

GUIDELINES FOR SENDING STUDENTS TO THE NURSE'S OFFICE

The JQES Nursing Team is asking for your assistance in decreasing the number of sick or injured students coming to the nurse's office with non-urgent complaints. Most non-urgent complaints can be handled in the classroom as sending them to the nursing office removes the students from classroom learning time. Our goal is to prevent the mixing of healthy students with sick students and minimize the number of students in the nurse's office at one time (i.e., recess or gym time.)

Classroom Based Services: ☐ Small Cuts, abrasions, hangnail- Clean with soap and water, apply band aid ☐ Minor Toothache, loose tooth-Rinse mouth in bathroom ☐ Minor bruising-apply cold paper towel ☐ Nosebleed, readily controlled-student can deliver self-care, administer pressure to the bridge of nose and hold with a tissue ☐ Anxiety/stress/crying-try calming, reassuring measure, consult guidance ☐ Eyeglass repair-can wait until student returns home ☐ Itchy eye-cold paper towel ☐ Dry itchy skin/rash/skin redness/bug bites-wash with soap and water, cool paper towel ☐ Chapped lips-try Vaseline if available, student can bring chapstick from home and leave in their desk ☐ Old injuries that have been seen by family and are not bleeding. ☐ Parents should notify the teacher or nurse if treatment is needed at school.	Nurse office Visit Required: ☐ Symptoms of illness: (fever, chills, cough, shortness of breath, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting or diarrhea) ☐ Scheduled medications or treatments ☐ Any chronic health condition needing care: Diabetes, Asthma, Anaphylaxis, Seizure, Sickle Cell, Migraines, Suctioning, Tube feedings ☐ Choking, CPR, AED ☐ Severe abdominal pain ☐ Cardiac issues including: Chest Pain, Irregular Heartbeat, Palpitations ☐ Head injury, Confusion, Loss of Consciousness, Fainting ☐ Severe Bleeding/Traumatic injury ☐ Seizure ☐ Eye Injury ☐ Life Threatening Allergy reaction ☐ Loss of tooth ☐ Limb injury with suspected fracture ☐ Burns, ☐ Lacerations or significant wounds with noticeable swelling, significant bleeding, and/or bruising
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Please do not hesitate to contact the Josiah Quincy Elementary School Nursing Team with any questions:

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Thank you.