https://www.torontomu.ca/nursing/central-placement-office/students/primary-healthcare-nurse-practitioner-program/

Variations to the Toronto Metropolitan YSGPS Significant Calendar Dates

For all PHCNP courses, the exam period falls out of step with the YSGPS examination period. Any significant dates for PHCNP courses will be outlined in the academic calendar posted on the Ontario Primary Health Care Nurse Practitioner program website (https://crdb.np-education.ca). This academic calendar overrides any dates from YSGPS when related to PHCNP courses.

*Due to the alternating schedule of the Roles and Responsibilities and Pathophysiology courses, there is a variation to the Toronto Metropolitan YSGPS Significant Calendar dates. The final date to drop either course and to receive a 50% refund occurs in week 5 of the course. Final date to drop either course with no refund but in good academic standing occurs in week 8 of the course. Please check with the program administrator for the exact calendar date.

Course Schedule and Descriptions

For the 2025-26 In Person PHCNP Schedule of courses* please go to the 2025-26 Course Offerings document found under the Quick Links tab on the webpage below: https://www.torontomu.ca/nursing/graduate/student-resources/

*All class schedules are centrally planned by the Registrar's Office. Confirmed class schedules will be posted online on MyServiceHub near the start of term. Normally the Registrar's Office releases fall term schedules by the end of August, winter term schedules by the end of December and spring term schedules by the end of April. Prior to the release of these confirmed schedules by the Registrar's Office on the Web, the PHCNP program makes available this tentative schedule information to students. Class timings may be subject to change.

For a complete description of all courses please go to Academic Matters tab https://www.torontomu.ca/nursing/graduate/student-resources/phcnp-certificate/

Program Plans

1 Year Option

Course	Course		Year 1		
Group	Number	Course Title	Fall	Winter	Spring
Clinical	MN 8951	Integrative Practicum			Ø
PHCNP	MN 8955A	Pathophysiology – Part A (online)	Ø		
PHCNP	MN 8955B	Pathophysiology – Part B (online)		Ø	
PHCNP	MN 8956A	Roles & Resp. – Part A (online)	Ø		
PHCNP	MN 8956B	Roles & Resp. – Part B (online)		Ø	
Clinical	MN8957	Advanced Health Assessment & Diagnosis I	Ø		
Clinical	MN8958	Advanced Health Assessment & Diagnosis II		Ø	
Clinical	MN8959	Therapeutics I	Ø		
Clinical	MN8960	Therapeutics II		Ø	

2 Year Option

Course	Course		Year 1			Year 2			
Group	Number	Course Title	Fall	Winter	Spring	Fall	Winter	Spring	
Clinical	MN 8951	Integrative Practicum						Ø	
PHCNP	MN 8955A	Pathophysiology – Part A (online)	Ø						
PHCNP	MN 8955B	Pathophysiology – Part B (online)		Ø					
PHCNP	MN 8956A	Roles & Resp. – Part A (online)	Ø						
PHCNP	MN 8956B	Roles & Resp. – Part B (online)		Ø					
Clinical	MN8957	AHAD I				\square			
Clinical	MN8958	AHAD II					Ø		
Clinical	MN8959	Therapeutics I				V			
Clinical	MN8960	Therapeutics II					Ø		

3 Year Option

Course	Course		Year 1			Year 2			Year 3		
Group	Number	Course Title	Fall	Winter	Spring	Fall	Winter	Spring	Fall	Winter	Spring
Clinical	MN 8951	Integrative Practicum									\square
PHCNP	MN 8955A	Pathophysiology – Part A									
PHCNP	MN 8955B	Pathophysiology – Part B		Ø							
PHCNP	MN 8956A	Roles & Resp. – Part A									
PHCNP	MN 8956B	Roles & Resp. – Part B		Ø							
Clinical	MN8957	AHAD I				Ø					
Clinical	MN8958	AHAD II					Ø				
Clinical	MN8959	Therapeutics I							Ø		
Clinical	MN8960	Therapeutics II								abla	_

Course Pre-Registration

All PHCNP courses are pre-selected by students as part of the PHCNP New Student orientation on **June 17**, **2025** by setting up their program plan on the <u>Central Registry Database (CRDB)</u>.

The key components of this package that will inform your course selections for pre-registration are:

- PHCNP Program Requirements
- Course Schedule and Descriptions
- PHCNP Program Plans

Course Enrollment

After **August 19, 2025**, administrators will use the approved course plan from CRDB to complete the enrollment process on MyServiceHub for the rest of the students' degree progression. This will include the administrative placeholder course *GD1001 Continuing Graduate Studies (Research)* which is used for counting active students. It is not graded and there is no fee attached.

Should you find an anomaly in your course registration in MyServiceHub, please inform the Program Administrator as soon as possible by phone or by email.

Requesting Changes to Course Selection

Students are not permitted to drop themselves from courses but may submit a course change request via email to the Graduate Program Administrator. Any course change requests must be sent on or before the term's last date to add or drop a course. For final dates to drop courses for the fall, winter and spring terms please refer to the Yeates School of Graduate and Postdoctoral Studies Significant Dates Website. Refer to the note above in Course Details for variations to the drop dates for Pathophysiology and Roles & Responsibilities:

Significant Dates - Calendar - Toronto Metropolitan University

<u>Fees</u>

Pay your Deposit

To confirm your acceptance to Toronto Metropolitan University, you must pay your non-refundable tuition deposit between **June 1** and **June 14**, **2025** or by the confirmation date outlined in your offer letter. This deposit will appear in your MyServiceHub account and apply to

your September tuition fees. Please see instructions on how to pay your deposit at the following link:

https://www.torontomu.ca/graduate/future-students/apply/deposit/

*Note that some banks may still list Ryerson and not Toronto Metropolitan University as a payee. Please use Ryerson to pay your fee.

Tuition

Tuition for the Nurse Practitioner program is a term charge, which is based on the number of enrolled courses (units) in a given term.

For example, if you are enrolled in the full-time course load of two courses for the fall term, you would be charged the equivalent of two units of tuition plus the appropriate ancillary fees. Note that MN8955 Pathophysiology and MN8956 Roles & Responsibilities are each split over two semesters, with 50% fees paid in the Fall and 50% fees paid in the Winter semester.

The approximate total domestic tuition cost for the NP Program is around \$10,000 plus ancillary fees. In considering the overall tuition cost of your program, you need to multiply the number of required courses by the by posted tuition amount found on the detailed Fees Information page: https://www.torontomu.ca/current-students/tuition-fees/graduate/

For a complete summarization of the policies, fees, procedures and services that you will need to know as a graduate student please access the Graduate Student Guide at https://www.torontomu.ca/graduate/student-guide/

Activating Your Online Identity and Getting a OneCard

To utilize Toronto Metropolitan's <u>online resources</u> including your TMU email, you must first activate your Toronto Metropolitan online identity. New students will be able to activate their online identity starting **August 19**, **2025**. For instructions please follow this link:

https://www.torontomu.ca/accounts/students/

All new students are required to use two-factor authentication to access TMU online services. Use the following link to set up Two-Factor Authentication:

https://www.torontomu.ca/ccs/services/ITSecurity/protecting-your-identity/two-factor-authentication/

Doors on campus are opened with your student <u>OneCard</u>; without an active OneCard you will not be able to get into classes! Once you have activated your online identity you can <u>apply for a OneCard</u>.